

DECEMBER 2025

December 2025



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
December Birthdays: Doris B. - 12/2 Rosemary A. - 12/3 Gary F. - 12/3 Marilyn D. - 12/6 JoAnn F. - 12/10 Ichiro S. - 12/17 George N. - 12/18 Mardi S. - 12/19 Gay G. - 12/20	1 B 10:15 Bistro Break TH 1:00 Health & Fitness Class CL 2:00 Monday's Meaningful Trivia Join your neighbors for an afternoon trivia session! CL 3:00 Bible Stories with Jehovah's Witnesses led by Ava B 3:00 Flower Arranging Project Join us to create the dining room and Bistro centerpieces. TH 6:00 Staff Pick Movie Night	2 CL 9:45 West U Walkers Walking Club Join us for a walk around the building! H 10:30 Tuesday Trivia with Friends Join us for morning trivia and learn something new! CL 2:00 Tuesday Brain Games Trivia and More! Test your knowledge and join the group for trivia fun. CL 3:00 Tasting Tuesdays hosted by Brit Join Executive Director, Brit Burk, for a fun tasting and learn more about the	3 B 10:15 Bistro Break Visit with neighbors and catch up on local and national news! CL 10:45 Encore Presentation Rice University Lifelong Learning Class Archaeological Explorations of Ancient Mayan Cities TH 1:00 Health and Fitness Class Join HealthPro Heritage for this great exercise class! H 2:00 Cranium Challenges CL 3:00 Angie will share pictures and stories from her trip to	4 CL 9:45 West U Walkers Walking Club Join us for a walk around the building! H 10:30 Thursday Morning Trivia Time CL 1:30 Weekly News Challenge Test Your Knowledge of Current Events and Good News Stories B 2:00 Resident Meet and Greet Please help us welcome new residents! GR 3:00 Happy Hour with Live Entertainment!! TH 6:00 Resident or Staff Pick Movie	5 CL 9:45 Chair Yoga TH 10:15 Art for All with Lisa! An engaging and innovative art class for seniors of all abilities. Participants will experience the joy of creating beautiful pieces of art. B 10:15 Bistro Break CL 11:00 Bible Study with Pat God of Covenant by Jen Wilkin TH 1:00 Health & Fitness Class TH 1:45 Group Outing RSVP with Concierge Bering's CF 2:00 Catholic Communion	6 TH 10:00 Strong and Flexible TH 10:30 Inspiring Lives by Life Changers International Ministries TH 1:15 Prize Bingo TH 1:30 Shopping Trip Marshall's RSVP with Concierge CL 2:00 Afternoon Trivia and Social with Young Men's Service League Volunteers TH 2:15 Saturday Movie Matinee Noelle (1 hr 40 min) TH 4:00 Art Workshop with Rice University students
7 TH 10:30 Mental Fitness Packets Available at Concierge desk TH 11:00 Sunday Stories Documentary Resident or Staff Choice TH 1:00 Sunday Catholic Mass Viewing CL 2:00 Afternoon Trivia with Young Men's Service League Volunteers B 2:00 Sunday Football Snacks and Watch Party GR 4:00 Piano Recital with Yelena Brusilovskaya's students	8 CL 9:45 Stretch & Strength B 10:15 Bistro Break Celebrate National Brownie Day! TH 11:00 Sound Therapy and Meditation with Ashlee Enjoy this relaxing class! TH 1:00 Health & Fitness Class CL 2:00 Monday's Meaningful Trivia CL 3:00 Bible Stories with Jehovah's Witnesses led by Ava B 3:00 Flower Arranging Project TH 6:00 Staff Pick Movie Night	9 CL 9:45 West U Walkers Walking Club Join us for a walk around the building! H 10:30 Tuesday Trivia with Friends Join us for morning trivia and learn something new! CL 1:00 Encore Presentation Rice Lifelong University Virtual Class The Best of Broadway Movie Musicals: West Side Story and the Wizard of Oz CL 2:00 Tuesday Brain Games Trivia and More! TH 2:30 Mister McKinney's Historical	10 B 10:15 Bistro Break Visit with neighbors and catch up on local and national news! B 11:00 Tech Support for Seniors Ends 2:00 PM TH 1:00 Health and Fitness Class Join HealthPro Heritage for this great exercise class! GR 1:30 Audience Choice Christmas Carol Sing-Along H 2:00 Cranium Challenges TH 3:30 Gingerbread House Making and Friendly Competition TH 6:00 Staff Pick Movie Night	11 CL 9:45 West U Walkers Walking Club GR 10:30 Prime Time Singers Holiday and Hymns Performance Hosted by West U. Baptist Church CL 2:00 St. Mark's Episcopal Church Outreach Bible Study and Short Service TH 2:00 Tech Support for Seniors Seminar Presentation Need help with your phone or laptop? Stop by for assistance.	