

# NOVEMBER 2025

November



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div>CF - Circle of Friends 2nd Floor</div> <div>G2 - Game Room, 2nd Floor</div> <div>GR - Great Room, 1st Floor</div> <div>JK - Josephine's Kitchen, 1st Floor</div> <div>L3 - Library, 3rd Floor</div> <div>TH - Town Hall, 1st Floor</div>	Questions or suggestions should be addressed to Beau at <a href="mailto:bashburn@belmontvillage.com">bashburn@belmontvillage.com</a> or visit my desk on the third floor just past Wellness. - Beau Activity Programs Director					<div>1</div> <div>TH 9:30 Morning Exercise - 30 minute Chair Exercise</div> <div>TH 10:00 Documentary:</div> <div>TH 10:45 Documentary Discussion</div> <div>G2 1:00 Rummikub</div> <div>TH 1:30 Online Safety with Evelyn</div> <div>TH 2:30 Movie Matinee:</div> <div>TH 6:15 Late Night Movie:</div>
<div>2</div> <div>Self Care Sunday: Do something nice for yourself.</div> <div>TH 9:00 Virtual Mass</div> <div>TH 11:00 Dancing Hearts w/Twisha</div> <div>TH 1:30 North Valley Baptist Church</div> <div>TH 2:30 Movie Matinee</div> <div>GR 3:00 Chords for Good</div> <div>TH 6:15 Sunday Night Movie:</div>	<div>3</div> <div>TH 9:30 Move It Monday</div> <div>TH 10:00 Ted Talk</div> <div>G2 1:00 Mahjong</div> <div>TH 1:15 Stability/Balance Class</div> <div>G2 2:15 Bridge</div> <div>TH 2:30 Flower Arranging w/Poppie</div> <div>TH 6:15 Monday Night Movie:</div>	<div>4</div> <div>TH 9:30 Chair Yoga</div> <div>TH 10:00 Rice University: Activity Planning Committee</div> <div>TH 11:00</div> <div>TH 1:00 Music Therapy w/Stacey</div> <div>TH 1:15 Stability/Balance Class</div> <div>GR 2:00 Beau's Brain Busters</div> <div>L3 3:00 Bible Study w/Pastor Crown</div> <div>TH 6:15 Tuesday's Movie:</div>	<div>5</div> <div>TH 9:30 Move Your Body, Calm Your Mind</div> <div>L3 10:00 Catholic Mass &amp; Communion</div> <div>L3 10:00 Communion with Rita</div> <div>G2 10:30 Learn how to play Mahjong w/Adrienne!</div> <div>CF 1:30 Bingo!</div> <div>JK 3:00 Happy Hour</div> <div>TH 6:15 Wednesday's Movie:</div>	<div>6</div> <div>TH 9:30 All-In-One Workout</div> <div>L3 10:30 Book Club</div> <div>G2 1:00 Rummikub</div> <div>TH 1:30 Learn American Sign Language</div> <div>TH 1:30 Learn American Sign Language</div> <div>GR 2:00 Walking Club</div> <div>TH 3:00 History Lecture with Professor Di Bono</div> <div>TH 6:15 Thursday's Movie:</div>	<div>7</div> <div>TH 9:30 Exercise with Noodles</div> <div>TH 10:00 Poetry Corner w/Beau &amp; Friends</div> <div>GR 11:00 AL Outing:</div> <div>G2 1:00 Mahjong</div> <div>G2 2:15 Bridge</div> <div>TH 6:15 Friday Night Movie:</div>	<div>8</div> <div>TH 9:30 Morning Exercise - 30 minute Chair Exercise</div> <div>TH 10:00 Documentary:</div> <div>TH 10:45 Documentary Discussion</div> <div>G2 1:00 Rummikub</div> <div>TH 2:30 Movie Matinee:</div> <div>TH 6:15 Late Night Movie:</div>
