BELMONT Village
SENIOR LIVING
JOHNS CREEK
ASSISTED LIVING | MEMORY CARE

JANUARY 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
AR - Activity Room B - Bistro GR - Great Room P3 - Parlor 3	Happy JANUARY Birthdays! 1/6 Skip B. 1/11 Sharon H. 1/13 Louise S. 1/22 Robert C. 1/28 Barbara W.		Belmont Village wishes you and your family a Happy, Healthy 2026 New Year!	**1** New Year's Day AR **10:00** Daily Chronicles AR **10:30** Morning Stretch AR **1:30** What's New in 2026 AR **2:30** Armchair Travel: Sojourn in Sweden AR **3:30** Volleyball	**2** AR **10:00** Daily Chronicles AR **10:30** Fit & Fab Exercise AR **1:30** **Happy Birthday, Georgia!** AR **2:30** Jeopardy GR **3:30** **Happy Hour with Drew Jacobs**	**3** AR **10:00** Daily Chronicles AR **10:30** Cardio Class AR **1:30** Bingo AR **2:30** Happy Birthday Victor Borge-Concert!
4 AR **10:30** Catholic Communion with St. Brendan Church AR **1:30** National Trivia Day with Heidi AR **2:30** Daily Chronicles	**5** AR **10:00** Daily Chronicles AR **10:30** Fab & Fit Exercise P3 **11:00** Bible Study with Chuck **1:30** **Shopping: Kroger** AR **2:30** Music Appreciation (Call of the Wild-Alaska) B **4:00** Raise Your Glass	**6** AR **10:00** Daily Chronicles AR **10:30** Morning Stretch P3 **1:00** Rosary Prayer AR **2:00** Bingo & Beverages AR **3:30** Highlight of the Day	**7** AR **10:00** Daily Chronicles AR **10:30** Fab & Fit Exercise **11:15** **Lunch: Red Robin** P3 **2:00** Say What Game P3 **3:00** Jeopardy Interactive B **4:00** Raise Your Glass	**8** AR **10:00** Daily Chronicles AR **10:30** Morning Stretch P3 **1:30** Word Aerobics with Judy AR **2:30** **Hearing Aid Factory-Hearing Tests/Education** AR **3:30** Volleyball	**9** AR **10:00** Daily Chronicles AR **10:30** Fit & Fab Exercise AR **1:30** Table Game AR **2:30** Name that Tune AR **3:30** **Happy Hour**	**10** AR **10:00** Daily Chronicles AR **10:30** Cardio Class AR **1:30** Bingo AR **2:30** Afternoon Matinee
11 AR **10:30** Catholic Communion with St. Brendan Church AR **1:30** Trivia with Heidi AR **2:30** Daily Chronicles	**12** AR **10:00** Daily Chronicles AR **10:30** Fab & Fit Exercise P3 **11:00** Bible Study with Chuck **1:30** **Shopping: Target** P3 **2:30** Brain Games B **4:00** Raise Your Glass	**13** AR **10:00** Daily Chronicles AR **10:30** Morning Stretch P3 **1:00** Rosary Prayer AR **2:00** Bingo & Beverages AR **3:30** Highlight of the Day	**14** AR **10:00** Daily Chronicles AR **10:30** Fab & Fit Exercise **11:15** **Lunch: Alessio's** AR **2:00** **Armchair Travel: NYC with Kriston!** AR **3:00** Jeopardy Interactive B **4:00** Raise Your Glass	**15** AR **10:00** Daily Chronicles AR **10:30** Morning Stretch P3 **1:30** Book Club AR **2:30** **Science Talk with Jack** AR **3:30** Volleyball	**16** AR **10:00** Daily Chronicles AR **10:30** Fit & Fab Exercise **10:30** Dementia Caregiver Support Group AR **1:30** Table Game AR **2:30** Remember the 50's AR **3:30** **Happy Hour with Mike & Travis**	**17** AR **10:00** Daily Chronicles AR **10:30** Cardio Class AR **1:30** Bingo AR **2:30** Afternoon Matinee
18 AR **10:30** Catholic Communion with St. Brendan Church AR **1:30** Trivia with Heidi AR **2:30** Daily Chronicles	**19** Martin Luther King Day AR **10:00** Daily Chronicles AR **10:30** Fab & Fit Exercise P3 **11:00** Bible Study with Chuck **1:30** **Shopping: Publix** AR **3:00** **Lifelong University** B **4:00** Raise Your Glass	**20** AR **10:00** Daily Chronicles AR **10:30** Morning Stretch AR **11:30** **Men's Club Luncheon** P3 **1:00** Rosary Prayer AR **2:00** Bingo & Beverages AR **3:30** Highlight of the Day	**21** AR **10:00** Daily Chronicles AR **10:30** Fab & Fit Exercise **11:15** **Lunch: Marlow's Tavern** AR **2:00** Collect 4 Card Game AR **3:00** Jeopardy Interactive B **4:00** Raise Your Glass	**22** AR **10:00** Daily Chronicles AR **10:30** Morning Stretch P3 **1:30** Soldiers Stories AR **2:30** Armchair Travel: Anchorage Alaska AR **3:30** Volleyball	**23** AR **10:00** Daily Chronicles AR **10:30** Fit & Fab Exercise AR **1:30** Table Game AR **2:30** **National Pie Day** AR **3:30** **Happy Hour with Keith West**	**24** AR **10:00** Daily Chronicles AR **10:30** Cardio Class AR **1:30** Bingo AR **2:30** Afternoon Matinee
25 AR **10:30** Catholic Communion with St. Brendan Church AR **1:30** Trivia with Heidi AR **2:30** Daily Chronicles	**26** AR **10:00** Daily Chronicles AR **10:30** Fab & Fit Exercise P3 **11:00** Bible Study with Chuck **1:30** **Shopping: Dollar Tree** P3 **2:30** Brain Games B **4:00** Raise Your Glass	**27** AR **10:00** Daily Chronicles AR **10:30** Breath & Balance with Noel AR **10:30** Morning Stretch P3 **1:00** Rosary Prayer AR **1:30** **Bingo with Lucia** AR **3:00** **Chat with Chef & Resident Council**	**28** AR **10:00** Daily Chronicles AR **10:30** Fab & Fit Exercise **11:15** **Lunch: Ichiban Hibachi** AR **2:30** Comedy Hour AR **3:00** Jeopardy Interactive B **4:00** Raise Your Glass	**29** P3 **10:00** Daily Chronicles P3 **10:30** Morning Stretch P3 **1:30** Book Club B **2:30** **Thirsty Thursday: Root Beer Floats** P3 **3:30** Word Game	**30** AR **10:00** Daily Chronicles AR **10:30** Fit & Fab Exercise AR **11:30** **January Birthdays Lunch** AR **1:30** Table Game P3 **2:30** Name 5 AR **3:30** **Happy Hour with Timothy J.**	**31** AR **10:00** Daily Chronicles AR **10:30** Cardio Class AR **1:30** Bingo AR **2:30** Afternoon Matinee