| BELMONT<br>SENIOR LIVING<br>BURBANK<br>ASSISTED LIVING I MEMORY CAP                                                                                                                                                                                                                                                                                                                                                                                                                    |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         | APR                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         | IL 202                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      | 4                                                                                                                                                                                                                                                                                                                                                                                                                                                                               |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       |                                                                                                                                                                                                                                                                                                            |
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| Sunday                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 | Monday                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  | Tuesday                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     | Wednesday                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   | Thursday                                                                                                                                                                                                                                                                                                                                                                                                                                                                        | Friday                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                | Saturday                                                                                                                                                                                                                                                                                                   |
| <ul> <li>B - Bistro</li> <li>LE - Center for Life Enrichment (GYM);</li> <li>2nd Floor</li> <li>GR - Great Room</li> <li>JK - Josephine's Kitchen</li> <li>L - Lobby</li> <li>MT - Marty Feder Theatre</li> <li>P2 - Patio (Outside Town Hall)</li> <li>TH - Town Hall</li> </ul>                                                                                                                                                                                                      | <ul> <li>April Fools' Day</li> <li>9:30 Morning Exercise with Randal</li> <li>10:30 Mahjong Game</li> <li>2:00 Brain Games with Barbara<br/>Bloom!</li> <li>2:00 Monday Matinee: April star<br/>Julie Andrews in Mary<br/>Poppins (1964) G ·<br/>Musical/Fantasy · 2h 19m<br/>(Disney+)</li> <li>3:00 Daily Walking Club! Sign up<br/>at Concierge by 2:45pm.</li> <li>3:00 Special Concert by Jamie<br/>Shaheen. Come sing along!</li> <li>7:00 Bridge Card Game on the 4th</li> </ul> | <ul> <li>2</li> <li>9:30 Morning Exercise with Melissa!</li> <li>10:30 Jeopardy! Laugh &amp; Learn with David!</li> <li>1:00 Black Jack Card Game!</li> <li>2:00 Girl Scouts visit with treats! (TH Patio)</li> <li>3:00 Advanced Exercise Class with Randal</li> <li>3:00 Daily Walking Club! Sign up at Concierge by 2:45pm.</li> <li>3:00 Texas Hold 'Em Poker Card Game!</li> <li>7:00 Movie of the Night: Guy</li> </ul>                                                                               | <ul> <li>9:30 Morning Exercise with Sergio!