

DECEMBER 2025

Happy Holidays!



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 TH 10:00 Sit and Be Fit PT 10:30 Daily Chronicle & Discussion TH 1:30 Book Club & Discussion: BO 2:30 Friends & Flowers TH 6:30 Evening Movie:	2 TH 10:00 Sit & Be Fit: Weight Training TH 11:00 Rice Lifelong University Program AS 3:00 Watercolor Pencil Led by Chuck D. TH 6:30 Evening Movie	3 TH 9:30 Catholic Holy Communion TH 10:00 Sit and Be Fit GR 10:30 Shopping at Trader Joes TH 11:00 Balance Class AS 1:30 Step by Step Painting w/ Elaine	4 TH 10:00 Sit & Be Fit: Weight Training PT 11:00 Jeopardy: Trivia Challenge AS 1:00 Bible Study IK 2:00 Tatjana's One Woman Show TH 6:30 Evening Movie	5 TH 10:00 Sit and Be Fit TH 11:00 Balance Class TH 1:00 Shabbat AS 1:30 Bible Study Group TH 2:00 Adventures with Doug TH 6:30 Evening Movie	6 GR 9:45 Shopping at Target TH 10:00 Sit and Be Fit TH 1:30 Bingo for Bucks! GR 6:00 Trivia by the Fireplace TH 6:30 Evening Movie
7 GR 8:30 Sunday Church Transportation TH 10:00 Sit & Be Fit: Weight Training AS 2:00 Art Workshop w/Hope IK 2:00 Musical Hour: Pam & Hollywood TH 6:30 Evening Movie	8 COF Holiday Light Drive TH 10:00 Sit and Be Fit PT 10:30 Daily Chronicle & Discussion TH 1:30 Book Club & Discussion: BO 2:30 Friends & Flowers	9 TH 10:00 Sit & Be Fit: Weight Training TH 11:00 Rice Lifelong University Program BO 2:30 Harbor House Volunteer Program (Cold Meals) AS 3:00 Watercolor Pencil Led	10 BO NO Learn Something New: Loteria Today TH 9:30 Catholic Holy Communion TH 10:00 Sit and Be Fit GR 10:30 Shopping at Trader Joes TH 11:00 Balance Class	11 TH 10:00 Sit & Be Fit: Weight Training TH 10:45 Twice the Charm: Jewelry Class PT 11:00 Jeopardy: Trivia Challenge AS 1:00 Bible Study GR 4:00 Home for the Holidays	12 TH 10:00 Sit and Be Fit TH 11:00 Balance Class GR 1:00 Pet Therapy: Love on a Leash TH 1:00 Shabbat AS 1:30 Bible Study Group TH 6:30 Evening Movie	13 GR 9:45 Shopping at Target AS 10:00 Mindful Meditation AS 10:00 Mindfulness & Meditation TH 10:00 Sit and Be Fit TH 1:30 Bingo for Bucks! GR 6:00 Trivia by the Fireplace TH 6:30 Evening Movie
14 GR 8:30 Sunday Church Transportation TH 10:00 Sit & Be Fit: Weight Training IK 10:15 Thrive Dance Center: Jolly Squad Holiday Show AS 2:00 Art Workshop w/Hope	15 TH 10:00 Sit and Be Fit PT 10:30 Daily Chronicle & Discussion TH 1:30 Book Club & Discussion: BO 2:30 Friends & Flowers GR 4:00 Lighting of the Hanukkah Candles	16 TH 10:00 Sit & Be Fit: Weight Training TH 11:00 Rice Lifelong University Program BO 2:30 Chef Chat w/ Alvaro AS 3:00 Watercolor Pencil Led by Chuck D. GR 4:00 Lighting of the	17 TH 9:30 Catholic Holy Communion GR 10:00 A.L. Outing to: Ronald Reagan Library TH 10:00 Sit and Be Fit GR 10:30 Shopping at Trader Joes TH 11:00 Balance Class	18 TH 10:00 Sit & Be Fit: Weight Training TH 11:00 Resident Council AS 1:00 Bible Study GR 1:00 Holiday Nutcracker Sweets Choir Performance Belmont-Encino	19 TH 10:00 Sit and Be Fit TH 11:00 Balance Class TH 1:00 Shabbat AS 1:30 Bible Study Group TH 3:00 Silk Scarf Painting GR 4:00 Lighting of the Hanukkah Candles TH 6:30 Evening Movie	20 GR 9:45 Shopping at Target TH 10:00 Sit and Be Fit TH 1:30 Bingo for Bucks! GR 3:00 MUSE Westlake Music Club GR 4:00 Lighting of the Hanukkah Candles GR 6:00 Trivia by the Fireplace
21 GR 8:30 Sunday Church Transportation TH 10:00 Sit & Be Fit: Weight Training AS 2:00 Art Workshop w/Hope IK 2:00 Musical Hour: David A. GR 4:00 Lighting of the Hanukkah Candles	22 TH 10:00 Sit and Be Fit PT 10:30 Daily Chronicle & Discussion TH 1:30 Book Club & Discussion: BO 2:30 Friends & Flowers GR 4:00 Lighting of the Hanukkah Candles	23 TH 10:00 Sit & Be Fit: Weight Training TH 11:00 Rice Lifelong University Program AS 3:00 Watercolor Pencil Led by Chuck D. TH 6:30 Evening Movie	24 TH 9:30 Catholic Holy Communion TH 10:00 Sit and Be Fit GR 10:30 Shopping at Trader Joes TH 11:00 Balance Class TH 1:00 Holiday Massage BO 3:00 Learn Something New:	25 Christmas Day	26 TH 10:00 Sit and Be Fit TH 11:00 Balance Class IK 12:00 December Birthday Luncheon TH 1:00 Shabbat AS 1:30 Bible Study Group TH 6:30 Evening Movie	27 GR 9:45 Shopping at Target TH 10:00 Sit and Be Fit TH 1:30 Bingo for Bucks! GR 6:00 Trivia by the Fireplace TH 6:30 Evening Movie
28 GR 8:30 Sunday Church Transportation TH 10:00 Sit & Be Fit: Weight Training IK 2:00 Musical Hour: Cory D. TH 6:30 Evening Movie	29 TH 10:00 Sit and Be Fit PT 10:30 Daily Chronicle & Discussion TH 1:30 Book Club & Discussion: BO 2:30 Friends & Flowers TH 6:30 Evening Movie	30 TH 10:00 Sit & Be Fit: Weight Training TH 11:00 Rice Lifelong University Program AS 3:00 Watercolor Pencil Led by Chuck D. TH 6:30 Evening Movie	31 TH 9:30 Catholic Holy Communion TH 10:00 Sit and Be Fit GR 10:30 Shopping at Trader Joes TH 11:00 Balance Class BO 3:00 Learn Something New: Loteria			