

JANUARY 2026

January 2026



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>G2 - Game Room, 2nd Floor GR - Great Room, 1st Floor JK - Josephine's Kitchen, 1st Floor L3 - Library, 3rd Floor TH - Town Hall, 1st Floor</p>	<p>All updates or changes will be reflected on the DAILY activity sheet.</p>	<p>All questions and/or concerns should be brought to Beau, who's desk is on the 3rd floor, just past Wellness. Or email at bashburn@belmontvillage.com</p>	<p>"To appreciate the beauty of a snowflake it is necessary to stand out in the cold." — Aristotle</p>	<p>1 New Year's Day</p> <p>TH 9:30 All-In-One Workout L3 10:30 Book Club G2 1:00 Rummikub TH 1:30 Learn American Sign Language GR 2:00 Walking Club TH 6:15 Thursday's Movie:</p>	<p>2</p> <p>TH 9:30 Exercise with Noodles TH 10:00 Poetry Corner w/Beau & Friends GR 11:15 AL Outing: G2 1:00 Mahjong G2 2:15 Bridge TH 6:15 Friday Night Movie:</p>	<p>3</p> <p>TH 9:30 Morning Exercise - 30 minute Chair Exercise TH 10:00 Documentary: Discussion TH 10:45 Documentary Discussion G2 1:00 Rummikub TH 2:30 Movie Matinee: TH 6:15 Late Night Movie:</p>
<p>4</p> <p>Self Care Sunday: Do something nice for yourself. TH 9:00 Virtual Mass TH 1:30 North Valley Baptist Church TH 2:30 Sunday Matinee: TH 6:15 Sunday Night Movie:</p>	<p>5</p> <p>TH 9:30 Move It Monday TH 10:00 Ted Talk w/Beau G2 1:00 Mahjong G2 2:15 Bridge TH 2:30 Flower Arranging w/Poppie TH 6:15 Monday Night Movie:</p>	<p>6</p> <p>TH 9:30 Chair Yoga TH 1:00 Activity Planning Committee TH 2:00 Beau's Brain Busters L3 3:00 Bible Study w/Pastor Paul Chung TH 3:00 History Lecture with Professor Di Bono TH 6:15 Tuesday's Movie:</p>	<p>7</p> <p>TH 9:30 Move Your Body, Calm Your Mind L3 10:00 Catholic Mass & Communion L3 10:00 Communion with Rita TH 1:30 Bingo! JK 3:00 Happy Hour TH 6:15 Wednesday's Movie:</p>	<p>8</p> <p>TH 9:30 All-In-One Workout L3 10:30 Book Club TH 1:00 Movie Club G2 1:00 Rummikub TH 1:30 Learn American Sign Language GR 2:00 Walking Club TH 6:15 Thursday's Movie:</p>	<p>9</p> <p>TH 9:30 Exercise with Noodles TH 10:00 Poetry Corner w/Beau & Friends GR 1:00 AL Outing: G2 1:00 Mahjong G2 2:15 Bridge GR 4:15 Piano Hour w/Deborah TH 6:15 Friday Night Movie:</p>	<p>10</p> <p>TH 9:30 Morning Exercise - 30 minute Chair Exercise TH 10:00 Documentary: Discussion TH 10:45 Documentary Discussion G2 1:00 Rummikub TH 2:30 Movie Matinee: TH 6:15 Late Night Movie:</p>
<p>11</p> <p>Self Care Sunday: Do something nice for yourself. TH 9:00 Virtual Mass TH 1:30 North Valley Baptist Church TH 2:30 Sunday Matinee: TH 6:15 Sunday Night Movie:</p>	<p>12</p> <p>TH 9:30 Move It Monday TH 10:00 Ted Talk w/Beau G2 1:00 Mahjong TH 2:00 Learn Guitar or Ukulele G2 2:15 Bridge TH 6:15 Monday Night Movie:</p>	<p>13</p> <p>TH 9:30 Chair Yoga GR 10:00 Sunnyvale Library Book Exchange TH 1:00 Music Therapy w/Stacey TH 2:00 Beau's Brain Busters L3 3:00 Bible Study w/Pastor Paul Chung TH 6:15 Tuesday's Movie:</p>	<p>14</p> <p>TH 9:30 Move Your Body, Calm Your Mind L3 10:00 Communion with Rita TH 10:00 Crafting Hour w/Beau G2 10:30 Learn how to play Mahjong w/Adrienne! TH 1:30 Bingo! JK 3:00 Happy Hour TH 6:15 Wednesday's Movie:</p>	<p>15</p> <p>TH 9:30 All-In-One Workout L3 10:30 Book Club G2 1:00 Rummikub TH 1:30 Learn American Sign Language GR 2:00 Walking Club TH 3:00 Chef's Chat with Ellis TH 6:15 Thursday's Movie:</p>	<p>16</p> <p>TH 9:30 Exercise with Noodles TH 10:00 Poetry Corner w/Beau & Friends GR 1:00 AL Outing: G2 1:00 Mahjong G2 2:15 Bridge TH 3:00 Lecture w/Rick Deutsch TH 6:15 Friday Night Movie:</p>	<p>17</p> <p>TH 9:30 Morning Exercise - 30 minute Chair Exercise TH 10:00 Documentary: Discussion TH 10:45 Documentary Discussion TH 1:00 Dancing Hearts G2 1:00 Rummikub TH 2:30 Movie Matinee: TH 6:15 Late Night Movie:</p>

