

MARCH 2024

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Sunday		Monday		Tuesday		Wednesday		Thursday		Friday		Saturday	
		Check the daily schedule for more details! The dailies will include the final and complete schedule for each day. Copies available at the Concierge desk.		March Birthdays: Ruth L. - 3/4 Patsy P. - 3/11 Susan C. - 3/15 Florence B. - 3/18 Mike M. - 3/19 Sharon D. - 3/25 Betty C. - 3/30 Mark S. - 3/31						1 CL TH 9:45 Chair Yoga 10:15 Art for All with Lisa! An engaging and innovative art class for seniors of all abilities. Participants will experience the joy of creating beautiful pieces of art. B 10:15 Bistro Break Visit with neighbors, catch up on local and national news (get ready for Thursday's news challenge), start a puzzle, play cards and enjoy coffee and conversations!		2 CL 9:30 Bridge Club Everyone Welcome 9:30 Strong and Flexible 10:30 Inspiring Lives by Life Changers International Ministries Praying, Scripture and more! 10:30 Mental Fitness Packets Available at Concierge desk 1:15 Prize Bingo 1:30 Shopping Trip RSVP with Concierge 2:15 Saturday Movie Matinee 6:00 Plenty of Puzzles	
3		4		5		6		7		8		9	
TH B B TH 9:30 Church Outing RSVP: Front Desk 10:30 Mental Fitness Packets Available at Concierge desk 1:00 Sunday Catholic Mass Viewing 2:00 Sweet Treat Sunday 6:00 Cards anyone? Bridge, Uno, Hearts - you decide! 6:00 Sunday Night Movie		CL B TH CL CL B TH 9:45 Stretch & Strength 10:15 Bistro Break Visit with neighbors, catch up on local and national news (get ready for Thursday's news challenge), start a puzzle, play cards and enjoy coffee and conversations! 1:00 Health & Fitness Class 2:00 Monday's Meaningful Trivia 3:00 Bible Stories with Barbara 3:00 Flower Arranging Project 6:00 Resident or Staff Pick Movie Night		CL H TH CL CL GR 9:45 Walking Club 10:30 Tuesday Morning Trivia 1:30 Outing to the Girl Scout Center RSVP with the Concierge 2:00 Tai Chi with Camila 2:00 Tuesday Trivia 3:00 Book Circle 6:30 Junior League Sing Along with Seniors		B TH CL TH TH 10:15 Bistro Break Visit with neighbors, catch up on local and national news (get ready for Thursday's news challenge), start a puzzle, play cards and enjoy coffee and conversations! 1:00 Health and Fitness Class 2:00 Cranium Challenges 3:00 Spring Craft Day with Cornerstone Caregiving Bonus - Celebrate National Oreo Cookie Day! 6:00 Resident or Staff Pick Movie		CL H CL B GR TH 9:45 Walking Club 10:30 Thursday Trivia Time 1:30 Weekly News Challenge Test Your Knowledge of Current Events and Good News Stories 2:00 Resident Meet and Greet Please help us welcome new residents! 3:00 Happy Hour with Live Entertainment!! 6:00 Resident or Staff Pick Movie Night		CL B TH CF TH TH 9:45 Chair Yoga 10:15 Bistro Break Visit with neighbors, catch up on local and national news (get ready for Thursday's news challenge), start a puzzle, play cards and enjoy coffee and conversations! 1:00 Health & Fitness Class 1:45 Group Outing RSVP with Concierge 2:00 Catholic Communion 4:30 Shabbat Service 6:00 Friday Night Movie		CL TH TH B 9:30 Bridge Club Everyone Welcome 9:30 Strong and Flexible 10:30 Mental Fitness Packets Available at Concierge desk 11:00 Danzactive Class with Paloma Great exercise set to the best music! 1:15 Prize Bingo 1:30 Shopping Trip RSVP with Concierge 2:15 Saturday Movie Matinee 6:00 Plenty of Puzzles	
10		11		12		13		14		15		16	
TH B GR B TH 9:30 Church Outing RSVP: Front Desk 10:30 Mental Fitness Packets Available at Concierge desk 1:00 Sunday Catholic Mass Viewing 2:00 Sweet Treat Sunday 3:00 Live Music featuring Rodney Rasberry! 6:00 Academy Awards Watch Party - who will take home an Oscar?!? 6:00 Sunday Night Movie		CL B TH CL CL B TH 9:45 Stretch & Strength 10:15 Bistro Break Visit with neighbors, catch up on local and national news (get ready for Thursday's news challenge), start a puzzle, play cards and enjoy coffee and conversations! 