

AUGUST 2025



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div>2P - 2nd Floor Parlor</div> <div>B - Bistro, 1st Floor</div> <div>CR - Club Room, 3rd Floor</div> <div>GR - Great Room, 1st Floor</div> <div>JK - Josephine's Kitchen</div> <div>JP - Josephine's Patio</div> <div>MP - Marketplace, 1st Floor Parlor</div> <div>MT - Movie Theatre, 3rd Floor</div> <div>TH - Town Hall, 3rd Floor</div>					<div>1</div> <div>TH 9:30 Flex & Stretch Exercise I</div> <div>TH 10:00 Flex & Stretch Exercise II</div> <div>CR 1:00 Bridge Club</div> <div>TH 1:30 Balance Class with AJ</div> <div>TH 2:30 Password</div> <div>TH 4:30 Shabbat Service</div> <div>MT 6:30 Friday Night Movie</div>	<div>2</div> <div>TH 9:00 "Fitness Opera" with David</div> <div>TH 10:00 Exercise with Jason</div> <div>CR 10:00 Mahjong</div> <div>TH 2:00 Bingo with Marni</div> <div>TH 3:00 Trivia</div> <div>MT 6:30 Saturday Night Movie</div>
<div>3</div> <div>TH 9:00 Live Worship</div> <div>MT 10:00 Protestant Church Service</div> <div>TH 10:30 Catholic Church Service</div> <div>JK 11:00 Live Harp Performance</div> <div>CR 1:00 Bridge Club</div> <div>TH 2:00 Bingo with Evan</div> <div>TH 3:15 Trivia with Evan</div>	<div>4</div> <div>TH 9:30 Move & Groove Exercise I</div> <div>TH 10:00 Move & Groove Exercise II</div> <div>2P 10:40 Relaxing Art Hour with Colored Pencils</div> <div>GR 10:40 Walking Club with AJ</div> <div>CR 2:00 Penny Game</div> <div>CR 3:00 Jeopardy</div>	<div>5</div> <div>TH 9:30 Total Body Toning Exercise I</div> <div>TH 10:00 Total Body Toning Exercise II</div> <div>MT 11:00 LLU Series: Positive Psychology</div> <div>MP 1:30 Keri's Marketplace</div> <div>JP 2:00 Corn Hole</div> <div>TH 3:00 "Astrobiology" Lecture</div>	<div>6</div> <div>TH 9:30 Wake & Shake Exercise I</div> <div>TH 10:00 Wake & Shake Exercise II</div> <div>CR 10:40 Liar's Dice</div> <div>10:40 Water Aerobics</div> <div>MT 1:00 In-House Movie Matinee: "The Materialists"</div> <div>TH 2:00 Bible Study</div> <div>TH 3:15 Karaoke with AJ</div>	<div>7</div> <div>TH 9:30 Tai Chi Exercise I</div> <div>TH 10:00 Tai Chi Exercise II</div> <div>10:40 Free Swim & Tech Support</div> <div>TH 1:00 Witty Knitters</div> <div>JK 2:00 Happy Hour with "Double Take" Duo</div> <div>MP 3:15 Billiards & Wine</div>	<div>8</div> <div>TH 9:30 Flex & Stretch Exercise I</div> <div>TH 10:00 Flex & Stretch Exercise II</div> <div>GR 10:00 Local Errands</div> <div>CR 1:00 Bridge Club</div> <div>TH 1:30 Balance Class with AJ</div> <div>TH 2:30 Password</div> <div>TH 4:30 Shabbat Service</div>	<div>9</div> <div>TH 9:00 "Dance It Out" with Michele</div> <div>TH 10:00 Exercise with Jason</div> <div>CR 10:00 Mahjong</div> <div>TH 2:00 Bingo with Marni</div> <div>TH 3:00 Trivia</div> <div>MT 6:30 Saturday Night Movie</div>
<div>10</div> <div>TH 9:15 Protestant Church Service</div> <div>TH 10:30 Catholic Church Service with Communion</div> <div>CR 1:00 Bridge Club</div> <div>TH 2:00 Bingo with Marni</div> <div>TH 3:15 Blackjack with Javier</div> <div>MT 6:30 Sunday Night Movie</div>	<div>11</div> <div>TH 9:30 Move & Groove Exercise I</div> <div>TH 10:00 Move & Groove Exercise II</div> <div>2P 10:40 Relaxing Art Hour with Colored Pencils</div> <div>GR 10:40 Walking Club with AJ</div> <div>CR 2:00 Penny Game</div> <div>TH 3:00 Resident Meeting</div>	<div>12</div> <div>TH 9:30 Total Body Toning Exercise I</div> <div>TH 10:00 Total Body Toning Exercise II</div> <div>MT 11:00 LifeLong University Series: The Wisdom of Ants</div> <div>JK 1:30 Chef Chat</div> <div>JP 2:00 Corn Hole</div> <div>TH 3:15 History Matters</div>	<div>13</div> <div>TH 9:30 Wake & Shake Exercise I</div> <div>TH 10:00 Wake & Shake Exercise II</div> <div>GR 10:15 Lunch at "Joe's Crab Shack" off San Diego Bay</div> <div>CR 10:40 Liar's Dice</div> <div>10:40 Water Aerobics</div> <div>TH 2:00 Bible Study</div> <div>TH 3:15 Karaoke with AJ</div>	<div>14</div> <div>TH 9:30 Tai Chi Exercise I</div> <div>TH 10:00 Tai Chi Exercise II</div> <div>10:40 Free Swim & Tech Support with Javier</div> <div>JK 2:00 Happy Hour with the "Blue Zone Band"</div> <div>MP 3:15 Billiards & Wine</div>	<div>15</div> <div>TH 9:30 Flex & Stretch Exercise I</div> <div>TH 10:00 Flex & Stretch Exercise II</div> <div>GR 10:00 IL/AL Scenic Drive</div> <div>CR 1:00 Bridge Club</div> <div>TH 1:30 Balance Class with AJ</div> <div>TH 2:30 Password</div> <div>TH 4:30 Shabbat Service</div>	<div>16</div> <div>TH 9:00 "Fitness Opera" with David</div> <div>TH 10:00 Exercise with Jason</div> <div>CR 10:00 Mahjong</div> <div>TH 2:00 Bingo with Marni</div> <div>TH 3:00 Trivia</div> <div>MT 6:30 Saturday Night Movie</div>

