

# JANUARY 2026



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 New Year's Day	2	3
				<b>TH</b> 9:15 Beginners Bootcamp & Advanced Bootcamp at 10:15 AM (with Melissa) <b>SR</b> 11:00 A Year in Review at Belmont Village (Matinee Showing) <b>SR</b> 1:30 Rice University: Plato's Republic, Justice, Goodness, and the Meaning of Life (30 mins) <b>GR</b> 2:30 Board Game Hour: Rummikub, Bananagrams, etc.	<b>TH</b> 9:15 Boot Camp and Advanced at 10:15 AM <b>CR</b> 11:00 B'nai Mitzvah Club <b>SR</b> 11:00 Short Takes Acting Troupe <b>CR</b> 1:00 Open Board Game Time — Scrabble and cards available, or bring your own game! Bring friends or come make new ones. <b>SR</b> 1:00 Short Takes Acting Troupe <b>CR</b> 2:00 Belmont 101:	<b>TH</b> 9:00 Balls and Bands & Morning Exercise (& 10AM) <b>SR</b> 11:00 Symphony with Albert: Amadeus Requiem Scene (6:28) Mozart, Burial Scene (3:41) Truth of M.'s Burial (3:09) Mozart, Requiem in Sacrada familia (48:09) <b>CR</b> 1:00 Creative Writing with Loren <b>SR</b> 1:00 National Theater at
4	5	6	7	8	9	10
<b>TH</b> 9:00 Balance & Bands with Nichole, Morning Exercise <b>LB</b> 9:00 Shopping at Ralphs & Target <b>TH</b> 10:00 Morning Exercise <b>SR</b> 11:00 Washington Week <b>SR</b> 1:00 At the Opera: Bellini, I Puitani ( 2 Hr 30 mins) <b>CR</b> 1:30 NY Times Puzzles with Abbey! <b>CL</b> 2:30 Rummikub Time (6th floor Library) <b>GR</b> 3:30 Musical Entertainment	<b>TH</b> 9:15 Beginners Boot Camp & Advanced Boot Camp at 10:15 AM <b>CR</b> 11:00 Mental Fitness: Grab and Go Activity Packets <b>SR</b> 11:00 Morning Music with Albert: Morning Music with Albert: Amadeus Requiem, Mozart Burial, T ruth of M.'s Burial, Mozart, Requiem in Sacrada familia <b>SR</b> 1:30 "Show Me"-Lerner and	<b>TH</b> 9:15 Beginners Bootcamp & Advanced Bootcamp at 10:15 AM <b>PP</b> 11:00 Petal Pushers Garden Club <b>SR</b> 11:00 The Power of Film (T.V. Mini Series) hosted by legendary UCLA Film School Professor Emeritus Howard Suber, Ph. D. <b>SR</b> 1:00 Adventures with Doug Crater Lake <b>CR</b> 2:00 30 minute meditation in	<b>TH</b> 9:15 Beginning Bootcamp & Advanced Bootcamp at 10:15 AM <b>GR</b> 10:30 Texas Hold 'Em Poker (New to poker? Siam will teach you as you play)\$1 Buy-in <b>LB</b> 11:30 It's Only Lunch Outing: Nate n' Al's (Sign-up at concierge) <b>SR</b> 1:00 Rice University Lifelong Learning: Feathers and Flyways: The Fascinating Migration	<b>TH</b> 9:15 Beginners Bootcamp & Advanced Bootcamp at 10:15 AM <b>CR</b> 10:30 Floral Design with with Debbie (&11, 11:30) <b>SR</b> 11:00 NFL on NBC- Wild Card Preview & 2025 Playoff Brackets with Chris Simms (50 minutes) <b>CR</b> 1:30 Gotta Dance! Broadway style seated dancing with Kay Cole: Acclaimed actress & choreographer, best	<b>TH</b> 9:15 Boot Camp and Advanced at 10:15 AM <b>CR</b> 11:00 B'nai Mitzvah Club with Cantor Marc! <b>SR</b> 11:00 Short Takes Acting Troupe with Chris Miller <b>CL</b> 1:00 Open Board Game Time — Scrabble and cards available, or bring your own game! Bring friends or come make new ones. (6th floor Library) <b>SR</b> 1:00 Short Takes Acting	<b>TH</b> 9:00 Balls and Bands with Nichole (& 10 AM) <b>SR</b> 11:00 Symphony with Albert: Music from Barcelona: Mozart, Symphony 25 (26 mins) - Coronation Mass in C (38 mins) <b>SR</b> 1:00 National Theater at Home: Angels in America Part Two: Perestroika (3h 46m) <b>LB</b> 1:30 TraderJoe's & CVS <b>CR</b> 2:00 Scrabble Hour <b>TH</b> 3:30 Spring Groove Music,
11	12	13	14	15	16	17
