



Sunday		Monday		Tuesday		Wednesday		Thursday		Friday		Saturday	
<div><div>AS</div> - Art Studio - 1st floor</div> <div><div>B</div> - Bistro - 1st floor</div> <div><div>FC</div> - Fitness Center - 4th floor</div> <div><div>GR</div> - Great Room - 1st floor</div> <div><div>JK</div> - Josephine's Kitchen - 1st floor</div> <div><div>SR</div> - Screening Room - 3rd floor</div> <div><div>SL</div> - Social Lounge - 3rd floor</div> <div><div>TH</div> - Town Hall - 1st floor</div>		Birthdays 3/5 - Leslie H. 3/11 - Laurretta D. 3/14 - Jack G. 3/19 - Joan C. 3/19 - Joe K. 3/20 - Jane S. 3/21 - Elizabeth M. 3/22 - Barbara P.		Birthdays 3/26 - Ann W. 3/29 - Carole W.						1 <div><div>TH</div><div>TH</div><div>SR</div><div>GR</div><div>FC</div><div>SR</div></div> <div><div>9:30</div> Tai Chi/Yoga Class</div> <div><div>10:30</div> Marketplace Shop</div> <div><div>1:00</div> Movie Matinee:All Quiet on the Western Front- 2022</div> <div><div>1:30</div> *Group Outing: Jane Ellen Bakery</div> <div><div>3:00</div> Fitness Orientation</div> <div><div>7:00</div> Movie: :All Quiet on the Western Front- 2022</div>		2 <div><div>GR</div><div>TH</div><div>SR</div><div>AS</div><div>SL</div><div>GR</div><div>SR</div></div> <div><div>9:30</div> *Grocery Drop Off: Trader Joe's</div> <div><div>10:30</div> Chair Yoga Class</div> <div><div>1:00</div> Movie: Avatar: The Way of Water (2022)</div> <div><div>2:00</div> Ceramics Class w/ Martha</div> <div><div>3:30</div> Parlor Games-Puzzles</div> <div><div>6:30</div> Card Games</div> <div><div>7:00</div> Movie: Avatar: The Way of Water (2022)</div>	
3 <div><div>GR</div><div>TH</div><div>SR</div><div>TH</div><div>SL</div><div>GR</div><div>SR</div></div> <div><div>9:00</div> *Church Drop Off</div> <div><div>10:30</div> Chair Yoga Class</div> <div><div>1:00</div> Movie: Judy (2019)</div> <div><div>2:00</div> Bingo with Coleen</div> <div><div>3:00</div> Parlor Game: Dominoes / Mexican Train</div> <div><div>6:30</div> Game Night: UNO Card Game</div> <div><div>7:00</div> Movie: Judy (2019)</div>		4 <div><div>TH</div><div>B</div><div>SR</div><div>TH</div><div>FC</div><div>SR</div></div> <div><div>9:30</div> Strengthening Class</div> <div><div>10:30</div> Cranium Crunches & Coffee</div> <div><div>1:00</div> Movie Matinee Green Book (2018)</div> <div><div>1:30</div> Zumba Class with Sheila</div> <div><div>2:00</div> Gym Fitness Class</div> <div><div>7:00</div> Movie: Green Book (2018)</div>		5 <div><div>TH</div><div>SL</div><div>SR</div><div>SL</div><div>TH</div><div>SL</div><div>SR</div></div> <div><div>9:30</div> Flexibility Class</div> <div><div>10:30</div> Stock Market discussion with Lois</div> <div><div>1:00</div> Movie Matineeee "The First Man (2018)</div> <div><div>1:00</div> Activities Chat</div> <div><div>2:00</div> Chef Chat</div> <div><div>3:30</div> Ted Talk -Is Climate Change Slowing Down the Ocean?</div> <div><div>7:00</div> Movie: The First Man (2018)</div>		6 <div><div>TH</div><div>B</div><div>TH</div><div>SR</div><div>AS</div><div>SR</div></div> <div><div>9:30</div> Cardio Class</div> <div><div>10:30</div> Belmont Angels- Service to others with Sylvia</div> <div><div>10:30</div> Church Service w/ Pastor</div> <div><div>1:00</div> Matinee Movie:The Theory of Everything (2014)</div> <div><div>3:00</div> Art with Sylvia</div> <div><div>7:00</div> Movie:The Theory of Everything (2014)</div>		7 <div><div>TH</div><div>SR</div><div>FC</div><div>JK</div><div>B</div><div>SR</div></div> <div><div>9:30</div> Balance Class</div> <div><div>1:00</div> Matinee Movie Interstellar (2014)</div> <div><div>2:00</div> Aerobic & Balance Class</div> <div><div>3:00</div> Wine & Cheese Happy Hour</div> <div><div>4:00</div> Tech support</div> <div><div>7:00</div> Movie: Interstellar (2014)</div>		8 <div><div>TH</div><div>TH</div><div>SR</div><div>GR</div><div>TH</div><div>FC</div><div>SR</div></div> <div><div>9:30</div> Tai Chi/Yoga Class</div> <div><div>10:30</div> Marketplace Shop</div> <div><div>1:00</div> Movie Matinee: Stagecoach (1939)</div> <div><div>1:30</div> *Group Outing: Campbell Historical Museum</div> <div><div>2:00</div> Wellness Lecture</div> <div><div>3:00</div> Fitness Orientation</div> <div><div>7:00</div> Movie: Stagecoach (1939)</div>		9 <div><div>GR</div><div>TH</div><div>SR</div><div>AS</div><div>SL</div><div>GR</div><div>SR</div></div> <div><div>9:30</div> *Grocery Drop Off: Lunardis</div> <div><div>10:30</div> Chair Yoga Class</div> <div><div>1:00</div> Movie Matinee: The Great Gatsby (2013)</div> <div><div>2:00</div> Ceramics Class w/ Martha</div> <div><div>3:30</div> Parlor Games-Puzzles</div> <div><div>6:30</div> Card Games</div> <div><div>7:00</div> Movie:The Great Gatsby (2013)</div>	
10 <div><div>GR</div><div>TH</div><div>SR</div><div>TH</div><div>SL</div><div>GR</div><div>SR</div></div> <div><div>9:00</div> *Church Drop Off</div> <div><div>10:30</div> Chair Yoga Class</div> <div><div>1:00</div> Movie:Limelight (1952)</div> <div><div>2:00</div> Bingo with Coleen</div> <div><div>3:00</div> Parlor Game: Dominoes / Mexican Train</div> <div><div>6:30</div> Game Night: UNO Card Game</div> <div><div>7:00</div> Movie: Limelight (1952)</div>		11 <div><div>TH</div><div>B</div><div>TH</div><div>SR</div><div>TH</div><div>FC</div><div>SR</div></div> <div><div>9:30</div> Strengthening Class</div> <div><div>10:30</div> Cranium Crunches & Coffee</div> <div><div>10:30</div> Pop- Up Library</div> <div><div>1:00</div> Movie Matinee The Color Purple - 2023</div> <div><div>1:30</div> Zumba Class with Sheila</div> <div><div>2:00</div> Gym Fitness Class</div> <div><div>7:00</div> Movie: The Color Purple 2023</div>		12 <div><div>TH</div><div>SL</div><div>SR</div><div>TH</div><div>SR</div><div>SL</div><div>SR</div></div> <div><div>9:30</div> Flexibility Class</div> <div><div>10:30</div> Current Events and Discussion</div> <div><div>1:00</div> Movie Matineeee The Matrix (1999)</div> <div><div>2:00</div> Resident Council Meeting</div> <div><div>3:30</div> Ted Talk/Group Discussion - Life's an Obstacle Course – Here's How to Navigate It</div> <div><div>7:00</div> Movie: The Matrix (1999)</div>		13 <div><div>TH</div><div>B</div><div>SR</div><div>AS</div><div>SR</div></div> <div><div>9:30</div> Cardio Class</div> <div><div>10:30</div> Belmont Angels- Service to others with Sylvia (CANCELED for today)</div> <div><div>1:00</div> Matinee Movie: Mona Lisa Smile (2003)</div> <div><div>2:00</div> Art with Sylvia</div> <div><div>7:00</div> Movie: Mona Lisa Smile (2003)</div>		14 <div><div>TH</div><div>SR</div><div>FC</div><div>JK</div><div>B</div><div>SR</div></div> <div><div>9:30</div> Balance Class</div> <div><div>1:00</div> Matinee Movie Sweet Dreams (1985)</div> <div><div>2:00</div> Aerobic & Balance Class</div> <div><div>3:00</div> Wine & Cheese Happy Hour</div> <div><div>4:00</div> Tech support</div> <div><div>7:00</div> Movie: Sweet Dreams (1985)</div>		15 <div><div>TH</div><div>TH</div><div>SR</div><div>TH</div><div>FC</div><div>SR</div></div> <div><div>9:30</div> Tai Chi/Yoga Class</div> <div><div>10:30</div> Marketplace Shop</div> <div><div>1:00</div> Movie Matinee: Walk the Line (2005)</div> <div><div>2:00</div> Wellness Lecture</div> <div><div>3:00</div> Fitness Orientation</div> <div><div>7:00</div> Movie :Walk the Line (2005)</div>		16 <div><div>GR</div><div>TH</div><div>SR</div><div>B</div><div>SL</div><div>GR</div><div>SR</div></div> <div><div>9:30</div> *Grocery Drop Off: SafeWay</div> <div><div>10:30</div> Chair Yoga Class</div> <div><div>1:00</div> Movie Matinee: The Cowboy and the Lady (1938)</div> <div><div>3:00</div> Music :Schoolcraft and Mike Murray</div> <div><div>3:30</div> Parlor Games-Puzzles</div> <div><div>6:30</div> Card Games</div> <div><div>7:00</div> Movie: The Cowboy and the Lady</div>	