</li> <li>10:30 Bible Study with Pastor<br/>Brandon</li> <li>10:30 New Tricks (2003) TV Series<br/>· Crime/Drama · 50m<br/>(Amazon/BritBox)</li> <li>2:00 Wellness Wednesday:<br/>Aerobic Exercise Focus<br/>Session!</li> <li>2:00 Word Fun with WORDLE!<br/>*note time</li> <li>3:00 BINGO!</li> <li>3:00 Daily Walking Club! Sign up<br/>at Concierge by 2:45pm.</li> </ul>                                                                                   | <ul> <li>9:30 Morning Exercise with Sergio!</li> <li>10:30 Jeopardy! Laugh &amp; Learn with David</li> <li>11:30 Lunch Outing: Isabella's Italian Kitchen - Burbank</li> <li>2:00 Advanced Exercise Class with Randal</li> <li>2:00 Hold 'Em Poker Card Game!</li> <li>3:00 Daily Walking Club! Sign up at Concierge by 2:45pm.</li> <li>3:30 Happy Hour: Justin "Cowboy" Curtis performs!</li> <li>7:00 Movie of the Night: Hero (1992) with Dustin Hoffman.</li> </ul>        | 5       5         IH       9:30       Morning Exercise with Randal         10:30       Fun Fitness Friday: Corn         Hole Bean Bag Toss!       M         IH       1:00       Beautiful Beading with Lyn!         (Class A)       IH         2:00       Beautiful Beading with Lyn!         (Class A)       IH         1:00       Beautiful Beading with Lyn!         (Class B)       3:00         B       3:00         B       3:00         Daily Walking Club! Sign up at Concierge by 2:45pm.         MI       3:00         TV Series Friday: Lessons in Chemistry (2023) - Ep. 7.         55m (AppleTV)         MI       7:00         Movie of the Night: Scoop | <b>3:00</b> Daily Walking Club! Sign up at Concierge by 2:45pm.                                                                                                                                                                                                                                            |
| <ul> <li>9:00 Shopping Trip to Target &amp; Walmart (sign up)</li> <li>10:00 Cathedral of Our Lady of the Angels Online Mass</li> <li>1:00 Scenic Drive (limited space, sign up at Concierge)</li> <li>2:00 Sunday Series: Elizabeth I - The Queen Without a King (2023) Documentary · 51 min (Tubi)</li> <li>3:00 Daily Walking Club! Sign up at Concierge by 2:45pm.</li> <li>3:00 Sunday Special: Mel Brooks - Unwrapped · Documentary ·</li> </ul>                                 | <ul> <li>9:30 Morning Exercise with Randal</li> <li>10:15 Page to Screen: Women<br/>Talking by Miriam Toews<br/>(pick up book)</li> <li>10:30 Adventures with Doug:<br/>Crystal Ice Cave!</li> <li>10:30 Mahjong Game</li> <li>2:00 Brain Games with Barbara<br/>Bloom!</li> <li>2:00 Monday Matinee: April star<br/>Julie Andrews in The<br/>Princess Diaries (2001) G ·<br/>Family/Comedy · 1h 55m<br/>(Disney+)</li> </ul>                                                           | <ul> <li>9 Eid al-Fitr</li> <li>Cherry Blossom Day!</li> <li>9:30 Morning Exercise with<br/>Masutā Melissa!</li> <li>P2 10:15 Garden Club: Come watch or<br/>participate as we beautify the<br/>TH Patio!</li> <li>I1:00 Cherry Blossom Festival<br/>Luncheon! 11 am - 1 pm</li> <li>3:00 Advanced Exercise Class<br/>with Insutorakutā Randal</li> <li>3:00 Daily Walking Club! Sign up<br/>at Concierge by 2:45pm.</li> <li>P2 3:00 Hanami Music &amp; Drinks (by<br/>Mixologist Tracy) on the</li> </ul> | <ul> <li>9:30 Morning Exercise with Sergio!</li> <li>10:30 Bible Study with Pastor<br/>Brandon</li> <li>10:30 New Tricks (2003) TV Series<br/>· Crime/Drama · 50m<br/>(Amazon/BritBox)</li> <li>1:00 Word Fun with WORDLE!</li> <li>2:00 Black Jack Card Game!</li> <li>2:00 Wellness Wednesday:<br/>Exercise Band Focus<br/>Session!</li> <li>3:00 BINGO!</li> <li>3:00 Daily Walking Club! Sign up<br/>at Concierge by 2:45pm.</li> </ul>                                                                 | <ul> <li>9:00 St. Robert's Students Easter<br/>Egg Hunt!</li> <li>9:30 Morning Exercise with Sergio!</li> <li>10:30 Jeopardy! Laugh &amp; Learn with<br/>David</li> <li>10:30 Meditation with Nga!</li> <li>11:30 Lunch Outing: Morrison's Pub<br/>- Burbank</li> <li>2:00 Advanced Exercise Class<br/>with Randal</li> <li>2:00 Hold 'Em Poker Card Game!</li> <li>3:00 Daily Walking Club! Sign up<br/>at Concierge by 2:45pm.</li> <li>3:30 Happy Hour: Mark Cole</li> </ul> | <ul> <li>12</li> <li>9:30 Morning Exercise with Randal</li> <li>10:30 Fun Fitness Friday: Chair<br/>Basketball!</li> <li>1:00 Scrabble Tournament (prizes<br/>awarded)! 