<b>TH</b> 9:00 Balance & Bands <b>LB</b> 9:00 Shopping at Ralphs & Target <b>TH</b> 10:00 Morning Exercise <b>SR</b> 11:00 Washington Week <b>CL</b> 11:00 Watercolor with SP <b>SR</b> 1:00 At the Opera: Bellini, I Puitani ( 2 Hr 30 mins) <b>CR</b> 1:30 NY Times Puzzles with Abbey! <b>CL</b> 2:30 Rummikub Time (6th floor Library) <b>GR</b> 3:30 Musical Entertainment with Mark Cole!	<b>TH</b> 9:15 Beginners Boot Camp & Advanced Boot Camp at 10:15 AM <b>CR</b> 11:00 Mental Fitness: Grab and Go Activity Packets <b>SR</b> 11:00 Morning Music with Albert <b>SR</b> 1:30 "Show Me"-Lerner and Loewe <b>CR</b> 2:30 Improv with Daniella: Acting Unscripted! <b>TH</b> 3:00 Health Rhythms Group Drumming <b>GR</b> 3:30 Exercise with Melissa!	<b>TH</b> 9:15 Beginners Bootcamp & Advanced Bootcamp at 10:15 AM <b>CL</b> 9:30 Hearing Aid Clinic w/Sharp <b>SR</b> 11:00 A Conversation with the Dean of the UCLA School of Medicine Dr. Steven Dubinett <b>PP</b> 11:00 Petal Pushers Garden Club <b>SR</b> 1:30 Resident Council Meeting <b>SR</b> 2:30 Kahoot Trivia! Bring	<b>TH</b> 9:15 Beginning Bootcamp & Advanced Bootcamp at 10:15 AM <b>GR</b> 11:00 Blackjack \$1 buy-in <b>LB</b> 11:30 It's Only Lunch Outing: Nate n' Al's (Sign-up at concierge) <b>SR</b> 1:00 Rice University Lifelong Learning: Feathers and Flyways: The Fascinating Migration of Birds <b>GR</b> 2:15 The Knit Wits! knitting, crochet & needlework	<b>TH</b> 9:15 Beginners Bootcamp & Advanced Bootcamp at 10:15 AM <b>CR</b> 11:00 Conversations in Spanish <b>SR</b> 11:00 Documentary <b>SR</b> 11:00 NFL on NBC- Wild Card Preview & 2025 Playoff Brackets with Chris Simms (50 minutes) <b>SR</b> 1:30 Welcome to L.A. Spots, a seated "travelogue" through Los Angeles with Ed Levy & Daniella.	<b>TH</b> 9:15 Boot Camp and Advanced at 10:15 AM <b>CR</b> 11:00 B'nai Mitzvah Club <b>SR</b> 11:00 Short Takes Acting Troupe <b>CR</b> 1:00 Hollywood History with Karie Bible! <b>SR</b> 1:00 Short Takes Acting Troupe <b>CR</b> 2:00 Belmont 101: Orientation for New Residents <b>SR</b> 3:00 Shabbat Services with Cantor Marc	<b>TH</b> 9:00 Balls and Bands & Morning Exercise (& 10AM) <b>SR</b> 11:00 Symphony with Albert: Amadeus Requiem Scene (6:28) Mozart, Burial Scene (3:41) Truth of M.'s Burial (3:09) Mozart, Requiem in Sacrada familia (48:09) <b>CR</b> 1:00 Creative Writing with Loren <b>SR</b> 1:00 National Theater at

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>18</b> <b>TH</b> 9:00 Balance & Bands <b>LB</b> 9:00 Shopping at Ralphs & Target <b>TH</b> 10:00 Morning Exercise <b>SR</b> 11:00 Washington Week <b>SR</b> 1:00 At the Opera: Bellini, I Puitani ( 2 Hr 30 mins) <b>CR</b> 1:30 NY Times Puzzles with Abbey! <b>CL</b> 2:30 Rummikub Time (6th floor Library) <b>GR</b> 3:30 Musical Entertainment with Mark Cole! <b>SR</b> 4:00 2026 Oscar Contending	<b>19</b> <b>Martin Luther King Day</b> <b>TH</b> 9:15 Beginners Boot Camp & Advanced Boot Camp at 10:15 AM <b>CR</b> 11:00 Mental Fitness, Grab and Go Activity Packets <b>CR</b> 11:00 Mental Fitness: Grab and Go Activity Packets <b>SR</b> 11:00 Morning Music with Albert:Amadeaus Requiem, Mozart Burial, T ruth of M.'s Burial, Mozart, Requiem in Sacrada familia	<b>20</b> <b>TH</b> 9:15 Beginners Bootcamp & Advanced Bootcamp at 10:15 AM <b>SR</b> 11:00 Art History with S.P. <b>PP</b> 11:00 Petal Pushers Garden Club <b>SR</b> 1:00 Adventures with Doug <b>BP</b> 1:30 Afternoon Guided Meditation (30 min) <b>TH</b> 1:30 Beading with Lynn(2:30 &3:30) <b>SR</b> 2:30 Kahoot T rivia! Bring your T ablets or Smartphones to play!	