

# MARCH 2024

March 2024



Sunday		Monday		Tuesday		Wednesday		Thursday		Friday		Saturday	
										1		2	
										TH	9:30 Morning Exercise with Anthony	TH	9:30 Morning Exercise with Herson
										B	10:30 Trivia - Leap Year Trivia	TH	10:30 Cranium Crunch
										TH	1:30 BINGO For Kisses	GR	1:30 Walking Fitness Club
										SR	2:00 Movie Matinee:	B	2:00 Black Jack
										TH	3:00 Election Review	SR	2:00 Saturday Series
										SR	7:00 Evening Movie:	GR	3:00 Special Entertainment
												SR	7:00 Evening Movie:
3		4		5		6		7		8		9	
TH	9:00 Shepherd Church Online	TH	9:30 Morning Exercise with Anthony	TH	9:30 Morning Exercise with Anthony	TH	9:30 Morning Exercise with Anthony	TH	9:30 Morning Exercise with Anthony	TH	9:30 Morning Exercise with Anthony	TH	9:30 Morning Exercise with Herson
SR	9:30 St. Paul Virtual Mass	SR	10:30 Cary Grant Movie Mornings	TH	10:15 Guided Meditation	SR	10:15 PBS News Hour	TH	10:15 10 Minute Guided Meditation	B	10:30 Oscar's Review	TH	10:30 Cranium Crunch
TH	10:30 Chair Yoga	TH	10:30 Master Class	TH	11:00 Cardio Drumming	GR	1:00 Outing - Natural History Museum	TH	11:00 Cardio Drumming	TH	1:30 BINGO For Kisses	B	1:30 Black Jack
SR	11:00 Opera Series	TH	1:30 BINGO For Kisses!	TH	1:30 Chef Chat	SR	2:00 Movie Matinee:	TH	1:30 Tai Chi & Sound Bath	SR	2:00 Movie Matinee:	TH	2:00 Saturday Series
SR	1:30 Kari Bible - Film Historian	SR	2:00 Movie Matinee:	TH	2:00 Movie Matinee:	SR	2:00 Movie Matinee:	TH	2:00 Movie Matinee:	B	2:30 Poker	TH	2:45 Mixology
SR	2:30 Movie Matinee:	TH	3:00 What Would You Do? An Ethics Discussion	TH	2:30 Creative Art Workshop	TH	4:00 Belmont Readers Audible Book Club	SR	3:30 Happy Hour Entertainment	TH	4:00 Shabbat	TH	4:00 I Love Chicago
SR	7:00 Evening Movie:	SR	7:00 Evening Movie:	SR	7:00 Evening Movie:	SR	7:00 Evening Movie:	SR	7:00 Evening Movie:	SR	7:00 Evening Movie:	SR	7:00 Evening Movie:
10	Ramadan Begins	11		12		13		14		15		16	
TH	9:00 Shepherd Church Online	TH	9:30 Morning Exercise with Anthony	TH	9:30 Morning Exercise with Anthony	TH	9:30 Morning Exercise with Anthony	TH	9:30 Morning Exercise with Anthony	TH	9:30 Morning Exercise with Anthony	TH	9:30 Morning Exercise with Herson
SR	9:30 St. Paul Virtual Mass	SR	10:30 Cary Grant Movie Mornings	TH	10:15 Guided Meditation	SR	10:30 PBS News Hour	TH	10:15 10 Minute Guided Meditation	B	10:30 Trivia - St. Patrick's Day	TH	10:30 Cranium Crunch
TH	10:30 Chair Yoga	TH	10:30 Master Class	TH	11:00 Cardio Drumming	GR	11:30 Outing - The Auld Fella - Irish Pub & Restaurant	TH	11:00 Cardio Drumming	TH	1:30 BINGO For Kisses	GR	1:30 Walking Fitness Club
SR	1:30 Heroes of Rock-n-Roll	TH	1:30 BINGO For Kisses!	TH	1:30 Resident Council Meeting	SR	2:00 Movie Matinee:	TH	1:30 Belmont 101	SR	2:00 Movie Matinee:	B	2:00 Black Jack
TH	2:00 Movie Matinee	SR	2:00 Movie Matinee:	TH	2:00 Movie Matinee:	SR	2:00 Movie Matinee:	TH	2:00 Movie Matinee:	B	2:30 Poker	SR	2:00 Saturday Series
SR	3:30 Oscar's Pre-Show	TH	2:30 Women's History Month	TH	2:30 Greeting Card Making	TH	4:00 Belmont Readers Audible Book Club	SR	3:30 Happy Hour Entertainment	SR	7:00 Evening Movie:	TH	3:30 I Love Ireland
SR	4:00 Oscar's Party	CE	3:30 Creative Writing with Loren	TH	7:00 Evening Movie:	SR	7:00 Evening Movie:	GR	7:00 Evening Movie:			SR	7:00 Evening Movie:
TH	7:00 Evening Movie	SR	7:00 Evening Movie:	SR		SR		SR					

