

MARCH 2026



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 TH 9:30 Resident Led Seated Exercise (A Good Start to Your Day!) TR 10:00 Communion - Ascension Catholic Church TH 10:00 Happy Birthday Desi: Lucy and Desi (Prime, 1 H 43 M) OT 10:30 Mass at Ascension Church (Bus Leaves at 10:15 am) TH 1:00 PBS Documentary: How It Feels To Be Free (Prime, 1 H 33 M) GR 2:00 Live Entertainment with Dropped Note String Band!	2 TH 9:30 Wake-up Workout TH 10:00 PBS Documentary: Aging in America: Survive or Thrive (Prime, 55 M) BI 1:00 Art with Slowfire Studios! BI 2:30 PBS Documentary: Laura Ingalls Wilder: Prairie To Page (Prime, 1 H 24 M) BI 3:30 Mafia Mysteries of Oak Park & River Forest: A Deep Dive with Carrie TH 6:00 Movie: Ordinary People (MGM+ PRIME, 2 H 5 M)	3 TH 9:30 Fit and Flex TH 10:00 World Wild Life Day TH 10:30 Who Wants to Be A Millionaire? BI 1:00 Book Club: Read Along to Sherlock Holmes: A Scandal in Bohemia BI 3:30 Bingo BI 6:30 Movie: Clue (MGM+ Prime, 1 H 37 M)	4 TH 9:30 Wake-up Workout BI 10:00 Jewelry Class TH 10:00 Michelangelo's Birthday TH 10:30 The Art of Piet Mondrian TH 1:00 Parkinson's Exercise Class (30 Minute Class) GR 2:15 Wine and Cheese Social BI 3:30 Crossword Puzzles TH 6:00 Movie: That Thing You Do! (Prime, 1 H 44 M)	5 TH 9:30 Fit and Flex TR 10:00 Communion With Ascension TH 10:00 Mental Floss: Trivia TH 10:30 TED talk: Relationship advice from 50+ years of marriage BI 2:00 Scrabble BI 3:30 Bingo TH 6:30 Movie: Tender Mercies (remembering Robert Duvall) (Prime, 1 H, 32 M)	6 TH 9:30 Wake-up Workout TH 10:00 World Day of Prayer TH 10:30 Mental Floss: Annie Oakley's Birthday TH 1:30 Chair Yoga with Amy GR 2:00 Live Show & Entertainment: "HERstory - A Century of Songwriting Sisters!" BI 3:30 Bingo TH 6:00 Movie: The Stepford Wives (2004) (STARZ Prime, 1 H 29 M)	7 TH 9:30 Seated Exercise With Bill TH 10:00 Bob Fosse: It's Showtime! (Prime 1 H 2 M) OT 12:00 Forest Park - St. Patrick's Day Parade TR 2:00 Uno BI 3:30 Bingo TH 6:00 Movie: In & Out (MGM+ PRIME, 1 H 27 M)
8 Day Light Savings Time: Spring Ahead International Women's Day TH 9:30 Resident Led Seated Exercise (A Good Start to Your Day!) TR 10:00 Communion - Ascension Catholic Church GR 10:00 Trinity Irish Dancers OT 10:30 Mass at Ascension Church (Bus Leaves at 10:15 am) TH 1:00 The New Royals: William And Catherine (Prime, 1 H) GR 3:00 Bingo with the Concierge! TH 6:00 Movie: The Trip To Bountiful	9 TH 9:30 Wake-up Workout TH 10:00 PBS Documentary: Kubrick by Kubrick (MGM+ Prime, 1 H 13 M) BI 2:30 Documentary: An Inconvenient Truth (MGM+ Prime, 1 H 37 M) BI 3:30 You Be the Judge! TH 6:00 Movie: Battleground (Starz PRIME, 1 H 40 M)	10 TH 9:30 Fit and Flex TH 10:00 Lifelong University: What Is Happiness; Aristotle's Answer TH 1:00 Irish Pictionary TH 1:30 Resident Council BI 3:30 Bingo TH 6:00 Movie: A Fish Called Wanda (MGM+ Prime, 1 H 44 M)	11 TH 9:30 Wake-up Workout TH 10:00 Mental Floss: Who, What, When and Where? TH 10:30 