<b>21</b> <b>TH</b> 9:15 Beginning Bootcamp & Advanced Bootcamp at 10:15 AM <b>GR</b> 10:30 Texas Hold 'Em <b>LB</b> 11:30 It's Only Lunch Outing: Nate n' Al's (Sign-up at concierge) <b>SR</b> 1:00 Rice University Lifelong Learning: Feathers and Flyways: T he Fascinating Migration of Birds <b>CR</b> 1:30 Brain Games <b>SR</b> 2:00 Deep Dive Film Club	<b>22</b> <b>TH</b> 9:15 Beginners Bootcamp & Advanced Bootcamp at 10:15 AM <b>CR</b> 10:30 Floral Design (&11, 11:30) <b>SR</b> 11:00 Art History with SP <b>CR</b> 1:30 Gotta Dance with Kay Cole! 2:30 The Story of Walt with Daniella	<b>23</b> <b>TH</b> 9:15 Boot Camp and Advanced at 10:15 AM <b>CR</b> 11:00 B'nai Mitzvah Club <b>SR</b> 11:00 Short T akes Acting Troupe <b>SR</b> 1:00 Short T akes Acting Troupe <b>CR</b> 1:00 Vintage Clothing with Karie Bible! <b>GR</b> 1:30 Art with Roz <b>CR</b> 2:00 Belmont 101: Orientation for New Residents <b>SR</b> 3:00 Shabbat Services with	<b>24</b> <b>TH</b> 9:00 Balls and Bands & Morning Exercise(&10AM) <b>SR</b> 11:00 Symphony with Albert: Amadeus Requiem Scene (6:28) Mozart, Burial Scene (3:4 1) T ruth of M.'s Burial (3:09) Mozart, Requiem in Sacrada familia (48:09) <b>SR</b> 1:30 B'nai Mitzvah Celebration! <b>TH</b> 1:30 From Idea to Ink with
<b>25</b> <b>TH</b> 9:00 Balance & Bands <b>LB</b> 9:00 Shopping at Ralphs & Target <b>TH</b> 10:00 Morning Exercise <b>SR</b> 11:00 Washington Week <b>SR</b> 1:00 At the Opera: Bellini, I Puitani ( 2 Hr 30 mins) <b>CR</b> 1:30 NY Times Puzzles with Abbey! <b>CL</b> 2:30 Rummikub Time (6th floor Library) <b>GR</b> 3:30 Musical Entertainment with Mark Cole! <b>SR</b> 4:00 2026 Oscar Contending	<b>26</b> <b>TH</b> 9:15 Beginners Boot Camp & Advanced Boot Camp at 10:15 AM <b>CR</b> 11:00 Mental Fitness, Grab and Go Activity Packets <b>SR</b> 11:00 Morning Music with Albert <b>SR</b> 1:30 "Show Me"-Lerner and Loewe <b>CR</b> 2:30 Improv with Daniella: Acting Unscripted! <b>GR</b> 3:30 Exercise with Melissa! <b>SR</b> 3:30 UCLA OSHER- Current Events with Vincent	<b>27</b> <b>TH</b> 9:15 Beginners Bootcamp & Advanced Bootcamp at 10:15 AM <b>PP</b> 11:00 Petal Pushers Garden Club <b>SR</b> 11:00 T he Power of Film (T.V. Mini Series) hosted by legendary UCLA Film School Professor Emeritus Howard Suber, Ph. D. <b>BP</b> 1:30 Afternoon Guided Meditation (30 min) <b>TH</b> 1:30 Beading with Lynn(2:30	<b>28</b> <b>TH</b> 9:15 Beginning Bootcamp & Advanced Bootcamp at 10:15 AM <b>GR</b> 11:00 Blackjack \$1 buy-in <b>LB</b> 11:30 It's Only Lunch Outing: Nate n' Al's (Sign-up at concierge) <b>SR</b> 1:00 Rice University Lifelong Learning: Feathers and Flyways: T he Fascinating Migration of Birds <b>GR</b> 2:15 T he Knit Wits! knitting, crochet & needlework	<b>29</b> <b>TH</b> 9:15 Beginners Bootcamp & Advanced Bootcamp at 10:15 AM <b>CR</b> 11:00 Conversations in Spanish <b>SR</b> 11:00 Documentary <b>SR</b> 1:30 US Presidents with John Sandbrook! <b>SR</b> 2:30 Vintage Cruisers Car Club	<b>30</b> <b>TH</b> 9:15 Boot Camp and Advanced at 10:15 AM <b>SR</b> 11:00 Short T akes Acting Troupe <b>CR</b> 1:00 Hollywood History with Karie Bible! <b>SR</b> 1:00 Short T akes Acting Troupe <b>CR</b> 2:00 Belmont 101: Orientation for New Residents <b>SR</b> 3:00 Shabbat Services with Cantor Marc <b>SR</b> 4:00 At the Movies (& 7:15)	<b>31</b> <b>TH</b> 9:00 Balls and Bands & Morning Exercise(&10AM) <b>SR</b> 11:00 Symphony with Albert: Amadeus Requiem Scene (6:28) Mozart, Burial Scene (3:4 1) T ruth of M.'s Burial (3:09) Mozart, Requiem in Sacrada familia (48:09) <b>SR</b> 1:00 National Theater at Home: Angels in America Part One -