1:00 Health & Fitness Class 2:00 Monday's Meaningful Trivia 3:00 Bible Stories with Barbara 3:00 Flower Arranging Project 6:00 Resident or Staff Pick Movie Night		CL H CL TH TH 9:45 Walking Club 10:30 Tuesday Morning Trivia 2:00 Tuesday Trivia 2:30 Mister McKinney's Historical Houston 3:30 West U Pub Time Poker, Billiards, Beer, Snacks and more! Meet us by the poker table near Town Hall on the 2nd floor 6:00 Resident or Staff Pick Movie Night		B TH CL TH TH 10:15 Bistro Break Visit with neighbors, catch up on local and national news (get ready for Thursday's news challenge), start a puzzle, play cards and enjoy coffee and conversations! 1:00 Health and Fitness Class 2:00 Cranium Challenges 3:00 Women's History Month Documentary Becoming (1 hr 29 min) 6:00 Resident or Staff Pick Movie Night		CL H CL TH GR TH 9:45 Walking Club 10:30 Thursday Trivia Time Special Celebration of National Pi(e) Day 1:30 Weekly News Challenge Test Your Knowledge of Current Events and Good News Stories 2:00 St. Mark's Episcopal Church Outreach Bible Study and Short Service 3:00 Happy Hour with Live Entertainment!! 6:00 Resident or Staff Pick Movie		B TH CF TH TH 10:15 Bistro Break Visit with neighbors, catch up on local and national news (get ready for Thursday's news challenge), start a puzzle, play cards and enjoy coffee and conversations! 1:00 Health & Fitness Class 1:45 Group Outing RSVP with Concierge 2:00 Catholic Communion 4:30 Shabbat Service 6:00 Friday Night Movie		CL TH TH B 9:30 Bridge Club Everyone Welcome 9:30 Strong and Flexible 10:30 Mental Fitness Packets Available at Concierge desk 1:15 Prize Bingo 1:30 Shopping Trip RSVP with Concierge 2:15 Saturday Movie Matinee 6:00 Plenty of Puzzles	

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
17 <div>St. Patrick's Day</div> <div><div>9:30</div>Church Outing RSVP: Front Desk<div>10:30</div>Mental Fitness Packets Available at Concierge desk<div>TH</div><div>1:00</div>Sunday Catholic Mass Viewing<div>O</div><div>2:00</div>Houston Concert Band Performance<div>B</div><div>6:00</div>Cards anyone? Bridge, Uno, Hearts - you decide!<div>TH</div><div>6:00</div>Sunday Night Movie</div>	18 <div><div>B</div><div>10:15</div>Bistro Break Visit with neighbors, catch up on local and national news (get ready for Thursday's news challenge), start a puzzle, play cards and enjoy coffee and conversations!<div>B</div><div>11:00</div>Calling all college hoops fans Enter your March Madness bracket in a West U competition!<div>TH</div><div>CL</div><div>GR</div><div>1:00</div>Health & Fitness Class<div>1:30</div>Monday's Meaningful Trivia<div>2:00</div>Bolding Duo Houston</div>	19 <div>Spring Begins</div> <div><div>CL</div><div>H</div><div>TH</div><div>9:45</div>Walking Club<div>10:30</div>Tuesday Morning Trivia<div>2:00</div>Tai Chi with Camila a Chinese martial art and system of calisthenics, consisting of sequences of very slow controlled movements.<div>CL</div><div>TH</div><div>2:00</div>Tuesday Trivia<div>3:00</div>Prize Bingo Sponsored by Harbor Hospice<div>TH</div><div>6:00</div>Resident or Staff Pick Movie Night</div>	20 <div><div>B</div><div>10:15</div>Bistro Break Visit with neighbors, catch up on local and national news (get ready for Thursday's news challenge), start a puzzle, play cards and enjoy coffee and conversations!<div>TH</div><div>GR</div><div>1:00</div>Health and Fitness Class<div>1:30</div>Faithful Paws Visit with our favorite pups!<div>CL</div><div>TH</div><div>2:00</div>Cranium Challenges<div>3:00</div>Women's History Month Documentary 9to5: The Story of a Movement (1 hr 26</div>	21 <div><div>CL</div><div>H</div><div>CL</div><div>9:45</div>Walking Club<div>10:30</div>Thursday Trivia Time<div>1:30</div>Weekly News Challenge Test Your Knowledge of Current Events and Good News Stories<div>GR</div><div>3:00</div>Happy Hour with Live Entertainment!!<div>TH</div><div>6:00</div>Resident or Staff Pick Movie Night</div>	22 <div><div>CL</div><div>B</div><div>9:45</div>Chair Yoga<div>10:15</div>Bistro Break Visit with neighbors, catch up on local and national news (get ready for Thursday's news challenge), start a puzzle, play cards and enjoy coffee and conversations!<div>TH</div><div>1:00</div>Health & Fitness Class<div>1:45</div>Group Outing RSVP with Concierge<div>CF</div><div>TH</div><div>TH</div><div>2:00</div>Catholic Communion<div>4:30</div>Shabbat Service<div>6:00</div>Friday Night Movie</div>	23 <div><div>CL</div><div>TH</div><div>TH</div><div>9:30</div>Bridge Club Everyone Welcome<div>9:30</div>Strong and Flexible<div>10:30</div>Mental Fitness Packets Available at Concierge desk<div>TH</div><div>1:15</div>Prize Bingo<div>1:30</div>Shopping Trip RSVP with Concierge<div>TH</div><div>GR</div><div>B</div><div>2:15</div>Saturday Movie Matinee<div>6:00</div>Houston Youth Symphony Performance<div>6:00</div>Plenty of Puzzles</div>
