

APRIL 2024



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 April Fools' Day TH 9:15 Beginning Boot Camp & Advanced Bootcamp at 10:15 AM CR 11:00 Mental Fitness Activity Packets SR 11:00 NOVA Series SR 1:30 Cockeyed Optimists, The Rodgers & Hammerstein Story CR 1:30 Glass Art with Ana & Ceramics at 2:45pm TH 2:30 Exercise with Melissa SR 2:30 Kahoot! Trivia SR 3:30 At The Movies (&7:15)	2 TH 9:15 Beginning Bootcamp & Advanced Bootcamp at 10:15 AM GR 10:30 Morning Recital, Featuring Piano & Vocal Stylings of Jamie Shaheen; Pianist for the Walt Disney Company SR 11:00 The Gilded Age (S.1 E.6) Heads Have Rolled For Less. 56m SR 1:00 Adventures with Doug: Tillamook Head TH 1:30 Beading with Lynn	3 TH 9:15 Beginning Boot Camp & Advanced Bootcamp at 10:15 AM CR 10:30 Texas Hold 'Em Poker with Siam SR 11:00 The Crown: (S.5 E.5) Ipatiev House LB 11:30 It's Only Lunch Outing: 208 Rodeo TH 1:30 Brain Games with Cydney Kaplan GR 2:15 Which Stitch? Knitting, Sewing, Crochet & Needlework	4 TH 9:15 Beginning Bootcamp & Advanced Bootcamp at 10:15 AM CR 10:30 Floral Design with Floresta Debbie (10:30 AM & 11:15 AM) SR 1:00 Last Exit: Space-Exploration Documentary: Embark on a mind-bending journey as Rudolph and Werner Herzog explore the future of colonizing space.(1h21m)	5 TH 9:15 Beginning Boot Camp & Advanced Bootcamp at 10:15 AM CR 11:00 Think Tank: Current Events Discussion SR 1:00 Short Takes Acting Troupe with Chris Miller CR 2:00 Belmont 101 SR 3:00 Shabbat Services with Cantor Marc SR 4:00 At the Movies (& 7:15) Under the Tuscan Sky - a 35-year-old San Francisco writer, gets a	6 TH 10:00 Morning Exercise SR 11:00 Saturday Symphony CR 1:00 Creative Writing with Loren SR 1:30 Cinema Rouge Film Series (& 7:15) CR 1:30 Rummikub Hour! LB 1:30 Shopping at Trader Joe's & CVS GR 2:30 Technology Assistance GR 3:30 Spring Groove - Music, Yoga, Meditation SR 4:00 Documentary
7 LB 9:00 Shopping at Ralphs & Target TH 10:00 Stretch and Tone SR 11:00 Bernstein Lecture GR 11:00 Watercolor with S.P.- French Fauvist "Wild Beasts" Raoul Dufy SR 1:00 Opera CR 2:00 Scrabble Hour GR 3:30 Singing Choir SR 4:00 At the Movies(&7:15)	8 TH 9:15 Beginning Boot Camp & Advanced Bootcamp at 10:15 AM CR 11:00 Mental Fitness Activity Packets SR 11:00 NOVA Series SR 1:30 Cockeyed Optimists, The Rodgers & Hammerstein Story TH 2:30 Exercise with Melissa SR 2:30 Kahoot! Trivia TH 3:00 Health Rhythms Group Drumming SR 3:30 At The Movies (&7:15)	9 Eid al-Fitr TH 9:15 Beginning Bootcamp & Advanced Bootcamp at 10:15 AM CL 9:30 Hearing Aid Clinic w/Sharp CR 11:00 What Would You Do? CR 11:30 Mens Club Lunchion TH 1:30 Beading with Lynn (1:30, 2:30,3:30) SR 1:30 Resident Council Meeting CR 2:45 Writing with Lee SR 3:30 At the Movies(&7:15)	10 TH 9:15 Beginning Boot Camp & Advanced Bootcamp at 10:15 AM SR 11:00 The Crown: (S.5 E.5) Ipatiev House LB 11:30 It's Only Lunch