

CALABASAS ASSISTED LIVING | MEMORY CARE

MARCH 2024

March 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					9:30 Sit and Be Fit Town Hall 2nd FI 11:00 Glass Art Class Town Hall 2nd FI. 1:30 Rhythm Drumming Town Hall 2nd Floor 2:00 Jeopardy Town Hall 2nd Floor 2:00 Movie Matinee - The Secret Life of Bees PG 1H50Min. Starring Jennifer Hudson and Queen	10:00 Yoga with Jenny - Town Hall 2nd Floor Music Appreciation with Dr. Freilich- Schubert - Symphony No 9- Theater 3rd Floor 2:00 Movie Matinee - Heat Rated R 2Hr 51 m Starring Al Pacino (HULU) 2:30 Scenic Drive with Mike Meet in Great Hall
10:30 Funtastic Fitness Town Hall 2nd Floor 1:00 Knitting/Crochet Group! Circle of Friends Room 2nd Floor 1:00 Meditation Session - YouTube On the screen Theater 1:30 Shopping Outing Target! 2:00 Movie Matinee - Moving On Rated R 1Hr21 min. Starring Jane Fonda and Lily Tomlin Ramadan Begins	BL 9:15 Holy Communion 3rd Floor Near Apt 304 9:30 Sit and Be Fit Town Hall 2nd Fl 10:00 Jewelry Making Town Hall Group 1 11:45 Viewpoint Music School Lunch Performance - enjoy your lunch while watching the beautiful students of Viewpoint Perform! 1:00 Mind Fit with Guest Speaker	9:30 Sit and Be Fit NOTE LOCATION GREAT ROOM! 10:30 TED Talk and Discussion Theater 3rd Floor 11:00 AL Outing Honey and Herb Belgian Waffle House! Westlake Village! 1:30 Balance Class Town Hall 2nd floor 2:00 Bingo in the Bistro	9:30 Sit and Be Fit Town Hall 2nd FI 10:30 Docuseries on YouTube! China's Economy Theater 3rd Floor 1:00 Music Appreciation Opera Theater Bizet: Carmen 1:30 Balance Class Town Hall 2nd floor B 2:00 Braingames - Town Hall 2nd FI 2:00 Movie Matines - 'Rustin' Starring	9:30 Sit and Be Fit Town Hall 2nd FI 11:00 Creative Writing Town Hall 2nd FI. 1:30 Balance Class Town Hall 2nd floor 2:00 Book Club 3rd Floor Library 2:00 Fun and Games with Ava! Great Room! 2:00 Movie Matinee Ma Rainey's Black Rottom Starring Viola Davis 1hr	9:30 Sit and Be Fit Town Hall 2nd FI 11:00 Rubber Block Printmaking Town Hall 1:30 Come join us in Celebrating 'Betty' Judy Lindsey's 100th Birthday! Great Room 1:30 Rhythm Drumming Town Hall 2nd Floor 2:00 Jeopardy Town Hall 2nd Floor 2:00 Movie Matinee - Mank' Rated R	10:00 Yoga with Jenny - Town Hall 2nd Floor 11:00 Music Appreciation with Dr. Freilich Berlioz Symphonie Fantastique - Theater 3rd Floor 2:00 Movie Matinee - White Tiger 2 Hr Rated R Oscar Nominee (NETFLIX) 2:30 Scenic Drive with Mike Meet in Great Hall
10:30 Funtastic Fitness Town Hall 2nd Floor 1:00 Knitting/Crochet Group! Circle of Friends Room 2nd Floor 1:00 Meditation Session - YouTube On the screen Theater 1:30 Crafts with Elizabeth! WP 1:30 Shopping Outing Gelson's! 2:00 Movie Matinee - The Ballad of Buster Scrupps 2H: 13m Rated B	9:30 Sit and Be Fit Town Hall 2nd FI 1:00 Belmont Speaker Series Presents: Arvin - Our Own Wellness Coordinator speaking on Exercise As You Age! Town Hall 1:30 Balance Class Town Hall 2nd floor 2:00 Finish the Line PLEASE NOTE**Will not be held today in	9:30 Sit and Be Fit Town Hall 2nd FI 10:30 TED Talk and Discussion Theater 3rd Floor 11:30 AL Outing! Pickles Deli! Departing at 11:30 for LUNCH! 1:30 Balance Class Town Hall 2nd floor 2:00 Bingo in the Bistro 2:00 Movie Matinee - Falling For Floaro PG 1Hr/4/Min (NETFLIX) Spring Begins	9:30 Sit and Be Fit NOTE LOCATION GREAT ROOM! 10:30 Adventures with Doug Theater 3rd floor 1:00 Music Appreciation Opera - Puccini: La Boheme Theater 1:30 Balance Class NOTE LOCATION GYM! 2:00 Braingames - NOTE LOCATION 3RD FLOOR PUZZLE AREA!	9:30 Sit and Be Fit NOTELOCATION GREAT ROOM!! 10:00 Modern Takes on Ancient Texts with Rabbi Ira Theater 3rd Fl. 1:30 Balance Class NOTE LOCATION GYM!! 2:00 Fun and Games with Ava is Cancelled today due to set up for Casino Night!! 2:00 Movie Matinee - Under the	9:30 Sit and Be Fit NOTE LOCATION GREAT ROOM! 11:00 Glass Art Class COF2 1:30 Balance Class NOTE LOCATION GYM!! 2:00 Jeopardy NOTE LOCATION **CIRCLE OF FRIENDS!! 2:00 Movie Matinee - May December 1Hr Stars Natalie Portman Rated - 2024 Oscar Nominee(NETFLIX)	Freilich-Brahms 1st Symphony Theater 3rd Floor 2:00 Movie Matinee - Mudbound 2Hr Stars Mary J Blige Rated R (NETFLIX) 2:30 Scenic Drive with Mike Meet in Great Hall 3:30 Mike's Fireside Chat Great Room
