

# NOVEMBER 2025



Fullness of life. It turns what we have into enough, "November is the month with a mix of togetherness and "warmth" and it

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						<div>1</div> <div>TH 9:30 Seated Exercise With Bill</div> <div>TH 10:00 Current Events: Local and International</div> <div>TH 1:00 Praying The Rosary for All Saints/Souls Day</div> <div>BI 2:00 Your Voice Matters! Help Shape our Community &amp; Complete the Resident and Family Survey!</div> <div>BI 3:30 Bingo</div> <div>TH 6:30 Movie: The Abyss (MGM PRIME, 2 H, 15</div>
<div>2</div> <div>TH 9:30 Resident Led Seated Exercise (A Good Start to Your Day!)</div> <div>TR 10:00 COMMUNION SERVICE - Ascension Catholic Church</div> <div>TH 10:00 PBS Documentary: Art and Science Collide (Prime, 55 M)</div> <div>OT 10:00 Shopping Trip: Ross Dress for Less</div> <div>OT 10:30 Mass at Ascension Church (Bus Leaves at 10:15 am)</div>	<div>3</div> <div>TH 9:30 Wake-up Workout</div> <div>TH 10:00 PBS Documentary: The Celtic Legacy (Prime, 52 M)</div> <div>BI 1:00 Slow Fire Studios: Art with Salma</div> <div>TH 2:30 Brit Box: The White Princess, Season 1, Episodes 1-2 (Prime, 1 H 57 M)</div> <div>TH 6:00 Movie: Isn't It Romantic (Netflix, 1 H 29 M)</div>	<div>4</div> <div>TH 9:30 Fit and Flex</div> <div>TH 10:00 Mr. Cub Day</div> <div>TH 10:30 Who Wants to Be A Millionaire?</div> <div>BI 1:00 We Missed Sadie Hawkins Day, Again!</div> <div>BI 3:30 Bingo</div> <div>3:30 Proviso HS Medical Club Visit</div> <div>TH 6:00 Movie: Dirty Rotten Scoundrels (Prime, 1 H 50 M)</div>	<div>5</div> <div>TH 9:30 Wake-up Workout</div> <div>BI 10:00 Jewelry Class</div> <div>TH 10:00 Mental Floss: Guy Fawkes Day</div> <div>TH 10:30 Will Rogers, Cowboy Philosopher</div> <div>GR 1:00 Parkinson's Exercise Class (30 Minute Class)</div> <div>GR 2:15 Wine and Cheese Social</div> <div>BI 3:30 Crossword Puzzles</div> <div>TH 6:00 Movie: Rear Window (Prime, 1 H 50 M)</div>	<div>6</div> <div>TH 9:30 Fit and Flex</div> <div>TR 10:00 Communion With Ascension</div> <div>TH 10:00 Mental Floss: Trivia</div> <div>OT 10:30 Shopping Trip: Target</div> <div>TH 10:30 TED talk: What It's Really Like To Win The Lottery</div> <div>BI 2:00 Scrabble</div> <div>BI 3:30 Bingo</div> <div>TH 6:00 Movie: Ocean's 8 (Netflix, 1 H, 51 M)</div>	<div>7</div> <div>TH 9:30 Wake-up Workout</div> <div>TH 10:00 Pillsbury Dough Boy Day</div> <div>TH 10:30 Mental Floss: Hedy Lamarr's Birthday (A Truly Exceptional Person)</div> <div>TH 1:30 Chair Yoga with Julie (former instructor)!</div> <div>BI 2:00 Chat with the Chef!</div> <div>BI 3:30 Bingo!</div> <div>TH 6:00 Movie: Throw Momma from the Train (Prime, 1 H 28 M)</div>	<div>8</div> <div>TH 9:30 Seated Exercise With Bill</div> <div>TH 10:00 Divas: Julie Andrews (Prime, 59 M)</div> <div>TH 1:00 Community Service: Early Planning For Christmas Cookies</div> <div>TR 2:00 Uno</div> <div>BI 3:30 Bingo</div> <div>TH 6:00 Trading Places (PRIME, 1 H, 58 M)</div>
