

MARCH 2026



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 9:30 Catholic Mass (Channel 7 on TV) TH 10:00 Exercise with Christine TH 10:30 Daily Chronicle JK 1:00 Music with Edizon Dayao TH 5:30 Movie Night Miniseries: "Agatha Christie's Seven Dials"	2 TH 10:00 Exercise: Steady & Strong TH 10:30 Morning Mingle TH 1:00 Christian Music Ministry Program with George Nicholson L 1:00 Parkinson's Exercise 1:00 Shopping: Jewel, Walgreens, Bank (Sign Up) L 2:00 Card Game: Blackjack TH 3:15 Game: Pokeno TH 5:30 Movie Night: "Train Dreams"	3 L 9:30 Holy Communion TH 10:00 Exercise: Boogie & Burn Zumba TH 10:30 Morning Mingle TH 2:00 "News & Views" with Author & Professor, Gary Midkiff TH 3:15 Group Game: Wheel of Fortune - Women's History & Irish Glory GR 6:00 Games: Resident's Choice	4 SP 9:30 Indian Trails Library Visits TH 10:00 Exercise: Midweek Tai Chi Tranquility TH 10:30 Morning Mingle 11:15 Outing- Mickey Finn's Brewery L 1:00 Memoir Writing Class with Author, Erica Weisz GR 1:00 Walker/Wheelchair Repair Clinic JK 2:30 Wine & Cheese with Musical Performance with Gayle Bisesi	5 TH 10:00 Exercise: Power Moves Boot Camp TH 10:30 Morning Mingle GR 1:30 Music Appreciation with Jim Kendros: "Spring into Bach, Haydn and Vivaldi!" TH 2:45 Women's History-Fashion Flashback & Collage Fun! GR 6:30 Games: Resident's Choice	6 TH 10:00 Exercise: Gentle Core Flow L 10:15 Shabbat Service with Rabbi Sandra TH 1:00 Afternoon Matinee: "In the Heart of the Sea" B 3:15 Happy Hour: Mocktails & Trivia TH 5:30 Movie Night:"The Choral"	7 TH 10:00 Exercise with Keenan TH 10:30 Morning Mingle with Keenan GR 1:00 Girl Scout Cookie Sale TH 2:00 Bingo CL 3:00 Marketplace TH 5:30 Movie Night:"Mr. Burton"
8 9:30 Catholic Mass (Channel 7 on TV) TH 10:00 Exercise with Christine TH 10:30 Daily Chronicle GR 1:00 Trinity Irish Dancers JK 2:30 Musical Performance by Jeff Rutter TH 5:30 Movie Night Miniseries: "Agatha Christie's Seven Dials"	9 TH 10:00 Exercise: Steady & Strong TH 10:30 Morning Mingle L 1:00 Parkinson's Exercise 1:00 Shopping: Jewel, Walgreens, Bank (Sign Up) TH 1:30 Painting Class with Susie Speck: "Monet's Garden" TH 3:15 Game: Pokeno TH 5:30 Movie Night: "The Marksman"	10 L 9:30 Holy Communion TH 10:00 Exercise: Boogie & Burn Zumba TH 10:30 Morning Mingle TH 12:00 "The Wise Guys" Men's Lunch from Lou Malnati's CL 1:30 Card Game: Blackjack TH 2:30 Actress, Debra Ann Miller, Portrays "Louisa May Alcott" GR 6:00 Games: Resident's Choice	11 TH 10:00 Exercise: Midweek Tai Chi Tranquility 10:00 Outing: Botanical Gardens Orchid Show-"Feelin' Groovy" TH 10:30 Morning Mingle L 1:00 Memoir Writing Class with Author, Erica Weisz JK 2:30 Wine & Cheese with Musical Performance with Jan & Gino TH 5:30 Movie Night:"And So It Goes"	12 TH 10:00 Exercise: Power Moves Boot Camp TH 10:30 Morning Mingle TH 1:30 "Conversation and Clues to Guess Who" L 3:00 Rabbi James Gordon Presents, "Everything You Ever Wanted to Know about the Pesach Seder" GR 6:30 Games: Resident's Choice	13 TH 10:00 Exercise: Gentle Core Flow TH 10:30 Morning Mingle with Lili TH 1:30 Spring Creations: Make Your Own Suncatchers and Wreaths! B 3:15 Happy Hour: Mocktails & Trivia 5:30 Movie Night: "The Quiet Man"	14 TH 10:00 Exercise with Keenan TH 10:30 Morning Mingle with Keenan TH 2:00 Bingo CL 3:00 Marketplace TH 5:30 Movie Night:"Red Joan"
15 9:30 Catholic Mass (Channel 7 on TV) TH 10:00 Exercise with Christine TH 10:30 Daily Chronicle JK 2:00 Musical Performance by Rob McDougle TH 5:30 Movie Night Miniseries: "Agatha Christie's Seven Dials"	16 TH 10:00 Exercise: Steady & Strong TH 10:30 Health Talk with Paxxon: National Kidney Month TH 1:00 Afternoon Matinee: "The Age of Adaline" L 1:00 Parkinson's Exercise 1:00 Shopping: Jewel, Walgreens, Bank (Sign Up) TH 3:15 Game: Pokeno TH 5:30 Movie Night: "A Call to Spy"	17 L 9:30 Holy Communion TH 10:00 Exercise: Boogie & Burn Zumba TH 10:30 Morning Mingle TH 1:30 Shamrock Showdown: St. Patrick's Day Games! GR 3:00 St. Patrick's Day Party with "Live" Irish Music GR 6:00 Games: Resident's Choice	18 TH 10:00 Exercise: Midweek Tai Chi Tranquility TH 10:30 Morning Mingle 11:15 Outing: Ristorante Bottaio L 1:00 Memoir Writing Class with Author, Erica Weisz JK 2:30 Wine & Cheese with Musical Performance with Matt and Cynthia Gruel TH 5:30 Movie Night:"Meet Joe Black"	19 TH 10:00 Exercise: Power Moves Boot Camp TH 10:30 Morning Mingle TH 1:30 Pot o' Gold Balloon Volleyball Rally TH 2:30 Presentation with Author Jody Nye GR 6:30 Games: Resident's Choice	20 TH 10:00 Exercise: Gentle Core Flow L 10:15 Shabbat Service with Rabbi Sandra TH 10:30 Morning Mingle with Lili TH 2:00 Speaking of Unmentionables: The Rise and Fall of Women's Underwear B 3:15 Happy Hour: Mocktails & Trivia TH 5:30 Movie Night:"City of Angels"	21 TH 10:00 Exercise with Keenan TH 10:30 Morning Mingle with Keenan TH 2:00 Bingo CL 3:00 Marketplace TH 5:30 Movie Night:"Michael"