1-3pm</li> <li>3:00 Daily Walking Club! Sign up<br/>at Concierge by 2:45pm.</li> <li>3:00 TV Series Friday: Lessons in<br/>Chemistry (2023) - Ep. 8.<br/>55m (AppleTV)</li> <li>7:00 Movie of the Night: Fried<br/>Green Tomatoes (1991) with<br/>Jessica Tandy. PG-13 ·<br/>Comedy/Thriller · 2h 10m</li> </ul>                                                                                                                                                                              | Share!<br>10:30 Shōgun (2024) Drama series ·<br>Eps. 6 · 50m (Hulu)<br>2:00 Saturday Series: Queens:<br>Female Power in the Natural<br>World. Ep. 1: African Queens<br>· 53m (Disney+)                                                                                                                     |
| <ul> <li>9:00 Shopping Trip to Ralph's &amp; Trader Joe's (sign up)</li> <li>10:00 Cathedral of Our Lady of the Angels Online Mass</li> <li>1:00 Block Printing with Loren! Make Mother's Day Cards!</li> <li>1:00 Scenic Drive (limited space, sign up at Concierge)</li> <li>2:00 Sunday Series: Blood, Sex &amp; Royalty - Eps. 1: The Boleyns · 44m (Netflix)</li> <li>3:00 Daily Walking Club! Sign up at Concierge by 2:45pm.</li> <li>3:00 Sunday Special: Always at</li> </ul> | <ul> <li>15 Tax Day</li> <li>9:30 Morning Exercise with Randal</li> <li>10:30 Mahjong Game</li> <li>2:00 Brain Games with Barbara<br/>Bloom!</li> <li>2:00 Monday Matinee: April star<br/>Julie Andrews in The<br/>Princess Diaries 2: Royal<br/>Engagement (2004) G ·<br/>Family/Comedy · 1h 53m<br/>(Disney+)</li> <li>3:00 Daily Walking Club! Sign up<br/>at Concierge by 2:45pm.</li> <li>7:00 Bridge Card Game on the 4th<br/>floor!</li> </ul>                                   | <ul> <li>9:30 Morning Exercise with<br/>Melissa!</li> <li>10:30 Jeopardy! Laugh &amp; Learn with<br/>David!</li> <li>1:00 Black Jack Card Game!</li> <li>2:00 Resident Council Meeting</li> <li>3:00 Advanced Exercise Class<br/>with Randal</li> <li>3:00 Daily Walking Club! Sign up<br/>at Concierge by 2:45pm.</li> <li>3:00 Texas Hold 'Em Poker Card<br/>Game!</li> <li>7:00 Movie of the Night: The<br/>Bodyguard (1992) with Kevin</li> </ul>                                                       | <ul> <li>9:30 Morning Exercise with Sergio!</li> <li>10:30 Bible Study with Pastor<br/>Brandon</li> <li>10:30 New Tricks (2003) TV Series<br/>· Crime/Drama · 50m<br/>(Amazon/BritBox)</li> <li>1:00 Word Fun with WORDLE!</li> <li>Black Jack Card Game!</li> <li>2:00 Black Jack Card Game!</li> <li>2:00 Wellness Wednesday:<br/>Stretching Focus Session!</li> <li>3:00 BINGO!</li> <li>3:00 Daily Walking Club! Sign up<br/>at Concierge by 2:45pm.</li> <li>3:15 TEDxTalk with Discussion:</li> </ul> | <ul> <li>18</li> <li>9:30 Morning Exercise with Sergio!</li> <li>10:30 Jeopardy! Laugh &amp; Learn with David</li> <li>11:30 Lunch Outing: Finney's Crafthouse - Burbank</li> <li>11:30 Advanced Exercise Class with Randal</li> <li>2:00 Hold 'Em Poker Card Game!</li> <li>3:00 Daily Walking Club! Sign up at Concierge by 2:45pm.</li> <li>3:30 Happy Hour: Susan Edwards Martin performs!</li> <li>7:00 Movie of the Night: Blithe Spirit (1945) with Rex</li> </ul>       | <ul> <li>19</li> <li>9:30 Morning Exercise with Randal</li> <li>10:30 Historian Karie Bible:<br/>presents Hollywood Celebrity<br/>April Birthdays</li> <li>12:00 April Birthdays Luncheon!</li> <li>2:00 Taboo Game with David!</li> <li>3:00 Daily Walking Club! Sign up<br/>at Concierge by 2:45pm.</li> <li>3:00 TV Series Friday: Palm<br/>Royale (2024) Ep. 1: Pilot. R ·<br/>Drama · 53m (AppleTV)</li> <li>7:00 Movie of the Night: Hope<br/>Floats (1998) with Sandra<br/>Bullock. PG-13 1998 ·</li> </ul>                                                                                                                                                    | Assistance!<br>10:30 Shōgun (2024) Drama series ·<br>Eps. 7 · 50m (Hulu)<br>2:00 Chair Yoga with Ligia<br>2:00 Saturday Series: Queens:<br>Female Power in the Natural<br>World. Ep. 2: Rainforest<br>Queens · 53m (Disney+)<br>3:00 Bingo!<br>3:00 Daily Walking Club! Sign up<br>at Concierge by 2:45pm. |

Note: Please review our Spectrio Share App for our full calendar as not all activities will show up based on limited space. This calendar is subject to change; review the daily schedule for updates.





