

# NOVEMBER 2025



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div>CL - Center for Learning 2nd Floor</div> <div>GR - Great Room 1st Floor</div> <div>JK - Josephine's Kitchen 1st Floor</div> <div>TH - Town Hall 2nd Floor</div>			<b>Birthdays</b> 11/2 - Penny R. 11/3 - Billie J. 11/4 - Jeanette W. 11/6 - Eric B. 11/14 - George W. 11/15 - Margaret F. 11/17 - Regenia N. 11/25 - Bert W. 11/26 - Mary G. 11/26 - Rocky Y.	<b>Birthdays</b> 11/27 - JoAnn P.		<div>1</div> <div>CL 10:00</div> 20 Minute Chair Exercise Workout for Beginners <div>CL 10:30</div> This Day in History & Mental Stretch <div>CL 3:00</div> Mexican Train Dominoes <div>GR 5:00</div> Find The Differences Puzzle
<div>2</div> <div>CL 10:00</div> 20 Minute Chair Exercise Workout for Beginners <div>CL 10:30</div> This Day in History & Mental Stretch <div>CL 1:00</div> Mexican Train Dominoes <div>TH 2:00</div> <b>Church Devotional with Rev. Norris</b> <div>GR 5:00</div> Brain Boosting Puzzle	<div>3</div> <div>CL 9:30</div> Seated Serenity Meditation and Breathing Exercises with Jyoti <div>CL 10:00</div> 20 Minute Low Impact Cardio <div>CL 10:30</div> This Day in History & Mental Stretch <div>JK 2:00</div> <b>Drum Circle with Frank Shaffer</b> <div>CL 3:00</div> Happy Hour <div>GR 5:00</div> Think Tank Puzzle	<div>4</div> <div>TH 9:45</div> <b>First Evan. (Non-Denominational Devotional)</b> <div>CL 10:20</div> Tone It Up Tuesday with Weights <div>CL 10:45</div> This Day in History and Mental Stretch <div>CL 1:30</div> Scrabble <div>TH 3:00</div> Bingo <div>GR 5:00</div> Think Tank Puzzle	<div>5</div> <div>CL 9:30</div> Seated Serenity Meditation and Breathing Exercises with Jyoti <div>CL 10:00</div> <b>Joint Mobility and Weights Morning Energizer</b> <div>CL 10:30</div> This Day in History & Mental Stretch <div>CL 1:45</div> Marketplace <div>JK 3:00</div> <b>Wine &amp; Cheese-Nathaniel Kent</b> <div>GR 5:00</div> Word Puzzle Wednesday	<div>6</div> <div>TH 9:45</div> <b>First Evan. (Non-Denominational Devotional)</b> <div>CL 10:20</div> <b>20-Min Cardio Workout for YOUR Health with Weights</b> <div>CL 10:45</div> This Day in History and Mental Stretch <div>1:30</div> Catholic Communion <div>GR 2:30</div> <b>Resident Alzheimer's Walk</b> <div>GR 5:00</div> Brain Building	<div>7</div> <div>CL 9:30</div> Seated Serenity Meditation and Breathing Exercises with Jyoti <div>CL 10:00</div> <b>Seated Exercise with Debby</b> <div>GR 10:30</div> Music with Miriam (Piano & Singing) <div>TH 1:30</div> <b>Fun Friday Bingo</b> <div>GR 3:00</div> <b>Rock and Roll-Before the Music Died</b> <div>GR 5:00</div> Think Tank Puzzle	<div>8</div> <div>CL 10:00</div> 20 Minute Chair Exercise Workout for Beginners <div>CL 10:30</div> This Day in History & Mental Stretch <div>TH 3:00</div> Mexican Train Dominoes <div>GR 5:00</div> Find The Differences Puzzle
<div>9</div> <div>CL 10:00</div> 20 Minute Chair Exercise Workout for Beginners <div>CL 10:30</div> This Day in History & Mental Stretch <div>TH 1:00</div> Mexican Train Dominoes <div>GR 5:00</div> Brain Boosting Puzzle	<div>10</div> <div>CL 9:30</div> Seated Serenity Meditation and Breathing Exercises with Jyoti <div>TH 10:00</div> <b>Glass Fusing Class with Teresa White</b> <div>CL 3:00</div> Happy Hour <div>GR 5:00</div> Think Tank Puzzle	<div>11</div> <div>Veterans Day</div> <div>TH 9:45</div> <b>First Evan. (Non-Denominational