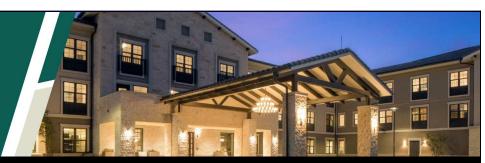


ASSISTED LIVING | MEMORY CARE

MARCH 2024



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
					1 10:00 Core & Cardio w/ Dani SR 2:00 Afternoon praise & worship w/ Lorraine GR 2:30 The LT Library Bookmobile Visit 3:00 Rummikub w/ Friends 7:00 Fridays on Broadway	10:00 Exercise w/ Dani 11:00 Lakeway / Bee Cave Saturday Shuttle 3:30 Rummikub w/ Friends 7:00 Movie Night	
3:15 A Night w/ The Austin	4 TH 10:00 Group Exercise w/ Roxan TH 11:00 Parkinsons Exercise Class B 1:00 Bridge (New Group) TH 2:00 Bible Study w/ Pastor Brent SR 3:30 Virtual Jeopardy! w/ Alan SR 7:00 Movie Night	Exercise is Canceled Today B 10:00 'Fit & Fun' Indoor Walking O 10:30 HEB Grocery Outing SR 3:30 Virtual Crosswords w/ Anthony SR 7:00 Movie Night	6 TH 10:00 Seated Strength Training SR 10:00 Veteran Women: Courage, Dedication & Challenges TH 11:30 Dementia Education Series B 1:00 Party Bridge TH 3:30 BINGO w/ Ann SR 7:00 Movie Night	B 10:00 'Fit & Fun' Indoor Walking TH 10:00 Seated Strength Training TH 10:30 Yoga Thrive TH 2:00 Belmont Players Rehearsal GR 3:30 Happy Hour SR 7:00 Movie Night	10:00 Core & Cardio w/ Dani 2:00 Resident Ambassador Meeting 3:00 Mahjongg 3:00 Rummikub w/ Friends 7:00 Fridays on Broadway	9 11:00 Exercise w/ Dani 11:00 Lakeway / Bee Cave Saturday Shuttle B 3:30 Rummikub w/ Friends 7:00 Movie Night	
Shuttle 9:30 The Lakeway Church Virtual Service 11 10:30 Group Exercise w/ Dani	110:00 Group Exercise w/ Roxan 1:00 Bridge (New Group) 2:00 Bible Study w/ Pastor Brent SR 3:30 Virtual Wheel of Fortune w/ Alan 7:00 Movie Night	B 10:00 'Fit & Fun' Indoor Walking IH 10:00 Seated Strength Training O 10:30 HEB Grocery Outing 2:00 Artistic Expression w/ Lynn B 2:00 Bon Appetit w/ Chef Steve SR 3:30 Virtual Crosswords w/ Anthony SR 7:00 Movie Night	13 TH 10:00 Seated Strength Training w/ Julie 1:00 Party Bridge SR 3:00 Discovery Series w/ Health Pro Heritage TH 3:30 BINGO w/ Ann SR 7:00 Movie Night	B 10:00 'Fit & Fun' Indoor Walking IH 10:00 Seated Strength Training IH 10:30 Yoga Thrive IH 2:00 Belmont Players Rehearsal GR 3:30 Happy Hour SR 7:00 Movie Night	15 O 8:30 Double Decker Bus Tour & Lunch Outing 10:00 Core & Cardio w/ Dani 3:00 Rummikub w/ Friends 7:00 Fridays on Broadway	16 IH 10:00 Exercise w/ Dani IK 11:00 Brunch & Bubbles O 11:00 Lakeway / Bee Cave Saturday Shuttle B 3:30 Rummikub w/ Friends 7:00 Movie Night	



IAKEWA

ASSISTED LIVING | MEMORY CARE

MARCH 2024



	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
O SR IH B B	Shuttle 9:30 The Lakeway Church Virtual Service 10:30 Group Exercise w/ Dani 2:00 BINGO w/ Friends 2:30 Milkshake Sundays 2:30 St. Paddy's Day Happy Hour	18 10:00 Group Exercise w/ Roxan 11:00 Parkinsons Exercise Class 1:00 Bridge (New Group) 2:00 Bible Study w/ Pastor Brent SR 3:30 Virtual Jeopardy! w/ Alan SR 7:00 Movie Night	B 10:00 'Fit & Fun' Indoor Walking TH 10:00 Seated Strength Training O 10:30 HEB Grocery Outing SR 2:30 "The British Woman Talks Texas" SR 3:30 Virtual Crosswords w/ Anthony SR 7:00 Movie Night	10:00 Seated Strength Training w/ Julie 1:00 Party Bridge 3:30 BINGO w/ Ann Results of the strength Training w/ Julie	B 10:00 'Fit & Fun' Indoor Walking TH 10:00 Seated Strength Training TH 10:30 Yoga Thrive TH 2:00 Belmont Players Rehearsal GR 3:30 Happy Hour SR 7:00 Movie Night	10:00 Core & Cardio w/ Dani 2:00 New Resident Mixer 3:00 Rummikub w/ Friends 7:00 Fridays on Broadway	10:00 Exercise w/ Dani 11:00 Lakeway / Bee Cave Saturday Shuttle SR 2:30 Classic Book Club Meeting B 3:30 Rummikub w/ Friends SR 7:00 Movie Night
24 O SR TH B SR	Shuttle 9:30 The Lakeway Church Virtual Service 10:30 Group Exercise w/ Dani 2:00 BINGO w/ Friends 2:30 Milkshake Sundays	Holi TH 10:00 Group Exercise w/ Roxan 1:00 Bridge (New Group) 2:00 Bible Study w/ Pastor Brent SR 3:30 Virtual Wheel of Fortune w/ Alan 7:00 Movie Night	B 10:00 'Fit & Fun' Indoor Walking Th 10:00 Seated Strength Training O 10:30 HEB Grocery Outing The 2:30 Creative Writing w/ Whitney SR 3:30 Virtual Crosswords w/ Anthony SR 7:00 Movie Night	10:00 Seated Strength Training w/ Julie JK 12:00 Resident Birthday Luncheon B 1:00 Party Bridge 3:30 BINGO w/ Ann R 7:00 Movie Night	B 10:00 'Fit & Fun' Indoor Walking TH 10:00 Seated Strength Training TH 10:30 Yoga Thrive TH 2:00 Belmont Players Rehearsal TH 2:30 Caregiver Support Group GR 3:30 'Hello Spring' Patio Party SR 7:00 Movie Night	Good Friday 10:00 Core & Cardio w/ Dani 11 2:00 The Belmont Players Rehearsal 2:30 The LT Library Bookmobile Visit 3:00 Rummikub w/ Friends 7:00 Fridays on Broadway	30 TH 10:00 Exercise w/ Dani IK 11:00 Easter Brunch O 11:00 Lakeway / Bee Cave Saturday Shuttle B 3:30 Rummikub w/ Friends SR 7:00 Movie Night
31 O SR TH B SR	9:00 Local Church Service Shuttle 9:30 The Lakeway Church Virtual Service 10:30 Group Exercise w/ Dani 2:00 BINGO w/ Friends 2:30 Milkshake Sundays						