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>22</p> <p>9:30 Catholic Mass (Channel 7 on TV)</p> <p>TH 10:00 Exercise with Christine</p> <p>TH 10:30 Daily Chronicle</p> <p>JK 2:00 Musical Performance by Larry Ortega</p> <p>TH 5:30 Documentary Movie Night - "The New Yorker"</p>	<p>23</p> <p>TH 10:00 Exercise: Steady & Strong</p> <p>TH 10:30 Morning Mingle</p> <p>L 1:00 Parkinson's Exercise</p> <p>1:00 Shopping: Jewel, Walgreens, Bank (Sign Up)</p> <p>TH 1:15 Afternoon Matinee: "Suffragette"</p> <p>TH 3:15 Game: Pokeno</p> <p>TH 5:30 Movie Night: "The Preacher's Wife"</p>	<p>24</p> <p>L 9:30 Holy Communion</p> <p>TH 10:00 Exercise: Boogie & Burn Zumba</p> <p>TH 10:30 Morning Mingle</p> <p>TH 1:30 Floor Hockey</p> <p>TH 2:30 You Be The Judge : Court Case Discussion</p> <p>GR 6:00 Games: Resident's Choice</p>	<p>25</p> <p>9:30 Bess Bower Dunn Museum</p> <p>TH 10:00 Exercise: Midweek Tai Chi Tranquility</p> <p>TH 10:30 Morning Mingle</p> <p>L 1:00 Memoir Writing Class with Author, Erica Weisz</p> <p>JK 2:30 Wine & Cheese with Musical Performance with Liz Goss</p> <p>TH 5:30 Movie Night: "Radium Girls"</p>	<p>26</p> <p>TH 10:00 Exercise: Power Moves Boot Camp</p> <p>TH 10:30 Morning Mingle</p> <p>TH 1:30 Goodall in the Wild: Find out more about Primatologist and Anthropologist, Jane Goodall</p> <p>1:30 Project with Paxxon (3rd Floor)</p> <p>TH 3:00 Rice's LLU Virtual Lecture, "Martian Science"</p> <p>GR 6:30 Games: Resident's</p>	<p>27</p> <p>TH 10:00 Exercise: Gentle Core Flow</p> <p>TH 10:30 Morning Mingle with Lili</p> <p>JK 12:00 Monthly Birthday Luncheon for March Birthdays!</p> <p>TH 1:30 March Jeopardy!</p> <p>B 3:15 Happy Hour: Mocktails & Trivia</p> <p>TH 5:30 Movie Night: "The Women"</p>	<p>28</p> <p>TH 10:00 Exercise with</p> <p>TH 10:30 Morning Mingle with Keenan</p> <p>TH 2:00 Bingo</p> <p>CL 3:00 Marketplace</p> <p>TH 5:30 Movie Night: "Michael"</p>
<p>29</p> <p>9:30 Catholic Mass (Channel 7 on TV)</p> <p>TH 10:00 Exercise with Christine</p> <p>TH 10:30 Daily Chronicle</p> <p>JK 2:00 Musical Performance by Barrett Haselwood</p> <p>TH 5:30 Movie Night: "I Am Woman"</p>	<p>30</p> <p>TH 10:00 Exercise: Steady & Strong</p> <p>TH 10:30 Morning Mingle</p> <p>L 1:00 Parkinson's Exercise</p> <p>1:00 Shopping: Jewel, Walgreens, Bank (Sign Up)</p> <p>TH 1:15 Afternoon Matinee: "Joan Didion: The Center Will Not Hold"</p> <p>TH 3:15 Game: Pokeno</p> <p>TH 5:30 Movie Night: "The Harder They Fall"</p>	<p>31</p> <p>L 9:30 Holy Communion</p> <p>TH 10:00 Exercise: Boogie & Burn Zumba</p> <p>TH 10:30 Morning Mingle</p> <p>TH 1:45 Residents Council</p> <p>TH 2:00 Chat with the Chef</p> <p>TH 2:30 Book Club Discussion - Frozen River by Ariel Lawhon</p> <p>GR 6:00 Games: Resident's Choice</p>				