From Mythology to My Fair Lady TH 1:00 Parkinson's Exercise Class (30 Minute Class) GR 2:15 Wine and Cheese Social BI 3:30 Crossword Puzzles TH 6:00 Movie: The Quiet Man (MGM+ Prime, 2 H 5 M)	12 TH 9:30 Fit and Flex TR 10:00 Communion With Ascension TH 10:00 Live Discussion with Jessica Tepas - "Interesting Animal Facts" TH 1:00 Belmont Bazaar TR 2:00 Book Club: Read Along to Sherlock Holmes: The Red-Headed League BI 3:30 Travelogue: Welcome to Japan TH 6:30 Movie: Anaconda, 1975 (STARZ Prime, 1 H, 30 M)	13 Election Day - Begins at 9AM GR 9:30 Wake-up Workout BI 10:00 Who's On First? BI 10:30 Jack Kerouac's Birthday TR 1:30 Chair Yoga with Amy BI 2:00 Chat with the Chef! TH 3:30 Bingo! TH 6:00 Movie: Invitation to a Murder (Prime, 1 H 32 M)	14 TH 9:30 Seated Exercise With Bill TH 10:00 The Free Readers Ensemble Featuring Our Own Mercita De Muynck TH 1:00 St. Patrick's Day Movie: Jurassic Park (MGM+ Prime 2 H 2 M) TR 2:00 Uno BI 3:30 St. Patrick's Day Bingo TH 6:00 Movie: Beyond A Reasonable Doubt (PRIME, 1 H 46 M)
15 TH 9:30 Resident Led Seated Exercise (A Good Start to Your Day!) TR 10:00 Communion - Ascension Catholic Church TH 10:00 Documentary: Fastball (Prime, 1 H 27 M) OT 10:30 Mass at Ascension Church (Bus Leaves at 10:15 am) TH 1:00 Brit Box: Agatha Christie's Why Didn't They Ask Evans (Episodes 1) (Prime, 58 M) GR 2:00 Live Entertainment with the Acousticats!	16 TH 9:30 Wake-up Workout TH 10:00 Documentary: C.S. Lewis Through The Shadowlands (Prime, 93 M) BI 1:00 Art with Slowfire Studios! TH 2:30 Documentary: Spirit Game: Pride of the Nation (Prime, 1 H 42 M) TH 3:30 St. Patrick's Day Spintopia TH 6:00 Movie: The Talented Mr. Ripley (MGM+ PRIME 2 H 14 M)	17 TH 9:30 Fit and Flex TH 10:00 Truth Or Blamey TH 10:30 Who Wants To Be A Millionaire? IK 11:00 St. Patrick's Day Lunch BI 1:00 Leprechaun Races, St. Patrick's Day Trivia GR 2:30 St. Patrick's Day Party BI 3:30 Bingo TH 6:00 Movie: March Madness: Hoosiers (MGM+ Prime, 1 H 50 M)	18 TH 9:30 Wake-up Workout BI 10:00 Jewelry Class TH 10:00 Mental Floss: Gender Reveal TH 1:00 Parkinson's Exercise Class (30 Minute Class) GR 2:15 Wine and Cheese Social BI 3:30 Crossword Puzzles TH 6:00 Movie: Witness (Prime, 1 H 38 M)	19 GR 9:30 Fit and Flex TR 10:00 Communion With Ascension BI 10:00 Mental Floss: Trivia BI 10:30 TED talk: The tiny organisms transforming farming BI 1:00 Book Club: Audiobook Read Along to Sherlock Holmes: The Five Orange Pips BI 2:00 Book talk on the Dragon from Chicago with Author Pamela D. Toler BI 3:30 Bingo TH 6:30 Movie: Reality Bites: A Hannah Swensen Mystery	20 TH 9:30 Wake-up Workout TH 10:00 AKA Day: Can You Identify Them By Their Alias? TR 10:00 Worship With Fair Oaks Presbyterian Church TH 10:30 Mental Floss: French Language Day TH 1:00 Sound Meditation with Ahimsa Yoga Studio TH 1:30 Chair Yoga with Amy TH 2:00 First Day of Spring – Garden Club Social BI 3:30 Bingo TH 6:00 Movie: Indecent Proposal	21 TH 9:30 Seated Exercise With Bill TH 10:00 World Poetry Day TH 10:30 Day of Forests TR 2:00 Uno BI 3:30 Bingo TH 6:00 Movie: The Bronx Bull (PRIME, 1 H 34 M)

