

MARCH 2024



6						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
B - Bistro: 1st Floor CL - Center for Learning Library: 6th Floor CR - Club Room: 1st Floor GR - Great Room: 1st Floor JK - Josephine's Kitchen: 1st Floor LB - Lobby SR - Screen Room: 1st Floor TH - Town Hall Lobby Level					9:15 Beginning Boot Camp 10:15 Advanced Bootcamp SR 11:00 Q&A Austen Jaye, Harry Belafonte One Man Show Creator SR 1:00 Matinee: Short Takes Acting CR 2:00 Belmont 101 SR 3:00 Shabbat Services with Cantor Marc SR 4:00 At the Movies (& 7:15)	III 10:00 Morning Exercise with Nichole SR 11:00 Saturday Symphony:
Target 11 10:00 Stretch and Tone SR 11:00 Bernstein Lecture: The Latin American Spirit (58 Min) SR 1:00 Opera: Bellini, Norma Act 2 (90 min) SR 3:00 A Joyful Mind-Meditation &	Packets 11:00 NOVA Series	9:15 Beginning Bootcamp & Advanced Bootcamp at 10:15 AM B 11:00 Drive to Voting Poll 11:00 The Gilded Age (S.1 E.5) 56m 1:00 Adventures with Doug: Death Valley Superbloom R 1:30 Beading with Lynn (1:30, 2:30,3:30) C 1:30 Creative Writing with Lee in the Library B 2:00 Chef's Chat: Beer &	9:15 Beginning Boot Camp & Advanced Bootcamp at 10:15 AM R 10:30 Texas Hold 'Em Poker with Siam R 11:00 The Crown (S.5 E.2) Diana begins a tell-all book. (49m) B 11:30 It's Only Lunch Outting: Roberta's Italian Restaurant R 1:30 UCLA Senior Scholars- Women & Power in the Ancient World	9:15 Bootcamp & Advanced Bootcamp at 10:15 AM R 10:30 Floral Design with Florista Debbie (&11:15) H 11:00 Brain Games with Cydney Kaplan R 1:30 UCLA - History with John Sandbrook: Rutherford B. Hayes R 2:30 Exercise with Melissa! R 2:30 Improv: Acting Unscripted R 3:30 Happy Hour with singer	8 IH 9:15 Beginning Boot Camp & Advanced Bootcamp at 10:15 AM SR 11:00 Women's History Month - Resident Spotlight - Noël Riley Fitch, Biographer of Julia Child SR 1:00 Short Takes Acting Troupe with Chris Miller IH 1:30 Bingo for Bucks CR 2:00 Belmont 101 SR 3:00 Shabbat Services with Cantor Marc	9 IH 10:00 Morning Exercise SR 11:00 Symphony: Missa Solemnis & Fidelio's Prison Chorus SR 1:30 Cinema Rouge(& 7:15): The Music Man (1962) (2h 31m) IB 1:30 Shopping at Trader Joe's & CVS GR 1:30 UCLA Music Club - High Note Foundation GR 2:30 Jewish Dance with Bruce Bierman GR 2:30 Technology Assistance
Politics B 9:00 Shopping at Ralphs & Target 10:00 Stretch and Tone R 11:00 Bernstein Lecture: Farewell to Nationalism	9:15 Beginning Boot Camp & Advanced Bootcamp at 10:15 AM R 11:00 Best Documentary Short:The Last Repair Shop (39m) R 11:00 Mental Fitness Activity Packets R 11:00 Watercolor with S.P. Marc Chagall R 1:30 Cockeyed Optimists,The Rodgers	9:15 Bootcamp & Advanced Bootcamp at 10:15 AM 9:30 Hearing Aid Clinic w/Sharp SR 11:00 Morning Mindfulness Guided Meditation: Reclaim the first moments of the day with an empowering routine SR 1:30 Resident Council Meeting	13 IF 9:15 Boot Camp & Advanced Bootcamp at 10:15 AM GR 11:00 Blackjack with Saim (In Great Room) SR 11:00 The Crown (S.5 E.4) Annus Horribilis (50m) IB 11:30 It's Only Lunch Outting: The Cheesecake Factory SR 1:00 Doc: 100 Years of Women's Voting Rights	14 9:15 Beginning Bootcamp & Advanced Bootcamp at 10:15 AM 11:00 Brain Games with Cydney Kaplan in Town Hall 11:30 Art Class With Roz in Town Hall 12:30 Afternoon Exercise with Melissa! SR 2:30 Hollywood History with Kari Bible: Women in	15 IH 9:15 Beginning Boot Camp 10:15 Advanced Bootcamp SR 11:00 Women's in Politics:	16 TH 10:00 Morning Exercise SR 11:00 Symphony: Brahms: A German Requiem, Op. 45 CR 1:00 Creative Writing with Loren SR 1:30 Cinema Rouge (& 7:15): Mogambo (1953) (1h55m) LB 1:30 Shopping at Trader Joe's & CVS TH 2:00 Silk Scarf Painting



