

# DECEMBER 2025

December 2025



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>G2</b> - Game Room, 2nd Floor  <b>GR</b> - Great Room, 1st Floor  <b>JK</b> - Josephine's Kitchen, 1st Floor  <b>L3</b> - Library, 3rd Floor  <b>TH</b> - Town Hall, 1st Floor</p>	<p><b>1</b></p> <p><b>TH 9:30</b> Move It Monday  <b>TH 10:00</b> Ted Talk w/Beau  <b>G2 1:00</b> Mahjong  <b>TH 1:00</b> Music Therapy w/Stacey  <b>L3 1:15</b> Stability/Balance Class  <b>G2 2:15</b> Bridge  <b>TH 2:30</b> Flower Arranging w/Poppie  <b>TH 6:15</b> Monday Night Movie:</p>	<p><b>2</b></p> <p><b>TH 9:30</b> Chair Yoga  <b>TH 1:15</b> Stability/Balance Class  <b>TH 2:00</b> Activity Planning Committee  <b>TH 2:00</b> Beau's Brain Busters  <b>L3 3:00</b> Bible Study w/Pastor Paul Chung  <b>TH 3:00</b> History Lecture with Professor Di Bono  <b>TH 6:15</b> Tuesday's Movie:</p>	<p><b>3</b></p> <p><b>TH 9:30</b> Move Your Body, Calm Your Mind  <b>L3 10:00</b> Catholic Mass &amp; Communion  <b>L3 10:00</b> Communion with Rita  <b>TH 10:00</b> Crafting Hour w/Beau  <b>G2 10:30</b> <b>Learn how to play Mahjong w/Adrienne!</b>  <b>TH 1:30</b> Bingo!  <b>JK 3:00</b> Happy Hour  <b>TH 6:15</b> Wednesday's</p>	<p><b>4</b></p> <p><b>TH 9:30</b> All-In-One Workout  <b>L3 10:30</b> Book Club  <b>G2 1:00</b> Rummikub  <b>TH 1:30</b> Learn American Sign Language  <b>GR 2:00</b> Walking Club  <b>TH 6:15</b> Thursday's Movie:</p>	<p><b>5</b></p> <p><b>TH 9:30</b> Exercise with Noodles  <b>TH 10:00</b> Poetry Corner w/Beau &amp; Friends  <b>GR 11:15</b> AL Outing:  <b>G2 1:00</b> Mahjong  <b>G2 2:15</b> Bridge  <b>TH 6:15</b> Friday Night Movie:</p>	<p><b>6</b></p> <p><b>TH 9:30</b> Morning Exercise - 30 minute Chair Exercise  <b>TH 10:00</b> Documentary: Discussion  <b>TH 10:45</b> Documentary Discussion  <b>TH 1:00</b> Dancing Hearts  <b>G2 1:00</b> Rummikub  <b>JK 3:30</b> The Jesus Youth Carolers  <b>TH 6:15</b> Late Night Movie:</p>
<p><b>7</b></p> <p>Self Care Sunday: Do something nice for yourself.  <b>TH 9:00</b> Virtual Mass  <b>TH 1:30</b> North Valley Baptist Church  <b>TH 2:30</b> Sunday Matinee:  <b>TH 6:15</b> Sunday Night Movie:</p>	<p><b>8</b></p> <p><b>TH 9:30</b> Move It Monday  <b>TH 10:00</b> Ted Talk w/Beau  <b>G2 1:00</b> Mahjong  <b>TH 1:15</b> Stability/Balance Class  <b>TH 2:00</b> Learn Guitar or Ukulele  <b>G2 2:15</b> Bridge  <b>TH 6:15</b> Monday Night Movie:</p>	<p><b>9</b></p> <p><b>TH 9:30</b> Chair Yoga  <b>GR 10:00</b> Sunnyvale Library Book Exchange  <b>TH 1:00</b> Music Therapy w/Stacey  <b>TH 1:15</b> Stability/Balance Class  <b>TH 2:00</b> Beau's Brain Busters  <b>L3 3:00</b> Bible Study w/Pastor Paul Chung  <b>TH 6:15</b> Tuesday's Movie:</p>	<p><b>10</b></p> <p><b>TH 9:30</b> Move Your Body, Calm Your Mind  <b>L3 10:00</b> Communion with Rita  <b>TH 1:30</b> Bingo!  <b>JK 3:00</b> Happy Hour  <b>TH 6:15</b> Wednesday's Movie:</p>	<p><b>11</b></p> <p><b>TH 9:30</b> All-In-One Workout  <b>L3 10:30</b> Book Club  <b>TH 1:00</b> Movie Club  <b>G2 1:00</b> Rummikub  <b>TH 1:30</b> Learn American Sign Language  <b>GR 2:00</b> Walking Club  <b>TH 6:15</b> Thursday's Movie:</p>	<p><b>12</b></p> <p><b>TH 9:30</b> Exercise with Noodles  <b>TH 10:00</b> Scam Prevention: Protecting yourself from AI  <b>G2 1:00</b> Mahjong  <b>GR 1:45</b> AL Outing:  <b>G2 2:15</b> Bridge  <b>GR 4:15</b> Piano Hour w/Deborah  <b>TH 6:15</b> Friday Night Movie:</p>	<p><b>13</b></p> <p><b>TH 9:30</b> Morning Exercise - 30 minute Chair Exercise  <b>TH 10:00</b> Documentary: Discussion  <b>TH 10:45</b> Documentary Discussion  <b>TH 11:30</b> Reserved for Private Gathering  <b>G2 1:00</b> Rummikub  <b>TH 2:30</b> Movie Matinee:  <b>TH 6:15</b> Late Night Movie:</p>
<p><b>14</b></p> <p>Self Care Sunday: Do something nice for yourself.  <b>TH 9:00</b> Virtual Mass  <b>TH 1:30</b> North Valley Baptist Church  <b>TH 2:30</b> Sunday Matinee:  <b>TH 6:15</b> Sunday Night Movie:</p>	<p><b>15</b></p> <p><b>TH 9:30</b> Move It Monday  <b>TH 10:00</b> Ted Talk w/Beau  <b>G2 1:00</b> Mahjong  <b>TH 1:15</b> Stability/Balance Class  <b>G2 2:15</b> Bridge  <b>TH 2:30</b> Flower Arranging with Poppie  <b>GR 5:15</b> Vasona Fantasy of Lights Drive-Thru  <b>TH 6:15</b> Monday Night Movie:</p>	<p><b>16</b></p> <p><b>TH 9:30</b> Chair Yoga  <b>TH 1:15</b> Stability/Balance Class  <b>TH 2:00</b> Beau's Brain Busters  <b>TH 2:00</b> Resident Council  <b>L3 3:00</b> Bible Study w/Pastor Paul Chung  <b>TH 6:15</b> Tuesday's Movie:</p>	<p><b>17</b></p> <p><b>TH 9:30</b> Move Your Body, Calm Your Mind  <b>L3 10:00</b> Communion with Rita  <b>TH 10:00</b> Crafting Hour w/Beau  <b>G2 10:30</b> <b>Learn how to play Mahjong w/Adrienne!</b>  <b>TH 1:30</b> Bingo!  <b>JK 3:00</b> Happy Hour  <b>TH 6:15</b> Wednesday's Movie:</p>	<p><b>18</b></p> <p><b>TH 9:30</b> All-In-One Workout  <b>L3 10:30</b> Book Club  <b>G2 1:00</b> Rummikub  <b>TH 1:30</b> Learn American Sign Language  <b>GR 2:00</b> Walking Club  <b>TH 3:00</b> Chef's Chat with Ellis  <b>TH 6:15</b> Thursday's Movie:</p>	<p><b>19</b></p> <p><b>TH 9:30</b> Exercise with Noodles  <b>TH 10:00</b> Poetry Corner w/Beau &amp; Friends  <b>GR 11:15</b> AL Outing:  <b>G2 1:00</b> Mahjong  <b>G2 2:15</b> Bridge  <b>TH 3:00</b> Lecture w/Rick Deutsch  <b>TH 6:15</b> Friday Night Movie:</p>	<p><b>20</b></p> <p><b>TH 9:30</b> Morning Exercise - 30 minute Chair Exercise  <b>TH 10:00</b> Documentary: Discussion  <b>TH 10:45</b> Documentary Discussion  <b>G2 1:00</b> Rummikub  <b>TH 2:30</b> Movie Matinee:  <b>TH 6:15</b> Late Night Movie:</p>