<div>9</div> <div>TH 9:30 Resident Led Seated Exercise (A Good Start to Your Day!)</div> <div>TR 10:00 COMMUNION SERVICE - Ascension Catholic Church</div> <div>TH 10:00 PBS Documentary: Cracking the Queen's Code (Prime, 55 M)</div> <div>OT 10:30 Mass at Ascension Church (Bus Leaves at 10:15 am)</div> <div>TH 1:00 Documentary: Behind The Curve (Prime, 1 H</div>	<div>10</div> <div>TH 9:30 Wake-up Workout</div> <div>TH 10:00 Live Speaker Event: Jessica Tepas "Urban Greenification"</div> <div>BI 2:30 Documentary: It All Began With A Song (Prime, 1 H 27 M)</div> <div>TH 3:30 Spintopia w/ Carrie</div> <div>TH 6:00 Movie: Bottle Shock (Starz PRIME, 1 H 50 M)</div>	<div>11</div> <div>Veterans Day</div> <div>TH 9:30 Fit and Flex</div> <div>OT 10:00 Brunch Outing: Yia Yia's Pancake House - North Riverside</div> <div>TH 10:30 Jeopardy</div> <div>TH 1:30 Resident Council</div> <div>TH 2:30 Veterans Day Program with Suncrest Hospice</div> <div>BI 3:30 Bingo</div> <div>TH 6:00 Movie: How Stella Got Her Groove Back (STARZ Prime, 2 H 10 M)</div>	<div>12</div> <div>TH 9:30 Wake-up Workout</div> <div>TH 10:00 Mental Floss: Who, What, When and Where?</div> <div>TH 10:30 Fantasia Anniversary</div> <div>TH 1:00 Parkinson's Exercise Class (30 Minute Class)</div> <div>GR 2:15 Wine and Cheese Social</div> <div>BI 3:30 Crossword Puzzles</div> <div>TH 6:00 Movie: To Wong Foo, Thanks for Everything! Julie Newmar (Starz Prime, 1 H 49 M)</div>	<div>13</div> <div>World Kindness Day</div> <div>TH 9:30 Fit and Flex</div> <div>TR 10:00 Communion With Ascension</div> <div>TH 10:00 Mental Floss: Trivia</div> <div>OT 10:00 Shopping Trip: Trader Joe's</div> <div>TH 10:30 TED talk: The art of reading minds</div> <div>OT 12:30 Museum Trip: Art Institute of Chicago</div> <div>BI 1:00 Belmont Bazaar</div> <div>BI 2:00 Scrabble</div> <div>BI 3:30 Travelogue: Native</div>	<div>14</div> <div>TH 9:30 Wake-up Workout</div> <div>TH 10:00 National Pickle Day</div> <div>TH 10:30 Mental Floss: Cranium Crunches</div> <div>TH 1:30 Chair Yoga with Julie (former instructor)!</div> <div>BI 2:00 Impressionism Painting for Claude Monet's Birthday</div> <div>BI 3:30 Bingo</div> <div>TH 6:00 Movie: Being Eddie (Netflix, 1 H 42 M)</div>	<div>15</div> <div>TH 9:30 Seated Exercise With Bill</div> <div>TH 10:00 Current Events</div> <div>TH 1:00 Documentary: Selena y Los Dinos (Netflix 1 H 45 M)</div> <div>TR 2:00 Uno</div> <div>BI 3:30 Bingo</div> <div>TH 6:00 Movie: A Chorus Line (PRIME, 1 H, 53 M)</div>

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"To improve is to change; to be perfect is to change often." - Winston Churchill

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Sunday		Monday		Tuesday		Wednesday		Thursday		Friday		Saturday		
16	<div>TH</div> 9:30 Resident Led Seated Exercise (A Good Start to Your Day!)	17	<div>TH</div> 9:30 Wake-up Workout	18	<div>GR</div> 9:30 Fit and Flex	19	<div>TH</div> 9:30 Wake-up Workout	20	<div>TH</div> 9:30 Fit and Flex	21	<div>TH</div> 9:30 Wake-up Workout	22	<div>BI</div> 9:30 Seated Exercise With Bill	
