

# NOVEMBER 2025

Make it a November to Remember



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div><div>B</div> - Bistro, L</div> <div><div>C</div> - Club Room, L2</div> <div><div>GR</div> - Great Room, L1</div> <div><div>JK</div> - Josephine's Kitchen, L1</div> <div><div>SR</div> - Screening Room, L2</div> <div><div>TF</div> - Town Hall Foyer, L1</div> <div><div>TH</div> - Town Hall, L1</div>	So many things going on and so little room on this calendar!A complete listing of activities can be viewed on our Share App, channel 104 on Senior TV and on the Daily Schedule!	“Welcome sweet November, the season of senses and my favorite month of all.” – Gregory F. Lenz	“November is secret and silent.” – Allison Uttley	“November at its best – with a sort of delightful menace in the air.” – Anne Bosworth Greene	“Autumn is a second spring when every leaf is a flower.” – Albert Camus	<div>1</div> <div><div>TH</div> 9:00 Saturday Stretch w/ Jason</div> <div><div>B</div> 9:30 College Football</div> <div><div>SR</div> 1:30 America's Test Kitchen S2 Ep 1</div> <div><div>TH</div> 1:30 BINGO</div> <div>3:45 Mass at St. John's the Evangelist LYFT</div> <div><div>SR</div> 7:00 Movie</div>
<div>2</div> <div><div>SR</div> 9:30 Presbyterian Service</div> <div>9:30 Worship at SB Pres Church</div> <div><div>TH</div> 10:30 Catholic Mass</div> <div><div>SR</div> 1:00 Matinee: My Man Godfrey</div> <div><div>TH</div> 1:30 Rummikub/Mexican Train</div> <div><div>TH</div> 3:30 Jeopardy with Jose</div> <div><div>SR</div> 7:00 Movie</div>	<div>3</div> <div><div>TH</div> 9:30 Yoga Stretches w/ David</div> <div><div>TH</div> 10:30 Stretching w/ Jason</div> <div><div>TH</div> 1:30 Music: The Sound of Music</div> <div><div>C</div> 2:30 Majong Monday</div> <div><div>TH</div> 3:00 Activity Chat</div> <div><div>SR</div> 7:00 Movie</div>	<div>4</div> <div><div>C</div> 9:00 Bridge</div> <div><div>TF</div> 9:00 Holy Communion Service</div> <div><div>TH</div> 9:30 Hand Weights w/ David</div> <div><div>TH</div> 10:45 Lunch and Learn: Feathers and Flyaways</div> <div><div>TH</div> 1:30 BINGO</div> <div><div>TH</div> 3:00 Walk in the Park</div> <div><div>TH</div> 3:45 Rosary Warriors</div>	<div>5</div> <div><div>TH</div> 9:30 Balance &amp; Mobility w/ David</div> <div><div>TH</div> 10:30 Cardio w/ Jason</div> <div>10:45 Library and Lunch: The Octoberists Trio</div> <div><div>TH</div> 1:30 Rummikub</div> <div>1:30 Shopping</div> <div><div>B</div> 3:00 Sounds of Celeste</div> <div><div>SR</div> 7:00 Movie</div>	<div>6</div> <div><div>TH</div> 9:30 Cardio w/ David</div> <div><div>TH</div> 10:30 Balance &amp; Mobility w/ Jason</div> <div><div>TH</div> 1:30 BINGO</div> <div><div>B</div> 2:00 Knit and Chat</div> <div><div>B</div> 3:00 Happy Hour with Music Station</div> <div><div>SR</div> 7:00 Movie</div>	<div>7</div> <div><div>TH</div> 9:30 TAI CHI 101 w/ David</div> <div><div>TH</div> 10:30 Spiritual Wellness</div> <div><div>TH</div> 1:30 Stoneage Doctor:Computers Affect Health and Brain</div> <div>3:00 Errand Run</div> <div><div>SR</div> 7:00 Movie</div>	<div>8</div> <div><div>TH</div> 9:00 Saturday Stretch w/ Jason</div> <div><div>B</div> 9:30 College Football</div> <div><div>SR</div> 1:30 America's Test Kitchen S2 Ep 1</div> <div><div>TH</div> 1:30 BINGO</div> <div>3:45 Mass at St. John's the Evangelist</div> <div><div>SR</div> 7:00 Movie</div>
