

ASSISTED LIVING | MEMORY CARE

## APRIL 2024



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
B - Bistro 1st Floor CL - Center for Learning 2nd Floor GR - Great Room 1st Floor JK - Josephine's Kitchen 1st Floor TH - Town Hall 2nd Floor	1 April Fools' Day  Cl 9:30 Meditation and Breathing with Jyoti Cl 10:00 Low Impact Cardio Th 10:30 Movie Monday: With Six You Get Eggroll- Starring Doris Day, Brian Keith, Pat Carroll Cl 1:00 Card Game: Bridge Th 1:45 Welcome to April Day- IQ and Famous Birthdays B 3:00 Happy Hour GR 5:00 Rebus puzzles	9:45 First Evangelical - Non- Denomination Devotional 10:15 Total Cardio Fitness with Weights 10:45 This Day in History 12:00 More April Trivia 13:00 Bingo SR 5:00 Think Tank Puzzle	9:30 Meditation and Breathing with Jyoti 10:00 Total Cardio Fitness with Weights 10:35 Wiser Now Wednesday- Quirky Facts & Observations 1:00 Podiatrist- Dr. Shainberg (Salon) 1:45 Marketplace K 3:00 Wine & Cheese- Driving Sideways S:00 Word Puzzle	10:15 Upper and Lower Body Workout with	9:30 Meditation and Breathing with Jyoti 10:00 Boxing Cardio with Weights R10:30 Music with Miriam (Piano & Singing) IK 1:00 Planting Spring Flowers B 3:00 Happy Hour R 5:00 Think Tank Puzzle	10:00 Full Body Workout with Weights 10:30 This Day in History 1:00 Card Game: Bridge 1:30 Mexican Train Dominos 11 3:00 Bingo GR 5:00 Find The Differences Puzzle
10:00 Full Body Workout with Weights 10:30 This Day in History 11 2:00 Church Devotional with Rev. Norris from Greater Harvest Church 11 3:00 Bingo 11 5:00 Brain Boosting Puzzle	10:00 Low Impact Cardio 11:10:30 Movie Monday: Catch Me If You Can 11:30 Total Solar Eclipse 2024 11:30 Happy Hour 11:30 Solar Eclipse Crossword 12:30 College Basketball Championship Game	9 Eid al-Fitr  II 9:45 First Evangelical Non-Denominational Devotion  Cl 10:15 Total Cardio Fitness with Weights-Resident Led  GR 1:45 Bean Bag Toss Tournament  II 3:00 Bingo  GR 5:00 Think Tank Puzzle	9:30 Meditation and Breathing with Jyoti 10:00 Total Cardio Fitness with Weights 10:30 This Day in History R 1:30 Arthritis Walk- Front Parking Lot- *weather permitting*	9:45 First Evan. (Non-Denominational Devotional)  10:15 Upper and Lower Body Workout with Weights 1:30 Catholic Communion 1:45 Marketplace 11 3:00 Bingo GR 5:00 Brain Building Puzzle	12  1 9:30 Meditation and Breathing with Jyoti 10:00 Boxing Cardio with Weights  10:30 Music with Miriam (Piano & Singing)  1:00 Card Game: Bridge 11:30 Bingo 3:00 Happy Hour  R 5:00 Think Tank Puzzle	13 CI 10:00 Full Body Workout with Weights CI 1:00 Card Game: Bridge TH 3:00 Bingo GR 5:00 Find The Differences Puzzle
110:00 Full Body Workout with Weights 113:00 Bingo 15:00 Brain Boosting Puzzle	9:00 Resident Spa Day- First Session (Salon) Cl 9:30 Meditation and Breathing with Jyoti TH 10:30 Movie Monday: Saturday Night Fever 1:00 Resident Spa Day- 2nd Session (Salon) B 3:00 Happy Hour GR 5:00 Rebus puzzles	16  11 9:45 First Evangelical Non- Denominational Devotion  110:15 Total Cardio Fitness with Weights  110:45 This Day in History 11 1:30 Armchair Travel To Paris, France 11 3:00 Bingo GR 5:00 Think Tank Puzzle	9:30 Meditation and Breathing with Jyoti 10:00 Total Cardio Fitness with Weights 10:35 Wiser Now Wednesday- Quirky Facts & Observations 1:00 Bridge Club 1:45 Marketplace IK 3:00 Wine & Cheese- Memphis Side show  GR 5:00 Word Puzzle	18  11 9:45 First Evan. (Non-Denominational Devotional)  10:15 Upper and Lower Body Workout with Weights 1:30 Catholic Communion  11 2:00 Employee Awards Ceremony  11 3:15 Bingo  GR 5:00 Brain Building Puzzle	19 1 9:30 Meditation and Breathing with Jyoti 10:00 Boxing Cardio with Weights 10:30 Music with Miriam (Piano & Singing) 1:00 Card Game: Bridge 11:30 Bingo 11:30 Bingo 12:30 Happy Hour 13:30 Think Tank Puzzle	1:00 Full Body Workout with Weights 1:00 Card Game: Bridge 3:00 Bingo 5:00 Find The Differences Puzzle



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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
10:00 Full Body Workout with Weights 11 2:00 Church Devotional with Rev. Norris from Greater Harvest Church 11 3:00 Bingo 11 5:00 Brain Boosting Puzzle	Passover Begins  9:30 Meditation and Breathing with Jyoti 10:00 Low Impact Cardio IH 10:30 Movie Monday: What Women Want 1:00 Card Game: Bridge IH 2:00 Dan the History Man B 3:00 Happy Hour GR 5:00 Rebus puzzles	9:45 First Evangelical Non- Denominational Devotion 10:00 Total Cardio Fitness with Weights 1:45 Marketplace *Day Change* 11:45 Migo GR 5:00 Think Tank Puzzle	24 Cl 9:30 Meditation and Breathing with Jyoti Cl 10:00 Total Cardio Fitness with Weights Cl 10:35 Wiser Now Wednesday- Quirky Facts & Observations Th 1:00 Bridge Club Th 1:30 April in Paris Canvas Painting with Deb Kornrumph IK 3:00 Wine & Cheese-	CI 10:15 Upper and Lower Body Workout with	9:30 Meditation and Breathing with Jyoti 10:00 Boxing Cardio with Weights GR 10:30 Music with Miriam (Piano & Singing) IK 11:15 April Birthday Luncheon IH 1:30 Bingo GR 3:00 Crooners of the 40's, 50's, and 60's with Dan Rojcewicz GR 5:00 Think Tank Puzzle	1:00 Full Body Workout with Weights 1:00 Card Game: Bridge 1:30 Card Game: UNO 11 3:00 Bingo GR 5:00 Find The Differences Puzzle
10:00 Full Body Workout with Weights 10:30 This Day in History 11 1:15 Bingo 12:30 Church Hymns with Miriam and Friends 15:00 Brain Boosting Puzzle	9:30 Meditation and Breathing with Jyoti 10:00 Low Impact Cardio IH 10:30 Movie Monday: A Beautiful Day in the Neighborhood 1:00 Card Game: Bridge IH 1:45 Quiz Game: Jeopardy B 3:00 Happy Hour GR 5:00 Rebus puzzles	9:45 First Evangelical Non- Denominational Devotion 10:00 Total Cardio Fitness with Weights 3:00 Bingo 5:00 Think Tank Puzzle				Birthdays 4/3 - Eleanor M. 4/4 - Rich M. 4/10 - Qula K. 4/12 - Patricia S. 4/19 - Evelyn S. 4/23 - Linda M. 4/28 - Barbara S. 4/30 - Josephine L.