

MARCH 2026

Women's History Month



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 9:00 GR - Chronicle/History 10:00 TH - Hymn DVD 10:30 GR ~ Piano Hymn Recital by Ruth 1:30 RSVP~ Shop Target 6:00 LO(l) - Lounge Games	2 Wordle Challenge 9:00 -4pm PA - NuStep 9:30 TH~ Sit & Stretch 1:00 TH - Think Tank (March IQ) 3:00 TH~ Communion 6:00 GR(l) Puzzlers	3 9:00 -4pm PA - NuStep 9:30 TH~ Fit & Flex 10:00 SR~ Live Cello (Books & Music honoring America's 250th birthday) 12:45 LO - Bridge 1:00 TH - Balance Fitness Class 2:00 SR~ "Intimate Portrait" of extraordinary women (part 1)	4 9:00 -4pm PA - NuStep 9:00 GR (l)~ Wacky Word Page 9:30 TH~ Sit & Weight(s) 10:00 TH - *Coffee, Bagels & Better Hearing w/Audiologist Ashley Goryl, AuD 2:00 JK - Wine & Cheese 6:00 B(R) Dime Bingo with Bob & George	5 9:00 -4pm PA - NuStep 9:30 TH~ Fit & Flex 10:00 TH~ Private Training Program (10-5) 1:00 LO (R) - Wizards Card Game 2:00 SR~ "Intimate Portrait" of extraordinary women (part 2) 6:00 GR -Trivia w/Concierge	6 9:00 -4pm PA- NuStep 9:30 TH - Paxxon Exercise & Education Class 10:30 1FL - Rosary 1:00 TH - Parkin-cise 2:00 SR - Matinee Feature 6:00 GR(l) - Puzzlers	7 Concentration Puzzle Time Change tomorrow (Spring ahead one hour tonight before bed) 9:30 TH~ Weekend Fitness 1:30 RSVP~ Scenic Drive 2:00 TH(R)~ Ante Horseracing 3:15 SR~ Documentary Screening
8 Daylight Savings Time Begins 9:00 GR - Chronicle/History 10:00 TH - Hymn DVD 10:00 TH - Trinity Irish Dance Academy 1:15 RSVP~ Shop Walmart 2:00 TH~ Live Nostalgia Musical Program 6:00 LO(l) - Lounge Games	9 Wordle Challenge 9:00 -4pm PA - NuStep 9:30 TH~ Sit & Stretch 1:00 TH - Think Tank (Women's History) 2:00 3rd FL~ Women's History Walk 2:00 TH~ Women of Tin Pan Alley "Yours for a Song" 3:00 SR~ Location changed to Screening Room - Communion	10 9:00 -4pm PA - NuStep 9:30 TH~ Fit & Flex 10:00 TH~ Life Long Learning Video Course~ Archaeological Tour of Ancient Maya Cities 12:45 LO - Bridge 1:00 TH - Balance Fitness Class 2:00 TH - Heather's "Kiss Me, I'm Irish" Cabaret Show	11 9:00 -4pm PA - NuStep 9:00 GR (l)~ Wacky Word Page 9:30 TH~ Sit & Weight(s) 10:00 TH~ *Coffee & Cake Chat w/Rebecca from Alzheimer's Association 2:00 JK - Wine & Cheese 6:00 B(R) Dime Bingo with Bob & George	12 9:00 -4pm PA - NuStep 9:30 TH~ Fit & Flex 10:00 TH - Prayer & Sing w/George 1:00 LO (R) - Wizards Card Game 2:00 TH~ Dupage Museum Presentation - History of the Girl Scouts 6:00 GR -Trivia w/Concierge	13 9:00 -4pm PA- NuStep 9:30 TH~ Sit & Weight(s) 10:30 1FL - Rosary 1:00 TH - Parkin-cise 2:00 SR - Matinee Feature 6:00 GR(l) - Puzzlers	14 Concentration Puzzle 9:30 TH~ Weekend Fitness 1:30 RSVP~ Scenic Drive 2:00 TH(R)~ Ante Horseracing 3:15 SR~ Documentary Screening 6:00 LO(l)~ Lounge Games Anyone?
15 9:00 GR - Chronicle/History 10:00 SR - Hymn DVD 1:15 RSVP~ Shop Target 1:30 SR - Special Irish Movie Feature~ Quiet Man 6:00 LO(l) - Lounge Games	16 Wordle Challenge 9:00 -4pm PA - NuStep 9:30 TH~ Sit & Stretch 1:00 TH - Think Tank (St. Patrick's Day) 2:00 GR - Live Musical Sister Duo 3:00 SR~ Location changed to Screening Room - Communion 6:00 GR(l) Puzzlers	17 9:00 -4pm PA - NuStep 9:30 TH~ Fit & Flex 11:00 St. Patrick's Day Luncheon 12:45 LO - Bridge 1:00 TH - Balance Fitness Class 6:00 GR~ Irish Band Tunes with Ruth and her band 6:00 LO(l) Dominos	18 9:00 -4pm PA - NuStep 9:00 GR (l)~ Wacky Word Page 9:30 TH~ Sit & Weight(s) 10:00 ***Rescheduled Coffee & Muffins Chat w/Carol~ 80 years young career Woman for later in March. TBA 2:00 JK - Wine & Cheese w/Frank 6:00 B(R) Dime Bingo	19 9:00 -4pm PA - NuStep 9:30 TH~ Fit & Flex 10:00 RSVP - Library Outing 1:00 LO (R) - Wizards Card Game 1:00 TH - Chat with the Chef 1:30 TH~ Resident Council 4:30 JK - Piano Supper Club 6:00 GR -Trivia w/Concierge	20 Spring Begins 9:00 -4pm PA- NuStep 9:30 TH~ Sit & Weight(s) 10:00 TH - Drumming with Jon 10:30 1FL - Rosary 1:00 TH - Parkin-cise 2:00 SR - Matinee Feature 6:00 GR(l) - Puzzlers	21 Concentration Puzzle 9:30 TH~ Weekend Fitness 1:30 RSVP~ Scenic Drive 2:00 TH(R)~ Ante Horseracing 3:15 SR~ Documentary Screening 6:00 LO(l)~ Lounge Games Anyone?

