

ASSISTED LIVING | MEMORY CARE

MARCH 2024



ASSISTED LIVING T MEMORY CAR	RE					
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
AC - Alcove, 3rd floor B - Bistro, 1st Floor CY - Courtyard, 1st floor GR - Great Room, 1st Floor JK - Josephine's Kitchen, 1st Floor TH - Town Hall, 1st Floor		* See any changes on the Daily Schedule	* See any changes on the Daily Schedule		9:30 Let's Get Fit - Zumba 10:30 Knitting/Sewing Class with Suzzy 1:15 Trip Outing: Los Altos Historical Museum 1:30 Mahjong 2:00 African American History 2:00 Bridge 1:5 Movie Night	National Dr Seuss Day! 11 9:30 Tech Help with Suzzy 11 10:30 Dr Seuss Lecture and Creative Writing with Suzzy GR 1:00 Outing: Scenic Drive - Stanford 11 2:30 Movie Club Pick: Upgraded 11 6:15 Movie Night - Dr. Seuss Classic
Theme of Week: Woman's History P:00 Virtual Sunday Mass 10:00 Jane Goodall - Documentary The 1:15 Baptist Church and Choir Choir The 2:30 Movie Club Pick: The First Wives Club The 6:15 Late Night Classic	9:30 Let's Get Fit - Dumbbells IH 10:30 Woman Of Impact - Changing The World IH 1:15 Balance Class! 1:30 Breath California Live Presentation: How To Manage Your Breathing/Lunch Health AC 2:00 Bridge IH 6:15 Musical Monday	9:30 Let's Get Fit - TheraBand 11-10:30 Welcome/Party Committee with Suzzy 11:00 Music with Rebecca 11:15 Balance Class! 11-2:30 Mixology Class with Suzzy - Whiskey Tasting 11-15 Bible Study with Pastor Crown 11-15 Movie Night	9:30 Let's Get Fit - Solid Strength 11-10:00 Catholic Communion with Rita and Jesse GR 10:00 Shopping Outing: Rite Aid 11-10:30 Garden/Chicken Club 11-10:00 Bingo with Kit AC 2:15 Chess Class B 2:15 Helping Hands Club - Earth Week Prep	9:30 Let's Get Fit - Noodles 11:10:45 Book Club with Suzzy 1:30 Woman Owned Restaurant Outing: "Fancy Flavors" 11:30 History Lecture with Professor Di Bono 11:45 Movie Night	9:30 Let's Get Fit - Zumba IH10:30 Knitting/Sewing Class with Suzzy I:15 Trip Outing: Woman Owned Winery Tour I:30 Mahjong C:00 Bridge IH 2:00 Women's History - Being The Queen IH 6:15 Movie Night	9:30 Tech Help with Suzzy III 10:30 Woman Of History IX 12:30 Girl Scout Cookie Visit: Support Female Entrepreneurs! III 1:00 Outing: Scenic Drive - Redwood Grove III 1:15 Creative Writing "My Stories Matter" III 2:30 Movie Club Pick: Love Accidentally
Theme of Week: Ireland 19:00 Virtual Sunday Mass 10:00 Explore Ireland - Documentary 11:15 Baptist Church and Choir 11:15 Movie Club Pick: Hidden Figures 11:15 Late Night Classic	11 IF 9:30 Let's Get Fit - Dumbbells GR 10:30 Walking Club with Kit - Campbell Track IF 1:15 Balance Class! AC 2:00 Bridge 2:30 Flower Arranging with Poppie IF 6:15 Musical Monday Movie	1:15 Art with Tami 1:15 Balance Class! 1 2:30 Brain Games with Suzzy 3:00 Cards with Suzzy	13 IH 9:30 Let's Get Fit - Solid Strength IH 10:00 Catholic Communion with Rita and Jesse GR 10:00 Shopping Outing: Briarwood Antiques IH 1:00 Bingo with Kit AC 2:15 Chess Class IH 2:15 Cornhole Club IK 3:00 Happy Hour: Live Music IH 6:15 Animation	14 11 9:30 Let's Get Fit - Noodles 11 10:45 Book Club with Suzzy 11:30 Irish Pub Restaurant Outing: "Fibbar Magees" 11 3:00 History Lecture with Professor Rick Deutsch 11 6:15 Movie Night	9:30 Let's Get Fit - Zumba 11:30 A Look Into The History Of The Irish Pub 1:30 Mahjong 2:00 Bridge 11:2:00 Dive into Ireland History IX 3:00 Live Irish Dance Performance 11:6:15 Movie Night	16 11 9:30 Tech Help with Suzzy 11 10:30 Coffee Shop Outing with Suzzy 11:00 Outing: Scenic Drive - Vasona 1:00 Women's History Q+A - Visit From Female Military Members 2:00 New Family/ Resident Orientation 11 2:45 Movie Club Pick:



