

MARCH 2024



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					<div>1</div> <div>CL 9:30 Meditation and Breathing with Jyoti</div> <div>CL 10:00 Boxing Cardio with Weights</div> <div>GR 10:30 Music with Miriam (Piano & Singing)</div> <div>CL 1:00 Card Game: Bridge</div> <div>TH 1:30 Bingo</div> <div>B 3:00 Happy Hour</div> <div>GR 5:00 Think Tank Puzzle</div>	<div>2</div> <div>CL 9:30 Meditation and Breathing</div> <div>CL 10:00 Full Body Workout with Weights</div> <div>CL 10:30 March IQ</div> <div>CL 1:00 Card Game: Bridge</div> <div>TH 3:00 Bingo</div> <div>GR 5:00 Find The Differences Puzzle</div>
<div>3</div> <div>CL 10:00 Full Body Workout with Weights- resident led</div> <div>TH 2:00 Church Devotional with Rev. Norris from Greater Harvest Church</div> <div>TH 3:00 Bingo</div> <div>CL 5:00 Brain Boosting Puzzle</div>	<div>4</div> <div>CL 9:30 Meditation and Breathing with Jyoti</div> <div>CL 10:00 Low Impact Cardio</div> <div>TH 10:30 Movie Monday: Please Don't Eat the Daisies- Stars Doris Day, David Niven, Janis Paige</div> <div>CL 1:00 Card Game: Bridge</div> <div>TH 1:45 Welcome to March- Who Am I? Famous March Birthdays</div> <div>B 3:00 Happy Hour</div> <div>GR 5:00 Rebus puzzles</div>	<div>5</div> <div>TH 9:45 First Evangelical - Non-Denomination Devotional</div> <div>CL 10:15 Total Cardio Fitness with Weights</div> <div>CL 10:45 This Day in History</div> <div>CL 1:30 Let's Play Scrabble!</div> <div>TH 3:00 Bingo</div> <div>GR 5:00 Think Tank Puzzle</div>	<div>6</div> <div>CL 9:30 Meditation and Breathing with Jyoti</div> <div>CL 10:00 Total Cardio Fitness with Weights</div> <div>CL 10:35 Wiser Now Wednesday- Quirky Facts & Observations</div> <div>1:00 Podiatrist- Dr. Shainberg (Salon)</div> <div>CL 1:45 Marketplace</div> <div>JK 3:00 Wine & Cheese- Entertainment by- Al Mahan</div>	<div>7</div> <div>TH 9:45 First Evan. (Non-Denominational Devotional)</div> <div>CL 10:15 Upper and Lower Body Workout with Weights</div> <div>CL 10:45 This Day in History</div> <div>CL 2:00 Canvas Art with Deb Kornrumpf</div> <div>TH 3:15 Bingo</div> <div>GR 5:00 Brain Building Puzzle</div>	<div>8</div> <div>CL 9:30 Meditation and Breathing with Jyoti</div> <div>CL 10:00 Boxing Cardio with Weights</div> <div>GR 10:30 Music with Miriam (Piano & Singing)</div> <div>JK 12:15 St. Agnes- Tour of Love Theater Group</div> <div>TH 1:30 Bingo</div> <div>B 3:00 Happy Hour</div> <div>GR 5:00 Think Tank Puzzle</div>	<div>9</div> <div>CL 10:00 Full Body Workout with Weights- Resident Led</div> <div>B 11:00 Memphis Tigers Basketball vs. Florida Atlantic on CBS</div> <div>CL 1:00 Card Game: Bridge</div> <div>TH 3:00 Bingo</div> <div>GR 5:00 Find The Differences Puzzle</div>