Outing: 208 Rodeo TH 1:30 Brain Games with Cydney Kaplan GR 2:15 Which Stitch? Knitting SR 2:30 UCLA Senior Scholars- Women & Power in the Ancient World SR 3:30 The Films of Gene	11 TH 9:15 Beginning Bootcamp & Advanced Bootcamp at 10:15 AM 1:30 Matzo Factory: Learn the History, Make your own Passover Matzo SR 2:00 Armchair Astronomy Live Zoom Session with Ken: Total Solar Eclipse TH 2:30 Exercise with Melissa! CR 2:30 Art with Roz SR 3:30 At the Movies (& 7:15) GR 3:30 Happy Hour Entertainment with	12 TH 9:15 Beginning Boot Camp & Advanced Bootcamp at 10:15 AM CR 11:00 Think Tank: Current Events Discussion SR 1:00 Short Takes Acting Troupe with Chris Miller TH 1:30 Bingo for Bucks CR 2:00 Belmont 101 SR 3:00 Shabbat Services with Cantor Marc SR 4:00 At the Movies (& 7:15)	13 TH 10:00 Morning Exercise SR 11:00 Saturday Symphony SR 1:30 Cinema Rouge Film Series (& 7:15) CR 1:30 Rummikub Hour! LB 1:30 Shopping at Trader Joe's & CVS GR 2:30 Technology Assistance with Max GR 3:30 Spring Groove - Music, Yoga, Meditation SR 4:00 Documentary
14 LB 9:00 Shopping at Ralphs & Target TH 10:00 Stretch and Tone SR 11:00 Bernstein Lecture SR 1:00 Opera CR 2:00 Is That a Fact with Pam? GR 3:30 Happy Hour Music SR 4:00 At the Movies(&7:15)	15 Tax Day TH 9:15 Beginning Boot Camp & Advanced Bootcamp at 10:15 AM CR 11:00 Mental Fitness Activity Packets SR 11:00 NOVA Series SR 1:30 Cockeyed Optimists, The Rodgers & Hammerstein Story CR 1:30 Glass Art with Ana & Ceramics at 2:45pm TH 2:30 Exercise with Melissa SR 2:30 Kahoot! Trivia SR 3:30 At The Movies (&7:15)	16 Passports not Required; Greece TH 9:15 Beginning Bootcamp & Advanced Bootcamp at 10:15 AM CR 11:00 What Would You Do? SR 1:00 Adventures with Doug CL 3:00 Book Club Meeting SR 3:30 At the Movies(&7:15) GR 7:00 Belmont After Hours	17 TH 9:15 Beginning Boot Camp & Advanced Bootcamp at 10:15 AM CR 10:30 Texas Hold 'Em Poker SR 11:00 The Crown: (S.5 E.5) Ipatiev House SR 11:00 Watercolor with S.P.- French Fauvist "Wild Beasts" Raoul Dufy LB 11:30 It's Only Lunch Outing: 208 Rodeo TH 1:30 Brain Games with Cydney Kaplan GR 2:15 Which Stitch? Knitting	18 TH 9:15 Beginning Bootcamp & Advanced Bootcamp at 10:15 AM CR 10:30 Floral Design with Floresta Debbie (10:30 AM & 11:15 AM) CR 1:30 Improv with Daniella TH 2:30 Exercise with Melissa! SR 2:30 Hollywood History w/ Karie Bible SR 3:30 At the Movies (& 7:15) GR 3:30 Happy Hour Entertainment with Sonny	19 TH 9:15 Beginning Boot Camp & Advanced Bootcamp at 10:15 AM CR 11:00 Think Tank: Current Events Discussion SR 1:00 Short Takes Acting Troupe with Chris Miller TH 1:30 Bingo for Bucks CR 2:00 Belmont 101 SR 3:00 Shabbat Services with Cantor Marc SR 4:00 At the Movies (& 7:15)	20 TH 10:00 Morning Exercise SR 11:00 Saturday Symphony CR 1:00 Creative Writing with Loren SR 1:30 Cinema Rouge Film Series (& 7:15) CR 1:30 Rummikub Hour! LB 1:30 Shopping at Trader Joe's & CVS TH 2:00 Silk Scarf Painting GR 2:30 Technology Assistance with Max GR 3:30 Spring Groove - Music, Yoga, Meditation