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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
Theme of Week: Inventions 1 9:00 Virtual Sunday Mass 10:30 Make Your Own Irish Cream with Suzzy! 1:15 Baptist Church and Choir 1 2:30 An Irish Journey - St Patricks History 1 6:15 Late Night Classic	18 11 9:30 Let's Get Fit - Dumbbells 11 10:00 Inventions That Shook The World - Documentary 11 1:15 Balance Class! AC 2:00 Bridge 11 6:15 Musical Monday Movie	19 Spring Begins TH 9:30 Let's Get Fit - TheraBand TH 10:30 Women's History Q+A - Visit From Sunnyvale Female Firefighter/Police Officers TH 1:15 Balance Class! TH 2:00 Resident Council TH 3:15 Admin Highlight - Irish Music, Dress, Culture with Suzzy AC 3:15 Bible Study with Pastor Crown	1H 9:30 Let's Get Fit - Solid Strength 1H 10:00 Catholic Communion with Rita and Jesse GR 10:00 Shopping Outing: Target 1H 10:30 Garden/Chicken Club 1H 1:00 Bingo with Kit AC 2:15 Chess Class 1H 2:15 Neighborhood Walking Club 1K 3:00 Happy Hour: Live	Noodles 11-10:45 Book Club 11:30 Invent Your Own Pizza Restaurant Outing: MOD Pizza 11-2:00 Inventions - Edison 11-3:00 Chef's Chat with	9:30 Let's Get Fit - Zumba Records 1:15 Trip Outing: Tech Museum 1:30 Mahjong 2:00 Bridge 1:00 Inventions - The Golden Gate Bridge 1:00 May Summer Summ	9:30 Tech Help 11:10:30 A Dive Into Tesla 1:00 Outing: Scenic Drive - Palo Alto 11:00 Movie Club Pick: Mona Lisa's Smile 2:30 Womans Club 11:00 Outing: Scenic Drive - Palo Alto 11:00 Outing: Scenic Drive - Palo Al	
Theme of Week: Music History 9:00 Virtual Sunday Mass 10:00 In Search of Mozart - Documentary 1:15 Baptist Church and Choir 2:30 Movie Club Pick: Bend It Like Beckham 6:15 Late Night Classic Easter	Holi 1 9:30 Let's Get Fit - Dumbbells 1 10:30 Admin Highlight 1 1:15 Balance Class! 2:00 Bridge 2:30 Flower Arranging with Poppie 6:15 Musical Monday Movie	1H 9:30 Let's Get Fit - TheraBand 1H 10:30 Cooking Club with Suzzy - Irish Soda Bread 1H 1:15 Art with Tami AC 1:15 Balance Class! 1H 2:15 Health Lecture with	1 9:30 Let's Get Fit - Solid Strength 1 10:00 Catholic Communion with Rita and Jesse 1 0:00 Shopping Outing: Walmart 1 10:30 Movie Club 1 1:00 Bingo with Kit AC 2:15 Chess Class 1 2:15 Indoor Volleyball 1 3:00 Happy Hour: Live Music 1 6:15 Animation	Suzzy 1:15 Woman's Q+A with Suzzy - Her Experience As A Firefighter with CALFIRE and Search and Rescue	Good Friday TH 9:30 Let's Get Fit - Zumba TH 10:30 Brain Games with Suzzy GR 1:15 Trip Outing: Hiller Aviation Museum AC 1:30 Mahjong AC 2:00 Bridge TH 2:00 Music History - The Discovery of Jazz TH 6:15 Movie Night	9:30 Tech Help 11:10:30 A Look Into Beethoven 1:00 Outing: Scenic Drive - Saratoga 11:00 Movie Club Pick: A League Of Their Own 11:00 Cy 2:45 Garden Walking Group 11:00 Group 11:00 Cy 2:45 Late Night Classic	
Mass 11:00 Family and Resident Easter Brunch 11:00 Mimosas and Juice Bar 11:30 Visit From The Easter Bunny 12:00 Easter Egg Hunt 11:00 Late Night Classic							