12 CL 9:45 Chair Yoga B 10:15 Bistro Break CL 11:00 Bible Study with Pat God of Covenant by Jen Wilkin GR 11:00 Houston Symphony Trumpet Quartet TH 1:00 Health & Fitness Class TH 1:45 Group Outing RSVP with Concierge Randall's CF 2:00 Catholic Communion TH 4:30 Shabbat Service TH 6:00 Friday Night Movie Red One (2 hr 3 min) After Santa Claus is kidnapped, the North	13 TH 10:00 Strong and Flexible TH 10:30 Mental Fitness Packets Available at Concierge desk TH 11:00 Danzactive Class with Paloma Great exercise set to the best music! TH 1:15 Prize Bingo CL 2:00 Saturday Trivia Hosted by Bellaire High School Students TH 2:15 Saturday Movie Matinee Elf (1 hr 37 min) Raised as an oversized elf, Buddy travels from the North Pole to New York City to meet his
14 TH 10:30 Mental Fitness Packets Available at Concierge desk TH 11:00 Sunday Stories Documentary Resident or Staff Choice TH 1:00 Sunday Catholic Mass Viewing B 2:00 Sunday Football Snacks and Watch Party GR 3:00 Sunday Music Matinee with Danette McMahon! B 6:00 Cards anyone? Bridge, Uno, Hearts - you decide! TH 6:00 Sunday Night Movie The	15 CL 9:45 Stretch & Strength B 10:15 Bistro Break Celebrate National Cupcake Day! GR 11:00 Cypress Winds Quartet Performance TH 1:00 Health & Fitness Class CL 2:00 Monday's Meaningful Trivia CL 3:00 Bible Stories with Jehovah's Witnesses led by Ava B 3:00 Flower Arranging Project TH 6:00 Staff Pick Movie Night	16 CL 9:45 West U Walkers Walking Club Join us for a walk around the building! H 10:30 Tuesday Trivia with Friends Join us for morning trivia and learn something new! GR 11:00 St. Mark's Choir Performances CL 2:00 Tuesday Brain Games Trivia and More! CL 3:00 Encore Presentation Rice Lifelong University Virtual Class Feathers and Flyways: The Fascinating	17 B 10:15 Bistro Break Visit with neighbors and catch up on local and national news! TH 1:00 Health and Fitness Class Join HealthPro Heritage for this great exercise class! GR 1:30 Faithful Paws Visit with our favorite pups! H 2:00 Cranium Challenges GR 4:00 Ragtime Performance with Will Partridge GR 5:30 Menorah Lighting to celebrate Chanukah TH 6:00 Staff Pick Movie Night	18 CL 9:45 West U Walkers Walking Club Join us for a walk around the building! H 10:30 Thursday Morning Trivia CL 1:30 Weekly News Challenge Test Your Knowledge of Current Events and Good News Stories CL 2:00 Weekly Wisdom with Wendy GR 3:00 Happy Hour with Live Entertainment featuring Maurice Daugherty!! TH 6:00 Resident or Staff Pick Movie Night	19 CL 9:45 Chair Yoga B 10:15 Bistro Break TK 11:30 December Birthday Lunch celebration TH 1:00 Health & Fitness Class TH 1:45 Group Outing RSVP with Concierge Walgreen's CF 2:00 Catholic Mass with Father Sekar from Corpus Christi Catholic Church TH 4:30 Shabbat Service TH 6:00 Friday Night Movie Champagne Problems (1 hr 39 min) An executive travels	20 TH 10:00 Strong and Flexible TH 10:30 Seated Tap Dance with Patrick TH 10:30 Mental Fitness Packets Available at Concierge desk TH 1:15 Prize Bingo TH 2:15 Saturday Movie Matinee The Christmas Chronicles (1 hr 44 min) The story of sister and brother, Kate and Teddy Pierce, whose Christmas Eve plan to catch Santa Claus on camera turns into an unexpected journey

