

RIIDRANK

ASSISTED LIVING | MEMORY CARE

MARCH 2024



| | Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | |
|----------|--|---|---|--|---|--|--|--|
| | B - Bistro LE - Center for Life Enrichment (GYM); 2nd Floor GR - Great Room JK - Josephine's Kitchen L - Lobby MT - Marty Feder Theatre TH - Town Hall | | | | | 9:30 Morning Exercise with Randal 10:30 Special Screening: If You're Not in the Obit, Eat Breakfast (2017) Documentary with Carl Reiner · 1h 20m (Max) 1:00 Beautiful Beading with Lyn! (Class A) 2:00 Beautiful Beading with Lyn! (Class B) 3:00 Daily Walking Club! Sign up at Concierge by 2:45pm. 3:00 TV Series Friday: The Crown (2023) Season 6, Ep. 10 - Finale. Drama · 72m (Netflix) | 9:00 Morning Melodies with pianist Seth Bowser! 10:00 Techy Teens Electronics Assistance! 10:30 New Tricks (British Mystery Series) 50m (Amazon/BritBox) 1:00 Book Club Special Showing: Part 1 of Killers of the Flower Moon (2023) R · Crime/Western · 1h 43m *Best Picture & Best Actress Nominee 1:00 Chair Yoga with Ligia | |
| <u>M</u> | 9:00 Shopping Trip to Target & WalMart at Empire Center (sign up) 9:30 Daily Calm Live Stream: Morning Meditation · 12m (YouTube) 10:00 Cathedral of Our Lady of the Angels Online Mass 1:00 Scenic Drive (limited space, sign up at Concierge) 2:00 Book Club Special Showing: Part 2 of Killers of the Flower Moon (2023) R · Crime/Western · 1h 43m | 9:30 Morning Exercise with Randal 10:30 Hollywood Historian Karie Bible presents: History of the Oscars! 2:00 Brain Games with Barbara Bloom! 2:00 Monday Matinee: March star Maureen O'Hara in The Quiet Man (1952) G Drama/Romance · 2h 9m (Vudu) 1 3:00 Daily Walking Club! Sign up at Concierge by 2:45pm. 3:00 Page to Screen: Book Club | 9:30 Morning Exercise with Melissa! 10:30 Jeopardy! Laugh & Learn with David! B 2:00 Black Jack Card Game! 3:00 Advanced Exercise Class with Randal 3:00 Daily Walking Club! Sign up at Concierge by 2:45pm. B 3:00 Texas Hold 'Em Poker Card Game! 7:00 Movie of the Night: Past Lives (2023) *Best Picture Nominee. PG-13 · | B 9:30 Morning Exercise with Sergio! *note location 10:30 Bible Study with Pastor Brandon *note location 1:00 Word Fun with WORDLE! 2:00 Black Jack Card Game! 2:00 Wellness Wednesday: Aerobic Exercise Focus Session! 3:00 BINGO! 3:00 Daily Walking Club! Sign up at Concierge by 2:45pm. MI 3:15 TEDxTalk with Discussion: What if music could find | 9:30 Morning Exercise with Sergio! 10:30 Jeopardy! Laugh & Learn with David 11:30 Lunch Outing: Brews Brothers Restaurant - Burbank 2:00 Advanced Exercise Class with Randal B 2:00 Hold 'Em Poker Card Game! 1 3:00 Daily Walking Club! Sign up at Concierge by 2:45pm. GR 3:30 Happy Hour: Akshay performs! 7:00 Movie of the Night: American | International Women's Day! 9:30 Morning Exercise with Randal 10:30 Women in Song: Sing-along with Sharon Abrams! 12:00 Tribute to the Amazing Women at Belmont! 1:00 Beautiful Beading with Lyn! (Class A) 2:00 Beautiful Beading with Lyn! (Class B) 3:00 Daily Walking Club! Sign up at Concierge by 2:45pm. 3:00 TV Series Friday: Lessons in Chemistry (2023) - Ep. 1. | 9 9:00 Morning Melodies with pianist Seth Bowser! B 10:00 Comfort Dogs - Paws to Share! 10:30 Shōgun (2024) Drama series · Eps. 1 · 50m (Hulu) 2:00 Chair Yoga with Ligia 2:00 Saturday Series: Buried Secrets of WWII (2019) Docuseries. Eps. 3: America's Bloodiest Battle · 45m. (Disney+) B 3:00 Bingo! 3:00 Daily Walking Club! Sign up | |
| M M | 1:59 Daylight Saving Time Begins - Spring Forward! 9:00 Shopping Trip to Ralph's & Trader Joe's (sign up) 9:30 Daily Calm Live Stream: Morning Meditation · 12m (YouTube) 10:00 Cathedral of Our Lady of the Angels Online Mass 1:00 Scenic Drive (limited space, sign up at Concierge) | 9:30 Morning Exercise with Randal 10:30 Adventures with Doug: presents Wheeler Peak, NM! 10:30 Learn how to play Mahjong! 2:00 Brain Games with Barbara Bloom! 2:00 Monday Matinee: March star Maureen O'Hara in The Hunchback of Notre Dame (1939) G · Romance/Horror · 1h 57m (Vudu) 3:00 Daily Walking Club! Sign up | 12 11 9:30 Morning Exercise with Melissa! MI 10:30 Jeopardy! Laugh & Learn with David! B 2:00 Black Jack Card Game! 11 3:00 Advanced Exercise Class with Randal 1 3:00 Daily Walking Club! Sign up at Concierge by 2:45pm. B 3:00 Texas Hold 'Em Poker Card Game! MI 7:00 Movie of the Night: Priscilla | 9:30 Morning Exercise with Sergio! 10:30 *CANCELED* Bible Study with Pastor Brandon 10:30 New Tricks (2003) TV Series · Crime/Drama · 50m (Amazon/BritBox) 1:00 Word Fun with WORDLE! 2:00 Black Jack Card Game! 2:00 Wellness Wednesday: Exercise Band Focus Session! B 3:00 BINGO! | 14 9:30 Morning Exercise with Sergio! 10:30 Meditation with Nga! 2:00 Advanced Exercise Class with Randal 2:00 Hold 'Em Poker Card Game with Steven! 3:00 Daily Walking Club! Sign up at Concierge by 2:45pm. 3:30 Happy Hour: Mike & Mandy performs! 7:00 Movie of the Night: Downton Abbey: The Movie (2019) with | 9:30 Morning Exercise with Randal 10:30 Special Screening: More life - Decoding the secret of aging (2023) Documentary · 55m (YouTube) 1:00 Beautiful Beading with Lyn! (Class A) 2:00 Beautiful Beading with Lyn! (Class B) 3:00 Daily Walking Club! Sign up at Concierge by 2:45pm. Mi 3:00 TV Series Friday: Lessons in | 16 B 10:00 Pet Partners Dog Visit! 10:30 Shōgun (2024) Drama series · Eps. 2 · 50m (Hulu) 2:00 Chair Yoga with Ligia 2:00 Saturday Series: Older Than Ireland (2015) Documentary · 1h 21m (Amazon) B 3:00 Bingo! 3:00 Daily Walking Club! Sign up at Concierge by 2:45pm. M1 7:00 Movie of the Night: Pillow Talk (1959) with Doris Day & | |
| M | Piano 2:00 Sunday Special: History's | at Concierge by 2:45pm. 7:00 Bridge Card Game on the 4th | (2023) directed by Sofia Coppola. R | 3:00 Daily Walking Club! Sign up at Concierge by 2:45pm. | Maggie Smith. PG · Drama/Romance · 2h 2m | Chemistry (2023) - Ep. 2. 55m (AppleTV) | Rock Hudson. PG · Comedy/Romance · 1h 48m | |