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>22</p> <p>9:00 GR - Chronicle/History 10:00 TH - Hymn DVD 1:15 RSVP~ Shop Walmart 2:00 GR~ Piano Program by Jeffery 6:00 LO(l) - Lounge Games</p>	<p>23</p> <p>Wordle Challenge 9:00 -4pm PA - NuStep 9:30 TH~ Sit & Stretch 1:00 TH - Think Tank (Astronauts, Mars and Earth Science) 2:00 TH~ Creative Endeavors (Spring Fundraiser items) 3:00 TH~ Communion 6:00 GR(l) Puzzlers</p>	<p>24</p> <p>9:00 -4pm PA - NuStep 9:30 TH~ Fit & Flex 12:45 LO - Bridge 1:00 TH - Balance Fitness Class 2:00 TH~ Ruth Bader Ginsburg Portrayal by Michelle 6:00 LO(l) Dominos</p>	<p>25</p> <p>9:00 -4pm PA - NuStep 9:00 GR (l)~ Wacky Word Page 9:30 TH~ Sit & Weight(s) 9:45 GR~ Messengers Of Hope Choir 11:30 JK~ Birthday Lunch 12:45 TH~ Life Long Learning Video Course~ The Evolution of Martian Science 2:00 JK - Wine &</p>	<p>26</p> <p>9:00 -4pm PA - NuStep 9:30 TH~ Fit & Flex 10:00 GR~ Creative Endeavors Spring Fundraiser 1:00 LO (R) - Wizards Card Game 2:00 SR~ Women in Space Movie Feature ~ "Gravity" 6:00 GR -Trivia w/Concierge</p>	<p>27</p> <p>9:00 -4pm PA- NuStep 9:30 TH~ Sit & Weight(s) 10:30 1FL - Rosary 1:00 TH - Parkin-cise 2:00 SR - Matinee Feature 6:00 GR(l) - Puzzlers</p>	<p>28</p> <p>Concentration Puzzle 9:30 TH~ Weekend Fitness 1:30 RSVP~ Scenic Drive 2:00 TH(R)~ Ante Horseracing 3:15 SR~ Documentary Screening 6:00 LO(l)~ Lounge Games Anyone?</p>
<p>29</p> <p>Palm Sunday (Palms available at front desk) 9:00 GR - Chronicle/History 10:00 TH - Hymn DVD 1:15 RSVP~ Shop Target 1:30 SR~ "The Ten Commandments" (Part 1) 6:00 LO(l) - Lounge Games</p>	<p>30</p> <p>Wordle Challenge 9:00 -4pm PA - NuStep 9:30 TH~ Sit & Stretch 1:00 TH - Think Tank (Spring) 3:00 TH~ Communion 6:00 GR(l) Puzzlers</p>	<p>31</p> <p>9:00 -4pm PA - NuStep 9:30 TH~ Fit & Flex 12:45 LO - Bridge 1:00 TH - Balance Fitness Class 6:00 LO(l) Dominos</p>	<p>Assisted-Living calendar theme for March is "Women's History". Women guest speakers and portrayals of women in history with programs sure to intrigue both men and women.</p>			<p>Location Legend >B Bistro. >GR Great Room. >LO Lounge. >JK Josephine's Kitchen. >TH Town Hall. >SR Screening Room. >3FL 3rd Floor Hallways. >PA Paxxon Room. >RSVP Reserve w/Concierge.</p>