

# MARCH 2024



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>B</b> - Bistro, 1st Floor <b>GR</b> - Great Room, 1st Floor <b>H</b> - Hallway Activity <b>JK</b> - Josephine's Kitchen, 1st Floor <b>L</b> - Library, 2nd Floor <b>TH</b> - Town Hall, 2nd Floor		Please remember to sign up at the Concierge's Desk for all Outings, this includes: Lunch Outings, Trip Outings, Scenic Drive, and Shopping Trips.			<b>1</b> <b>TH</b> 10:00 Morning Exercise <b>L</b> 10:30 Memory Boosters <b>L</b> 2:00 Bible Study <b>TH</b> 3:15 Cards: Black Jack <b>L</b> 4:00 Shabbat <b>B</b> 4:30 Cocktail Social	<b>2</b> <b>TH</b> 10:00 Morning Stretches <b>TH</b> 10:30 Daily Chronicle News <b>GR</b> 11:00 Pen Pal Program: Cards In Great Room <b>TH</b> 1:30 Art Expression: Painting <b>TH</b> 4:00 Poker <b>TH</b> 5:30 Movie Night: Suffragette
<b>3</b> <b>TH</b> 9:30 Catholic Communion <b>TH</b> 10:30 Mass On The Air <b>L</b> 1:30 Cards: Black Jack <b>TH</b> 3:00 Bingo <b>TH</b> 4:00 Market Place <b>TH</b> 5:30 Movie Night: On the Basis of Sex	<b>4</b> <b>L</b> 9:30 Tech Assistance <b>TH</b> 10:00 Healthpro Fitness Class <b>TH</b> 10:30 Art Expression: Craft <b>L</b> 1:00 Card Game: Hand and Foot <b>GR</b> 1:30 Shopping: Walgreens (PC) <b>TH</b> 3:00 Art Expression: Sketching <b>B</b> 4:30 Cocktail Social	<b>5</b> <b>TH</b> 10:00 Healthpro Fitness Class <b>TH</b> 3:00 Bingo <b>TH</b> 4:00 Marketplace <b>H</b> 6:00 Walking Club	<b>6</b> <b>GR</b> 9:30 Bank Runs <b>TH</b> 10:00 Morning Exercise <b>TH</b> 1:30 Shopping: Walgreens(COF) <b>TH</b> 2:00 Rosary & Communion <b>L</b> 2:00 Brain Games <b>GR</b> 3:00 Happy hour <b>L</b> 3:00 Miss Fisher's Murder Mysteries <b>TH</b> 4:00 Afternoon Exercise	<b>7</b> <b>TH</b> 10:00 Healthpro Fitness Class <b>GR</b> 10:45 Walking Club: Out & About <b>L</b> 1:00 Rummikub <b>TH</b> 2:00 Art Expression: Painting <b>GR</b> 3:00 Entertainment: DJ Deano <b>TH</b> 6:00 Bingo	<b>8</b> <b>TH</b> 10:00 Morning Exercise <b>L</b> 10:30 Memory Boosters <b>L</b> 2:00 Bible Study <b>TH</b> 3:15 Cards: Black Jack <b>L</b> 4:00 Shabbat <b>B</b> 4:30 Cocktail Social	<b>9</b> <b>TH</b> 10:00 Morning Stretches <b>GR</b> 11:00 Pen Pal Program: Cards In Great Room <b>L</b> 1:00 Brain Challenges Packet: Spring Forward <b>GR</b> 3:00 Entertainment: Doug Pinson <b>TH</b> 5:30 Movie Night: Queen of Katwe
<b>10</b> <b>Ramadan Begins</b> <b>TH</b> 9:30 Catholic Communion <b>TH</b> 10:30 Mass On The Air <b>L</b> 1:30 Cards: Black Jack <b>TH</b> 3:00 Bingo <b>TH</b> 4:00 Market Place <b>TH</b> 5:30 Movie Night: Joy Luck Club	<b>11</b> Wear Your Favorite Hat <b>L</b> 9:30 Tech Assistance <b>TH</b> 10:00 Healthpro Fitness Class <b>L</b> 10:30 Mindfulness: Creating Gratitude <b>L</b> 1:00 Card Game: Hand and Foot <b>GR</b> 1:30 Shopping: Walmart (PC) <b>TH</b> 3:00 Art Expression: Sketching <b>B</b> 4:30 Cocktail Social	<b>12</b> Wear Tie Dye Attire <b>TH</b> 10:00 Healthpro Fitness Class <b>L</b> 10:30 <b>Healthpro Health Lecture: Defying Gravity</b> <b>TH</b> 1:30 Steve Wiser: Louisville Landscapes <b>TH</b> 3:00 Bingo <b>TH</b> 4:00 Marketplace <b>H</b> 6:00 Walking Club	<b>13</b> Wear Green Day <b>GR</b> 9:30 Bank Runs <b>TH</b> 10:00 Morning Exercise <b>TH</b> 11:30 Lunch Outing: Drake's St. Matthews <b>TH</b> 2:00 Rosary & Communion <b>L</b> 2:00 Brain Games <b>GR</b> 3:00 Happy Hour: Misha <b>L</b> 3:00 Miss Fisher's Murder Mysteries <b>TH</b> 4:00 Afternoon Exercise	<b>14</b> Wear Your Best Summer Attire. <b>TH</b> 10:00 Healthpro Fitness Class <b>TH</b> 10:30 Jeopardy <b>L</b> 2:00 Left, Right, Center <b>TH</b> 3:00 Scenic Drive-PC: River Road Area	<b>15</b> Wear Your Favorite Team T-Shirt <b>TH</b> 10:00 Morning Exercise <b>L</b> 10:30 Memory Boosters <b>L</b> 2:00 Bible Study <b>TH</b> 3:15 Cards: Black Jack <b>L</b> 4:00 Shabbat <b>B</b> 4:30 Cocktail Social	<b>16</b> <b>TH</b> 10:00 Morning Stretches <b>TH</b> 10:30 Nail Spa (Sign up @ the front desk) <b>GR</b> 11:00 Pen Pal Program: Cards In Great Room <b>TH</b> 1:30 Art Expression: Painting <b>L</b> 1:30 Documentary: Castles of Ireland <b>TH</b> 4:00 Poker <b>TH</b> 5:30 Movie Night: Norma Rae

