

# DECEMBER 2025



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<b>1</b> TH 9:30 Seated Ball Exercise B 10:30 Chit Chat & Coffee PC 2:00 Aquatic Fitness with HealthPro Heritage Physical Therapists TH 2:30 Ladies Bible Study with Ginger & Lynn 3:30 Belmont Mahjong TR 6:00 Movie Night Theater: The Ballad of Buster	<b>2</b> B 10:30 LA Times Word Puzzles: Mini Crossword & Wordle TH 11:00 Tai Chi with Blue Dragon Tai Chi TR 1:30 Bible Study with Deacon Denny of St. Michael's TR 2:00 Weekly Catholic Communion TH 2:30 Discovery Series: Health & Wellness Presentation	<b>3</b> TH 9:30 Stretching Exercises TH 11:00 Men of Belmont: Lunch & Learn TH 2:00 Strength and Flexibility Combo with Bernadette B 2:30 Dominos Club GR 4:00 Wine and Cheese with Leanne Haley TR 6:00 Movie Night Theater: Family Switch	<b>4</b> TC 8:30 Assisted Living Outing TH 1:00 Rice LLU: The Art of Conducting AS 2:30 Watercolor Painting with Marino 2:30pm-4:00pm GR 3:00 Festival of Trees 4:00 Group Puzzle: 4th floor TR 6:00 Movie Night Theater: Our Little Secret	<b>5</b> TH 9:30 Cardio Workout B 10:30 Flower Arranging Class TR 1:00 Cinema Experience: Dirty Dancing 4:00 Group Puzzle: 4th floor TR 6:00 Movie Night Theater: Meet Me Next Christmas	<b>6</b> Weekend Activity Packet TH 9:30 Dancercise B 10:30 Chit Chat & Coffee B 1:30 Tabletop Board Games with the Young Men's Service League & St. Thomas High School Students GR 4:00 Live Music with Jim Connors TR 6:00 Movie Night Theater:
<b>7</b> Weekend Activity Packet TH 9:30 Gentle Chair Workout TR 10:00 Virtual Church Service B 10:30 Chit Chat & Coffee B 1:00 Tabletop Board Games with St. Francis Episcopal School Students B 1:00 Technical Assistance with Morgan Kim	<b>8</b> TH 9:30 Seated Ball Exercise GR 11:00 Live Performance by Dr. J. Cooper Mohrmann PC 2:00 Aquatic Fitness with HealthPro Heritage Physical Therapists TH 2:30 Ladies Bible Study with Ginger & Lynn 3:30 Belmont Mahjong TR 6:00 Movie Night	<b>9</b> TH 11:00 Tai Chi with Blue Dragon Tai Chi TR 1:30 Bible Study with Deacon Denny of St. Michael's TR 2:00 Weekly Catholic Communion TH 3:00 Lifelong University: The Best of Broadway Musicals GR 5:45 Christmas Light Scenic Drive TR 6:00 Movie Night	<b>10</b> TH 9:30 Stretching Exercises TH 2:00 Strength and Flexibility Combo with Bernadette B 2:30 Dominos Club GR 4:00 Wine & Cheese with Performer Cindy St. Cyr TR 6:00 Movie Night Theater: Last Christmas	<b>11</b> TH 9:30 Whole Body Exercise TC 10:15 Assisted Living Outing AS 2:30 Watercolor Painting with Marino 2:30pm-4:00pm 4:00 Group Puzzle: 4th floor GR 5:45 Christmas Light Scenic Drive TR 6:00 Movie Night Theater: Merry	<b>12</b> TH 9:30 Cardio Workout B 10:30 Flower Arranging Class B 3:30 Girl Scout Craft and Treats 4:00 Group Puzzle: 4th floor TR 6:00 Movie Night Theater: Love Hard	<b>13</b> Weekend Activity Packet TH 9:30 Dancercise B 10:30 Chit Chat & Coffee B 1:30 Tabletop Board Games with the Young Men's Service League & St. Thomas High School Students GR 4:00 Live Music with Merci Pascualdo TR 6:00 Movie Night Theater:
<b>14</b> TH 9:30 Gentle Chair Workout TC 10:00 Brunch with Santa and Mrs. Clause TR 10:00 Virtual Church Service B 1:00 Tabletop Board Games with St. Francis Episcopal School Students B 1:00 Technical Assistance with Morgan Kim GR 1:30 Faithful Paws	<b>15</b> TH 9:30 Seated Ball Exercise TR 9:45 Book Club Movie: Unbroken TH 2:30 Ladies Bible Study with Ginger & Lynn 3:30 Belmont Mahjong TR 6:00 Movie Night Theater: Cats	<b>16</b> TH 11:00 Tai Chi with Blue Dragon Tai Chi TR 1:30 Bible Study with Deacon Denny of St. Michael's TR 2:00 Weekly Catholic Communion B 3:00 Chef Chats with Chef Dwayne TH 4:00 Family New Resident Orientation TR 6:00 Movie Night Theater: Lou	<b>17</b> TH 9:30 Stretching Exercises TR 9:45 Lifelong University: India: An Armchair Tour TH 2:00 Strength and Flexibility Combo with Bernadette B 2:30 Dominos Club GR 4:00 Wine and Cheese with Jon Ingram TR 6:00 Movie Night Theater: The Night Before	<b>18</b> TH 9:30 Whole Body Exercise TC 11:00 Assisted Living Outing WF 12:00 Birthday Luncheon AS 2:30 Watercolor Painting with Marino 2:30pm-4:00pm 4:00 Group Puzzle: 4th floor TR 6:00 Movie Night Theater: Holidate	<b>19</b> TH 9:30 Cardio Workout B 10:30 Flower Arranging Class TR 1:00 Cinema Experience: It's a Wonderful Life 4:00 Group Puzzle: 4th floor TR 6:00 Movie Night Theater: Christmas with the Kranks	<b>20</b> Weekend Activity Packet TH 9:30 Dancercise B 10:30 Chit Chat & Coffee B 1:30 Tabletop Board Games with the Young Men's Service League & St. Thomas High School Students GR 4:00 Live Music with Maurice Daughtery TR 6:00 Movie Night

