

FEBRUARY 2026



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 10:30 Funtastic Fitness Town Hall 2nd Floor 1:00 Meditation Session - YouTube On the screen Theater 1:30 Shopping Outing Ralph's! 2:00 Movie Matinee: 'Joker' 1 hr 56 Rated R for violence, disturbing content, brief sexual images (Amazon)	2 9:30 Holy Communion Note New Location **Has moved to 2nd Floor in front of Room 212 9:30 Sit and Be Fit Town Hall 2nd Floor 10:30 'A Talking Space' An open space for discussion and possibly some advice. Town Hall 2nd Floor	3 9:30 Sit and Be Fit Town Hall 2nd Floor 10:00 TED Talk and Discussion Theater 3rd Floor 1:30 Balance Class Town Hall 2nd Floor 2:00 'CHAT WITH CHEF' An opportunity to meet with our Chef Manager Alvaro! Bistro 1st Floor	4 9:30 Sit and Be Fit Town Hall 2nd Floor 11:00 AL Outing to Reagan Library to see the 'Cowboy Exhibit' Cost is \$22.00 per person-There will be walking! Please RSVP With Concierge Very Limited Spots! 1:00 Music Appreciation with Dr.	5 9:00 PLEASE NOTE THERE WILL BE FIRE ALARM TESTING STARTING AT 9AM!! THIS IS ONLY A TEST OF THE SYSTEM AND MAY CONTINUE FOR A LITTLE BIT. 9:30 Sit and Be Fit Town Hall 2nd Floor 10:15 Ribbon Dance with Annette!	6 9:30 Sit and Be Fit Town Hall 2nd Floor 10:30 America At A Crossroads: Showing Ambassador Dennis Ross: Israel, Gaza and the Middle East: What Lies Ahead? 11:00 Glass Art Class Town Hall 2nd Fl. 1:30 Rhythm Drumming: Town	7 10:00 Yoga with Jenny -Town Hall 10:30 Kaitlyn On Piano! Josie Aaronson's granddaughter 11:00 Music Appreciation with Dr. Freilich: Rasamousky String Quartet #7' Theater 3rd Floor 2:00 Movie Matinee 'Casablanca' Rated PG 1 hr 38 (Amazon) Theater 3rd Floor
8 10:30 Funtastic Fitness Town Hall 2nd Floor 1:00 Meditation Session - YouTube On the screen Theater 1:30 Shopping Outing CVS! 2:00 Movie Matinee 'The Beguiled' Rated R for themes and interpretations 1 hr 44 min. (Amazon)	9 9:30 Holy Communion Note New Location **Has moved to 2nd Floor in front of Room 212 9:30 Sit and Be Fit Town Hall 2nd Floor 1:30 Balance Class Town Hall 2nd Floor 2:00 Finish the Line Great Room 2:00 Jeopardy TOWN HALL 2ND	10 9:30 Sit and Be Fit Town Hall 2nd Floor 10:00 TED Talk and Discussion Theater 3rd Floor 1:30 Balance Class Town Hall 2nd Floor 2:00 Bingo in the Bistro with Ava! 2:00 Movie Matinee:'Mean Girls' Rated PG 1hr 32 Theater	11 9:30 Sit and Be Fit Town Hall 2nd Floor 10:30 Adventures With Doug Theater 3rd Floor 11:00 AL Outing to Made In Italy! Please RSVP With Concierge Very Limited Spots! Departing at 11AM sharp! 1:00 Music Appreciation with Dr.	12 9:30 Sit and Be Fit Town Hall 2nd Floor 10:30 Rabbi Ira Modern Takes on Ancient Texts Theater 3rd Floor 11:00 Book Club!! TOWN HALL 2nd floor PLEASE NOTE TIME FOR TODAY!! 1:30 Balance Class Town Hall 2nd Floor	13 9:30 Sit and Be Fit Town Hall 2nd Floor 10:30 America At A Crossroads Showing: Investigative Reporter Carol Leonnig: Injustice: How Politics and Fear Vanquished America's Justice Department. Theater 3rd Floor 11:00 Rubber Block Printmaking	14 10:00 Yoga with Jenny -Town Hall 11:00 Music Appreciation with Dr. Freilich: Beethoven String Quartet Rasamousky #8Theater 3rd Floor 2:00 Movie Matinee showing: 'The Jazz Singer' GOLDEN GLOBE 3 time NOMINEE 1 hr 48 min. (AMAZON)Theater 3rd Floor