ASSISTED LIVING | MEMORY CARE

# **APRIL 2024**



|               | Sunday                                                                                                                                                                                                                                                                                                                                                                                                       | Monday                                                                                                                                                                                                                                                                                                                                                     | Tuesday                                                                                                                                                                                                                                                                                                                                                                     | Wednesday                                                                                                                                                                                                                                                                               | Thursday                                                                                                                                                                                                                                                                                                                                                    | Friday                                                                                                                                                                                                                                                                                                                                | Saturday                                                                                                                                                                                                                                                                                                                                                                                |
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| 21            |                                                                                                                                                                                                                                                                                                                                                                                                              | 22 Passover Begins                                                                                                                                                                                                                                                                                                                                         | 23                                                                                                                                                                                                                                                                                                                                                                          | 24 2                                                                                                                                                                                                                                                                                    | 5                                                                                                                                                                                                                                                                                                                                                           | 26                                                                                                                                                                                                                                                                                                                                    | 27                                                                                                                                                                                                                                                                                                                                                                                      |
| MI<br>GR<br>L | <ul> <li>9:00 Shopping Trip to Ralph's &amp; Trader Joe's (sign up)</li> <li>10:00 Cathedral of Our Lady of the Angels Online Mass</li> <li>1:00 Scenic Drive (limited space, sign up at Concierge)</li> <li>2:00 Special Concert with Jamie Shaheen!</li> <li>3:00 Daily Walking Club! Sign up at Concierge by 2:45pm.</li> <li>3:00 Sunday Series: Blood, Sex &amp; Royalty - Eps. 2: Never Let</li> </ul> | <ul> <li>10:30 Mahjong Game</li> <li>11:30 Passover Service &amp; Lunch with Rabbi Ira!</li> <li>1:00 Monday Matinee: April star Julie Andrews in The Sound of Music (1965) G · Musical/Romance · 2h 52m (Disney+) *note start time</li> <li>3:00 Daily Walking Club! Sign up at Concierge by 2:45pm.</li> <li>7:00 Bridge Card Game on the 4th</li> </ul> | <ul> <li>9:30 Morning Exercise with<br/>Melissa!</li> <li>10:30 Jeopardy! Laugh &amp; Learn with<br/>David!</li> <li>2:00 Chef Chat: Behind the<br/>Scenes Tour of the Kitchen<br/>(sign up)</li> <li>3:00 Advanced Exercise Class<br/>with Randal</li> <li>3:00 Daily Walking Club! Sign up<br/>at Concierge by 2:45pm.</li> <li>3:00 Texas Hold 'Em Poker Card</li> </ul> | <ul> <li>Mi 10:30 New Tricks (2003) TV Series<br/>· Crime/Drama · 50m<br/>(Amazon/BritBox)</li> <li>Mi 1:00 Word Fun with WORDLE!</li> <li>GR 2:00 Black Jack Card Game!</li> <li>GR 2:00 Wellness Wednesday!<br/>Seated Kickboxing Focus<br/>Session</li> <li>B 3:00 BINGO!</li> </ul> | <ul> <li>10:30 Descanso Gardens Outing &amp; Lunch (sign up req.)</li> <li>2:00 Advanced Exercise Class with Randal</li> <li>3:00 Daily Walking Club! Sign up at Concierge by 2:45pm.</li> <li>3:30 Happy Hour: Stephan Smith Collins performs!</li> <li>7:00 Movie of the Night: Barber (2023) with Aidan Gillen. R · Thriller/Mystery · 1h 30m</li> </ul> | <ul> <li>10:30 Jeopardy! Laugh &amp; Learn with David</li> <li>2:00 Comedy Show featuring Fritz Coleman!</li> <li>3:00 Daily Walking Club! Sign up at Concierge by 2:45pm.</li> <li>3:00 TV Series Friday: Palm Royale (2024) Ep. 2: Maxine Saves a Cat. R · Drama · 53m (AppleTV)</li> <li>3:15 Hold 'Em Poker Card Game!</li> </ul> | <ul> <li>9:00 Morning Melodies with pianist<br/>Sharon Abrams!</li> <li>10:00 Comfort Dogs - Paws to<br/>Share!</li> <li>10:30 Shōgun (2024) Drama series ·<br/>Eps. 8 · 50m (Hulu)</li> <li>2:00 Chair Yoga with Ligia</li> <li>2:00 Saturday Series: Queens:<br/>Female Power in the Natural<br/>World. Ep. 3: Tiny Jungle<br/>Queens · 53m (Disney+)</li> <li>3:00 Bingo!</li> </ul> |