<div>9</div> <div>Self Care Sunday: Do something nice for yourself.</div> <div>TH 9:00 Virtual Mass</div> <div>TH 1:30 North Valley Baptist Church</div> <div>TH 2:30 Sunday Matinee:</div> <div>TH 6:15 Sunday Night Movie:</div>	<div>10</div> <div>TH 9:30 Move It Monday</div> <div>TH 10:00 Ted Talk</div> <div>G2 1:00 Mahjong</div> <div>TH 1:15 Stability/Balance Class</div> <div>G2 2:15 Bridge</div> <div>TH 6:15 Monday Night Movie:</div>	<div>11</div> <div>Veterans Day</div> <div>TH 9:30 Chair Yoga</div> <div>TH 10:00 Rice University: Sunnyvale Library Book Exchange</div> <div>GR 10:00</div> <div>TH 1:15 Stability/Balance Class</div> <div>TH 2:00 Beau's Brain Busters</div> <div>L3 3:00 Bible Study w/Pastor Crown</div> <div>TH 6:15 Tuesday's Movie:</div>	<div>12</div> <div>TH 9:30 Move Your Body, Calm Your Mind</div> <div>L3 10:00 Communion with Rita</div> <div>TH 10:00 Crafting Hour w/Beau</div> <div>TH 1:30 Bingo!</div> <div>L3 2:00 Learn Guitar or Ukulele</div> <div>JK 3:00 Happy Hour</div> <div>TH 6:15 Wednesday's Movie:</div>	<div>13</div> <div>TH 9:30 All-In-One Workout</div> <div>L3 10:30 Book Club</div> <div>TH 1:00 Movie Club</div> <div>G2 1:00 Rummikub</div> <div>TH 1:30 Learn American Sign Language</div> <div>GR 2:00 Walking Club</div> <div>TH 3:00 Lecture w/Rick Deutsch</div> <div>TH 6:15 Thursday's Movie:</div>	<div>14</div> <div>TH 9:30 Exercise with Noodles</div> <div>TH 10:00 Poetry Corner w/Beau &amp; Friends</div> <div>GR 1:00 AL Outing:</div> <div>G2 1:00 Mahjong</div> <div>G2 2:15 Bridge</div> <div>GR 4:15 Piano Hour w/Deborah</div> <div>TH 6:15 Friday Night Movie:</div>	<div>15</div> <div>TH 9:30 Morning Exercise - 30 minute Chair Exercise</div> <div>TH 10:00 Documentary:</div> <div>TH 10:45 Documentary Discussion</div> <div>G2 1:00 Rummikub</div> <div>TH 2:30 Movie Matinee:</div> <div>TH 6:15 Late Night Movie:</div>

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<div>16</div> <div>Self Care Sunday: Do something nice for yourself.</div> <div>TH 9:00 Virtual Mass</div> <div>TH 1:30 North Valley Baptist Church</div> <div>TH 2:30 Sunday Matinee:</div> <div>TH 6:15 Sunday Night Movie:</div>	<div>17</div> <div>TH 9:30 Move It Monday</div> <div>TH 10:00 Ted Talk</div> <div>G2 1:00 Mahjong</div> <div>TH 1:15 Stability/Balance Class</div> <div>G2 2:15 Bridge</div> <div>TH 2:30 Flower Arranging with Poppie</div> <div>TH 6:15 Monday Night Movie:</div>	<div>18</div> <div>TH 9:30 Chair Yoga</div> <div>TH 1:00 Music w/Rebecca</div> <div>TH 1:15 Stability/Balance Class</div> <div>TH 2:00 Beau's Brain Busters</div> <div>TH 2:00 Resident Council</div> <div>L3 3:00 Bible Study w/Pastor Crown</div> <div>TH 6:15 Tuesday's Movie:</div>	<div>19</div> <div>TH 9:30 Move Your Body, Calm Your Mind</div> <div>L3 10:00 Communion with Rita</div> <div>G2 10:30 <b>Learn how to play Mahjong w/Adrienne!</b></div> <div>TH 1:30 Bingo!