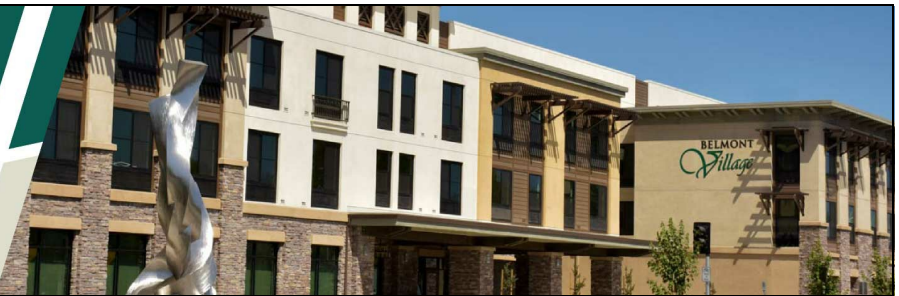


APRIL 2024

Belmont Village Albany

Community Programs



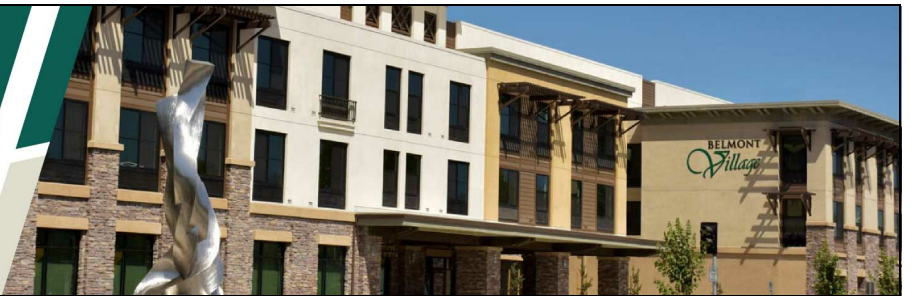
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>1 April Fools' Day</p> <p>TH 9:00 Kick-Start Fitness</p> <p>TH 10:00 Tai Chi with Nobuo</p> <p>TH 11:00 Documentary Film:</p> <p>LB 11:00 Jewelry Workshop</p> <p>B 11:30 Wordfinder</p> <p>TH 12:30 Open Art Studio with Virginia</p> <p>LB 1:00 Current Events Commentary</p> <p>GR 2:00 Easter Egg Hunt!</p> <p>TH 3:00 Matinee Film: Enchanted April See details below.</p> <p>TH 7:00 Evening Film Enchanted April 1991 PRIME 1h 32m Starring: Josie Lawrence and Miranda Richardson </p>	<p>2</p> <p>TH 9:00 Kick-Start Fitness</p> <p>TH 10:00 Yoga & Meditation</p> <p>TH 11:00 Documentary Film:</p> <p>LB 11:00 Writing Workshop</p> <p>B 11:30 Wordfinder</p> <p>TH 1:30 Movement & Coordination Fitness</p> <p>B 2:00 Rummikub</p> <p>TH 3:00 Matinee Film:</p> <p>TH 7:00 Evening Film:</p>	<p>3</p> <p>TH 9:00 Kick-Start Fitness</p> <p>TH 10:00 Strength & Stability Fitness</p> <p>TH 11:00 Documentary Film:</p> <p>LB 11:00 You Be The Judge</p> <p>EX 11:30 UC Noon Concerts:</p> <p>B 11:30 Wordfinder</p> <p>FC 1:00 Gym Class</p> <p>B 2:00 Rummikub</p> <p>TH 2:00 Sing Along</p> <p>TH 3:00 Matinee Film:</p> <p>TH 7:00 Evening Film:</p>	<p>4</p> <p>TH 9:00 Kick-Start Fitness</p> <p>EX 9:30 Excursion: POSTPONED! Academy of Sciences, SF</p> <p>TH 11:00 Documentary Film: Boeing's Fatal Flaw 2024 PBS Frontline S2021 Ep18 An investigation of Boeing's flawed 737 Max jet and the crashes that killed 346 people</p> <p>B 11:30 Wordfinder</p> <p>TH 1:30 Intermediate Better Balance</p> <p>B 2:00 Rummikub</p> <p>LB 2:00 Garden Club</p> <p>TH 3:00 Matinee Film: It Happened</p>	<p>5</p> <p>TH 9:00 Kick-Start Fitness</p> <p>TH 10:00 Strength & Stability Fitness</p> <p>CP 11:00 Documentary Film:Equus "Story of the Horse" SHOWING IN SECOND FLOOR GAME LOUNGE Episode1: Origins 53m PBS NATURE S37 Ep8 Travel around the world to uncover the history of mankind's relationship with the horse.</p> <p>TH 11:15 Jeopardy!</p> <p>B 11:30 Wordfinder</p> <p>LB 1:00 Brain Games</p>	<p>6</p> <p>TH 9:00 Kick-Start Fitness</p> <p>EX 10:00 Shopping: Target & El Cerrito Plaza</p> <p>TH 11:00 Documentary Film: Equus "Story of the Horse" Episode 2: Chasing the Wind 53m PBS NATURE S37 Ep9 Take a global tour of the most fascinating members of the modern horse club.</p> <p>GP 11:00 Garden Club</p> <p>B 11:30 Wordfinder</p> <p>LB 1:00 Library Organization</p> <p>CP 1:00 Reel Talk Movie: -Lars and</p>	