15 10:30 Funtastic Fitness Town Hall 2nd Floor 1:00 Meditation Session - YouTube On the screen Theater 1:30 Shopping Outing Trader Joe's! 2:00 Movie Matinee showing: 'Key Largo'Theater 3rd Floor Amazon	16 Washington's Birthday 9:30 Holy Communion Note New Location **Has moved to 2nd Floor in front of Room 212 9:30 Sit and Be Fit Town Hall 2nd Floor 10:00 Jewelry Class -Town Hall 2nd Floor 1:30 Balance Class Town Hall 2nd Floor	17 9:30 Sit and Be Fit Town Hall 2nd Floor 1:30 Balance Class Town Hall! 2:00 Bingo in the Bistro with Ava! 2:00 Mardigras Entertainment! Great Room 2:00 Movie Matinee showing: 'No Country for Old Men' Rated R 2 hrs 20 AMAZON	18 9:30 Sit and Be Fit Town Hall 2nd Floor 11:00 AL Outing to Lakeview Garden Chinese Bisro! Please RSVP With Concierge Very Limited Spots! Departing at 11AM sharp! 1:00 Music Appreciation with Dr. Freilich: 'Beethoven	19 9:30 Sit and Be Fit NOTE LOCATION GREAT ROOM! 10:15 Ribbon Dance with Annette! Great Room! 11:00 Creative Writing with Elizabeth! Circle of Friends 2 (Outside hall from Circle of Friends) 2nd Floor 1:30 Balance Class NOTE LOCATION GYM!	20 9:30 Sit and Be Fit Town Hall 2nd Floor 11:00 Glass Art Class Town Hall 2nd Fl. 1:30 Special Wellness Presentation by our PT Arvin B!: Town Hall 2nd Floor 2:00 Movie Matinee showing: 'Trespass'3rd Floor	21 10:00 Yoga with Jenny -Town Hall 11:00 Music Appreciation with Dr. Freilich: Creatures of the Prometheus Consecration of the House Overture. Theater 3rd Floor 2:00 Movie Matinee showing: 'Pale Rider' 1 hr 50 min Rated R for violence Theater 3rd Floor AMAZON
22 10:30 Funtastic Fitness Town Hall 2nd Floor 1:00 Meditation Session - YouTube On the screen Theater 1:30 Shopping Outing Sprouts! 2:00 Movie Matinee showing: 'Inception' 2 hrs 28 min. Theater 3rd Floor AMAZON 3:00 Happy Hour Presents: Mark	23 9:30 Holy Communion Note New Location **Has moved to 2nd Floor in front of Room 212 9:30 Sit and Be Fit Town Hall 2nd Floor 10:30 A Talking Space: An open space for discussion and possibly some advice. Town Hall 2nd Floor	24 9:30 Sit and Be Fit Town Hall 2nd Floor 10:00 TED Talk and Discussion Theater 3rd Floor 1:30 Balance Class Town Hall 2nd Floor 2:00 Bingo in the Bistro with Ava! 2:00 Movie Matinee showing: 'The Notebook' 1 hr 57 PG	25 9:30 Sit and Be Fit Town Hall 2nd Floor 11:00 AL Outing to Santa Monica Seafood! Please RSVP With Concierge Very Limited Spots! Departing at 11AM sharp! 11:30 Butterfly Boutique! 1:00 Music Appreciation with Dr. Freilich: 'Rossini, William	26 9:30 Sit and Be Fit Town Hall 2nd Floor 10:30 Rabbi Ira Modern Takes on Ancient Texts Theater 3rd Floor 11:00 Creative Writing with Jana! Town Hall 2nd Fl 1:30 Balance Class Town Hall 2nd Floor 2:00 Book Club!! TOWN HALL	27 9:30 Sit and Be Fit Town Hall 2nd Floor 11:00 Watercolor Painting Town Hall 2nd Floor 1:30 Rhythm Drumming: Town Hall 2nd Floor 2:00 Movie Matinee showing: 'The Godfather' Rated R Violence, language 2 hrs 40 Theater 3rd Floor AMAZON	28 10:00 Yoga with Jenny -Town Hall 11:00 Music Appreciation with Dr. Freilich: 'Wagner's Tannhauser O #3, Mendelssohn - A Midsummer Night Dream' Theater 3rd Floor 2:00 Movie Matinee: 'An American in Paris' Rated PG (AMAZON) 1 Hr

Activities subject to change