<div>TR</div> 10:00 COMMUNION SERVICE - Ascension Catholic Church	<div>TH</div> 10:00 Documentary: The Secret Life Of Gypsies (Prime, 1 H 9 M)	<div>BI</div> 10:00 Documentary: The Norse: An Arctic Mystery (Prime, 52 M)	<div>BI</div> 1:00 Slow Fire Studios: Art with Salma	<div>OT</div> 9:30 Another Chance - Outing to National Museum of Mexican Art	<div>BI</div> 10:00 HENRI DE TOULOUSE-LAUTREC, November Artist	<div>BI</div> 10:00 Mental Floss: Gettysburg Address Anniversary	<div>TH</div> 10:00 Mental Floss: Trivia	<div>TH</div> 10:00 Communion With Ascension	<div>TH</div> 10:00 Mental Floss: Trivia	<div>TH</div> 10:00 Infamous Chicago Crime Bus Tour w/ Carrie	<div>TH</div> 10:00 Seated Exercise With Bill			
<div>OT</div> 10:30 Mass at Ascension Church (Bus Leaves at 10:15 am)	<div>TH</div> 10:00 Documentary: The Secret Life Of Gypsies (Prime, 1 H 9 M)	<div>GR</div> 2:00 Sing Along With Greg	<div>TH</div> 6:00 Movie: Bride Wars (PRIME, 1 H 29 M)	<div>BI</div> 10:30 Who Wants To Be A Millionaire?	<div>BI</div> 10:30 Who Wants To Be A Millionaire?	<div>TH</div> 10:30 Johnny Mercer's Birthday	<div>TH</div> 10:30 TED talk: Can AI help us speak with wolves?	<div>OT</div> 1:00 Shopping Trip: Marshall's	<div>OT</div> 1:00 Shopping Trip: Marshall's	<div>TR</div> 10:00 Worship With Fair Oaks Presbyterian Church	<div>BI</div> 10:00 Current Events			
<div>TH</div> 1:00 Documentary: In Waves And War (Netflix, 1 H 48 M)				<div>BI</div> 1:00 Happy Birthday, Mickey Mouse	<div>BI</div> 1:00 Happy Birthday, Mickey Mouse	<div>TH</div> 12:00 Annette's Family Party Until 2 PM	<div>BI</div> 2:00 Scrabble	<div>BI</div> 2:00 Scrabble	<div>TH</div> 10:30 Mental Floss: The Legacy of JFK.	<div>TH</div> 10:30 Mental Floss: The Legacy of JFK.	<div>TH</div> 1:00 Movie The Sandlot (Netflix, 1 H 42 M)			
				<div>BI</div> 2:00 New Residents Q&A Meeting (Current	<div>BI</div> 2:00 New Residents Q&A Meeting (Current	<div>GR</div> 1:00 Parkinson's Exercise Class (30 Minute Class)	<div>GR</div> 3:30 Bingo	<div>GR</div> 6:00 Movie: Some Like It Hot (Prime, 2 H)	<div>TH</div> 1:00 Sound Meditation with Ahimsa Yoga Studio	<div>BI</div> 3:30 Bingo!	<div>TH</div> 2:00 Uno			
23	<div>TH</div> 9:30 Resident Led Seated Exercise (A Good Start to Your Day!)	24	<div>TH</div> 9:30 Wake-up Workout	25	<div>TH</div> 9:30 Fit and Flex	26	<div>TH</div> 9:30 Wake-up Workout	27	Thanksgiving		28	<div>TH</div> 9:30 Wake-up Workout	29	<div>TH</div> 9:30 Seated Exercise With Bill
<div>TR</div> 10:00 COMMUNION SERVICE - Ascension Catholic Church	<div>TH</div> 10:00 Documentary: The Secret Life Of Gypsies (Prime, 55 M)	<div>BI</div> 10:00 Documentary: The Real Inglorious Bastards (Prime, 52 M)	<div>BI</div> 2:30 Documentary: The Sound Of 007 (Prime, 1 HR 28 M)	<div>TH</div> 10:00 Turkey vs. Chicken Trivia	<div>TH</div> 10:00 Turkey vs. Chicken Trivia	<div>TH</div> 10:00 Mental Floss: Archaeologists Enter King Tut's Tomb	<div>TH</div> 10:00 Mental Floss: Archaeologists Enter King Tut's Tomb	<div>TH</div> 9:30 Fit and Flex		<div>TH</div> 10:00 Grand Ole Opry's Birthday (Watch Performances)	<div>TH</div> 10:00 Seated Exercise With Bill			