17 <div><div>GR</div><div>TH</div><div>TH</div><div>JK</div><div>TH</div><div>SR</div><div>GR</div><div>SR</div></div> <div><div>9:00</div> *Church Drop Off</div> <div><div>10:30</div> Chair Yoga Class</div> <div><div>11:30</div> St Patrick's Day Themed Lunch 11:30 AM- 1:00PM</div> <div><div>2:00</div> Bingo with Coleen</div> <div><div>2:00</div> Movie: The Wizard of Oz (1939)</div> <div><div>6:30</div> Game Night: UNO Card Game</div> <div><div>7:00</div> Movie: The Wizard of Oz (1939)</div>		18 <div><div>TH</div><div>B</div><div>SR</div><div>TH</div><div>FC</div></div> <div><div>9:30</div> Strengthening Class</div> <div><div>10:30</div> Cranium Crunches & Coffee</div> <div><div>1:00</div> Movie Matinee: Music from Another Room (1998)</div> <div><div>1:30</div> Zumba Class with Sheila</div> <div><div>2:00</div> Gym Fitness Class</div> <div><div>7:00</div> Movie: Music from Another Room (1998)</div>		19 <div><div>TH</div><div>SL</div><div>SR</div><div>JK</div><div>TH</div><div>SL</div><div>SR</div></div> <div><div>9:30</div> Flexibility Class</div> <div><div>10:30</div> Current Events and Discussion</div> <div><div>1:00</div> Movie Matinee: The Prince & Me (2004)</div> <div><div>2:00</div> Chef Demo</div> <div><div>3:00</div> New Resident Orientation</div> <div><div>3:30</div> Ted Talk/Group Discussion - What if Advertising was Honest?</div> <div><div>7:00</div> Movie: The Prince & Me (2004)</div>		20 <div><div>TH</div><div>B</div><div>TH</div><div>SR</div><div>AS</div><div>SR</div></div> <div><div>9:30</div> Cardio Class</div> <div><div>10:30</div> Belmont Angels- Service to others with Sylvia</div> <div><div>10:30</div> Church Service w/ Pastor</div> <div><div>1:00</div> Matinee Movie: Dune (2021)</div> <div><div>3:00</div> Art with Sylvia</div> <div><div>7:00</div> Movie: Dune (2021)</div>		21 <div><div>TH</div><div>SR</div><div>FC</div><div>JK</div><div>B</div><div>SR</div></div> <div><div>9:30</div> Balance Class</div> <div><div>1:00</div> Matinee Movie I, Tonya (2017)</div> <div><div>2:00</div> Aerobic & Balance Class</div> <div><div>3:00</div> Wine & Cheese Happy Hour</div> <div><div>4:00</div> Tech support</div> <div><div>7:00</div> Movie: I, Tonya (2017)</div>		22 <div><div>TH</div><div>TH</div><div>JK</div><div>TH</div><div>SR</div><div>GR</div><div>FC</div><div>SR</div></div> <div><div>9:30</div> Tai Chi/Yoga Class</div> <div><div>10:30</div> Marketplace Shop</div> <div><div>11:00</div> Monthly Birthday Lunch</div> <div><div>1:00</div> Movie Matinee: The Bishop's Wife (1947)</div> <div><div>1:30</div> *Group Outing: Palo Alto Baylands Nature Preserve</div> <div><div>3:00</div> Fitness Orientation</div> <div><div>7:00</div> Movie: The Bishop's Wife (1947)</div>		23 <div><div>GR</div><div>TH</div><div>SR</div><div>AS</div><div>SL</div><div>GR</div><div>SR</div></div> <div><div>9:30</div> *Grocery Drop Off: Whole Foods</div> <div><div>10:30</div> Chair Yoga Class</div> <div><div>1:00</div> Movie Matinee: Gravity (2013)</div> <div><div>2:00</div> Ceramics Class w/ Martha</div> <div><div>3:30</div> Parlor Games-Puzzles</div> <div><div>6:30</div> Card Games</div> <div><div>7:00</div> Movie: Gravity (2013)</div>	