<p>7</p> <p>TH 9:00 Kick-Start Fitness</p> <p>GR 9:00 Religious Services Transportation</p> <p>FC 10:00 Gym Class</p> <p>TH 11:00 Documentary Film: Earthstorm: Earthquake (2022) 50m Netflix Harrowing accounts of earthquakes and tsunamis in Los Angeles and Japan hone in on looming threats in the hotbeds of the earth's seismic activity</p> <p>CP 11:30 Improvisation Exercises ON SECOND FLOOR GAME</p>	<p>8</p> <p>TH 9:00 Kick-Start Fitness with Armonie</p> <p>TH 10:00 Tai Chi with Nobuo</p> <p>TH 11:00 Documentary Film: Turning Point: The Bomb and the Cold War: The Sun Came Up Tremendous 2024 Ep1 79m Netflix During World War II, the US begins to work on a top-secret project that results in the atomic bombings on Japan--and a global conflict lasting decades.</p>	<p>9 Eid al-Fitr</p> <p>TH 9:00 Kick-Start Fitness with Armonie</p> <p>TH 10:00 Yoga & Meditation with James</p> <p>TH 11:00 Documentary Film: Turning Point: The Bomb and the Cold War: Poisoning the Soil 2024 Ep1 64m Netflix As communism takes off in Russia and China, Joseph Stalin begins his ruthless reign and the Soviet Union enters an era of terror.</p> <p>LB 11:00 In Your Own Words:</p>	<p>10</p> <p>TH 9:00 Kick-Start Fitness with Armonie</p> <p>TH 10:00 Strength & Stability Fitness with Marlene</p> <p>TH 11:00 Documentary Film: Tom Petty: Somewhere you Feel Free--The Making of Wildflowers 2020 1h 29m Prime In 2020, a collection of 16mm film was discovered of Tom Petty, capturing a prolific songwriting streak from 1993-95 making the album "Wildflowers" with</p>	<p>11</p> <p>TH 9:00 Kick-Start Fitness</p> <p>TH 11:00 Documentary Film: Turning Point: The Bomb and the Cold War: Institutional Insanity 2024 Ep3 67m Netflix Preparing for war against the Soviet Union, the US starts to test thermonuclear weapons. The CIA forms and interferes with global politics.</p> <p>EX 11:00 Excursion: Elmwood Theater for King Lear</p> <p>B 11:30 Wordfinder</p>	<p>12</p> <p>TH 9:00 Kick-Start Fitness</p> <p>TH 10:00 Strength & Stability Fitness with Marlene</p> <p>CP 11:00 Documentary Film: The Truth vs. Alex Jones 2024 MAX Director, Dan Reed On the day of the tragic shooting at Sandy Hook Elementary School, Alex Jones began questioning the veracity of the attack. For years, his denial of the murders and further fabrications about a government cover-up</p>	<p>13</p> <p>TH 9:00 Kick-Start Fitness</p> <p>TH 10:00 Cardio Drumming</p> <p>EX 10:00 Shopping: Target & El Cerrito Plaza</p> <p>TH 11:00 Documentary Film: Greener Pastures 1h 24m PBS INDEPENDENT LENS S25 Ep12 Midwestern families deal with unseen mental health issues affecting farmers in America.</p> <p>GP 11:00 Garden Club</p> <p>B 11:15 Wordfinder</p> <p>CP 11:30 Expressive Arts Excerises:</p>