\* Times and Activities Subject to Change\* Please refer to the daily schedule posted by the elevators and the monitor in the Great Room for the most up-to-date information.

# MARCH 2024



Sunday		Monday		Tuesday		Wednesday		Thursday		Friday		Saturday	
17	<b>St. Patrick's Day</b>	18		19	<b>Spring Begins</b>	20		21		22		23	
TH 9:30	Catholic Communion	L 9:30	Tech Assistance	TH 10:00	Healthpro Fitness Class	GR 9:30	Bank Runs	TH 10:00	Healthpro Fitness Class	TH 10:00	Morning Exercise	TH 10:00	Morning Stretches
TH 10:30	Mass On The Air	TH 10:00	Healthpro Fitness Class	GR 11:00	Louisville Free Public Library Book Mobile	L 10:00	Morning Exercise	GR 10:45	Walking Club: Out & About	L 10:30	Memory Boosters	JK 11:00	Easter Family Luncheon
L 1:30	Cards: Black Jack	L 10:30	Mindfulness: Creating Gratitude	11:00	St. Patrick's Day Lunch	L 1:15	Mini-Series: The Bible	L 1:15	Mini-Series: The Bible	L 1:15	Mini-Series: The Bible	GR 11:00	Entertainment: Jeff Green
TH 3:00	Bingo	L 1:00	Card Game: Hand and Foot	L 1:15	Mini-Series: The Bible	L 2:00	Rosary & Communion	L 2:00	Movie and Refreshments: POMS (2019)	L 2:00	Bible Study	GR 2:00	Entertainment: Ashleigh Skaggs
TH 4:00	Market Place	GR 1:30	Shopping: Dollar Tree (PC)	GR 3:00	Entertainment: Sherman Rucker	H 2:00	Brain Games	L 2:00	Movie and Refreshments: POMS (2019)	TH 3:15	Cards: Black Jack	GR 4:00	Pen Pal Program: Cards In Great Room
TH 5:30	Movie Night: Hidden Figures	B 4:30	Cocktail Social	TH 4:00	Marketplace	GR 3:00	Happy Hour: Vicki Rogers	TH 6:00	Bingo	B 4:30	Cocktail Social	TH 5:30	Movie: The Shirley Chisholm Story
				H 6:00	Walking Club	L 3:00	Miss Fisher's Murder Mysteries						
				TH 4:00	Afternoon Exercise	TH 4:00	Afternoon Exercise						
24		25	<b>Holi</b>	26		27		28		29	<b>Good Friday</b>	30	
TH 9:30	Catholic Communion	L 9:30	Tech Assistance	TH 10:00	Healthpro Fitness Class	GR 9:30	Bank Runs	TH 10:00	Healthpro Fitness Class	TH 10:00	Morning Exercise	TH 10:00	Morning Stretches
TH 10:30	Mass On The Air	TH 10:00	Healthpro Fitness Class	L 10:30	Women's History Month Trivia	TH 10:00	Morning Exercise	TH 10:30	Jeopardy	L 10:30	Memory Boosters	TH 10:30	Daily Chronicle News
L 1:30	Cards: Black Jack	L 10:30	Mindfulness: Creating Gratitude	L 1:15	Mini-Series: The Bible	11:00	Lunch Outing: The Raven	L 1:15	Mini-Series: The Bible	L 1:15	Mini-Series: The Bible	GR 11:00	Pen Pal Program: Cards In Great Room
TH 3:00	Bingo	L 1:00	Card Game: Hand and Foot	TH 2:00	Chef Chat	L 1:15	Mini-Series: The Bible	L 2:00	Afternoon Matinee: Mary Magdalene	L 2:00	Bible Study	L 1:15	Mini-Series: The Bible
TH 4:00	Market Place	GR 1:30	Shopping: Kroger (PC)	TH 2:30	<b>Resident Council Meeting</b>	TH 2:00	Rosary & Communion	TH 2:00	Left, Right, Center	TH 3:15	Cards: Black Jack	TH 1:30	Art Expression: Painting
TH 5:30	Movie Night: The Conspirator	TH 3:00	Art Expression: Sketching	TH 3:00	Bingo	L 2:00	Brain Games			B 4:30	Cocktail Social	TH 4:00	Poker
		B 4:30	Cocktail Social	TH 4:00	Marketplace	GR 3:00	Happy hour					TH 5:30	Movie: Mary Magdalene
				H 6:00	Walking Club	L 3:00	Miss Fisher's Murder Mysteries						
						TH 4:00	Afternoon Exercise						
31	<b>Easter</b>												
GR	Games and Refreshments												
TH 9:30	Catholic Communion												
L 10:00	Non-Denominational Easter Service (on air)												
TH 10:30	Mass On The Air												
L 1:15	Mini-Series: The Bible												
L 1:30	Cards: Black Jack												
TH 3:00	Bingo												
TH 4:00	Market Place												

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