

ASSISTED LIVING | MEMORY CARE

## **APRIL 2024**

**Belmont Village Los Gatos** 

**AL & Independent Programs** 



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
JK - Josephine's Kitchen - 1st floor SR - Screening Room - 3rd floor SL - Social Lounge - 3rd floor	1 April Fools' Day  9:30 Strengthening Class 10:30 Cranium Crunches & Coffee  SR 1:00 Movie: Matilda (2022) 1:30 Relaxation Station FC 2:00 Gym Fitness Class 7:00 Movie: Matilda (2022)	9:30 Flexibility Class 10:30 Ted Talk/Group Discussion SR 1:00 Movie: The Sandlot (1993) TH 2:00 Chef Chat SI 3:00 Trivia Time SR 7:00 Movie: The Sandlot	9:30 Cardio Class B 10:30 Yarn Circle TH 10:30 Church Service w/ Pastor SR 1:00 Movie: Temple Grandin (2010) TH 1:30 Chair Yoga Class AS 3:00 Art with Storm	9:30 Balance Class 10:30 Armchair Travel 1:00 Movie: King Richard (2021)  Class  Solution 3:00 Wine & Cheese Happy Hour	9:30 Tai Chi/Yoga Class 10:30 Marketplace Shop 1:00 Movie: Shirley (2024) 1:30 *Group Outing: Montalvo Arts Center Garden 1:00 Fitness Orientation 7:00 Bridge Club	GR 9:30 *Grocery Drop Off: Trader Joe's TH 10:30 Chair Yoga Class SR 1:00 Movie: Darkest Hour (2017) SI 3:30 Parlor Games-Puzzles GR 6:30 Card Games SR 7:00 Movie: Darkest Hour
2:00 Bingo 3:00 Parlor Game: Dominoes / Mexican Train GR 6:30 Game Night: UNO Card	9:30 Strengthening Class 10:30 Cranium Crunches & Coffee 10:30 Pop-Up Library 1:00 Movie: Skyfall (2012) 1:30 Relaxation Station 2:00 Gym Fitness Class 3:00 Activity Chat with Storm	9 Eid al-Fitr  TH 9:30 Flexibility Class 10:30 Stock Market Discussion w/ Lois  1:00 Movie: Avatar (2009) TH 2:00 Resident Council Meeting SI 3:00 Trivia Time SR 7:00 Movie: Avatar (2009)	10 TH 9:30 Cardio Class B 10:30 Yarn Circle SR 1:00 Movie: Mr. Holland's Opus (1995) TH 1:30 Chair Yoga Class AS 2:00 Painting with Roselie SR 7:00 Movie: Mr. Holland's Opus (1995)	9:30 Balance Class 10:30 Armchair Travel 1:00 Movie: First Man (2018) 2:00 Aerobic & Balance Class K 3:00 Wine & Cheese Happy Hour  4:00 Tech Support	12 TH 9:30 Tai Chi/Yoga Class TH 10:30 Marketplace Shop SR 11:00 KCAT Media presentation SR 1:00 Movie: Dreamgirls (2006) GR 1:30 *Outing: Egyptian Museum	GR 9:30 *Grocery Drop Off: Lunardis 10:30 Chair Yoga Class SR 1:00 Movie: West Side Story (2021) AS 2:00 Ceramics Class w/ Martha S1 3:30 Parlor Games-Puzzles
2:00 Bingo 3:00 Parlor Game: Dominoes / Mexican Train GR 6:30 Game Night: UNO Card	15 Tax Day  1 9:30 Strengthening Class 10:30 Cranium Crunches & Coffee  SR 1:00 Movie Matinee: Frida (2024)  1:30 Relaxation Station 2:00 Gym Fitness Class 3:00 Activity Chat with Storm	9:30 Flexibility Class 10:30 Ted Talk/Group Discussion 1:00 Movie: Harriet (2019) 2:00 New Resident Orientation 3:00 Trivia Time 7:00 Movie: Harriet (2019)	9:30 Cardio Class B 10:30 Yarn Circle 10:30 Church Service w/ Pastor SR 1:00 Movie: The Reason I Jump (2020) 11:30 Chair Yoga Class AS 3:00 Art with Storm	18 9:30 Balance Class 10:30 Armchair Travel SR 1:00 Movie: Milk (2008) EC 2:00 Aerobic & Balance Class TH 4:00 Belmont 2nd Anniversary - Monte Carlo Night!	19 11 9:30 Tai Chi/Yoga Class 10:30 Marketplace Shop 1:00 Movie: Black Panther (2018) GR 1:30 *Group Outing: Hakone Garden FC 3:00 Fitness Orientation 7:00 Bridge Club	9:30 *Grocery Drop Off: Safeway 10:30 Chair Yoga Class 1:00 Movie: Dunkirk (2017) 3:30 Parlor Games-Puzzles GR 6:30 Card Games SR 7:00 Movie: Dunkirk (2017)
9:00 *Church Drop Off 11 10:30 Chair Yoga Class 11 2:00 Bingo S1 3:00 Parlor Game: Dominoes / Mexican Train	Passover Begins  9:30 Strengthening Class 10:30 Cranium Crunches & Coffee  1:00 Movie: The Hill (2023) 1:30 Relaxation Station 2:00 Gym Fitness Class 3:00 Activity Chat with Storm 7:00 Movie: The Hill (2023)	9:30 Flexibility Class 10:30 Ted Talk/Group Discussion SR 1:00 Movie: Marriage Story (2019) S1 2:00 Gentlemen's Social Club S1 3:00 Trivia Time	7:00 Movie: A Brilliant Young	9:30 Balance Class 10:30 Armchair Travel 1:00 Movie: Breakfast at Tiffany's (1996) 11 2:00 Belmont Book Club 12:00 Aerobic & Balance Class 11 3:00 Wine & Cheese Happy	9:30 Tai Chi/Yoga Class 10:30 Marketplace Shop 11:00 Monthly Birthday Lunch 1:00 Movie: Nyad (2023) 1:30 *Group Outing: - Anderson Collection at Stanford 3:00 Fitness Orientation	GR 9:30 *Grocery Drop Off: Whole Foods 11 10:30 Chair Yoga Class SR 1:00 Movie: Summer of Soul (2021) AS 2:00 Ceramics Class w/ Martha S1 3:30 Parlor Games-Puzzles
2:00 Bingo 3:00 Parlor Game: Dominoes / Mexican Train GR 6:30 Game Night: UNO Card	Maybe (2019)  1:30 Relaxation Station  2:00 Gym Fitness Class	30  TH 9:30 Flexibility Class SI 10:30 Ted Talk/Group Discussion SR 1:00 Movie: The Holiday (2006) IK 2:00 Chef Demo SI 3:00 Trivia Time SR 7:00 Movie: The Holiday				