24 <div><div>TH</div><div>B</div><div>B</div><div>TH</div><div>9:30</div>Church Outing RSVP: Front Desk<div>10:30</div>Mental Fitness Packets Available at Concierge desk<div>TH</div><div>1:00</div>Sunday Catholic Mass Viewing<div>B</div><div>2:00</div>Sweet Treat Sunday<div>B</div><div>6:00</div>Cards anyone? Bridge, Uno, Hearts - you decide!<div>TH</div><div>6:00</div>Sunday Night Movie</div>	25 <div>Holi</div> <div><div>CL</div><div>B</div><div>9:45</div>Stretch & Strength<div>10:15</div>Bistro Break Visit with neighbors, catch up on local and national news (get ready for Thursday's news challenge), start a puzzle, play cards and enjoy coffee and conversations!<div>TH</div><div>CL</div><div>B</div><div>B</div><div>TH</div><div>1:00</div>Health & Fitness Class<div>2:00</div>Monday's Meaningful Trivia<div>3:00</div>Chat with Chef Jason<div>3:45</div>Flower Arranging Project<div>TH</div><div>6:00</div>Resident or Staff Pick Movie Night</div>	26 <div><div>CL</div><div>H</div><div>B</div><div>CL</div><div>TH</div><div>TH</div><div>9:45</div>Walking Club<div>10:30</div>Tuesday Morning Trivia<div>2:00</div>Men's League Social<div>2:00</div>Tuesday Trivia<div>3:00</div>Resident Council Meeting<div>TH</div><div>CL</div><div>TH</div><div>6:00</div>Resident or Staff Pick Movie Night</div>	27 <div><div>B</div><div>TH</div><div>CL</div><div>TH</div><div>10:15</div>Bistro Break Visit with neighbors, catch up on local and national news (get ready for Thursday's news challenge), start a puzzle, play cards and enjoy coffee and conversations!<div>1:00</div>Health and Fitness Class<div>2:00</div>Cranium Challenges<div>TH</div><div>3:00</div>Women's History Month Documentary RBG (1 hr 38 min)<div>TH</div><div>6:00</div>Resident or Staff Pick Movie Night</div>	28 <div><div>CL</div><div>H</div><div>CL</div><div>TH</div><div>GR</div><div>B</div><div>9:45</div>Walking Club<div>10:30</div>Thursday Trivia Time<div>1:30</div>Weekly News Challenge Test Your Knowledge of Current Events and Good News Stories<div>TH</div><div>2:00</div>St. Mark's Episcopal Church Outreach Bible Study and Short Service<div>GR</div><div>3:00</div>Happy Hour with Live Entertainment!!<div>B</div><div>3:10</div>Houston Astros Baseball is back and we are taking on the Yankees in the first game</div>	29 <div>Good Friday</div> <div><div>CL</div><div>B</div><div>JK</div><div>TH</div><div>CF</div><div>9:45</div>Chair Yoga<div>10:15</div>Bistro Break Visit with neighbors, catch up on local and national news (get ready for Thursday's news challenge), start a puzzle, play cards and enjoy coffee and conversations!<div>11:30</div>March Birthday Lunch celebration<div>TH</div><div>1:00</div>Health & Fitness Class<div>1:45</div>Group Outing RSVP with Concierge<div>2:00</div>Catholic Communion</div>	30 <div><div>CL</div><div>TH</div><div>TH</div><div>TH</div><div>B</div><div>9:30</div>Bridge Club Everyone Welcome<div>9:30</div>Strong and Flexible<div>10:30</div>Mental Fitness Packets Available at Concierge desk<div>TH</div><div>1:15</div>Prize Bingo<div>1:30</div>Shopping Trip RSVP with Concierge<div>TH</div><div>B</div><div>2:15</div>Saturday Movie Matinee<div>6:00</div>Plenty of Puzzles</div>
31 <div>Easter</div> <div><div>TH</div><div>B</div><div>B</div><div>TH</div><div>9:30</div>Church Outing RSVP: Front Desk<div>10:30</div>Mental Fitness Packets Available at Concierge desk<div>TH</div><div>1:00</div>Sunday Catholic Mass Viewing<div>B</div><div>2:00</div>Sweet Treat Sunday<div>B</div><div>6:00</div>Cards anyone? Bridge, Uno, Hearts - you decide!<div>TH</div><div>6:00</div>Sunday Night Movie</div>						