

# MARCH 2026

Belmont Village Los Gatos AL & Independent Programs



Sunday		Monday		Tuesday		Wednesday		Thursday		Friday		Saturday	
1	9:00 *Church Drop Off 10:30 Chair Yoga Class 1:00 Movie: Hidden Figures (2016) 2:00 Resident-Led Bingo 3:00 Dominoes / Mexican Train 6:30 Game Night: UNO Card Game 7:00 Movie: Hidden Figures (2016)	2	9:30 Strengthening Class 10:30 Cranium Crunches 10:30 Yarn Circle 1:00 Movie: Music By John Williams (2024) 1:30 History Presentation with Dr. Ethan 2:00 Gym Fitness Class 7:00 Movie: Music By John Williams (2024)	3	9:30 Flexibility Class 10:30 Chair Yoga Class 1:00 Movie: On The Basis of Sex (2018) 1:30 Seated Dancing 2:00 Chef Chat 3:00 Seasonal Sing-Along 4:00 Conversational Spanish for Beginners with Ema	4	9:30 Cardio Class 10:30 Visits w/ Pastor Vincent 1:00 Movie: Little Women (1994) 1:00 Therapy Dog Visits 1:30 Activity Chat w/ Storm 3:30 Legacy Story Project 7:00 Movie: Little Women (1994)	5	9:30 Balance Class 10:30 Garden Club Meeting 1:00 Movie: The Secret of Kells (2016) 2:00 Aerobic & Balance Class w/ Jess Bautista 3:00 Wine & Cheese Happy Hour 4:00 Tech Support 6:45 Trivia Night	6	9:30 Tai Chi/Yoga Class 10:30 Marketplace Shop 1:00 Movie: Knock Down The House (2019) 1:30 *Outing: The Fat Robin gift shop 3:00 Fitness Orientation 3:30 Trivia Time with Myra 7:00 Movie: Knock Down The House (2019)	7	9:00 *Grocery Drop Off 10:30 Chair Yoga Class 1:00 Movie: The Sound of Music (1965) 2:00 Parlor Games-Puzzles 3:00 5 Crowns Card Game 6:30 Card Games 7:00 Movie: The Sound of Music (1965)
8	9:00 *Church Drop Off 10:30 Chair Yoga Class 1:00 Movie: RBG (2018) 2:00 Resident-Led Bingo 3:00 Dominoes / Mexican Train 6:30 Game Night: UNO Card Game 7:00 Movie: RBG (2018)	9	9:30 Strengthening Class 10:30 Cranium Crunches 10:30 Yarn Circle 1:00 Movie: Iron-Jawed Angels (2004) 2:00 Gym Fitness Class 3:00 Flower Arranging w/ Poppie 4:00 CLEO Tech Education	10	9:30 Flexibility Class 10:30 Chair Yoga Class 10:30 New Resident Orientation 1:00 Movie: Dancing At Lughnasa (1998) 1:30 Seated Dancing 3:00 Seasonal Sing-Along 4:00 Conversational Spanish for Beginners with Ema	11	9:30 Cardio Class 10:30 LLU Session - Plato's Republic: Justice, Goodness, and the Meaning of Life 1:00 Popcorn Movie: Hamnet (2025) 2:00 Resident Council Meeting 3:00 Watercolor painting with Cassie 7:00 Movie: Hamnet (2025)	12	9:30 Balance Class 1:00 Movie: The Last Showgirl (2025) 2:00 Aerobic & Balance Class w/ Craig Yeutter 3:00 Wine & Cheese Happy Hour 4:00 Tech Support 6:45 Trivia Night 7:00 Movie: The Last Showgirl (2025)	13	9:30 Tai Chi/Yoga Class 10:30 Marketplace Shop 10:30 Wellness Lecture 1:00 Movie: The Quiet Man (1952) 1:30 *Outing: Hakone Japanese Garden 3:00 Fitness Orientation 3:30 Trivia Time with Myra 7:00 Movie: The Quiet Man (1952)	14	9:00 *Grocery Drop Off 10:30 Chair Yoga Class 1:00 Movie: The Secret of Roan Inish (1994) 2:00 Parlor Games-Puzzles 3:00 5 Crowns Card Game 6:30 Card Games 7:00 Movie: The Secret of Roan Inish (1994)
