

# DECEMBER 2025

Belmont Village Albany

Community Programs



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>1</b></p> <p><b>B</b> - Bistro, 1st Floor  <b>CO</b> - Circle of Friends (COF), 3rd Floor  <b>CP</b> - Circle of Friends Parlor, by #346  <b>EX</b> - Excursion  <b>FC</b> - Fitness Center, 2nd Floor  <b>GP</b> - Garden/Gym Patio, 2nd Floor  <b>GR</b> - Great Room, 1st Floor  <b>JK</b> - Josephine's Kitchen, 1st Floor  <b>LB</b> - Library, 3rd Floor  <b>SR</b> - Screening Room, 4th Floor</p> <p><b>TH</b> 9:00 Kick-Start Fitness  <b>SR</b> 10:00 Documentary:  <b>GR</b> 10:00 <b>Gather at the Piano for Hot Cocoa and Hot Cider</b>  <b>TH</b> 10:00 Tai Chi with Nobuo  <b>TH</b> 11:00 Savoring Short Stories  <b>TH</b> 1:00 Politics &amp; Economics: A Current Events Discussion  <b>SR</b> 2:00 Matinee:  <b>B</b> 2:15 Game Players Club: Mahjong  <b>TH</b> 3:00 Pop up Ping Pong  <b>SR</b> 7:00 Evening Film:</p>	<p><b>2</b></p> <p><b>TH</b> 9:00 Kick-Start Fitness  <b>SR</b> 10:00 Documentary:  <b>TH</b> 10:00 Yoga &amp; Meditation Class  <b>LB</b> 11:00 Writing Workshop:  <b>TH</b> 1:00 Movement &amp; Coordination  <b>B</b> 2:00 Game Players Club: Rummikub  <b>SR</b> 2:00 Matinee:  <b>GP</b> 3:00 Mobility Class with Blake  <b>TH</b> 6:30 TH Reserved from 6:30 - 8:30 PM for Private Meeting  <b>SR</b> 7:00 Evening Film:</p>	<p><b>3</b></p> <p><b>TH</b> 9:00 Kick-Start Fitness  <b>SR</b> 10:00 Documentary:  <b>TH</b> 10:00 Strength &amp; Stability Fitness  <b>LB</b> 11:00 <b>You Be The Jury</b>  <b>EX</b> 11:30 UC Berkeley Noon Concerts  <b>TH</b> 1:00 Better Balance Training:  <b>SR</b> 2:00 Matinee:  <b>B</b> 3:00 Game Player Club: Bridge  <b>TH</b> 3:00 <b>Sing-a-long with Achi</b>  <b>SR</b> 7:00 Evening Film:</p>	<p><b>4</b></p> <p><b>TH</b> 9:00 Kick-Start Fitness  <b>SR</b> 10:00 Documentary:  <b>EX</b> 10:00 Excursion:  <b>B</b> 2:00 Game Players Club: Rummikub  <b>SR</b> 2:00 Matinee:  <b>LB</b> 3:00 Parkinson's Support Group Meeting  <b>SR</b> 7:00 Evening Film:</p>	<p><b>5</b></p> <p><b>TH</b> 9:00 Kick-Start Fitness  <b>SR</b> 10:00 Documentary:  <b>TH</b> 10:00 Strength &amp; Stability Fitness  <b>LB</b> 11:00 Writing Workshop:  <b>CP</b> 2:00 <b>Friday Afternoon Conversations:</b>  <b>SR</b> 2:00 Matinee:  <b>TH</b> 3:00 <b>Happy Hour: Moon Glow</b>  <b>TH</b> 4:30 Shabbat Blessings  <b>SR</b> 7:00 Evening Film:</p>	<p><b>6</b></p> <p><b>TH</b> 9:00 Kick-Start Fitness  <b>FC</b> 10:00 Mobility Class with Blake  <b>EX</b> 10:00 Weekend Shopping Shuttle  <b>GP</b> 11:00 Garden Club  <b>LB</b> 1:00 Library Organization:  <b>SR</b> 1:00 Reel Talk: Behind the Scenes:  <b>TH</b> 1:30 Come Play w/ Watercolor  <b>SR</b> 2:00 Reel Talk Movie &amp; discussion:  <b>TH</b> 3:00 <b>Dunsmuir Scottish Dancers</b>  <b>SR</b> 6:00 Classical Music Hour:  <b>SR</b> 7:00 Evening Film:  <b>SR</b> 7:00 Evening Film: Big   1988  </p>	