24 <div><div>GR</div><div>TH</div><div>TH</div><div>SL</div><div>GR</div><div>SR</div></div> <div><div>9:00</div> *Church Drop Off</div> <div><div>10:30</div> Chair Yoga Class</div> <div><div>1:00</div> Movie: Topsy-Turvy (1992)</div> <div><div>2:00</div> Bingo with Coleen</div> <div><div>3:00</div> Parlor Game: Dominoes / Mexican Train</div> <div><div>6:30</div> Game Night: UNO Card Game</div> <div><div>7:00</div> Movie: Topsy-Turvy (1992)</div>		25 <div><div>TH</div><div>B</div><div>SR</div><div>TH</div><div>FC</div></div> <div><div>9:30</div> Strengthening Class</div> <div><div>10:30</div> Cranium Crunches & Coffee</div> <div><div>1:00</div> Movie Matinee: Argo (2012)</div> <div><div>1:30</div> Zumba Class with Sheila</div> <div><div>2:00</div> Gym Fitness Class</div> <div><div>7:00</div> Movie: Argo (2012)</div>		26 <div><div>TH</div><div>SL</div><div>SR</div><div>SL</div><div>SL</div><div>SR</div></div> <div><div>9:30</div> Flexibility Class</div> <div><div>10:30</div> Current Events and Discussion</div> <div><div>1:00</div> Movie Matinee Life is Beautiful (1998)</div> <div><div>2:00</div> Gentlemen's Social Club</div> <div><div>3:30</div> Ted Talk/Group Discussion - The Formula for Successful Aging</div> <div><div>7:00</div> Movie: Life is Beautiful (1998)</div>		27 <div><div>TH</div><div>B</div><div>SR</div><div>AS</div><div>SR</div></div> <div><div>9:30</div> Cardio Class</div> <div><div>10:30</div> Belmont Angels- Service to others with Sylvia</div> <div><div>1:00</div> Matinee Movie:Apollo 13 (1995)</div> <div><div>2:30</div> Painting with Roselie</div> <div><div>7:00</div> Movie: Apollo 13 (1995)</div>		28 <div><div>TH</div><div>SR</div><div>SL</div><div>FC</div><div>JK</div><div>B</div><div>SR</div></div> <div><div>9:30</div> Balance Class</div> <div><div>1:00</div> Matinee Movie: The Last Emperor (1987)</div> <div><div>2:00</div> Belmont Book Club</div> <div><div>2:00</div> Aerobic & Balance Class</div> <div><div>3:00</div> Wine & Cheese Happy Hour</div> <div><div>4:00</div> Tech support</div> <div><div>7:00</div> Movie: The Last Emperor (1987)</div>		29 <div><div>TH</div><div>TH</div><div>JK</div><div>TH</div><div>SR</div><div>GR</div><div>FC</div><div>SR</div></div> <div><div>9:30</div> Tai Chi/Yoga Class</div> <div><div>10:30</div> Marketplace Shop</div> <div><div>11:00</div> Monthly Birthday Lunch</div> <div><div>1:00</div> Movie Matinee: An Officer and a Gentleman (1982)</div> <div><div>1:30</div> *Group Outing: Montalvo Arts Center Garden (free)</div> <div><div>3:00</div> Fitness Orientation</div> <div><div>7:00</div> Movie: "An Officer and a</div>		30 <div><div>GR</div><div>TH</div><div>SR</div><div>B</div><div>SL</div><div>GR</div><div>SR</div></div> <div><div>9:30</div> *Grocery Drop Off: Nob Hill Foods</div> <div><div>10:30</div> Chair Yoga Class</div> <div><div>1:00</div> Movie Matinee: The Westerner (1940)</div> <div><div>1:30</div> Music with Jae</div> <div><div>3:30</div> Parlor Games-Puzzles</div> <div><div>6:30</div> Card Games</div> <div><div>7:00</div> Movie: The Westerner (1940)</div>	
31 <div><div>GR</div><div>TH</div><div>JK</div><div>SR</div><div>TH</div><div>SL</div><div>GR</div><div>SR</div></div> <div><div>9:00</div> *Church Drop Off</div> <div><div>10:30</div> Chair Yoga Class</div> <div><div>11:30</div> Easter Brunch 11:30-1:00</div> <div><div>1:00</div> Hatchi: A Dog's Tale (2015)</div> <div><div>2:00</div> Bingo with Coleen</div> <div><div>3:00</div> Game: Dominoes / Mexican Train</div> <div><div>6:30</div> Game Night: UNO Card Game</div> <div><div>7:00</div> Movie: Hatchi: A Dog's Tale (2015)</div>													