<p>14</p> <p>TH 9:00 Kick-Start Fitness</p> <p>GR 9:00 Religious Services Transportation</p> <p>TH 10:00 Cardio Drumming</p> <p>FC 10:00 Gym Class</p> <p>TH 11:00 Documentary Film: The Truth vs Alex Jones (2024) 2h 1m MAX Centers on families of the victims of the 2012 Sandy Hook shooting. They take Alex Jones, a conspiracy theorist, to court for spreading lies about the event being a hoax.</p>	<p>15 Tax Day</p> <p>TH 9:00 Kick-Start Fitness with Armonie</p> <p>TH 10:00 Tai Chi with Nobuo</p> <p>TH 11:00 Documentary Film:Turning Point: The Bomb and the Cold War: War Games Ep 5 (2024) 67m Netflix With both sides planning for the worst-case scenario, Ronald Reagan & Mikhail Gorbachev find common ground.Tragedy strikes after a nuclear disaster.</p> <p>TH 11:15 Jeopardy! Play the real</p>	<p>16</p> <p>TH 10:00 Yoga & Meditation with James</p> <p>TH 11:00 Documentary Film:Turning Point: The Bomb and the Cold War: War Games Ep6 (2024) 67m Netflix The USSR's grasp on Eastern Europe weakens as the Berlin Wall comes down and the Communist Party mounts a coup against a prominent Soviet Union leader.</p> <p>LB 11:00 In Your Own Words: Writing Workshop with</p>	<p>17</p> <p>TH 9:00 Kick-Start Fitness with Armonie</p> <p>TH 10:00 Strength & Stability Fitness with Marlene</p> <p>TH 11:00 Documentary Film:Island of the Sea Wolves: Summer 2h 24m Netflix Summer arrives & the island's inhabitants battle for ebbing resources.But when Cedar approaches the alpha female's den, something remarkable happens.</p> <p>LB 11:00 You Be The Judge with Heike</p>	<p>18</p> <p>TH 9:00 Kick-Start Fitness</p> <p>EX 10:30 Excursion: Ethnic Lunch - Thai New Year - Sistory Thai Kitchen</p> <p>TH 11:00 Documentary Film:Turning Point: The Bomb and the Cold War: The End of History Ep7 67m Netflix A new Russian leader emerges, and the republics seek independence. As the Soviet Union dissolves, several powers sign a landmark treaty on nuclear arms.</p>	<p>19</p> <p>TH 9:00 Kick-Start Fitness</p> <p>TH 10:00 Strength & Stability Fitness with Marlene</p> <p>TH 11:00 Documentary Film:Turning Point: The Bomb and the Cold War: Moscow Will Not Be Silent (2024) Ep 8 64m Netflix A new Russian leader emerges, and the republics seek independence. As the Soviet Union dissolves, several powers sign a landmark treaty on nuclear arms.</p>	<p>20</p> <p>TH 9:00 Kick-Start Fitness</p> <p>EX 10:00 Shopping: Target & El Cerrito Plaza</p> <p>TH 11:00 Documentary Film:Jewish Matchmaking:Date 'em 'til you Hate 'em (2023) Ep1 34m Netflix Aleeza meets with Dani who seeks a man with great eyebrows— like hers. Ori admits he's too picky.For marriage-ready Harmonie, time is of the essence.</p> <p>GP 11:00 Garden Club</p>