<div>10</div> <div>Ramadan Begins</div> <div>CL 10:00 Full Body Workout with Weights- Resident Led</div> <div>TH 1:30 Bingo</div> <div>B 3:00 Classic Movie Trivia and Famous Movie Quotes</div> <div>CL 5:00 Brain Boosting Puzzle</div> <div>B 5:00 Oscars Watch Party</div>	<div>11</div> <div>CL 9:30 Meditation and Breathing with Jyoti</div> <div>CL 10:00 Low Impact Cardio</div> <div>TH 10:30 Movie Monday: Houseboat- Stars Cary Grant, Sophia Loren, Martha Hyer</div> <div>CL 1:00 Card Game: Bridge</div> <div>JK 2:00 Drum Circle with Frank Shaffer</div> <div>B 3:00 Happy Hour</div> <div>GR 5:00 Rebus puzzles</div>	<div>12</div> <div>TH 9:45 First Evangelical Non-Denominational Devotion</div> <div>CL 10:00 Total Cardio Fitness with Weights</div> <div>TH 1:45 Resident Council Meeting</div> <div>TH 3:00 Bingo</div> <div>GR 5:00 Think Tank Puzzle</div>	<div>13</div> <div>CL 9:30 Meditation and Breathing with Jyoti</div> <div>CL 10:00 Total Cardio Fitness with Weights</div> <div>CL 10:30 This Day in History</div> <div>TH 1:00 Bridge Club</div> <div>CL 1:45 Marketplace</div> <div>JK 3:00 Wine & Cheese- Entertainment by: Sisters- Gail and Sue</div> <div>GR 5:00 Word Puzzle Wednesday</div>	<div>14</div> <div>TH 9:45 First Evan. (Non-Denominational Devotional)</div> <div>CL 10:15 Upper and Lower Body Workout with Weights</div> <div>1:30 Catholic Communion</div> <div>CL 1:45 St. Patrick's Day Craft</div> <div>TH 3:00 Bingo</div> <div>GR 5:00 Brain Building Puzzle</div>	<div>15</div> <div>CL 9:30 Meditation and Breathing with Jyoti</div> <div>CL 10:00 Boxing Cardio with Weights</div> <div>TH 10:30 Ides of March Day: Viewing the Movie: Julius Caesar</div> <div>GR 10:30 Music with Miriam (Piano & Singing)</div> <div>CL 1:00 Card Game- Bridge</div> <div>B 3:00 Happy Hour</div> <div>GR 5:00 Think Tank Puzzle</div>	<div>16</div> <div>CL 10:00 Full Body Workout with Weights</div> <div>CL 1:00 Card Game: Bridge</div> <div>TH 3:00 Bingo</div> <div>GR 5:00 Find The Differences Puzzle</div>

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
17 St. Patrick's Day <div><div>CL</div>10:00 Full Body Workout with Weights<div>JK</div>11:15 Luck of the Irish- St. Patrick's Day Luncheon<div>TH</div>2:00 Church Devotional with Rev. Norris from Greater Harvest Church<div>TH</div>3:00 Bingo<div>CL</div>5:00 Brain Boosting Puzzle</div>	18 <div><div>CL</div>9:30 Meditation and Breathing with Jyoti<div>CL</div>10:00 Low Impact Cardio<div>TH</div>10:30 Movie Monday: Erin Brockovich-Starring: Julia Roberts<div>CL</div>1:00 Card Game: Bridge<div>TH</div>2:00 Dan the History Man<div>B</div>3:00 Happy Hour<div>GR</div>5:00 Rebus puzzles</div>	19 Spring Begins <div><div>TH</div>9:45 First Evangelical Non-Denominational Devotion<div>CL</div>10:00 Total Cardio Fitness with Weights<div>TH</div>1:45 Spring Has Sprung- Spring Party<div>TH</div>3:00 Bingo<div>GR</div>5:00 Think Tank Puzzle</div>	20 <div><div>CL</div>9:30 Meditation and Breathing with Jyoti<div>CL</div>10:00 Total Cardio Fitness with Weights<div>CL</div>10:35 Wiser Now Wednesday- Quirky Facts & Observations<div>TH</div>1:00 Bridge