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22 TH 9:30 Resident Led Seated Exercise (A Good Start to Your Day!) TR 10:00 Communion - Ascension Catholic Church TH 10:00 Documentary: Looking for Rembrandt, Episode 2 (Prime, 59 M) OT 10:30 Mass at Ascension Church (Bus Leaves at 10:15 am) TH 1:00 Brit Box: Agatha Christie's Why Didn't They Ask Evans (Episodes 2) (Prime, 59 M) GR 3:00 Bingo with the Concierge!	23 TH 9:30 Wake-up Workout TH 10:00 PBS Documentary: Roberto Clemente (Prime, 53 M) TH 2:30 Pbs Documentary: The Forgotten Plague (Prime, 53 M) TH 6:00 Movie: Knives Out (PRIME, 2 H 4 M)	24 TH 9:30 Fit and Flex TH 10:00 Lifelong University: Driving Curiosity: The Evolution of Martian BI 1:00 Car Talk BI 2:20 Monthly Watch Party: Field of Dreams (Prime, 1 H 42 M) BI 3:30 Bingo TH 6:00 Movie: The Man From Earth (Prime, 1 H 27 M)	25 TH 9:30 Wake-up Workout TH 10:30 Greek Independence Day TH 1:00 Parkinson's Exercise Class (30 Minute Class) GR 2:15 Wine and Cheese Social BI 3:30 Crossword Puzzles TH 6:00 Movie: Opening Day: The Perfect Game (Prime, 1 H 57 M)	26 TH 9:30 Fit and Flex TR 10:00 Communion With Ascension TH 10:00 Mental Floss: Trivia OT 10:30 Shopping Trip: Marshalls TH 10:30 TED talk: The new science of eyewitness memory TH 12:00 Party For Jim D (629) Until 2 PM BI 2:00 Scrabble BI 3:30 Travelogue: Japan Culture and Cuisine TH 6:30 Movie: The Hurricane Heist (Prime, 1 H, 40 M)	27 TH 9:30 Wake-up Workout TH 10:00 Aretha Franklin's Birthday TH 10:30 Mental Floss: March Poet; Elizabeth Barrett Browning IK 12:00 Sing Happy Birthday For March Birthdays TH 1:30 Chair Yoga with Amy GR 1:30 March Birthday Bash w/ DJ Banging Bo! BI 3:30 Bingo! TH 6:00 Movie: Big Trouble In Little China (Prime, 1 H 39 M)	28 BI 9:30 Seated Exercise With Bill BI 10:00 Current Events TH 1:00 Monty Python: and Now For Something Completely Different (PRIME, 1 H 28 M) TH 2:00 CLEAR CLUTTER with Less Stress TR 2:00 Uno BI 3:30 Bingo TH 6:00 Movie: Hidalgo (PRIME, 2 H 10 M)
29 TH 9:30 Resident Led Seated Exercise (A Good Start to Your Day!) TR 10:00 Communion - Ascension Catholic Church TH 10:00 Documentary: Looking for Rembrandt, Episode 3 (Prime, 59 M) OT 10:30 Mass at Ascension Church (Bus Leaves at 10:15 am) IK 11:00 Resident and Family Springtime Soiree TH 1:00 Brit Box: Agatha Christie's Why Didn't They Ask Evans	30 TH 9:30 Wake-up Workout TH 10:00 Documentary: Michelle Obama: Life After The White House (Prime, 54 M) TH 2:30 Documentary: Happy As A Cat (Prime, 53 M) TH 6:00 Movie: La La Land (PRIME, 2 H 2 M)	31 TH 9:30 Fit and Flex TH 10:00 Earth Hour Lights Out TH 10:30 Jeopardy Anniversary BI 1:00 Car Talk BI 3:30 Bingo TH 6:00 Movie: Leap Year (Prime, 1 H 40 M)				

"Where flowers bloom, so does hope." – Lady Bird Johnson
 "Spring adds new life and new beauty to all that is." – Jessica Harrelson