Not all of the daily activities fit on this calendar. To see the complete schedule, download the SPECTRIO Share app and login using our Community PIN: BVA-AL/IL

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Sunday		Monday		Tuesday		Wednesday		Thursday		Friday		Saturday									
21	<p>TH 9:00 Kick-Start Fitness</p> <p>GR 9:00 Religious Services Transportation - Make your Uber or Lyft reservations before SUNDAY!</p> <p>FC 10:00 Gym Class</p> <p>TH 10:30 Cardio Drumming</p> <p>TH 11:00 Documentary Film:Turning Point: The Bomb and the Cold War: War Games Ep 5 (2024) 67m Netflix With both sides planning for the worst-case scenario, Ronald Reagan & Mikhail Gorbachev</p>	22	<p>TH 9:00 Kick-Start Fitness with Armonie</p> <p>TH 10:00 Tai Chi with Nobuo</p> <p>TH 11:00 Documentary Film:Turning Point: The Bomb and the Cold War: War Games Ep 5 (2024) 67m Netflix With both sides planning for the worst-case scenario, Ronald Reagan & Mikhail Gorbachev find common ground.Tragedy strikes after a nuclear disaster.</p> <p>TH 11:15 Jeopardy! Play the real</p>	23	<p>TH 10:00 Yoga & Meditation with James</p> <p>TH 11:00 Documentary Film:Turning Point: The Bomb and the Cold War: War Games Ep 5 (2024) 67m Netflix With both sides planning for the worst-case scenario, Ronald Reagan & Mikhail Gorbachev find common ground.Tragedy strikes after a nuclear disaster.</p> <p>LB 11:00 In Your Own Words: Writing Workshop with</p>	24	<p>TH 9:00 Kick-Start Fitness</p> <p>TH 9:00 Kick-Start Fitness with Armonie</p> <p>TH 10:00 Strength & Stability Fitness with Marlene</p> <p>TH 11:00 Book Club:</p> <p>TH 11:00 Documentary Film:Turning Point: The Bomb and the Cold War: War Games Ep 5 (2024) 67m Netflix With both sides planning for the worst-case scenario, Ronald Reagan & Mikhail Gorbachev find common ground.Tragedy</p>	25	<p>TH 9:00 Kick-Start Fitness</p> <p>EX 10:00 Excursion: Walk on Carquinez Bridge & lunch at The Dead Fish</p> <p>TH 11:00 Documentary Film:Turning Point: The Bomb and the Cold War: War Games Ep 5 (2024) 67m Netflix With both sides planning for the worst-case scenario, Ronald Reagan & Mikhail Gorbachev find common ground.Tragedy strikes after a nuclear disaster.</p>	26	<p>TH 9:00 Kick-Start Fitness</p> <p>TH 10:00 Strength & Stability Fitness with Marlene</p> <p>TH 11:00 Documentary Film:Turning Point: The Bomb and the Cold War: War Games Ep 5 (2024) 67m Netflix With both sides planning for the worst-case scenario, Ronald Reagan & Mikhail Gorbachev find common ground.Tragedy strikes after a nuclear disaster.</p> <p>TH 11:15 Jeopardy! Play the real</p>	27	<p>TH 9:00 Kick-Start Fitness</p> <p>EX 10:00 Shopping: Target & El Cerrito Plaza</p> <p>TH 11:00 Documentary Film:Turning Point: The Bomb and the Cold War: War Games Ep 5 (2024) 67m Netflix With both sides planning for the worst-case scenario, Ronald Reagan & Mikhail Gorbachev find common ground.Tragedy strikes after a nuclear disaster.</p> <p>GP 11:00 Garden Club</p>	28	<p>TH 9:00 Kick-Start Fitness</p> <p>GR 9:00 Religious Services Transportation</p> <p>FC 10:00 Gym Class</p> <p>TH 10:30 Cardio Drumming</p> <p>TH 11:00 Documentary Film:Turning Point: The Bomb and the Cold War: War Games Ep 5 (2024) 67m Netflix With both sides planning for the worst-case scenario, Ronald Reagan & Mikhail Gorbachev find common ground.Tragedy strikes after a nuclear</p>	29	<p>TH 9:00 Kick-Start Fitness with Armonie</p> <p>TH 10:00 Tai Chi with Nobuo</p> <p>TH 11:00 Documentary Film:Turning Point: The Bomb and the Cold War: War Games Ep 5 (2024) 67m Netflix With both sides planning for the worst-case scenario, Ronald Reagan & Mikhail Gorbachev find common ground.Tragedy strikes after a nuclear disaster.</p> <p>TH 11:15 Jeopardy! Play the real</p>	30	<p>TH 10:00 Yoga & Meditation with James</p> <p>TH 11:00 Documentary Film:Turning Point: The Bomb and the Cold War: War Games Ep 5 (2024) 67m Netflix With both sides planning for the worst-case scenario, Ronald Reagan & Mikhail Gorbachev find common ground.Tragedy strikes after a nuclear disaster.</p> <p>LB 11:00 In Your Own Words: Writing Workshop with</p>	<p>Not all of the daily activities fit on this calendar. To see the complete schedule download the Spectrio Share app and log in using our Community Pin: BVA-AL/IL</p>	

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