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Sunday			Monday			Tuesday			Wednesday			Thursday			Friday			Saturday		
21			22	Passover Begins		23			24			25			26			27		
LB	9:00	Shopping at Ralphps & Target	TH	9:15	Beginning Boot Camp & Advanced Bootcamp at 10:15 AM	TH	9:15	Beginning Bootcamp & Advanced Bootcamp at 10:15 AM	TH	9:15	Beginning Boot Camp & Advanced Bootcamp at 10:15 AM	TH	9:15	Beginning Bootcamp & Advanced Bootcamp at 10:15 AM	TH	9:15	Beginning Boot Camp & Advanced Bootcamp at 10:15 AM	TH	10:00	Morning Exercise
TH	10:00	Stretch and Tone																SR	11:00	Saturday Symphony
SR	11:00	Bernstein Lecture	CR	11:00	Mental Fitness Activity Packets	CR	11:00	What Would You Do?	SR	11:00	The Crown: (S.5 E.5)	LB	12:30	Outing to the Ahmanson: Funny Girl	CR	11:00	Think Tank: Current Events Discussion	SR	1:30	Cinema Rouge Film Series (& 7:15)
GR	11:00	Watercolor with S.P.				GR	1:30	Pianist Shelly Berg	LB	11:30	It's Only Lunch Outing: 208 Rodeo							CR	1:30	Rummikub Hour!
SR	1:00	Opera	SR	11:00	NOVA Series	SR	2:00	Nature Documentary				CR	1:30	Is That A Fact with Pam?	SR	1:00	Short Takes Acting Troupe with Chris Miller	LB	1:30	Shopping at Trader Joe's & CVS
CR	2:00	Scrabble Hour	PP	1:30	Earth Day Fair (1:30-2:30)	CR	2:30	Writing with Lee	SR	1:30	The Three Tenors				TH	1:30	Bingo for Bucks			
GR	3:30	Happy Hour Music	TH	2:30	Exercise with Melissa	SR	3:30	At the Movies(&7:15)	GR	2:15	Which Stitch? Knitting	CR	2:30	Art with Roz	CR	2:00	Belmont 101	GR	2:30	Technology Assistance
SR	4:00	At the Movies(&7:15)	GR	3:30	Passover Services & Seder with Cantor Marc				SR	2:30	UCLA Senior Scholars- Women & Power in the Ancient World	SR	3:30	Happy Hour Entertainment with Sonny	SR	3:00	Shabbat Services with Cantor Marc	GR	3:30	Spring Groove - Music, Yoga, Meditation
			SR	4:00	At the Movies(&7:15)										SR	4:00	At the Movies (& 7:15)	SR	4:00	Documentary
28			29			30														
LB	9:00	Shopping at Ralphps & Target	TH	9:15	Beginning Boot Camp & Advanced Bootcamp at 10:15 AM	TH	9:15	Beginning Bootcamp & Advanced Bootcamp at 10:15 AM												
TH	10:00	Stretch and Tone																		
SR	11:00	Bernstein Lecture	CR	11:00	Mental Fitness Activity Packets	CR	11:00	What Would You Do?												
SR	1:00	Opera				CR	1:30	Aphorisms with Pam!												
CR	2:00	Scrabble Hour	SR	11:00	NOVA Series	SR	2:00	Nature Documentary												
GR	3:30	Happy Hour Music	SR	1:30	Cockeyed Optimists, The Rodgers & Hammerstein Story	CR	2:30	Writing with Lee												
SR	4:00	At the Movies(&7:15)	TH	1:30	Glass Art with Ana & Ceramics at 2:45 PM	SR	3:30	At the Movies(&7:15)												
			TH	2:30	Exercise with Melissa															
			SR	2:30	Kahoot! Trivia															
			SR	3:30	At The Movies (&7:15)															