<div>TH</div> 10:00 Documentary: The Witches Of Hollywood (Prime, 55 M)	<div>TH</div> 10:00 Documentary: The Witches Of Hollywood (Prime, 55 M)	<div>TH</div> 3:30 You Be the Judge w/ Carrie	<div>TH</div> 6:00 Movie: All The Old Knives (Starz PRIME, 1 H 41 M)	<div>BI</div> 1:00 Car Talk: First Air Force One Christened (Presidential Vehicles)	<div>BI</div> 1:00 Car Talk: First Air Force One Christened (Presidential Vehicles)	<div>TH</div> 10:30 Norman Rockwell and His Freedom from Want Painting	<div>TH</div> 10:30 TED talk: Building a park in the sky	<div>TH</div> 10:00 Mental Floss: Trivia		<div>TH</div> 10:30 Mental Floss: Baking Soda Day	<div>OT</div> 10:00 Shopping Trip: Ross Dress for Less			
<div>OT</div> 10:30 Mass at Ascension Church (Bus Leaves at 10:15 am)	<div>TH</div> 10:00 Documentary: The Witches Of Hollywood (Prime, 55 M)	<div>TH</div> 6:00 Movie: All The Old Knives (Starz PRIME, 1 H 41 M)		<div>GR</div> 2:30 November Movie Watch Party: Planes, Trains, and Automobiles	<div>GR</div> 2:30 November Movie Watch Party: Planes, Trains, and Automobiles	<div>TH</div> 1:00 Parkinson's Exercise Class (30 Minute Class)	<div>JK</div> 11:00 Thanksgiving Lunch - Let's Count our Blessings and Give Thanks as a Community	<div>TH</div> 10:30 TED talk: Building a park in the sky		<div>GR</div> 1:30 End of the Month Birthday Party with DJ Banging Bo	<div>TR</div> 2:00 Uno			
<div>TH</div> 1:00 Documentary: John Candy: I Like Me	<div>TH</div> 1:00 Documentary: John Candy: I Like Me			<div>BI</div> 3:30 Bingo	<div>BI</div> 3:30 Bingo	<div>GR</div> 2:15 Wine and Cheese Social	<div>BI</div> 2:00 Scrabble	<div>TH</div> 1:30 Tai Chi with Ahimsa Yoga Studio		<div>TH</div> 6:00 Movie: Married To The Mob (Prime, 1 H 44 M)	<div>BI</div> 3:30 Bingo			
				<div>TH</div> 6:00 Movie: Charlie Wilson's War (STARZ Prime, 1 H 42 M)	<div>TH</div> 6:00 Movie: Charlie Wilson's War (STARZ Prime, 1 H 42 M)	<div>GR</div> 3:30 Turkey Trot Race - Will Your Turkey Win the Race?!	<div>TH</div> 3:30 Travelogue: Native American Culture and				<div>TH</div> 6:00 Movie: Holmes And Watson (PRIME, 1 H 26 M)			
30	<div>TH</div> 9:30 Resident Led Seated Exercise (A Good Start to Your Day!)													
<div>TR</div> 10:00 COMMUNION SERVICE - Ascension Catholic Church	<div>TH</div> 10:00 PBS Documentary: The Rise of RFK, Jr. (Prime, 1 H 53 M)													
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<div>OT</div> 10:30 Mass at Ascension Church (Bus Leaves at 10:15 am)	<div>TH</div> 10:00 PBS Documentary: The Rise of RFK, Jr. (Prime, 1 H 53 M)													
<div>TH</div> 1:00 Brit Box: Agatha Christie's Marple "The	<div>TH</div> 1:00 Brit Box: Agatha Christie's Marple "The													

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