<p><b>7</b></p> <p><b>TH</b> 9:00 Kick-Start Fitness  <b>GR</b> 9:00 Religious Services Transportation  <b>FC</b> 10:00 Mobility Class  <b>LB</b> 10:00 <b>Reader Volunteer Hour</b>  <b>TH</b> 10:45 <b>Cardio Drumming</b>  <b>SR</b> 1:00 Met Opera:  <b>TH</b> 1:30 Pop Up Concert: Resident Stevie Barsotti  <b>B</b> 3:00 Rummikub  <b>SR</b> 7:00 Evening Film:</p>	<p><b>8</b></p> <p><b>TH</b> 9:00 Kick-Start Fitness  <b>SR</b> 10:00 Documentary:  <b>GR</b> 10:00 <b>Gather at the Piano for Hot Cocoa and Hot Cider</b>  <b>TH</b> 10:00 Tai Chi with Nobuo  <b>TH</b> 11:00 Savoring Short Stories  <b>TH</b> 1:00 Politics &amp; Current Events:  <b>SR</b> 2:00 Matinee:  <b>TH</b> 2:00 <b>Sachet Potpourri Party</b>  <b>B</b> 2:15 Game Players Club: Mahjong  <b>LB</b> 3:00 <b>Low Vision Support Group</b>  <b>TH</b> 3:00 Pop up Ping Pong  <b>SR</b> 7:00 Evening Film:</p>	<p><b>9</b></p> <p><b>TH</b> 9:00 Kick-Start Fitness  <b>SR</b> 10:00 Documentary:  <b>TH</b> 10:00 Yoga &amp; Meditation Class  <b>LB</b> 11:00 Writing Workshop:  <b>TH</b> 1:00 Movement &amp; Coordination  <b>B</b> 2:00 Game Players Club: Rummikub  <b>SR</b> 2:00 Matinee:  <b>GP</b> 3:00 Mobility Class with Blake  <b>TH</b> 3:00 <b>Resident Council Agenda Setting Meeting</b>  <b>SR</b> 7:00 Evening Film:</p>	<p><b>10</b></p> <p><b>TH</b> 9:00 Kick-Start Fitness  <b>SR</b> 10:00 Documentary:  <b>TH</b> 10:00 Strength &amp; Stability Fitness  <b>CO</b> 11:00 <b>You Be The Jury</b>  <b>EX</b> 11:30 UC Berkeley Noon Concerts  <b>TH</b> 1:00 Better Balance Training: Cancelled for Today!  <b>B</b> 2:00 <b>Culinary Chat:</b>  <b>SR</b> 2:00 Matinee:  <b>TH</b> 2:00 <b>Perennials Improv Show</b>  <b>B</b> 3:00 Game Player Club: Bridge  <b>TH</b> 3:00 <b>Sing-a-long with Achi</b>  <b>SR</b> 7:00 Evening Film:</p>	<p><b>11</b></p> <p><b>TH</b> 9:00 Kick-Start Fitness  <b>SR</b> 10:00 Documentary:  <b>EX</b> 10:00 Excursion: Gingerbread House at SF Fairmont Hotel and Lunch on Fourth Street Berkeley  <b>B</b> 2:00 Game Players Club: Rummikub  <b>SR</b> 2:00 Matinee:  <b>LB</b> 3:00 Parkinson's Support Group Meeting  <b>SR</b> 7:00 Evening Film:</p>	<p><b>12</b></p> <p><b>TH</b> 9:00 Kick-Start Fitness  <b>SR</b> 10:00 Documentary:  <b>TH</b> 10:00 Strength &amp; Stability Fitness  <b>LB</b> 11:00 Writing Workshop:  <b>CP</b> 2:00 <b>Friday Afternoon Conversations:</b>  <b>SR</b> 2:00 Matinee:  <b>TH</b> 3:00 <b>Happy Hour: Tom Duarte on Classical Guitar.</b>  <b>TH</b> 4:30 Shabbat Blessings  <b>SR</b> 7:00 Evening Film:</p>	<p><b>13</b></p> <p><b>TH</b> 9:00 Kick-Start Fitness  <b>EX</b> 10:00 Weekend Shopping Shuttle  <b>GP</b> 11:00 Garden Club  <b>LB</b> 1:00 Library Organization:  <b>SR</b> 1:00 Reel Talk: Behind the Scenes:  <b>TH</b> 1:30 Come Play w/ Watercolor (Cancelled for Today)  <b>SR</b> 2:00 Reel Talk Movie &amp; discussion:  <b>TH</b> 3:00 <b>Pop-Up Concert: Church on the Corner Singers</b>  <b>SR</b> 6:00 <b>Classical Music Hour</b>  <b>SR</b> 7:00 Evening Film:</p>
