

MARCH 2024



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
PL - 7th Floor Pool Lounge B - Bistro GA - Garden Room GR - Great Room JK - Josephine's Kitchen TH - Town Hall					1 3:15 and 7:15 PM "Eileen" Drama, Mystery 2023, R 1h 37m TH 9:30 Core & Stability TH 2:00 Stretch with Heidi TH 3:00 Book Review by Richard Stanford: Founding Partisans by H.W. Brands PL 4:00 Rosary Prayers	2 3:15 and 7:15 PM "Speed" Action, Thriller 1994, R, 1h 56m PL 9:00 AquaFit with the YMCA 10:00 Walgreens/ Kroger TH 10:30 Wordle! B 1:00 Bistro Games TH 2:00 TRENDING: Weekly Discussion Group
3 3:15 and 7:15 PM "Mr. Holmes" Crime, Drama 2015, PG, 1h 44m 10:00 Online Church Services- TBD (SR) TH 3:00 Bingo with Young Men's Service League	4 3:15 and 7:15 PM "A Streetcar Named Desire" Drama 1951, M, 2h 2m TH 9:30 Belmont Balance TH 10:30 Brain Games TH 2:00 Yoga with Heidi PL 3:00 Monday Bridge JK 5:00 Music with dinner- Thiago on piano	5 3:15 and 7:15 PM "The Boys in the Boat" Bio, Drama 2023, PG-13, 2h 3m TH 9:30 Muscle Matters PL 10:30 Catholic Communion B 1:00 Bistro Games TH 2:00 Boot Camp TH 3:00 Chef Chat!	6 3:15 and 7:15 PM "One Flew Over the Cuckoo's Nest" Drama 1975, R, 1h 33m TH 9:30 Stretch TH 10:30 Wordle! TH 2:00 Yoga with Heidi TH 3:00 Current Events with Randy Mayeaux PL 3:00 Wednesday Bridge	7 3:15 and 7:15 PM "Poor Things" Comedy, Drama 2023, R, 2h 21m TH 9:30 Cardio TH 10:30 Art Class with Reena PL 10:30 Spanish 101 with Viri B 1:00 Bistro Games TH 2:00 Boot Camp GR 3:00 Happy Hour- Peggy Lohr	8 3:15 and 7:15 PM "Killers of the Flower Moon " Crime, History 2023, R 3h 26m TH 9:30 Core & Stability TH 10:30 Poetry, Etc. with Lauren LeBlanc TH 2:00 Stretch with Heidi TH 3:00 Discussion: International Women's Day	9 3:15 and 7:15 PM "The Color Purple" Drama, Musical 2023, PG-13, 2h 21m PL 9:00 AquaFit with the YMCA 10:00 Walgreens/ Kroger TH 10:30 Wordle! B 1:00 Bistro Games TH 2:00 TRENDING: Weekly Discussion Group
10 Ramadan Begins Oscar Night Pajama Party @ 7 PM (Weekly movies will resume March 11th) 10:00 Online Church Services- TBD (SR) TH 3:00 Bingo with Young Men's Service League GR 4:00 Live Worship Service- Park Cities Baptist 7:00 Oscar Night Pajama Party	11 3:15 and 7:15 PM "A Beautiful Mind" Biography, Drama 2001, PG-13, 2h 15m TH 9:30 Belmont Balance TH 10:30 Brain Games TH 2:00 Yoga with Heidi PL 3:00 Monday Bridge JK 5:00 Music with dinner- Thiago on piano	12 3:15 and 7:15 PM "Slumdog Millionaire" Crime, Drama, Romance 2008, R, 2h TH 9:30 Muscle Matters PL 10:30 Caregiver Support Group- Led by Michalyn R. TH 10:30 Game Hour with Students from Prestonwood B 1:00 Bistro Games TH 2:00 Boot Camp	13 3:15 and 7:15 PM "The Shape of Water" Drama, Fantasy 2017, R, 2h 3m TH 9:30 Stretch TH 10:30 Catholic Mass with Holy Trinity- Screening Room TH 10:30 Wordle! GR 1:00 Performance by Marty & Jacqui TH 2:00 Yoga with Heidi PL 3:00 Wednesday Bridge	14 3:15 and 7:15 PM "Nomadland" Drama 2020, R, 1h 47m TH 9:30 Cardio TH 10:30 Art Class with Reena PL 10:30 Spanish 101 with Viri B 1:00 Bistro Games TH 2:00 Boot Camp GR 3:00 Happy Hour- Sherry Hamilton	15 3:15 and 7:15 PM "Leap Year" Comedy, Romance 2010, PG, 1h 40m TH 9:30 Core & Stability TH 10:30 Poetry, Etc. with Lauren LeBlanc GR 11:00 The McLane School of Dance performs TH 2:00 Stretch with Heidi GR 3:00 St. Patrick's Party	16 3:15 and 7:15 PM "Dance with Wolves" Adventure, Drama, Western 1990, PG-13, 3h 1m PL 9:00 AquaFit with the YMCA 10:00 Walgreens/ Kroger TH 10:30 Wordle! B 1:00 Bistro Games TH 2:00 TRENDING: Weekly Discussion Group