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>18</p> <p>Self Care Sunday: Do something nice for yourself.</p> <p>TH 9:00 Virtual Mass</p> <p>TH 1:30 North Valley Baptist Church</p> <p>TH 2:30 Sunday Matinee:</p> <p>TH 6:15 Sunday Night Movie:</p>	<p>19 Martin Luther King Day</p> <p>TH 9:30 Move It Monday</p> <p>TH 10:00 Ted Talk w/Beau</p> <p>G2 1:00 Mahjong</p> <p>G2 2:15 Bridge</p> <p>TH 2:30 Flower Arranging with Poppie</p> <p>TH 6:15 Monday Night Movie:</p>	<p>20</p> <p>TH 9:30 Chair Yoga</p> <p>TH 2:00 Beau's Brain Busters</p> <p>TH 2:00 Resident Council</p> <p>L3 3:00 Bible Study w/Pastor Paul Chung</p> <p>TH 6:15 Tuesday's Movie:</p>	<p>21</p> <p>TH 9:30 Move Your Body, Calm Your Mind</p> <p>L3 10:00 Communion with Rita</p> <p>TH 1:30 Bingo!</p> <p>JK 3:00 Happy Hour</p> <p>TH 6:15 Wednesday's Movie:</p>	<p>22</p> <p>TH 9:30 All-In-One Workout</p> <p>L3 10:30 Book Club</p> <p>G2 1:00 Rummikub</p> <p>TH 1:30 Learn American Sign Language</p> <p>GR 2:00 Walking Club</p> <p>TH 3:00 Chef's Demo</p> <p>TH 6:15 Thursday's Movie:</p>	<p>23</p> <p>TH 9:30 Exercise with Noodles</p> <p>TH 10:00 Poetry Corner w/Beau & Friends</p> <p>GR 11:15 AL Outing:</p> <p>G2 1:00 Mahjong</p> <p>G2 2:15 Bridge</p> <p>GR 4:15 Piano Hour w/Deborah</p> <p>TH 6:15 Friday Night Movie:</p>	<p>24</p> <p>TH 9:30 Morning Exercise - 30 minute Chair Exercise</p> <p>TH 10:00 Documentary:</p> <p>TH 10:45 Documentary Discussion</p> <p>G2 1:00 Rummikub</p> <p>TH 2:30 Movie Matinee:</p> <p>TH 6:15 Late Night Movie:</p>
<p>25</p> <p>Self Care Sunday: Do something nice for yourself.</p> <p>TH 9:00 Virtual Mass</p> <p>TH 1:30 North Valley Baptist Church</p> <p>TH 2:30 Sunday Matinee:</p> <p>TH 6:15 Sunday Night Movie:</p>	<p>26</p> <p>TH 9:30 Move It Monday</p> <p>TH 10:00 Ted Talk w/Beau</p> <p>G2 1:00 Mahjong</p> <p>TH 2:00 Learn Guitar/Ukulele</p> <p>G2 2:15 Bridge</p> <p>TH 6:15 Monday Night Movie:</p>	<p>27</p> <p>TH 9:30 Chair Yoga</p> <p>TH 1:00 Music Therapy w/Stacey</p> <p>TH 2:00 Beau's Brain Busters</p> <p>L3 3:00 Bible Study w/Pastor Paul Chung</p> <p>TH 6:15 Tuesday's Movie:</p>	<p>28</p> <p>TH 9:30 Move Your Body, Calm Your Mind</p> <p>L3 10:00 Communion with Rita</p> <p>TH 10:00 Crafting Hour w/Beau</p> <p>G2 10:30 Learn how to play Mahjong w/Adrienne!</p> <p>TH 1:30 Bingo!</p> <p>JK 3:00 Happy Hour</p> <p>TH 6:15 Wednesday's Movie:</p>	<p>29</p> <p>TH 9:30 All-In-One Workout</p> <p>L3 10:30 Book Club</p> <p>G2 1:00 Rummikub</p> <p>TH 1:30 Learn American Sign Language</p> <p>GR 2:00 Walking Club</p> <p>TH 6:15 Thursday's Movie:</p>	<p>30</p> <p>TH 9:30 Exercise with Noodles</p> <p>TH 10:00 Poetry Corner w/Beau & Friends</p> <p>GR 11:15 AL Outing:</p> <p>G2 1:00 Mahjong</p> <p>G2 2:15 Bridge</p> <p>TH 6:15 Friday Night Movie:</p>	<p>31</p> <p>TH 9:30 Morning Exercise - 30 minute Chair Exercise</p> <p>TH 10:00 Documentary:</p> <p>TH 10:45 Documentary Discussion</p> <p>G2 1:00 Rummikub</p> <p>TH 2:30 Movie Matinee:</p> <p>TH 6:15 Late Night Movie:</p>