

FEBRUARY 2026



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 Self Care Sunday: Do something nice for yourself. TH 9:00 Virtual Mass TH 1:30 North Valley Baptist Church TH 2:30 Sunday Matinee: TH 6:15 Sunday Night Movie:	2 TH 9:30 Move It Monday TH 10:00 Ted Talk w/Beau G2 1:00 Mahjong TH 1:00 Rice LLU G2 2:15 Bridge TH 2:30 Flower Arranging w/Poppie TH 6:15 Monday Night Movie:	3 TH 9:30 Chair Yoga TH 1:00 Activity Planning Committee TH 2:00 Beau's Brain Busters L3 3:00 Bible Study w/Pastor Paul Chung TH 3:00 History Lecture with Professor Di Bono TH 6:15 Tuesday's Movie:	4 TH 9:30 Move Your Body, Calm Your Mind TH 10:00 History Corner w/Beau TH 1:30 Bingo! JK 3:00 Happy Hour TH 6:15 Wednesday's Movie:	5 TH 9:30 All-In-One Workout L3 10:30 Book Club TH 1:00 Brain Busters G2 1:00 Rummikub TH 6:15 Thursday's Movie:	6 TH 9:30 Exercise with Noodles G2 1:00 Mahjong GR 1:30 AL Outing: L3 2:00 Catholic Mass & Communion L3 2:00 Communion with Rita G2 2:15 Bridge TH 6:15 Friday Night Movie:	7 TH 9:30 Morning Exercise - 30 minute Chair Exercise TH 10:00 Documentary: G2 1:00 Rummikub TH 2:30 Movie Matinee: TH 6:15 Late Night Movie:
8 Self Care Sunday: Do something nice for yourself. TH 9:00 Virtual Mass TH 1:30 North Valley Baptist Church TH 3:30 Super Bowl Party TH 6:30 Sunday Night Movie:	9 TH 9:30 Move It Monday TH 10:00 Ted Talk w/Beau G2 1:00 Mahjong TH 2:00 Cherished Hearts Social L3 2:00 Learn Guitar or Ukulele G2 2:15 Bridge TH 6:15 Monday Night Movie:	10 TH 9:30 Chair Yoga GR 10:00 Sunnyvale Library Book Exchange TH 1:00 Music Therapy w/Stacey TH 2:00 Beau's Brain Busters L3 3:00 Bible Study w/Pastor Paul Chung TH 6:15 Tuesday's Movie:	11 TH 9:30 Move Your Body, Calm Your Mind TH 10:00 Crafting Corner w/Beau G2 10:30 Learn how to play Mahjong w/Adrienne! TH 1:30 Bingo! JK 3:00 Happy Hour TH 6:15 Wednesday's Movie:	12 TH 9:30 All-In-One Workout L3 10:30 Book Club TH 1:00 Beau's Brain Busters G2 1:00 Rummikub TH 6:15 Thursday's Movie:	13 TH 9:30 Exercise with Noodles GR 11:15 AL Outing: G2 1:00 Mahjong L3 2:00 Communion with Rita G2 2:15 Bridge GR 4:15 Piano Hour w/Deborah TH 6:15 Friday Night Movie:	14 TH 9:30 Morning Exercise - 30 minute Chair Exercise TH 10:00 Documentary: TH 10:45 Documentary Discussion G2 1:00 Rummikub TH 2:30 Movie Matinee: TH 7:30 Late Night Movie:
15 Self Care Sunday: Do something nice for yourself. TH 9:00 Virtual Mass TH 1:30 North Valley Baptist Church TH 2:30 Sunday Matinee: TH 6:15 Sunday Night Movie:	16 Washington's Birthday TH 9:30 Move It Monday TH 10:00 Ted Talk w/Beau G2 1:00 Mahjong L3 1:15 Balance Class TH 1:30 Power of the Heart Lecture with Joseph Biache G2 2:15 Bridge TH 2:30 Flower Arranging with Poppie TH 6:15 Monday Night Movie:	17 TH 9:30 Chair Yoga TH 1:00 Beau's Brain Busters L3 1:15 Stability Class TH 2:00 Resident Council L3 3:00 Bible Study w/Pastor Paul Chung TH 6:15 Tuesday's Movie:	18 TH 9:30 Move Your Body, Calm Your Mind TH 10:00 History Corner w/Beau CF 1:00 Bingo! JK 3:00 Happy Hour TH 6:15 Wednesday's Movie:	19 TH 9:30 All-In-One Workout L3 10:30 Book Club TH 1:00 Beau's Brain Busters G2 1:00 Rummikub TH 2:00 Lecture w/Rick Deutsch TH 3:00 Chef's Chat with Ellis TH 6:15 Thursday's Movie:	20 TH 9:30 Exercise with Noodles G2 1:00 Mahjong GR 1:15 AL Outing: L3 2:00 Communion with Rita G2 2:15 Bridge TH 6:15 Friday Night Movie:	21 TH 9:30 Morning Exercise - 30 minute Chair Exercise TH 10:00 Documentary: G2 1:00 Rummikub TH 2:00 Chords for Good TH 6:15 Late Night Movie:

FEBRUARY 2026



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>22</p> <p>Self Care Sunday: Do something nice for yourself.</p> <p>TH 9:00 Virtual Mass</p> <p>TH 1:30 North Valley Baptist Church</p> <p>TH 2:30 Sunday Matinee:</p> <p>TH 6:15 Sunday Night Movie:</p>	<p>23</p> <p>TH 9:30 Move It Monday</p> <p>TH 10:00 Ted Talk w/Beau</p> <p>G2 1:00 Mahjong</p> <p>L3 1:15 Balance Class</p> <p>JK 2:00 Lunar New Year Performance from Shenshen</p> <p>G2 2:15 Bridge</p> <p>TH 6:15 Monday Night Movie:</p>	<p>24</p> <p>TH 9:30 Chair Yoga</p> <p>TH 10:00 Taylor'd Physics</p> <p>TH 1:00 Music Therapy w/Stacey</p> <p>L3 1:15 Stability Class</p> <p>TH 2:00 Beau's Brain Busters</p> <p>L3 3:00 Bible Study w/Pastor Paul Chung</p> <p>TH 6:15 Tuesday's Movie:</p>	<p>25</p> <p>TH 9:30 Move Your Body, Calm Your Mind</p> <p>TH 10:00 Crafting Corner w/Beau</p> <p>G2 10:30 Learn how to play Mahjong w/Adrienne!</p> <p>TH 1:00 Rice LLU Live Zoom: Coffee & Conversation</p> <p>CF 1:30 Bingo!</p> <p>JK 3:00 Happy Hour</p> <p>TH 6:15 Wednesday's Movie:</p>	<p>26</p> <p>TH 9:30 All-In-One Workout</p> <p>L3 10:30 Book Club</p> <p>TH 1:00 Beau's Brain Busters</p> <p>G2 1:00 Rummikub</p> <p>TH 3:00 Chef's Demo</p> <p>TH 6:15 Thursday's Movie:</p>	<p>27</p> <p>TH 9:30 Exercise with Noodles</p> <p>TH 10:00 Calligraphy w/Priti</p> <p>GR 11:15 AL Outing:</p> <p>G2 1:00 Mahjong</p> <p>L3 2:00 Communion with Rita</p> <p>G2 2:15 Bridge</p> <p>GR 4:15 Piano Hour w/Deborah</p> <p>TH 6:15 Friday Night Movie:</p>	<p>28</p> <p>TH 9:30 Morning Exercise - 30 minute Chair Exercise</p> <p>TH 10:00 Documentary:</p> <p>TH 10:45 Documentary Discussion</p> <p>G2 1:00 Rummikub</p> <p>TH 2:00 Musical Performance by The Wilcox Music Honor Society</p> <p>TH 2:30 Movie Matinee:</p> <p>TH 6:15 Late Night Movie:</p>