Activities are Subject to Change

AUGUST 2025



Sunday		Monday		Tuesday		Wednesday		Thursday		Friday		Saturday	
17		18		19		20		21		22		23	
TH	9:00 Live Worship	TH	9:30 Move & Groove Exercise I	TH	9:30 Total Body Toning Exercise I	TH	9:30 Wake & Shake Exercise I	TH	9:30 Tai Chi Exercise I	TH	9:30 Flex & Stretch Exercise I	TH	9:00 "Dance It Out" with Michele
MT	10:00 Protestant Church Service	TH	10:00 Move & Groove Exercise II	TH	10:00 Total Body Toning Exercise II	TH	10:00 Wake & Shake Exercise II	TH	10:00 Tai Chi Exercise II	TH	10:00 Flex & Stretch Exercise II	TH	10:00 Exercise with Jason
TH	10:30 Catholic Church Service with Communion	2P	10:40 Relaxing Art Hour with Colored Pencils	MT	11:00 LLU Series: Making A Broadway Musical	CR	10:40 Liar's Dice	GR	10:15 "New Americans" Museum	TH	10:00 Local Errands	CR	10:00 Mahjong
CR	1:00 Bridge Club	GR	10:40 Walking Club with AJ	MP	1:30 Keri's Marketplace	B	10:40 Tech Support with Javier	TH	1:00 Witty Knitters	GR	1:00 Bridge Club	TH	2:00 Bingo with Special Guest
TH	2:00 Bingo with Marni	CR	2:00 Penny Game	JP	2:00 Corn Hole	10:40 Water Aerobics		JP	2:00 End of Summer Luau	TH	1:30 Balance Class with AJ	TH	3:00 Trivia with Special Guest
TH	3:15 Blackjack with Javier	CR	3:00 Jeopardy	TH	3:15 "End of Life Choices"	2:00 Happy Hour with "Michele Lundeen"		MP	3:15 Billiards & Wine with Javier	TH	2:30 Password	TH	6:30 Saturday Night Movie
						3:15 Karaoke with AJ							
24		25		26		27		28		29		30	
TH	9:15 Protestant Church Service	TH	9:30 Move & Groove Exercise I	TH	9:30 Total Body Toning Exercise I	2P	9:30 Wake & Shake Exercise I	2P	9:30 Tai Chi Exercise I	TH	9:30 Flex & Stretch Exercise I	TH	9:00 "Fitness Opera" with David
TH	10:30 Catholic Church Service with Communion	TH	10:00 Move & Groove Exercise II	TH	10:00 Total Body Toning Exercise II	2P	10:00 Wake & Shake Exercise II	2P	10:00 Tai Chi Exercise II	TH	10:00 Flex & Stretch Exercise II	TH	10:00 Exercise with Jason
CR	1:00 Bridge Club	2P	10:40 Relaxing Art Hour	MT	11:00 LLU Series: Medieval Art History	CR	10:40 Liar's Dice	B	10:40 Free Swim & Tech Support	GR	10:00 IL/AL Scenic Drive	CR	10:00 Mahjong
TH	2:00 Bingo with Special Guest	GR	10:40 Walking Club with AJ	JK	12:00 Birthday Luncheon	10:40 Water Aerobics		JK	10:40 Welcome Social	CR	1:00 Bridge Club	TH	2:00 Bingo with Marni
TH	3:15 Blackjack with Javier	TH	1:00 Jewelry Design	TH	2:00 "Build-Your-Own Trail Mix	GR	1:00 Trip to "An's Dry Cleaning" - Voted #1 Gelato in the US	MP	2:00 Happy Hour with the "Doctor's Note" Trio	TH	1:30 Balance Class with AJ	TH	3:00 Trivia
MT	6:30 Sunday Night Movie	CR	2:00 Penny Game	TH	3:15 Texas Hold'em with Javier	2:00 Protestant Communion			3:15 Billiards & Wine with Javier	TH	2:30 Password	MT	6:30 Saturday Night Movie
		CR	3:00 Jeopardy			3:15 Karaoke with AJ				TH	4:30 Shabbat Service		
31													
TH	9:15 Protestant Church Service												
TH	10:30 Catholic Church Service with Communion												
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