10:30 Funtastic Fitness Town Hall 2nd Floor 1:00 Knitting/Crochet Group! Circle of Friends Room 2nd Floor 1:00 Meditation Session - YouTube On the screen Theater 1:30 Shopping Outing CVS! 2:00 Movie Matinee -The Shack PG - 2Hr. Stars Octavia Spencer (HULU)	9:30 Sit and Be Fit Town Hall 2nd FI 10:00 Jewelry Making Town Hall Group 2 1:00 Mind Fit with Guest Speaker Ty'Riek Layne, MS, MPH Theater 3rd Floor 1:30 Balance Class Town Hall 2nd floor GR 2:00 Finish the Line Great Room 2:00 Movie Matinee - Rig Eves PG 1Hr	9:15 Holy Communion 3rd Floor Near Apt 304 9:30 Sit and Be Fit Town Hall 2nd Fl 10:30 TED Talk and Discussion Theater 3rd Floor 11:00 AL Outing! The Museum of the San Fernando Valley Sign up at Concierge for trip and for sandwich box lunch! 1:30 Balance Class Town Hall 2nd	9:30 Sit and Be Fit Town Hall 2nd FI 10:00 Belmont's Speaker Series Featuring Marnie Klaasen! Town Hall 2nd Floor 11:00 Butterfly Boutique Great Room 1:00 Music Appreciation Opera - The Marriage Of Figaro - Mozart Theater 1:30 Balance Class Town Hall 2nd	9:30 Sit and Be Fit Town Hall 2nd FI 11:00 Creative Writing Town Hall 2nd FI. 1:30 Balance Class Town Hall 2nd floor 2:00 Book Club 3rd Floor Library 2:00 Fun and Games with Ava! Great Room! 2:00 Movie Matinee- First Knight PG 2Hr13m starring Sean Connery	9:30 Sit and Be Fit Town Hall 2nd FI 11:00 Watercolor Painting Town Hall 2nd Floor 1:30 Rhythm Drumming Town Hall 2nd Floor 2:00 Jeopardy Town Hall 2nd Floor 2:00 Movie Matinee -Out of Africa starring Meryl Streep, Robert Redford 3:00 Shabhat Services with Purim	10:00 Yoga with Jenny - Town Hall 2nd Floor 2nd Floor 11:00 Music Appreciation with Dr. Freilich- Mendelssohn Symphony #5 Theater 3rd Floor 2:00 Movie Matinee - Legal Eagles Starring Robert Redford, Deba Winger PG 1Hr 55 (NETFLIX) 2:30 Scenic Drive with Mike Meet in Great Hall
10:30 Funtastic Fitness Town Hall 2nd Floor 1:00 Join Rabbi Kahanov and Yeshiva students for music and a Megillah Reading! Great Room 1:00 Knitting/Crochet Group! Circle of Friends Room 2nd Floor 1:00 Meditation Session - YouTube On the screen Theater WP 1:30 Shopping Outing Trader Joe's! 81 Easter	9:30 Sit and Be Fit Town Hall 2nd FI 10:00 Jewelry Making Group 1 Town Hall 2nd Floor 1:30 Balance Class Town Hall 2nd floor 2:00 Finish the Line Great Room 2:00 Movie Matinee Failure to Launch PG 1Hr 24m Starring Sarah Jessica Parker and Matthew McConaughey (HIII II)	9:15 Holy Communion 3rd Floor Near Apt 304 9:30 Sit and Be Fit NOTE LOCATION GREAT ROOM! 10:30 TED Talk and Discussion Theater 3rd Floor 1:00 AL Outing - Reagan Library 1:30 Balance Class NOTE LOCATION GYM! 2:00 Bingo in the Bistro	9:30 Sit and Be Fit Town NOTE LOCATION GREAT ROOM!! 10:30 Paint With Val! NOTE LOCATION BISTRO FIRST FLOOR!! 1:00 Belmont Speaker Series Presents: Liberal Arts with Tim! NOTE LOCATION THEATER!! 1:30 Balance Class NOTE LOCATION GYM!! B 2:00 Braingames - NOTE LOCATION	9:30 Sit and Be Fit Town Hall 2nd FI 10:00 Modern Takes on Ancient Texts with Rabbi Ira Theater 3rd FI. 11:00 Creative Writing Town Hall 2nd FI. 11:30 March Birthday Celebration- Bistro 1:30 Balance Class Town Hall 2nd floor 2:00 Fun and Games with Ava! Great	9:30 Sit and Be Fit Town Hall 2nd FI 1:30 Rhythm Drumming Town Hall 2nd Floor 2:00 Jeopardy Town Hall 2nd Floor 2:00 Movie Matinee - Art of Love PG 1Hr 39 (NETFLIX) 3:00 Shabbat Services with Wendy Levenson filling in for Chaplain Lynn Town Hall 2nd Floor 3:15 Parkinson's Support Group	10:00 Yoga with Jenny - Town Hall 2nd Floor
10:30 Funtastic Fitness with Annette and a Suprise visit from the Easter Bunny!!Town Hall 2nd Floor 1:00 Knitting/Crochet Group! Circle of Friends Room 2nd Floor 1:00 Meditation Session - YouTube On the screen Theater 1:30 Easter Egg Hunt First and Second Floors!						