|               | Them See You Cry · 44m<br>(Netflix)                                                                                                                                                                                                                                                                                                                                                                          | floor! <b>7:00</b> Movie of the Night: The                                                                                                                                                                                                                                                                                                                 | Game!  7:00 Movie of the Night: Jojo                                                                                                                                                                                                                                                                                                                                        | <b>3:00</b> Daily Walking Club! Sign up at Concierge by 2:45pm.                                                                                                                                                                                                                         | (Netflix)                                                                                                                                                                                                                                                                                                                                                   | 7:00 Movie of the Night: Throw<br>Momma from the Train (1987)                                                                                                                                                                                                                                                                         | <b>3:00</b> Daily Walking Club! Sign up at Concierge by 2:45pm.                                                                                                                                                                                                                                                                                                                         |
| 28            |                                                                                                                                                                                                                                                                                                                                                                                                              | 29                                                                                                                                                                                                                                                                                                                                                         | 30                                                                                                                                                                                                                                                                                                                                                                          |                                                                                                                                                                                                                                                                                         |                                                                                                                                                                                                                                                                                                                                                             |                                                                                                                                                                                                                                                                                                                                       |                                                                                                                                                                                                                                                                                                                                                                                         |
| M             | <ul> <li>9:00 Shopping Trip to Ralph's &amp; Trader Joe's (sign up)</li> <li>10:00 Cathedral of Our Lady of the Angels Online Mass</li> <li>1:00 Scenic Drive (limited space, sign up at Concierge)</li> <li>2:00 Sunday Series: Blood, Sex &amp; Royalty - Eps. 3: Somebody Wants Me Dead · 44m (Netflix)</li> </ul>                                                                                        | <ul> <li>9:30 Morning Exercise with Randal</li> <li>10:30 Mahjong Game</li> <li>10:30 Brain Games with Barbara<br/>Bloom!</li> <li>2:00 Monday Matinee: April star<br/>Julie Andrews in Thoroughly<br/>Modern Millie (1967) G ·<br/>Musical/Comedy · 2h 18m<br/>(DVD)</li> <li>3:00 Daily Walking Club! Sign up</li> </ul>                                 | <ul> <li>9:30 Morning Exercise with<br/>Melissa!</li> <li>10:30 Jeopardy! Laugh &amp; Learn with<br/>David!</li> <li>2:00 Black Jack Card Game!</li> <li>3:00 Advanced Exercise Class<br/>with Randal</li> <li>3:00 Daily Walking Club! Sign up<br/>at Concierge by 2:45pm.</li> <li>3:00 Texas Hold 'Em Poker Card</li> </ul>                                              | h                                                                                                                                                                                                                                                                                       |                                                                                                                                                                                                                                                                                                                                                             |                                                                                                                                                                                                                                                                                                                                       |                                                                                                                                                                                                                                                                                                                                                                                         |
|               | <ul> <li>3:00 Daily Walking Club! Sign up at Concierge by 2:45pm.</li> <li>3:00 Sunday Special: Sinatra in Palm Springs (2018) ·</li> </ul>                                                                                                                                                                                                                                                                  | at Concierge by 2:45pm.<br><b>7:00</b> Bridge Card Game on the 4th<br>floor!<br><b>7:00</b> Movie of the Night: The                                                                                                                                                                                                                                        | Game!<br>7:00 Movie of the Night: Jungle<br>Cruise (2021) with Emily<br>Blunt. PG-13 ·                                                                                                                                                                                                                                                                                      |                                                                                                                                                                                                                                                                                         |                                                                                                                                                                                                                                                                                                                                                             |                                                                                                                                                                                                                                                                                                                                       |                                                                                                                                                                                                                                                                                                                                                                                         |

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