Sunday		Monday		Tuesday		Wednesday		Thursday		Friday		Saturday	
17	St. Patrick's Day	18		19	Spring Begins	20		21		22		23	
<p>3:15 and 7:15 PM "The Quiet Man" Comedy, Drama 1952, NR, 2h 9m</p> <p>10:00 Online Church Services- TBD (SR)</p> <p>TH 3:00 Bingo with Young Men's Service League</p>		<p>3:15 and 7:15 PM "The Last Emperor" Biography, Drama 1987, PG-13, 2h 43m</p> <p>TH 9:30 Belmont Balance</p> <p>TH 10:30 Brain Games</p> <p>TH 2:00 Yoga with Heidi</p> <p>PL 3:00 Monday Bridge</p> <p>JK 5:00 Music with dinner- Thiago on piano</p>		<p>3:15 and 7:15 PM "All the President's Men" Drama, History 1976, PG, 2h 18m</p> <p>TH 9:30 Muscle Matters</p> <p>10:30 "Dallas Blooms" Dallas Arboretum & Lunch Outing</p> <p>PL 10:30 Catholic Communion</p> <p>B 1:00 Bistro Games</p> <p>TH 2:00 Boot Camp</p>		<p>3:15 and 7:15 PM "Book Club" Comedy, Drama 2018, PG-13, 1h 44m</p> <p>TH 9:30 Stretch</p> <p>TH 10:30 Wordle!</p> <p>TH 1:00 HPH Edu. Series:"Maximizing Attention & Memory"</p> <p>TH 2:00 Yoga with Heidi</p> <p>TH 3:00 Current Events- Randy Maveaux</p>		<p>3:15 and 7:15 PM "Damsel"Action, Adventure, Fantasy 2024, PG-13, 1h 50m</p> <p>TH 9:30 Cardio</p> <p>TH 10:30 Art Class with Reena</p> <p>PL 10:30 Spanish 101 with Viri</p> <p>B 1:00 Bistro Games</p> <p>TH 2:00 Boot Camp</p> <p>GR 3:00 Happy Hour- Marty Ruiz</p>		<p>3:15 and 7:15 PM "The Holdovers" Drama 2023, R, 1h 40m</p> <p>TH 9:30 Core & Stability</p> <p>TH 12:00 Lunch & Learn: Hip Fractures and Fall Prevention with Dr. Storich- RSVP</p> <p>TH 2:00 Stretch with Heidi</p>		<p>3:15 and 7:15 PM "Oppenheimer" Biography, Drama 2023, R, 3h</p> <p>PL 9:00 AquaFit with the YMCA</p> <p>10:00 Walgreens/ Kroger</p> <p>TH 10:30 Wordle!</p> <p>B 1:00 Bistro Games</p> <p>GR 2:00 Easter Egg Hunt with Young Men's Service League</p>	
24		25	Holi	26		27		28		29	Good Friday	30	
<p>3:15 and 7:15 PM "Noah" Adventure, Drama 2014, PG- 13, 2h 18m</p> <p>10:00 Online Church Services- TBD (SR)</p> <p>TH 3:00 Bingo with Young Men's Service League</p> <p>GR 4:00 Live Worship Service- First Baptist Dallas</p>		<p>3:15 and 7:15 PM "Unthinkable" Crime, Drama 2010, R, 1h 37m</p> <p>TH 9:30 Belmont Balance</p> <p>TH 10:30 Brain Games</p> <p>TH 2:00 Yoga with Heidi</p> <p>PL 3:00 Monday Bridge</p> <p>JK 5:00 Music with dinner- Thiago on piano</p>		<p>3:15 and 7:15 PM "Annie" Comedy, Drama 1982, PG, 2h 7m</p> <p>TH 9:30 Muscle Matters</p> <p>B 1:00 Bistro Games</p> <p>TH 2:00 Boot Camp</p> <p>TH 4:00 March Resident Council- All residents Invited!</p>		<p>3:15 and 7:15 PM "Book Club Ch. 2" Comedy, Romance 2023, PG-13, 1h 47m</p> <p>TH 9:30 Stretch</p> <p>TH 10:30 Wordle!</p> <p>TH 2:00 Yoga with Heidi</p> <p>PL 3:00 Wednesday Bridge</p>		<p>3:15 and 7:15 PM "The Electrical Life of Louis Wain" Biography 2021, PG-13, 1h 51m</p> <p>TH 9:30 Cardio</p> <p>TH 10:30 Art Class with Reena</p> <p>PL 10:30 Spanish 101 with Viri</p> <p>B 12:00 Baseball Opening Day!</p> <p>TH 2:00 Boot Camp</p> <p>GR 3:00 Happy Hour-</p>		<p>3:15 and 7:15 PM "American Fiction" Comedy, Drama 2023, R, 1h 57m</p> <p>TH 9:30 Core & Stability</p> <p>TH 10:30 Big Beats Music & Movement with Carolyn Dobson</p> <p>GR 11:00 Texas Winds: Harp & Cello</p> <p>JK 11:30 March Birthday Lunch- RSVP</p> <p>TH 2:00 Stretch with Heidi</p>		<p>3:15 and 7:15 PM "The Dog who Saved Easter " Comedy 2014, PG 1h 27m</p> <p>PL 9:00 AquaFit with the YMCA</p> <p>10:00 Walgreens/ Kroger</p> <p>TH 10:30 Wordle!</p> <p>B 1:00 Bistro Games</p> <p>TH 2:00 TRENDING: Weekly Discussion Group</p> <p>GR 3:00 Saturday Party</p>	
31	Easter												
<p>3:15 and 7:15 PM "Easter Parade" Musical, Romance 1948, G, 1h 43m</p> <p>10:00 Online Church Services- TBD (SR)</p> <p>JK 11:00 Easter Sunday Brunch- RSVP for Guests</p>													