Devotional)</b> <div>CL 10:20</div> Tone It Up Tuesday with Weights <div>CL 10:45</div> This Day in History and Mental Stretch <div>TH 12:00</div> <b>Veterans Day Luncheon</b> <div>TH 3:00</div> Bingo <div>GR 5:00</div> Think Tank Puzzle	<div>12</div> <div>CL 9:30</div> Seated Serenity Meditation and Breathing Exercises with Jyoti <div>CL 10:00</div> <b>Joint Mobility and Weights Morning Energizer</b> <div>CL 10:30</div> This Day in History & Mental Stretch <div>GR 1:30</div> <b>Veterans Ceremony with Crossroads Hospice</b> <div>JK 3:00</div> <b>Wine &amp; Cheese-</b>	<div>13</div> <div>TH 9:45</div> <b>First Evan. (Non-Denominational Devotional)</b> <div>CL 10:20</div> <b>20-Min Cardio Workout for YOUR Health with Weights</b> <div>CL 10:45</div> This Day in History and Mental Stretch <div>CL 1:30</div> Card Game: Blackjack <div>1:30</div> Catholic Communion <div>CL 3:30</div> <b>Men's</b>	<div>14</div> <div>CL 9:30</div> Seated Serenity Meditation and Breathing Exercises with Jyoti <div>CL 10:00</div> <b>Mindful Motion with Cassandra</b> <div>GR 10:30</div> Music with Miriam (Piano & Singing) <div>CL 3:00</div> <b>Happy Hour</b> <div>GR 5:00</div> Think Tank Puzzle	<div>15</div> <div>CL 10:00</div> 20 Minute Chair Exercise Workout for Beginners <div>CL 10:30</div> This Day in History & Mental Stretch <div>CL 3:00</div> Mexican Train Dominoes <div>GR 5:00</div> Find The Differences Puzzle

# NOVEMBER 2025



Sunday		Monday		Tuesday		Wednesday		Thursday		Friday		Saturday	
<div>16</div> <div><div>CL</div>10:00 20 Minute Chair Exercise Workout for Beginners</div> <div><div>CL</div>10:30 This Day in History &amp; Mental Stretch</div> <div><div>CL</div>1:00 Mexican Train Dominoes</div> <div><div>TH</div>2:00 Church Devotional with Rev. Norris</div> <div><div>GR</div>5:00 Brain Boosting Puzzle</div>		<div>17</div> <div><div>CL</div>9:30 Seated Serenity Meditation and Breathing Exercises with Jyoti</div> <div><div>CL</div>10:00 20 Minute Low Impact Cardio</div> <div><div>CL</div>10:30 This Day in History &amp; Mental Stretch</div> <div><div>TH</div>2:00 Dan the History Man</div> <div><div>CL</div>3:00 Happy Hour</div> <div><div>GR</div>5:00 Think Tank Puzzle</div>		<div>18</div> <div><div>TH</div>9:45 First Evan. (Non-Denominational Devotional)</div> <div><div>CL</div>10:20 Tone It Up Tuesday with Weights</div> <div><div>CL</div>10:45 This Day in History and Mental Stretch</div> <div><div>TH</div>2:00 Resident Council Meeting</div> <div><div>TH</div>3:00 Bingo</div> <div><div>GR</div>5:00 Think Tank Puzzle</div>		<div>19</div> <div><div>CL</div>9:30 Seated Serenity Meditation and Breathing Exercises with Jyoti</div> <div><div>CL</div>10:00 Joint Mobility and Weights Morning Energizer</div> <div><div>CL</div>10:30 This Day in History &amp; Mental Stretch</div> <div><div>CL</div>2:00 Marketplace</div> <div><div>JK</div>3:00 Wine &amp; Cheese-Roy Fisher</div> <div><div>GR</div>5:00 Word Puzzle Wednesday</div>		<div>20</div> <div><div>CL</div>9:45 First Evan. (Non-Denominational Devotional)</div> <div><div>CL</div>10:20 20-Min Cardio Workout for YOUR Health with Weights</div> <div><div>CL</div>10:45 This Day in History and Mental Stretch</div> <div><div>CL</div>1:00 Live Zoom Focus Group- Rice University</div> <div><div>1:30</div>Catholic Communion</div>		<div>21</div> <div><div>CL</div>9:30 Seated Serenity