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>21</b></p> <p>Self Care Sunday: Do something nice for yourself.</p> <p><b>TH</b> 9:00 Virtual Mass</p> <p><b>TH</b> 1:30 North Valley Baptist Church</p> <p><b>TH</b> 2:30 Sunday Matinee:</p> <p><b>TH</b> 6:15 Sunday Night Movie:</p>	<p><b>22</b></p> <p><b>TH</b> 9:30 Move It Monday</p> <p><b>TH</b> 10:00 Ted Talk w/Beau</p> <p><b>G2</b> 1:00 Mahjong</p> <p><b>TH</b> 1:15 Stability/Balance Class</p> <p><b>TH</b> 2:00 Learn Guitar/Ukulele</p> <p><b>G2</b> 2:15 Bridge</p> <p><b>TH</b> 6:15 Monday Night Movie:</p>	<p><b>23</b></p> <p><b>TH</b> 9:30 Chair Yoga</p> <p><b>TH</b> 1:15 Stability/Balance Class</p> <p><b>TH</b> 2:00 Beau's Brain Busters</p> <p><b>L3</b> 3:00 Bible Study w/Pastor Paul Chung</p> <p><b>TH</b> 3:00 PT Lecture w/Warisha</p> <p><b>TH</b> 6:15 Tuesday's Movie:</p>	<p><b>24</b></p> <p><b>TH</b> 9:30 Move Your Body, Calm Your Mind</p> <p><b>L3</b> 10:00 Communion with Rita</p> <p><b>TH</b> 1:30 Bingo!</p> <p><b>JK</b> 3:00 Happy Hour</p> <p><b>TH</b> 6:15 Wednesday's Movie:</p>	<p><b>25</b> Christmas Day</p> <p><b>TH</b> 9:30 All-In-One Workout</p> <p><b>L3</b> 10:30 Book Club</p> <p><b>G2</b> 1:00 Rummikub</p> <p><b>TH</b> 1:30 Learn American Sign Language</p> <p><b>GR</b> 2:00 Walking Club</p> <p><b>TH</b> 3:00 Chef's Demo</p> <p><b>TH</b> 6:15 Thursday's Movie:</p>	<p><b>26</b></p> <p><b>TH</b> 9:30 Exercise with Noodles</p> <p><b>TH</b> 10:00 Poetry Corner w/Beau &amp; Friends</p> <p><b>GR</b> 11:00 AL Outing:</p> <p><b>G2</b> 1:00 Mahjong</p> <p><b>G2</b> 2:15 Bridge</p> <p><b>GR</b> 4:15 Piano Hour w/Deborah</p> <p><b>TH</b> 6:15 Friday Night Movie:</p>	<p><b>27</b></p> <p><b>TH</b> 9:30 Morning Exercise - 30 minute Chair Exercise</p> <p><b>TH</b> 10:00 Documentary:</p> <p><b>TH</b> 10:45 Documentary Discussion</p> <p><b>G2</b> 1:00 Rummikub</p> <p><b>TH</b> 2:30 Movie Matinee:</p> <p><b>TH</b> 6:15 Late Night Movie:</p>
<p><b>28</b></p> <p>Self Care Sunday: Do something nice for yourself.</p> <p><b>TH</b> 9:00 Virtual Mass</p> <p><b>TH</b> 1:30 North Valley Baptist Church</p> <p><b>TH</b> 2:30 Sunday Matinee:</p> <p><b>TH</b> 6:15 Sunday Night Movie:</p>	<p><b>29</b></p> <p><b>TH</b> 9:30 Move It Monday</p> <p><b>TH</b> 10:00 Ted Talk w/Beau</p> <p><b>G2</b> 1:00 Mahjong</p> <p><b>TH</b> 1:15 Stability/Balance Class</p> <p><b>G2</b> 2:15 Bridge</p> <p><b>TH</b> 6:15 Monday Night Movie:</p>	<p><b>30</b></p> <p><b>TH</b> 9:30 Chair Yoga</p> <p><b>TH</b> 1:15 Stability/Balance Class</p> <p><b>TH</b> 2:00 Beau's Brain Busters</p> <p><b>L3</b> 3:00 Bible Study w/Pastor Paul Chung</p> <p><b>TH</b> 6:15 Tuesday's Movie:</p>	<p><b>31</b></p> <p><b>TH</b> 9:30 Move Your Body, Calm Your Mind</p> <p><b>L3</b> 10:00 Communion with Rita</p> <p><b>TH</b> 10:00 Crafting Hour w/Beau</p> <p><b>G2</b> 10:30 <b>Learn how to play Mahjong w/Adrienne!</b></p> <p><b>TH</b> 1:30 Bingo!</p> <p><b>JK</b> 3:00 Happy Hour</p> <p><b>TH</b> 6:15 Wednesday's Movie:</p>	<p>All updates or changes will be reflected on the DAILY activity sheet.</p>	<p>All questions and/or concerns should be brought to Beau, who's desk is on the 3rd floor, just past Wellness. Or email at <a href="mailto:bashburn@belmontvillage.com">bashburn@belmontvillage.com</a></p>	<p>"To appreciate the beauty of a snowflake it is necessary to stand out in the cold." —Aristotle</p>