15	9:00 *Church Drop Off 10:30 Chair Yoga Class 1:00 Movie: Barbara - The Music... The Mem'ries... The Magic! (2017) 2:00 Resident-Led Bingo 3:00 Dominoes / Mexican Train 6:30 Game Night: UNO Card Game 7:00 Movie: Barbara - The Music... The Mem'ries... The Magic! (2017)	16	9:30 Strengthening Class 10:00 Painting with Rosalie 10:30 Cranium Crunches 10:30 Yarn Circle 1:00 Movie: Jane Eyre (2011) 2:00 Gym Fitness Class 2:30 Ladies' Club Teatime 7:00 Movie: Jane Eyre (2011)	17	9:30 Flexibility Class 10:30 Chair Yoga Class 11:00 St. Patrick's Day Celebration 1:00 Movie: Older Than Ireland (2016) 1:30 Seated Step Dancing 3:00 Seasonal Sing-Along 4:00 Conversational Spanish for Beginners with Ema	18	9:30 Cardio Class 10:30 Visits w/ Pastor Vincent 1:00 Movie: Jane (2017) 1:30 Belmont Angels 2:00 Chef Demo 7:00 Movie: Jane (2017)	19	9:30 Balance Class 1:00 Movie: Mars (2020) 2:00 Aerobic & Balance Class w/ Steve Edwards 3:00 Wine & Cheese Happy Hour 4:00 Tech Support 6:45 Trivia Night 7:00 Movie: Mars (2020)	20	9:30 Tai Chi/Yoga Class 10:30 Marketplace Shop 1:00 Movie: Lilith Fair (2025) 1:30 *Outing: Computer History Museum 3:00 Fitness Orientation 3:30 Trivia Time with Myra 7:00 Movie: Lilith Fair (2025)	21	9:00 *Grocery Drop Off 10:30 Chair Yoga Class 1:00 Movie: Emma (2020) 2:00 Parlor Games-Puzzles 3:00 5 Crowns Card Game 6:30 Card Games 7:00 Movie: Emma (2020)
22	9:00 *Church Drop Off 10:30 Chair Yoga Class 1:00 Movie: The Love Bug (1969) 1:00 Spring Crafts with the Sunshine Squad 2:00 Resident-Led Bingo 3:00 Dominoes / Mexican Train 6:30 Game Night: UNO Card Game 7:00 Movie: The Love Bug (1969)	23	9:30 Strengthening Class 10:30 Cranium Crunches 10:30 Yarn Circle 1:00 Movie: Citizens of the World (2021) 2:00 Gym Fitness Class 7:00 Movie: Citizens of the World (2021)	24	9:30 Flexibility Class 10:30 Chair Yoga Class 1:00 Movie: Whale Rider (2002) 1:30 Seated Dancing 2:00 Gentlemen's Social Club 3:00 Seasonal Sing-Along 4:00 Conversational Spanish for Beginners with Ema 7:00 Movie: Whale Rider (2002)	25	9:30 Cardio Class 10:30 LLU Session - Martian Science 1:00 Movie: Old Goats (2011) 1:30 Art with Storm - Jewelry-Making 7:00 Movie: Old Goats (2011)	26	9:30 Balance Class 1:00 Movie: To Walk Invisible: The Bronte Sisters (2017) 2:00 Belmont Book Club 2:00 Aerobic & Balance Class w/ Kimberlye Gold 3:00 Wine & Cheese Happy Hour 4:00 Tech Support 6:45 Trivia Night	27	9:30 Tai Chi/Yoga Class 10:30 Marketplace Shop 12:00 Monthly Birthdays Celebration 1:00 Movie: Queen of Chess (2026) 1:30 *Outing: Bijan Bakery & Café 3:00 Fitness Orientation 3:30 Trivia Time with Myra	28	9:00 *Grocery Drop Off 10:30 Chair Yoga Class 1:00 Movie: Slipper and the Rose (1976) 2:00 Parlor Games-Puzzles 3:00 5 Crowns Card Game 6:30 Card Games 7:00 Movie: Slipper and the Rose (1976)
29	9:00 *Church Drop Off 10:30 Chair Yoga Class 1:00 Movie: United States of Animals (2016) 2:00 Resident-Led Bingo 3:00 Dominoes / Mexican Train 6:30 Game Night: UNO Card Game 7:00 Movie: United States of Animals (2016)	30	9:30 Strengthening Class 10:30 Cranium Crunches 10:30 Yarn Circle 1:00 Movie: Leap Year (2010) 1:30 History Presentation with Dr. Ethan 2:00 Gym Fitness Class 7:00 Movie: Leap Year (2010)	31	9:30 Flexibility Class 10:30 Chair Yoga Class 1:00 Movie: Biography - Dolly (2020) 1:30 Seated Dancing 3:00 Seasonal Sing-Along 4:00 Conversational Spanish for Beginners with Ema 7:00 Movie: Biography - Dolly (2020)								

Scheduled activities and events subject to change with or without advance notice.