<p><b>14</b></p> <p><b>TH</b> 9:00 Kick-Start Fitness  <b>GR</b> 9:00 Religious Services Ride  <b>LB</b> 10:00 <b>Reader Volunteer Hour w/ Susan</b>  <b>TH</b> 10:45 <b>Cardio Drumming (Cancelled for Today)</b>  <b>SR</b> 1:00 Met Opera: Arabella  <b>EX</b> 1:00 <b>Singing Christmas Tree in Richmond: Join Barbara for a Sunday excursion with song!</b>  <b>TH</b> 1:30 Pop Up Concert: Stevie Barsotti  <b>B</b> 3:00 Rummikub</p>	<p><b>15</b></p> <p><b>TH</b> 9:00 Kick-Start Fitness  <b>SR</b> 10:00 Documentary: Into the Light:  <b>GR</b> 10:00 <b>Gather at the Piano for Hot Cocoa and Hot Cider</b>  <b>TH</b> 10:00 Tai Chi with Nobuo  <b>TH</b> 11:00 Savoring Short Stories with Debra. Interpreting and Analyzing Short stories with Debra Ratner.  <b>TH</b> 1:00 Politics &amp; Current Events: A Current Events Discussion - Weekly discussion deliberating current news &amp; contemporary issues</p>	<p><b>16</b></p> <p><b>TH</b> 9:00 Kick-Start Fitness  <b>SR</b> 10:00 Documentary: Human Footprint: The Honey Trap   PBS S2 Ep4   55m   Shane investigates the future of bees, from honey bees to wild native species, in a changing world.  <b>TH</b> 11:00 <b>Monthly Film Selection Meeting:</b>  <b>LB</b> 11:00 Writing Workshop:  <b>TH</b> 1:00 Movement &amp; Coordination  <b>B</b> 2:00 Game Players Club: Rummikub</p>	<p><b>17</b></p> <p><b>TH</b> 9:00 Kick-Start Fitness  <b>SR</b> 10:00 Documentary:  <b>TH</b> 10:00 Strength &amp; Stability Fitness  <b>LB</b> 11:00 <b>You Be The Jury</b>  <b>EX</b> 11:30 UC Berkeley Noon Concerts  <b>TH</b> 1:00 Better Balance Training:  <b>SR</b> 2:00 Matinee:  <b>B</b> 3:00 Game Player Club: Bridge  <b>TH</b> 3:00 <b>Sing-a-long with Achi</b>  <b>GR</b> 4:00 <b>Lighting of the Chanukah Candles</b></p>	<p><b>18</b></p> <p><b>TH</b> 9:00 Kick-Start Fitness  <b>SR</b> 10:00 Documentary:  <b>EX</b> 10:00 Excursion: Orchard Nursery Lafayette and lunch at Antica Pizza in Lafayette  <b>B</b> 2:00 Game Players Club: Rummikub  <b>SR</b> 2:00 Matinee:  <b>LB</b> 3:00 Parkinson's Support Group Meeting  <b>GR</b> 4:00 <b>Lighting of the Chanukah Candles</b></p>	<p><b>19</b></p> <p><b>TH</b> 9:00 Kick-Start Fitness  <b>SR</b> 10:00 Documentary:  <b>TH</b> 10:00 Strength &amp; Stability Fitness  <b>LB</b> 11:00 Writing Workshop:  <b>CP</b> 2:00 <b>Friday Afternoon Conversations:</b>  <b>SR</b> 2:00 Matinee:  <b>TH</b> 3:00 Happy Hour: Medicine Ball Band  <b>GR</b> 4:00 <b>Lighting of the Chanukah Candles</b>  <b>TH</b> 4:30 Shabbat Blessings</p>	<p><b>20</b></p> <p><b>TH</b> 9:00 Kick-Start Fitness  <b>EX</b> 10:00 Weekend Shopping Shuttle  <b>GP</b> 11:00 Garden Club  <b>LB</b> 1:00 Library Organization:  <b>SR</b> 1:00 Reel Talk: Behind the Scenes:  <b>TH</b> 1:30 Holiday Crafting Christmas Fair with Residents &amp; University Village Families! Crafts, movie, food and fun!  <b>SR</b> 2:00 Reel Talk Movie &amp; discussion:  <b>GR</b> 3:15 Berkeley Broadway Singers  <b>GR</b> 4:00 <b>Lighting of the Chanukah</b></p>

