

AUGUST 2025



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div>AS - Art Studio - 1st floor</div> <div>B - Bistro - 1st floor</div> <div>C - Courtyard - 1st floor</div> <div>FC - Fitness Center - 4th floor</div> <div>GR - Great Room - 1st floor</div> <div>JK - Josephine's Kitchen - 1st floor</div> <div>SR - Screening Room - 3rd floor</div> <div>SL - Social Lounge - 3rd floor</div>	<div>T - Terrace - 4th floor</div> <div>TH - Town Hall - 1st floor</div>					
<div>3</div> <div>GR 9:00 *Church Drop Off</div> <div>TH 10:30 Chair Yoga Class</div> <div>SR 1:00 Movie: Sunday Best (2025)</div> <div>TH 2:00 Resident-Led Bingo</div> <div>SR 3:00 Parlor Game: Dominoes (Mexican Train)</div>	<div>4</div> <div>TH 9:30 Strengthening Class</div> <div>B 10:30 Cranium Crunches</div> <div>B 10:30 Yarn Circle</div> <div>SR 1:00 Movie: Don Pasquale (2010)</div> <div>TH 1:30 Belmont Angels</div> <div>FC 2:00 Cur Fitness Class</div>	<div>5</div> <div>TH 9:30 Flexibility Class</div> <div>TH 10:30 Chair Yoga Class</div> <div>GR 10:30 Hana and Masa Piano performance</div> <div>TH 11:00 Lifelong University Lunch & Learn</div> <div>SR 1:00 Movie: Take Louis</div>	<div>6</div> <div>TH 9:30 Cardio Class</div> <div>C 10:30 Ping Pong</div> <div>SL 10:30 Visits w/ Pastor Vincent</div> <div>SR 1:00 Movie: Sid & Judy (2019)</div> <div>B 1:00 Therapy Dog Visits</div> <div>FC 1:15 Day Trip Special Outing</div>	<div>7</div> <div>TH 9:30 Balance Class</div> <div>T 10:30 Garden Club Meeting</div> <div>SR 1:00 Movie: Redwood Highway (2013)</div> <div>FC 2:00 Aerobic & Balance Class</div> <div>JK 2:00 Wine & Cheese Happy Hour / GOLF</div>	<div>1</div> <div>TH 9:30 Tai Chi/Yoga Class</div> <div>B 10:30 Marketplace Shop</div> <div>SR 1:00 Movie: National Geographic – Ocean Explorers (2024)</div> <div>GR 1:30 *Outing: Auzzy the Bear Cafe</div>	<div>2</div> <div>GR 9:30 *Grocery Drop-Off: Trader Joe's</div> <div>TH 10:30 Chair Yoga Class</div> <div>SR 1:00 Movie: Star Wars Episode IV: A New Hope (1977)</div> <div>FC 2:00 Movie: The Health</div>
<div>10</div> <div>GR 9:00 *Church Drop Off</div> <div>TH 10:30 Chair Yoga Class</div> <div>SR 1:00 Movie: The Great Waldo Pepper (1975)</div> <div>TH 2:00 Resident-Led Bingo</div> <div>SR 3:00 Parlor Game: Dominoes (Mexican Train)</div>	<div>11</div> <div>TH 9:30 Strengthening Class</div> <div>B 10:30 Cranium Crunches</div> <div>B 10:30 Yarn Circle</div> <div>TH 10:30 Pop-Up Library</div> <div>SR 1:00 Movie: Met Opera Presents – Die Fledermaus (1996)</div> <div>FC 2:00 Cur Fitness Class</div>	<div>12</div> <div>TH 9:30 Flexibility Class</div> <div>TH 10:30 Chair Yoga Class</div> <div>TH 11:00 Lifelong University Lunch & Learn</div> <div>SR 1:00 Movie: The Lady Bird Diaries (2023)</div> <div>TH 1:30 Seated Line Dancing</div>	<div>13</div> <div>TH 9:30 Cardio Class</div> <div>C 10:30 Ping Pong</div> <div>SR 1:00 Movie: Thelma (2024)</div> <div>TH 2:00 Resident Council Meeting</div> <div>AS 3:00 Art with Storm - Carpenters</div>	<div>14</div> <div>TH 9:30 Balance Class</div> <div>SR 1:00 Movie: America's National Parks at 100 (2016)</div> <div>AS 1:30 Nature Watercolor Painting w/ Cassie</div> <div>FC 2:00 Aerobic & Balance</div>	<div>15</div> <div>TH 9:30 Tai Chi/Yoga Class</div> <div>GR 10:30 *Outing: Wisteria Café and Allied Arts Guild</div> <div>B 10:30 Marketplace Shop</div> <div>TH 10:30 Wellness Lecture</div> <div>SR 1:00 Movie: And Then There Were None - UK</div>	<div>16</div> <div>GR 9:30 *Grocery Drop Off: Safeway</div> <div>TH 10:30 Chair Yoga Class</div> <div>SR 1:00 Movie: Star Wars Episode VI - Return of the Jedi (1983)</div> <div>FC 2:00 Parlor Game: Dominoes</div>