</div> <div>JK 3:00 Happy Hour</div> <div>TH 6:15 Wednesday's Movie:</div>	<div>20</div> <div>TH 9:30 All-In-One Workout</div> <div>L3 10:30 Book Club</div> <div>G2 1:00 Rummikub</div> <div>TH 1:30 Learn American Sign Language</div> <div>GR 2:00 Walking Club</div> <div>TH 3:00 Chef's Chat with Ellis</div> <div>TH 6:15 Thursday's Movie:</div>	<div>21</div> <div>TH 9:30 Exercise with Noodles</div> <div>TH 10:00 Poetry Corner w/Beau &amp; Friends</div> <div>GR 11:00 AL Outing:</div> <div>G2 1:00 Mahjong</div> <div>G2 2:15 Bridge</div> <div>TH 6:15 Friday Night Movie:</div>	<div>22</div> <div>TH 9:30 Morning Exercise - 30 minute Chair Exercise</div> <div>TH 10:00 Documentary:</div> <div>TH 10:45 Documentary Discussion</div> <div>G2 1:00 Rummikub</div> <div>TH 2:30 Movie Matinee:</div> <div>TH 6:15 Late Night Movie:</div>
<div>23</div> <div>Self Care Sunday: Do something nice for yourself.</div> <div>TH 9:00 Virtual Mass</div> <div>TH 1:30 North Valley Baptist Church</div> <div>TH 2:30 Sunday Matinee:</div> <div>TH 6:15 Sunday Night Movie:</div>	<div>24</div> <div>TH 9:30 Move It Monday</div> <div>TH 10:00 Ted Talk</div> <div>G2 1:00 Mahjong</div> <div>TH 1:15 Stability/Balance Class</div> <div>G2 2:15 Bridge</div> <div>TH 6:15 Monday Night Movie:</div>	<div>25</div> <div>TH 9:30 Chair Yoga</div> <div>TH 1:15 Stability/Balance Class</div> <div>TH 2:00 Beau's Brain Busters</div> <div>L3 3:00 Bible Study w/Pastor Crown</div> <div>TH 6:15 Tuesday's Movie:</div>	<div>26</div> <div>TH 9:30 Move Your Body, Calm Your Mind</div> <div>L3 10:00 Communion with Rita</div> <div>TH 10:00 Crafting Hour w/Beau</div> <div>TH 1:30 Bingo!</div> <div>L3 2:00 Learn Guitar/Ukulele</div> <div>JK 3:00 Happy Hour</div> <div>TH 6:15 Wednesday's Movie:</div>	<div>27</div> <div>Thanksgiving</div> <div>TH 9:30 All-In-One Workout</div> <div>L3 10:30 Book Club</div> <div>G2 1:00 Rummikub</div> <div>TH 1:30 Learn American Sign Language</div> <div>GR 2:00 Walking Club</div> <div>TH 3:00 Chef's Demo</div> <div>TH 6:15 Thursday's Movie:</div>	<div>28</div> <div>TH 9:30 Exercise with Noodles</div> <div>TH 10:00 Poetry Corner w/Beau &amp; Friends</div> <div>GR 1:00 AL Outing:</div> <div>G2 1:00 Mahjong</div> <div>G2 2:15 Bridge</div> <div>GR 4:15 Piano Hour w/Deborah</div> <div>TH 6:15 Friday Night Movie:</div>	<div>29</div> <div>TH 9:30 Morning Exercise - 30 minute Chair Exercise</div> <div>TH 10:00 Documentary:</div> <div>TH 10:45 Documentary Discussion</div> <div>G2 1:00 Rummikub</div> <div>TH 2:30 Movie Matinee:</div> <div>TH 6:15 Late Night Movie:</div>
<div>30</div> <div>Self Care Sunday: Do something nice for yourself.</div> <div>TH 9:00 Virtual Mass</div> <div>TH 1:30 North Valley Baptist Church</div> <div>TH 2:30 Sunday Matinee:</div> <div>TH 6:15 Sunday Night Movie:</div>						<div>"As we express our gratitude, we must never forget that the highest appreciation is not to utter words, but to live by them." - John F. Kennedy</div>