WESTWOOD

ASSISTED LIVING | MEMORY CARE

MARCH 2024



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
9:00 Shopping at Ralphs & Target 10:00 Exercise with Melissa! 11:00 Traditional Irish Music & Images Curated by Albert S. 1:00 Opera: Verdi: Forza del Destino Part II (90+minutes) 1:30 SOL-LA Music Academy Concert 2:30 Boozy Irish Coffee & Soda Bread	9:15 Beginning Boot Camp & Advanced Bootcamp at 10:15 AM 11:00 Mental Fitness Activity Packets SR 11:00 NOVA Series: The Next Pompeii- In the shadow of Vesuvius and Pompeii, a lesser- known volcano puts the city of Naples at risk. (54 m) SR 1:30 Cockeyed Optimists,	Spring Begins 1 9:15 Beginning Bootcamp & Advanced Bootcamp at 10:15 AM SR 11:00 The Gilded Age (S.1 E.5) 56m CR 11:00 What Would You Do? - An Ethics Discussion SR 1:00 Adventures with Doug: Wheeler Peak 1 1:30 Beading with Lynn (1:30, 2:30,3:30) JK 1:30 Creative Writing with Lee (in the private	20 TH 9:15 Boot Camp & Advanced Bootcamp at 10:15 AM Texas Hold 'Em Poker with Siam SR 11:00 Art History Lecture with S.P. Marc Chagall B 11:30 It's Only Lunch Outing: lvy on the Shore SR 1:30 Redefining Gender Roles: Debating True Equality (31m) GR 2:15 Which Stitch? Knitting,	IH 9:15 Bootcamp & Advanced Bootcamp at 10:15 AM In 10:30 Floral Design with Floresta Debbie (10:30 AM & 11:15 AM) In 1:00 Portrait of Mexican conductor Alondra de la Parra (52m) In 1:30 UCLA - History with John Sandbrook IN 2:30 Exercise with Melissa! In 2:30 UCLA Senior Scholars - Women & Power in the	P:15 Beginning Boot Camp & Advanced Bootcamp at 10:15 AM SR 11:00 Women's History Month - Resident Spotlight Nadine Korman SR 1:00 Short Takes Acting Troupe with Chris Miller 1:30 Bingo for Bucks R 2:00 Belmont 101: Transportation SR 3:00 Shabbat Services with	TH 10:00 Morning Exercise win Nichole SR 11:00 Saturday Symphony Salute to Spring-Curated by Albert S. SR 1:30 Cinema Rouge Film Series (& 7:15) The Maltese Falcon (194 Humphrey Bogart a private detective San Spade, a no-nonsen loner whose partner killed while pursuing	
9:00 Shopping at Ralphs & Target 10:00 Stretch and Tone with Jane 11:00 Bernstein Lecture: The Roads to Paris(59 Min) 12:45 LA Philharmonic Outing 1:00 Opera: Verdi, Forza del destino Part II. James	The Rodgers & 25 Holi The 9:15 Beginning Boot Camp & Advanced Bootcamp at 10:15 AM CR 11:00 Mental Fitness Activity Packets SR 11:00 NOVA Series: Back to the Moon- Fifty years after humans first set foot on the Moon, new	10:15 AM SR 11:00 Presentation with Belmont's Own, Alex Chavez: Center Foreword & National	Sewing, Crochet & 27 III 9:15 Beginning Boot Camp & Advanced Bootcamp at 10:15 AM SR 11:00 The Crown (S.5 E.4) Annus Horribilis (50m) IB 11:30 It's Only Lunch: Restaurant Outing, Gucci Osteria SR 1:00 Documentary:	Hall 11:00 Floral Design Postponed to Next Week T:30 Art With Roz: Drawing	Cantor Marc Good Friday P:15 Beginning Boot Camp & Advanced Bootcamp (10:15 AM) SR 11:00 Women's History Month - Resident Spotlight, Former Executive Stage Manager for the Metropolitan Opera,	case(1h 40m) 30 Th 10:00 Morning Exercise w Nichole SR 11:00 Symphony: Bach, Crucifixus & Resurre (7:20) H. Rosenbaur cond. J.S.B. Easter Oratorio (42;17) J. E Gardiner cond. LSO from the Proms	
Levine 2:00 Purim with Cantor Marc: Featuring a Theatrical Performance of The Easter 9:00 Shopping at Ralphs & Target 9:30 Traditional Easter service in the Church	scientific discoveries are fueling excitement for a return to the lunar surface—this time, perhaps, to stay. (53m)	Soccer Champion for Chiriaco FC 1:30 Beading with Lynn (1:30, 2:30,3:30) \$\begin{align*} \$\text{SR}\$ 1:30 Vintage Cruisers:	Katharine Hepburn, The Great Kate (1h15m) SR 2:00 UCLA Senior Scholars- Women & Power in the	Ideas of the Masters- Rubens & Renoir SR 1:30 Wellness Chat with Anthony: Tai Chi Discussion	Phebe Tanners Presents: Artists and Arias - The Baritones SR 1:00 Short Takes Acting Troupe with Chris Miller	SR 1:30 Cinema Rouge Film Series (& 7:15) Ivar (1952): A knight see to free the captive Richard and put hin	
Sanctuary 10:00 Stretch and Tone 11:00 Bernstein Lecture 11:30 Easter Brunch with Harpist Maggie 11:45 Contemporary Easter service in with Gospel Choir 1:00 Opera 3:30 Easter Celebration and							