<div>17</div> <div>GR 9:00 *Church Drop Off</div> <div>TH 10:30 Chair Yoga Class</div> <div>SR 1:00 Movie: Audrey (2020)</div> <div>TH 2:00 Resident-Led Bingo</div> <div>SR 3:00 Parlor Game: Dominoes / Mexican Train</div> <div>FC 2:00 Cur Fitness Class</div>	<div>18</div> <div>TH 9:30 Strengthening Class</div> <div>B 10:30 Cranium Crunches</div> <div>B 10:30 Yarn Circle</div> <div>SR 1:00 Movie: Met Opera Presents – L'Italiana in Algeri (1986)</div> <div>FC 2:00 Cur Fitness Class</div>	<div>19</div> <div>TH 9:30 Flexibility Class</div> <div>TH 10:30 Chair Yoga Class</div> <div>TH 11:00 Lifelong University Lunch & Learn</div> <div>SR 1:00 Movie: The Mirror Crack'd (1980)</div> <div>TH 1:30 Seated Line Dancing</div>	<div>20</div> <div>TH 9:30 Cardio Class</div> <div>C 10:30 Ping Pong</div> <div>SL 10:30 Visits w/ Pastor Vincent</div> <div>SR 1:00 Movie: A Fortunate Man (2018)</div> <div>TH 1:30 Belmont Angels</div> <div>JK 2:00 Wine & Cheese Happy Hour / GOLF</div>	<div>21</div> <div>TH 9:30 Balance Class</div> <div>SR 1:00 Movie: Schindler's List (1993)</div> <div>FC 2:00 Aerobic & Balance Class</div> <div>JK 3:00 Wine & Cheese Happy Hour / GOLF</div>	<div>22</div> <div>TH 9:30 Tai Chi/Yoga Class</div> <div>B 10:30 Marketplace Shop</div> <div>GR 1:00 *Outing: Old Mission San Jose</div> <div>SR 1:00 Movie: Let The Canary Sing (2024)</div> <div>FC 2:00 Fitness Orientation</div>	<div>23</div> <div>GR 9:30 *Grocery Drop Off: Whole Foods</div> <div>TH 10:30 Chair Yoga Class</div> <div>SR 1:00 Movie: Beauty and the Beast – a 30th Celebration (2022)</div> <div>FC 2:00 Parlor Game: Dominoes</div>
<div>24</div> <div>GR 9:00 *Church Drop Off</div> <div>TH 10:30 Chair Yoga Class</div> <div>SR 1:00 Movie: Eat Pray Love (2010)</div> <div>TH 2:00 Resident-Led Bingo</div> <div>SR 3:00 Parlor Game: Dominoes (Mexican Train)</div>	<div>25</div> <div>TH 9:30 Strengthening Class</div> <div>B 10:30 Cranium Crunches</div> <div>B 10:30 Yarn Circle</div> <div>SR 1:00 Movie: Met Opera Presents – Falstaff (2023)</div> <div>TH 1:30 Ancient Egypt</div>	<div>26</div> <div>TH 9:30 Flexibility Class</div> <div>TH 10:30 Chair Yoga Class</div> <div>TH 11:00 Lifelong University Lunch & Learn</div> <div>SR 1:00 Movie: June (2024)</div> <div>TH 1:30 Seated Line Dancing</div> <div>FC 2:00 Cur Fitness Class</div>	<div>27</div> <div>TH 9:30 Cardio Class</div> <div>C 10:30 Ping Pong</div> <div>SR 1:00 Popcorn Movie: A Real Pain (2024)</div> <div>AS 1:30 Art with Storm - Woodworking</div> <div>FC 2:00 Movie: Beyond Mexico</div>	<div>28</div> <div>TH 9:30 Balance Class</div> <div>SR 1:00 Movie: Becoming Bond (2017)</div> <div>TH 2:00 Belmont Book Club Celebration</div> <div>FC 2:00 Aerobic & Balance Class</div> <div>JK 2:00 Wine & Cheese Happy Hour / GOLF</div>	<div>29</div> <div>TH 9:30 Tai Chi/Yoga Class</div> <div>B 10:30 Marketplace Shop</div> <div>JK 12:00 Monthly Birthdays Celebration</div> <div>SR 1:00 Movie: The First Wives Club (1996)</div> <div>FC 1:30 *Outing: Thrift Day Shop</div>	<div>30</div> <div>GR 9:30 *Grocery Drop-Off: Nob Hill Foods</div> <div>TH 10:30 Chair Yoga Class</div> <div>SR 1:00 Movie: Billy & Molly – An Otter Love Story (2024)</div> <div>FC 2:00 Parlor Game: Dominoes</div>
<div>31</div> <div>GR 9:00 *Church Drop Off</div> <div>TH 10:30 Chair Yoga Class</div> <div>SR 1:00 Movie: Dick Van Dyke – 98 Years of Magic (2023)</div> <div>TH 2:00 Resident-Led Bingo</div> <div>FC 2:00 Parlor Game: Dominoes</div>						

Scheduled activities and events subject to change with or without advance notice.