<div>9</div> <div><div>SR</div> 9:30 Presbyterian Service</div> <div>9:30 Worship at SB Pres Church</div> <div><div>TH</div> 10:30 Catholic Mass</div> <div><div>SR</div> 1:00 Matinee: The Bishop's Wife</div> <div><div>TH</div> 1:30 Rummikub/Mexican Train</div> <div><div>GR</div> 2:30 Ballet Nutcracker Performance</div> <div><div>SR</div> 7:00 Movie</div>	<div>10</div> <div><div>TH</div> 9:30 Yoga Stretches w/ David</div> <div><div>TH</div> 10:30 Stretching w/ Jason</div> <div><div>TH</div> 1:30 Music: Five Fine Composers for Film</div> <div><div>C</div> 2:30 Majong Monday</div> <div>3:00 Walk in the Park</div> <div><div>SR</div> 7:00 Movie</div>	<div>11</div> <div>Veterans Day</div> <div><div>TF</div> 9:00 Holy Communion Service</div> <div><div>TH</div> 9:30 Hand Weights w/ David</div> <div><div>GR</div> 9:30 Veterans Tribute</div> <div><div>TH</div> 10:45 Lunch and Learn: Fish out of Water</div> <div><div>TH</div> 1:30 BINGO</div> <div><div>B</div> 3:00 Jewelry Class: Triple Strand Beaded Bracelet</div> <div><div>SR</div> 7:00 Movie</div>	<div>12</div> <div><div>TH</div> 9:30 Balance &amp; Mobility w/ David</div> <div>10:00 Bernardo Winery Lunch and Shopping</div> <div><div>TH</div> 10:30 Cardio w/ Jason</div> <div><div>TH</div> 1:30 Rummikub</div> <div><div>TH</div> 1:30 Shopping</div> <div><div>TH</div> 3:15 Travelogue: History of Thanksgiving</div> <div><div>SR</div> 7:00 Movie</div>	<div>13</div> <div><div>TH</div> 9:30 Cardio w/ David</div> <div><div>TH</div> 1:30 BINGO</div> <div><div>B</div> 2:00 Knit and Chat</div> <div><div>B</div> 3:00 Happy Hour with Vincent</div> <div><div>SR</div> 7:00 Movie</div>	<div>14</div> <div><div>TH</div> 9:30 TAI CHI 101 w/ David</div> <div><div>TH</div> 10:30 Spiritual Wellness</div> <div>1:00 Errand Run</div> <div><div>TH</div> 3:30 Poetry and Tea</div> <div><div>SR</div> 7:00 Movie</div>	<div>15</div> <div><div>TH</div> 9:00 Saturday Stretch w/ Jason</div> <div><div>B</div> 9:30 College Football</div> <div><div>SR</div> 1:30 America's Test Kitchen S2 Ep 1</div> <div><div>TH</div> 1:30 BINGO</div> <div>3:45 Mass at St. John's the Evangelist</div> <div><div>SR</div> 7:00 Movie</div>

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Sunday		Monday		Tuesday		Wednesday		Thursday		Friday		Saturday	
16		17		18		19		20		21		22	
SR	9:30 Presbyterian Service	TH	9:30 Yoga Stretches w/ David	C	9:00 Bridge	TH	9:30 Balance & Mobility w/ David	TH	9:30 Cardio w/ David	TH	9:30 TAI CHI 101 w/ David	TH	9:00 Saturday Stretch w/ Jason