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>21</b></p> <p><b>TH</b> 9:30 Gentle Chair Workout</p> <p><b>TR</b> 10:00 Virtual Church Service</p> <p><b>B</b> 1:00 Tabletop Board Games with St. Francis Episcopal School Students</p> <p><b>TH</b> 2:45 BINGO SOCIAL</p> <p><b>GR</b> 4:00 St. Philip Presbyterian Church Choir-Sing Along Christmas Carols</p>	<p><b>22</b></p> <p><b>TH</b> 9:30 Seated Ball Exercise</p> <p><b>B</b> 10:00 Tabletop Board Games with the Young Men's Service League</p> <p><b>TH</b> 1:00 Lifelong University: The Making of an Opera Singer</p> <p><b>PC</b> 2:00 Aquatic Fitness with HealthPro</p> <p><b>Heritage Physical Therapists</b></p> <p><b>3:00 Belmont Mahjong</b></p>	<p><b>23</b></p> <p><b>B</b> 10:00 Tabletop Board Games with the Young Men's Service League</p> <p><b>TH</b> 11:00 Tai Chi with Blue Dragon Tai Chi</p> <p><b>TR</b> 1:30 Bible Study with Deacon Denny of St. Michael's</p> <p><b>TR</b> 2:00 Weekly Catholic Communion</p> <p><b>TH</b> 3:00 Resident Council</p> <p><b>TR</b> 6:00 Movie Night Theater: The</p>	<p><b>24</b></p> <p><b>TH</b> 9:30 Stretching Exercises</p> <p><b>TH</b> 2:00 Strength and Flexibility Combo with Bernadette</p> <p><b>B</b> 2:30 Dominos Club</p> <p><b>GR</b> 4:00 Wine and Cheese with Geoff Allen</p> <p><b>TR</b> 6:00 Movie Night Theater: Elf</p>	<p><b>25 Christmas Day</b></p> <p><b>B</b> 9:00 Chit Chat &amp; Coffee</p> <p><b>TH</b> 9:30 Whole Body Exercise</p> <p><b>TC</b> 10:15 Assisted Living Outing</p> <p><b>4:00 Group Puzzle: 4th floor</b></p> <p><b>TR</b> 6:00 Movie Night Theater: A Star is Born</p>	<p><b>26</b></p> <p><b>TH</b> 9:30 Cardio Workout</p> <p><b>B</b> 10:00 Chit Chat &amp; Coffee</p> <p><b>B</b> 10:30 Flower Arranging Class</p> <p><b>4:00 Group Puzzle: 4th floor</b></p> <p><b>TR</b> 6:00 Movie Night Theater: Sweet Home Alabama</p>	<p><b>27</b></p> <p><b>Weekend Activity Packet</b></p> <p><b>TH</b> 9:30 Dancercise</p> <p><b>B</b> 10:30 Chit Chat &amp; Coffee</p> <p><b>B</b> 12:00 Texans vs. Chargers</p> <p><b>B</b> 1:30 Tabletop Board Games with the Young Men's Service League &amp; St. Thomas High School Students</p> <p><b>GR</b> 4:00 Live Music with Wes Foshee</p>
<p><b>28</b></p> <p><b>TH</b> 9:30 Gentle Chair Workout</p> <p><b>TR</b> 10:00 Virtual Church Service</p> <p><b>TH</b> 3:00 BINGO SOCIAL</p> <p><b>GR</b> 4:15 Live Performance by the Jingle Jangles</p> <p><b>TR</b> 6:00 Movie Night Theater: Resident's Choice</p>	<p><b>29</b></p> <p><b>TH</b> 9:30 Seated Ball Exercise</p> <p><b>B</b> 10:30 Chit Chat &amp; Coffee</p> <p><b>PC</b> 2:00 Aquatic Fitness with HealthPro</p> <p><b>Heritage Physical Therapists</b></p> <p><b>3:00 Belmont Mahjong</b></p> <p><b>B</b> 3:00 Tabletop Board Games with the Young Men's Service League</p> <p><b>TR</b> 6:00 Movie Night Theater: Diana:</p>	<p><b>30</b></p> <p><b>B</b> 10:15 LA Times Word Puzzles: Mini Crossword &amp; Wordle</p> <p><b>TH</b> 11:00 Tai Chi with Blue Dragon Tai Chi</p> <p><b>TR</b> 1:30 Bible Study with Deacon Denny of St. Michael's</p> <p><b>TR</b> 2:00 Weekly Catholic Communion</p> <p><b>B</b> 3:00 Tabletop Board Games with the Young Men's</p>	<p><b>31</b></p> <p><b>TH</b> 9:30 Stretching Exercises</p> <p><b>GR</b> 11:00 Live Music Performance for the Countdown to Noon with Geoff Allen</p> <p><b>GR</b> 11:00 Noon Year's Eve Party</p> <p><b>TH</b> 2:00 Strength and Flexibility Combo with Bernadette</p> <p><b>B</b> 2:30 Dominos Club</p> <p><b>TH</b> 3:00 Lifelong</p>			