Club<div>CL</div>1:45 Marketplace<div>JK</div>3:00 Wine & Cheese-Russ Mire- Over the Garage Band<div>GR</div>5:00 Word Puzzle</div>	21 <div><div>TH</div>9:45 First Evan. (Non-Denominational Devotional)<div>CL</div>10:15 Upper and Lower Body Workout with Weights<div>1:30</div>Catholic Communion<div>CL</div>2:00 Indian Dance Workshop with Jay Kumar<div>TH</div>3:00 Bingo<div>GR</div>5:00 Brain Building Puzzle</div>	22 <div><div>CL</div>9:30 Meditation and Breathing with Jyoti<div>CL</div>10:00 Boxing Cardio with Weights<div>GR</div>10:30 Music with Miriam (Piano & Singing)<div>TH</div>1:00 Anniversary of Tuskegee Airmen Activation<div>CL</div>1:00 Card Game: Bridge<div>B</div>3:00 Happy Hour<div>GR</div>5:00 Think Tank Puzzle</div>	23 <div><div>CL</div>10:00 Full Body Workout with Weights<div>CL</div>1:00 Card Game: Bridge<div>TH</div>3:00 Bingo<div>GR</div>5:00 Find The Differences Puzzle</div>
24 <div><div>CL</div>10:00 Full Body Workout with Weights<div>GR</div>2:30 Church Hymns with Miriam and Friends<div>TH</div>3:00 Bingo<div>CL</div>5:00 Brain Boosting Puzzle</div>	25 Holi <div><div>CL</div>9:30 Meditation and Breathing with Jyoti<div>CL</div>10:00 Low Impact Cardio<div>TH</div>10:30 Movie Monday: The Miracle Worker<div>CL</div>1:00 Card Game: Bridge<div>TH</div>2:00 Dan the History Man- Women's History<div>B</div>3:00 Happy Hour<div>GR</div>5:00 Rebus puzzles</div>	26 <div><div>TH</div>9:45 First Evangelical Non-Denominational Devotion<div>CL</div>10:00 Total Cardio Fitness with Weights<div>TH</div>1:30 Bingo<div>GR</div>3:00 Dan and Accompanist-Country Western Musical Performance<div>GR</div>5:00 Think Tank Puzzle</div>	27 <div><div>CL</div>9:30 Meditation and Breathing with Jyoti<div>CL</div>10:00 Total Cardio Fitness with Weights<div>CL</div>10:35 Wiser Now Wednesday- Quirky Facts & Observations<div>TH</div>1:00 Bridge Club<div>CL</div>1:45 Marketplace<div>JK</div>3:00 Wine & Cheese-Entertainment by: Roy Fisher<div>GR</div>5:00 Word Puzzle</div>	28 <div><div>TH</div>9:45 First Evan. (Non-Denominational Devotional)<div>CL</div>10:15 Upper and Lower Body Workout with Weights<div>1:30</div>Catholic Communion<div>TH</div>3:00 Bingo<div>GR</div>5:00 Brain Building Puzzle</div>	29 Good Friday <div><div>CL</div>9:30 Meditation and Breathing with Jyoti<div>CL</div>10:00 Boxing Cardio with Weights<div>GR</div>10:30 Music with Miriam (Piano & Singing)<div>JK</div>11:15 March Birthday Luncheon<div>CL</div>1:00 Card Game: Bridge<div>TH</div>1:30 Bingo<div>B</div>3:00 Happy Hour<div>GR</div>5:00 Think Tank Puzzle</div>	30 <div><div>CL</div>10:00 Full Body Workout with Weights<div>CL</div>1:00 Card Game: Bridge<div>TH</div>3:00 Bingo<div>GR</div>5:00 Find The Differences Puzzle</div>
31 Easter <div><div>CL</div>10:00 Full Body Workout with Weights<div>JK</div>11:15 Easter Sunday Luncheon<div>TH</div>3:00 Bingo<div>CL</div>5:00 Brain Boosting Puzzle</div>						