	9:30 Worship at SB Pres Church	TH	10:30 Stretching w/ Jason	TF	9:00 Holy Communion Service	TH	10:30 Cardio w/ Jason	TH	10:30 Balance & Mobility w/ Jason	TH	10:30 Spiritual Wellness	B	9:30 College Football
TH	10:30 Catholic Mass	C	2:30 Majong Monday	TH	9:30 Hand Weights w/ David	TH	10:30 Lodge at Torrey Pines	TH	1:30 BINGO	TH	1:00 Errand Run	SR	1:30 America's Test Kitchen S2 Ep 1
SR	1:00 Matinee: Tomorrow is Forever	SR	3:00 Walk in the Park	TH	1:30 BINGO	TH	1:30 Rummikub	B	2:00 Knit and Chat	TH	3:00 Design: Snow Laden Christmas Trees	TH	1:30 BINGO
TH	1:30 Rummikub/Mexican Train		7:00 Movie	TH	3:45 Rosary Warriors	TH	1:30 Shopping	B	3:00 Happy Hour AI				3:45 Mass at St. John's the Evangelist
TH	3:30 Jeopardy with Jose			SR	7:00 Movie	TH	3:00 Resident Meeting and Meet the Chef	SR	7:00 Movie	SR	7:00 Movie	SR	7:00 Movie
SR	7:00 Movie					SR	7:00 Movie						
23		24		25		26		27	Thanksgiving	28		29	
SR	9:30 Presbyterian Service	TH	9:30 Yoga Stretches w/ David	C	9:00 Bridge	TH	9:30 Balance & Mobility w/ David	B	9:00 Macy's Day Parade	TH	9:30 TAI CHI 101 w/ David	TH	9:00 Saturday Stretch w/ Jason
	9:30 Worship at SB Pres Church	TH	10:30 Stretching w/ Jason	TF	9:00 Holy Communion Service	TH	10:30 Cardio w/ Jason		9:45 Turkey Trot to the Beach	TH	10:30 Spiritual Wellness	B	9:30 College Football
TH	10:30 Catholic Mass	TH	1:30 Music: The Evolution of American Classic Music	TH	9:30 Hand Weights w/ David	TH	10:30 Holiday Shopping	GR	11:00 Sounds of the Season with AL	TH	1:00 Errand Run	SR	1:30 America's Test Kitchen S2 Ep 1
SR	1:00 Matinee: Meet Me in St. Louis	C	2:30 Majong Monday	TH	1:30 BINGO	TH	1:30 Rummikub		11:00 Thanksgiving Feast	GR	1:30 TECH Shopping On-line	TH	1:30 BINGO
TH	1:30 Rummikub/Mexican Train	SR	3:00 Walk in the Park	C	4:00 Tuesday Social	TH	1:30 Shopping	JK	11:00 Thanksgiving BINGO	GR	2:30 Holiday Decor with Nancie		3:45 Mass at St. John's the Evangelist
GR	3:00 Songs of the Season with Daniel	SR	7:00 Movie	SR	7:00 Movie	TH	3:00 Chat with Wes	TH	1:30 Thanksgiving BINGO	SR	7:00 Movie	SR	7:00 Movie
SR	7:00 Movie					SR	7:00 Movie	B	2:00 Knit and Chat				
								GR	4:00 Music: Thanksgiving Notes				
								SR	7:00 Movie				
30													
SR	9:30 Presbyterian Service	“The thinnest yellow light of November is more warming and exhilarating than any wine they tell of.” – Henry David Thoreau		“Some of the days in November carry the whole memory of summer as a fire opal carries the color of moon rise.” – Gladys Taber		“Autumn carries more gold in its pocket than all the other seasons.” – Jim Bishop		“Now in November nearer comes the sun down the abandoned heaven.” – D. H. Lawrence		“Peering from some high window, at the gold of November sunset and feeling that if day has to become night, this is a beautiful way.” – E. E. Cummings			
SR	1:00 Matinee: Fiddler on the Roof												
TH	1:30 Rummikub/Mexican Train												
TH	3:30 Jeopardy with Jose												
SR	7:00 Movie												