Not all of the daily activities fit on this calendar. To see the complete schedule, download the SPECTRIO Share app and login using our Community PIN: BVA-AL/IL

# DECEMBER 2025

Belmont Village Albany

Community Programs



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>21</b> <b>TH</b> 9:00 Kick-Start Fitness <b>GR</b> 9:00 Religious Services Transportation <b>LB</b> 10:00 <b>Reader Volunteer Hour w/ Susan</b> <b>TH</b> 10:45 <b>Cardio Drumming</b> <b>SR</b> 1:00 Epic Movie! <b>TH</b> 1:30 Pop Up Concert: Resident Stevie Barsotti <b>TH</b> 1:30 Pop Up Concert: Stevie Barsotti <b>B</b> 3:00 Rummikub <b>GR</b> 4:00 <b>Lighting of the Chanukah Candles</b>	<b>22</b> <b>TH</b> 9:00 Kick-Start Fitness <b>SR</b> 10:00 Documentary: <b>GR</b> 10:00 <b>Gather at the Piano for Hot Cocoa and Hot Cider</b> <b>TH</b> 10:00 Tai Chi with Nobuo <b>TH</b> 11:00 Savoring Short Stories with Debra. Interpreting and Analyzing Short stories with Debra Ratner. <b>TH</b> 1:00 Politics & Current Events: A Current Events Discussion - Weekly discussion deliberating current news & contemporary issues	<b>23</b> <b>TH</b> 9:00 Kick-Start Fitness <b>SR</b> 10:00 Documentary: <b>LB</b> 11:00 Writing Workshop: <b>TH</b> 1:00 Movement & Coordination <b>B</b> 1:30 <b>New Resident Welcome</b> <b>B</b> 2:00 Game Players Club: Rummikub <b>SR</b> 2:00 Matinee: <b>GP</b> 3:00 Mobility Class <b>TH</b> 3:00 <b>Monthly Resident Town Hall Meeting</b> <b>SR</b> 7:00 Evening Film:	<b>24</b> <b>TH</b> 9:00 Kick-Start Fitness <b>SR</b> 10:00 Documentary: <b>TH</b> 10:00 Strength & Stability Fitness <b>LB</b> 11:00 <b>You Be The Jury</b> <b>EX</b> 11:30 UC Berkeley Noon Concerts - RSVP Required - Cancelled for Today <b>TH</b> 1:00 Better Balance Training: <b>SR</b> 2:00 Matinee: <b>B</b> 3:00 Game Player Club: Bridge <b>TH</b> 3:00 <b>Sing-a-long with Achi</b> <b>SR</b> 7:00 Evening Film:	<b>25</b> <b>Christmas Day</b> <b>JK</b> 8:00 <b>Angel the Harpist</b> <b>TH</b> 9:00 Kick-Start Fitness - Cancelled for Today <b>SR</b> 10:00 Documentary: <b>EX</b> 10:00 Excursion: No Excursion Today. Merry Christmas! <b>B</b> 2:00 Game Players Club: Rummikub <b>SR</b> 2:00 Matinee: <b>LB</b> 3:00 Parkinson's Support Group Meeting: Cancelled for Today. Happy Holiday! <b>SR</b> 7:00 Evening Film:	<b>26</b> <b>TH</b> 9:00 Kick-Start Fitness <b>SR</b> 10:00 Documentary: <b>TH</b> 10:00 Strength & Stability Fitness <b>LB</b> 11:00 Writing Workshop: <b>CP</b> 2:00 <b>Friday Afternoon