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21 10:30 Mental Fitness Packets Available at Concierge desk TH 11:00 Sunday Stories Documentary Resident or Staff Choice TH 1:00 Sunday Catholic Mass Viewing B 2:00 Sunday Football Snacks and Watch Party B 6:00 Cards anyone? Bridge, Uno, Hearts - you decide! TH 6:00 Sunday Night Movie It's a Wonderful Life (2 hr 10 min) An angel is sent from Heaven	22 CL 9:45 Stretch & Strength B 10:15 Bistro Break TH 1:00 Health & Fitness Class TH 1:30 Discovery Series Presentation from HealthPro Heritage CL 2:00 Monday's Meaningful Trivia CL 3:00 Bible Stories with Jehovah's Witnesses led by Ava B 3:00 Flower Arranging Project GR 4:00 Special Holiday performance with Cindy St. Cyr! TH 6:00 Staff Pick Movie Night	23 CL 9:45 West U Walkers Walking Club H 10:30 Tuesday Trivia with Friends CL 11:15 Encore Presentation Rice Lifelong University Virtual Class Fly Me to the Moon: Lunar Science, Exploration and Space Flights. GR 1:00 Bob's Sing Along Christmas Carols Join us for a festive time! CL 2:00 Banned Books Discussion Current Read is "As I Lay Dying" by William Faulkner	24 B 10:15 Bistro Break Visit with neighbors and catch up on local and national news! GR 12:00 Christmas Caroling from our West U Neighbors Join us for holiday favorites! TH 1:00 Fitness Class with HealthPro Heritage GR 2:00 Cranium Challenges GR 3:00 We are Family Karaoke Special Holiday Celebration TH 6:00 Staff Pick Movie Night	25 Christmas Day CL 9:45 West U Walkers Walking Club on your own - enjoy a holiday walk around the building! TH 11:00 Catholic Mass Christmas Day Virtual Mass JK 11:00 Special Holiday Luncheon Ends at 1:00 PM TH 12:00 NFL Christmas Day Games on Netflix Dallas Cowboys vs. Washington Commanders TH 2:00 Holiday Prize Bingo TH 3:30 NFL Christmas Day Games on Netflix Detroit Lions vs.	26 CL 9:45 Chair Yoga B 10:15 Bistro Break TH 1:00 Health & Fitness Class TH 1:45 Group Outing RSVP with Concierge Going out for hot chocolate CF 2:00 Catholic Communion Service TH 4:30 Shabbat Service TH 6:00 Friday Night Movie My Secret Santa (1 hr 30 min) Taylor disguises as Santa at a resort to fund her daughter's ski lessons. Working with the charming manager Matthew,	27 TH 10:00 Strong and Flexible TH 10:30 Mental Fitness Packets Available at Concierge desk TH 1:15 Prize Bingo CL 2:00 Afternoon Trivia hosted by Young Men's Service League Volunteers TH 2:15 Saturday Movie Matinee The Nutcracker and the Four Realms (1 hr 39 min) A young girl is transported into a magical world of gingerbread soldiers and an army of mice.
28 TH 10:30 Mental Fitness Packets Available at Concierge desk TH 11:00 Sunday Stories Documentary Resident or Staff Choice TH 1:00 Sunday Catholic Mass Viewing CL 2:00 Afternoon Trivia hosted by Young Men's Service League Volunteers B 2:00 Sunday Football Snacks and Watch Party GR 4:00 Sunday Music Matinee with Jim Connors!	29 CL 9:45 Stretch & Strength B 10:15 Bistro Break TH 1:00 Health & Fitness Class CL 2:00 Monday's Meaningful Trivia CL 3:00 Bible Stories with Jehovah's Witnesses led by Ava JK 3:00 Chat with Chef Jason B 3:30 Flower Arranging Project TH 6:00 Staff Pick Movie Night	30 CL 9:45 West U Walkers Walking Club Walk on your own - start on the third floor and make your way down to the first floor. H 10:30 Tuesday Trivia with Friends Join us for morning trivia and learn something new! Hosted by Young Men's Service League Volunteers CL 2:00 Tuesday Brain Games Trivia and More! Hosted by Young Men's Service Club Volunteers and College	31 B 10:15 Bistro Break Visit with neighbors and catch up on local and national news! GR 11:00 Special NYE Program Musical Singing Performance with Diana and Steve Warner JK 12:00 Noon Year's Eve Special Toast to get ready to ring in the new year! TH 1:00 Fitness Class with HealthPro Heritage GR 2:00 Cranium Challenges TH 6:00 Staff Pick Movie Night B 6:30 Cotton Bowl Classic Watch	December Birthdays: Gail K. - 12/25 Carole J. - 12/26 Mary F-R. - 12/27 Bruce W. - 12/28 George H. - 12/29 Rosemary C. - 12/29 Suresh S. - 12/31 Liz P. - 12/31	Check the daily schedule for more details! The dailies will include the final and complete schedule for each day. Copies available at the Concierge desk.	