

ASSISTED LIVING | MEMORY CARE

## **MARCH 2024**



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 10:00 Sit and Be Fit 11:00 Balance Class GR 12:00 Rick on Piano 11:00 Shabbat PI 1:30 Poker AS 1:30 Studying the Way:	10:00 Sit and Be Fit  In 10:00 Walmart Outing In 1:30 Bingo for Bucks! I:30 Bridge I:30 Evening Movie
10:00 Sit and Be Fit 11:00 Mindfulness & Meditation w/ Craig 1:00 Poker 1:10 Men's Chat: with Craig 2:00 Art Workshop w/Hope	10:00 Sit and Be Fit 10:30 Daily Chronicle & Discussion 1:30 Book Club Discussion: New Book Selection	9:30 Morning Walking Club 10:00 Fitness with Joel 10:30 Learn Something New: Loteria (Spanish Bingo) 11:00 Balance Class	9:30 Catholic Holy Communion 11 10:00 Sit and Be Fit 10:45 Trader Joes Outing AS 1:30 Women's Group: Paint W/ Elaine B.	GR 9:30 Morning Walking Club 10:00 Fitness with Joel 1:00 Bible Study with Jerry GR 2:00 Happy Hour: Jerry Weisbecker 6:30 Evening Movie	10:00 Sit and Be Fit 11:00 Balance Class GR 12:00 Rick on Piano 11:00 Shabbat 11:30 Poker AS 1:30 Studying the Way:	9 11 10:00 Sit and Be Fit 10:00 Target Outing 11:30 Bingo for Bucks! 1:30 Bridge 6:30 Evening Movie
- 10.00 On and Bo i it	11 10:00 Sit and Be Fit 10:30 Chat with Cyntia: Executive Director 1:30 Book Club Discussion: The Wine Makers Wife	9:30 Morning Walking Club 10:00 Fitness with Joel 10:30 Learn Something New: Loteria (Spanish Bingo) 11:00 Balance Class	13  11 9:30 Catholic Holy Communion  11 10:00 Sit and Be Fit  GR 10:30 Dollar Tree Outing AS 1:30 Womens Discussion Group  11 20 Separate Value 2	9:30 Morning Walking Club 9:30 Pop-Up Trunk Show 9:30-3:00pm 11 10:00 Fitness with Joel 1:00 Bible Study with Jerry 2:00 Happy Hour: Panama	15 11 10:00 Sit and Be Fit 11:00 Balance Class GR 12:00 Rick on Piano 11:00 Shabbat 11:30 Poker AS 1:30 Studying the Way:	16 11 10:00 Sit and Be Fit 10:00 Walmart Outing 11 1:30 Bingo for Bucks! 1:30 Bridge 6:30 Evening Movie
17 St. Patrick's Day  TH 10:00 Sit and Be Fit  TH 11:00 Mindfulness &  Meditation w/ Craig  PI 1:00 Poker  TH 1:10 Men's Chat: with Craig  AS 2:00 Art Workshop w/Hope	18 10:00 Sit and Be Fit 10:30 Daily Chronicle & Discussion 1:30 Book Club Discussion: The Wine Makers Wife	9:30 Morning Walking Club 10:00 Fitness with Joel 10:30 Learn Something New: Loteria (Spanish Bingo) 11:00 Balance Class	20  1H 9:30 Catholic Holy Communion  1H 10:00 Sit and Be Fit 1:30 Womens Discussion Group  3:00 Afternoon Scrabble	9:30 Morning Walking Club 10:00 Fitness with Joel 1:00 Bible Study with Jerry 2:00 Happy Hour: Mark Cole 6:30 Evening Movie	10:00 Sit and Be Fit 11:00 Balance Class Results of Piano 11:00 Shabbat PI 1:30 Poker AS 1:30 Studying the Way:	111 10:00 Sit and Be Fit  GR 10:00 Target Outing  111 1:30 Bingo for Bucks!  11:30 Bridge 6:30 Evening Movie
10:00 Sit and Be Fit	10:30 Daily Chronicle & Discussion 1:30 Book Club Discussion: The Wine	\ <b>!</b>	11:00 Catholic Holy Communion 11:00 Sit and Be Fit 10:30 Activity Chat GR 11:00 Lunch at Black Bear Dinner	9:30 Morning Walking Club 10:00 Fitness with Joel 11:00 Resident Council AS 1:00 Bible Study with Jerry 2:00 Dana Shaw's One Woman Show	Good Friday  TH 10:00 Sit and Be Fit 11:00 Balance Class GR 12:00 Rick on Piano TH 1:00 Shabbat PT 1:30 Poker AS 1:30 Studying the Way:	10:00 Sit and Be Fit 10:00 Walmart Outing 11:30 Bingo for Bucks! 1:30 Bridge 6:30 Evening Movie
TH 10:00 Sit and Be Fit 10:30 Easter Sunday Brunch 10:30am-1:00pm TH 11:00 Mindfulness & Meditation w/ Craig PI 1:00 Poker						