Meditation and Breathing Exercises with Jyoti</div> <div><div>CL</div>10:00 Seated Exercise-Resident Led</div> <div><div>GR</div>10:30 Music with Miriam (Piano &amp; Singing)</div> <div><div>CL</div>10:30 This Day in History &amp; Mental Stretch</div> <div><div>CL</div>1:30 Men's Chat with Chris Brown</div> <div><div>CL</div>3:00 Happy Hour</div> <div><div>GR</div>5:00 Think Tank Puzzle</div>		<div>22</div> <div><div>CL</div>10:00 20 Minute Chair Exercise Workout for Beginners</div> <div><div>CL</div>10:30 This Day in History &amp; Mental Stretch</div> <div><div>CL</div>3:00 Mexican Train Dominoes</div> <div><div>GR</div>5:00 Find The Differences Puzzle</div>	
<div>23</div> <div><div>CL</div>10:00 20 Minute Chair Exercise Workout for Beginners</div> <div><div>CL</div>10:30 This Day in History &amp; Mental Stretch</div> <div><div>CL</div>1:00 Mexican Train Dominoes</div> <div><div>GR</div>5:00 Brain Boosting Puzzle</div>		<div>24</div> <div><div>CL</div>9:30 Seated Serenity Meditation and Breathing Exercises with Jyoti</div> <div><div>TH</div>10:00 Dementia 101 Class with Chris Brown</div> <div><div>GR</div>2:00 The Bartlett Senior Singers</div> <div><div>CL</div>3:00 Happy Hour</div> <div><div>GR</div>5:00 Think Tank Puzzle</div>		<div>25</div> <div><div>TH</div>9:45 First Evan. (Non-Denominational Devotional)</div> <div><div>CL</div>10:20 Tone It Up Tuesday with Weights</div> <div><div>CL</div>10:45 This Day in History and Mental Stretch</div> <div><div>CL</div>1:30 Card Game: UNO</div> <div><div>TH</div>3:00 Bingo</div> <div><div>GR</div>5:00 Think Tank Puzzle</div>		<div>26</div> <div><div>CL</div>9:30 Seated Serenity Meditation and Breathing Exercises with Jyoti</div> <div><div>CL</div>10:00 Joint Mobility and Weights Morning Energizer</div> <div><div>CL</div>10:30 This Day in History &amp; Mental Stretch</div> <div><div>CL</div>1:45 Marketplace</div> <div><div>JK</div>3:00 Wine &amp; Cheese-Darryl Jones</div> <div><div>TH</div>5:30 Bingo with Shay from First Light!</div>		<div>27</div> <div>Thanksgiving</div> <div><div>CL</div>10:20 20-Min Cardio Workout for YOUR Health with Weights</div> <div><div>CL</div>10:45 This Day in History and Mental Stretch</div> <div><div>JK</div>11:00 Thanksgiving Day Luncheon</div> <div><div>CL</div>1:30 Trivial Pursuit Trivia</div> <div><div>TH</div>3:00 Bingo</div> <div><div>GR</div>5:00 Brain Building Puzzle</div>		<div>28</div> <div><div>CL</div>9:30 Seated Serenity Meditation and Breathing Exercises with Jyoti</div> <div><div>CL</div>10:00 Mindful Motion with Cassandra</div> <div><div>GR</div>10:30 Music with Miriam (Piano &amp; Singing)</div> <div><div>TH</div>1:30 Fun Friday Bingo</div> <div><div>CL</div>3:00 Happy Hour</div> <div><div>GR</div>5:00 Think Tank Puzzle</div>		<div>29</div> <div><div>CL</div>10:00 20 Minute Chair Exercise Workout for Beginners</div> <div><div>CL</div>10:30 This Day in History &amp; Mental Stretch</div> <div><div>CL</div>3:00 Mexican Train Dominoes</div> <div><div>GR</div>5:00 Find The Differences Puzzle</div>	
<div>30</div> <div><div>CL</div>10:00 20 Minute Chair Exercise Workout for Beginners</div> <div><div>CL</div>10:30 This Day in History &amp; Mental Stretch</div> <div><div>CL</div>1:00 Mexican Train Dominoes</div> <div><div>GR</div>2:30 Church Hymns with Miriam and Friends</div> <div><div>GR</div>5:00 Brain Boosting Puzzle</div>													