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Sunday			Monday			Tuesday			Wednesday			Thursday			Friday			Saturday		
17	St. Patrick's Day		18			19	Spring Begins		20			21			22			23		
TH	9:00	Shepherd Church Online	TH	9:30	Morning Exercise with Anthony	TH	9:30	Morning Exercise with Anthony	TH	9:30	Morning Exercise with Anthony	TH	9:30	Morning Exercise with Anthony	TH	9:30	Morning Exercise with Anthony	TH	9:30	Morning Exercise with Herson
SR	9:30	St. Paul Virtual Mass				TH	10:15	Guided Meditation	TH	10:30	PBS News Hour	TH	10:15	10 Minute Guided Meditation	B	10:30	Trivia - Women in History	TH	10:30	Cranium Crunch
TH	10:30	Chair Yoga	SR	10:30	Cary Grant Movie Mornings	TH	11:00	Cardio Drumming	TH	11:30	Birthday Luncheon	TH	11:00	Cardio Drumming	TH	1:30	BINGO For Kisses	TH	1:30	Easter Egg Dying & Decoration
SR	11:00	Opera Series	TH	10:30	Master Class	TH	1:30	Welcome Committee Meeting	JK	2:00	Movie Matinee:	TH	1:30	Tai Chi & Sound Bath	TH	2:00	Movie Matinee:	SR	2:00	Saturday Series
SR	1:30	Heroes of Rock-n-Roll	TH	1:30	Sip & Paint	TH	2:00	Movie Matinee:	SR	2:00	Movie Matinee:	TH	2:00	Movie Matinee:	SR	2:30	Poker	B	2:30	Black Jack
SR	2:00	Movie Matinee:	SR	2:00	Movie Matinee:	TH	3:30	Learn to Play Bridge	TH	4:00	Belmont Readers Audible Book Club	TH	2:00	Movie Matinee:	TH	4:00	Shabbat	TH	3:30	I Love Butte, Montana
GR	3:30	Entertainment & St. Patrick's	SR	7:00	Evening Movie:	SR	7:00	Evening Movie:	SR	7:00	Evening Movie:	SR	3:30	Happy Hour Entertainment	SR	7:00	Evening Movie:	SR	7:00	Evening Movie:
SR	7:00	Evening Movie:																		
24			25	Holi		26			27			28			29	Good Friday		30		
TH	9:00	Shepherd Church Online	TH	9:30	Morning Exercise with Anthony	TH	9:30	Morning Exercise with Anthony	TH	9:30	Morning Exercise with Anthony	TH	9:30	Morning Exercise with Anthony	TH	9:30	Morning Exercise with Anthony	TH	9:30	Morning Exercise with Herson
SR	9:30	St. Paul Virtual Mass	SR	10:30	Cary Grant Movie Mornings	TH	10:15	Guided Meditation	SR	10:30	PBS News Hour	TH	10:15	10 Minute Guided Meditation	B	10:30	Trivia - Easter	TH	10:30	Cranium Crunch
TH	10:30	Chair Yoga	TH	10:30	Master Class	TH	11:00	Cardio Drumming	GR	1:00	Outing - Autrey Museum	TH	11:00	Cardio Drumming	TH	1:30	BINGO For Kisses	GR	1:30	Walking Fitness Club
SR	1:30	Heroes of Rock-n-Roll	TH	1:30	BINGO For Kisses!	TH	1:30	Programming and Activities Meeting	SR	2:00	Movie Matinee:	TH	1:30	Improv 101	TH	2:00	Movie Matinee:	B	2:00	Black Jack
SR	2:00	Movie Matinee:	SR	2:00	Movie Matinee:	TH	2:00	Movie Matinee:	SR	2:00	Movie Matinee:	TH	2:00	Movie Matinee:	SR	2:30	Poker	SR	2:00	Saturday Series
GR	3:30	Entertainment	CE	3:30	Creative Writing with Loren	SR	2:00	Movie Matinee:	TH	4:00	Belmont Readers Audible Book Club	TH	3:30	Happy Hour Entertainment	B	7:00	Evening Movie:	TH	3:30	I Love Philadelphia
SR	7:00	Evening Movie:	SR	7:00	Evening Movie:	TH	3:30	Learn to Play Bridge	SR	7:00	Evening Movie:	SR	7:00	Evening Movie:	SR			SR	7:00	Evening Movie:
						SR	7:00	Evening Movie:												
31	Easter																			
TH	9:00	Shepherd Church Easter Service																		
SR	9:30	St. Paul Easter Mass																		
TH	10:30	Chair Yoga																		
SR	1:30	Heroes of Rock-n-Roll																		
SR	2:30	Movie Matinee:																		
GR	3:30	Entertainment																		
SR	7:00	Evening Movie:																		