Conversations:</b> <b>SR</b> 2:00 Matinee: <b>TH</b> 3:00 Happy Hour: Lovin' Harmony <b>TH</b> 4:30 Shabbat Blessings <b>SR</b> 7:00 Evening Film:	<b>27</b> <b>TH</b> 9:00 Kick-Start Fitness <b>EX</b> 10:00 Weekend Shopping Shuttle <b>GP</b> 11:00 Garden Club <b>LB</b> 1:00 Library Organization: <b>SR</b> 1:00 Reel Talk: Behind the Scenes: <b>TH</b> 1:30 Come Play w/ Watercolor: <b>SR</b> 2:00 Reel Talk Movie & discussion: <b>SR</b> 6:00 Classical Music Hour: <b>SR</b> 7:00 Evening Film:
<b>28</b> <b>TH</b> 9:00 Kick-Start Fitness <b>GR</b> 9:00 Religious Services Transportation <b>LB</b> 10:00 <b>Reader Volunteer Hour w/ Susan</b> <b>TH</b> 10:45 <b>Cardio Drumming</b> <b>SR</b> 1:00 Met Opera : La Boheme (2018) Puccini <b>TH</b> 1:30 Pop Up Concert: Resident Stevie Barsotti <b>TH</b> 1:30 Pop Up Concert: Stevie Barsotti <b>B</b> 3:00 Rummikub <b>SR</b> 7:00 Evening Film:	<b>29</b> <b>TH</b> 9:00 Kick-Start Fitness <b>SR</b> 10:00 Documentary: <b>GR</b> 10:00 <b>Gather at the Piano for Hot Cocoa and Hot Cider</b> <b>TH</b> 10:00 Tai Chi with Nobuo <b>TH</b> 11:00 Savoring Short Stories with Debra. Interpreting and Analyzing Short stories with Debra Ratner. <b>TH</b> 1:00 Politics & Current Events: A Current Events Discussion - Weekly discussion deliberating current news & contemporary issues	<b>30</b> <b>TH</b> 9:00 Kick-Start Fitness <b>SR</b> 10:00 Documentary: <b>CP</b> 11:00 <b>Book Club</b> <b>LB</b> 11:00 Writing Workshop: <b>TH</b> 1:00 Movement & Coordination <b>B</b> 2:00 Game Players Club: Rummikub <b>SR</b> 2:00 Matinee: <b>GP</b> 3:00 Mobility Class with Blake <b>SR</b> 7:00 Evening Film:	<b>31</b> <b>TH</b> 9:00 Kick-Start Fitness <b>SR</b> 10:00 Documentary: <b>TH</b> 10:00 Strength & Stability Fitness <b>LB</b> 11:00 <b>You Be The Jury</b> <b>EX</b> 11:30 UC Berkeley Noon Concerts Cancelled for Today <b>JK</b> 12:00 <b>Birthday Lunch for all Birthdays in December! Come and Celebrate!</b> <b>TH</b> 1:00 Better Balance Training: <b>SR</b> 2:00 Matinee: <b>B</b> 3:00 Game Player Club: Bridge <b>TH</b> 3:00 <b>Sing-a-long with Achi</b> <b>SR</b> 7:00 Evening Film: Cancelled	<b>TH</b> - Town Hall, 1st Floor	<p>Not all of the daily activities fit on this calendar. To see the complete schedule download the Spectrio Share app and log in using our Community Pin: BVA-AL/IL</p>	

Not all of the daily activities fit on this calendar. To see the complete schedule, download the SPECTRIO Share app and login using our Community PIN: BVA-AL/IL