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| | | | | | | THE THIRD |
|---|---|--|--|---|--|---|
| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
| Happy St. Patrick's Day! 9:00 Shopping Trip to Ralph's & Trader Joe's (sign up) 9:30 Daily Calm Live Stream: Morning Meditation · 12m (YouTube) | Mi 2:00 Monday Matinee: March star | 19 Spring Begins 1 9:30 Morning Exercise with Melissa! 10:30 Jeopardy! Laugh & Learn with David! 2:00 Resident Council Meeting 3:00 Advanced Exercise Class | (== = / | David 11:30 Lunch Outing: Tam O'Shanter - Los Feliz 2:00 Advanced Exercise Class | 9:30 Morning Exercise with Randal 10:30 Fun Fitness Friday: Shuffleboard! 12:00 March Resident Birthdays Luncheon! 8 2:30 Crafting Corner: Easter | 9:00 Morning Melodies with pianist Seth Bowser! B 10:00 Comfort Dogs - Paws to Share! 10:30 Shōgun (2024) Drama series · Eps. 3 · 50m (Hulu) |
| 10:00 Cathedral of Our Lady of the Angels Online Mass 11:00 Luck O' the Irish Luncheon! 11am-1pm 11:30 St. Paddy's Day Concert: Terry Thompson Trio! 1:00 Scenic Drive (limited space, sign up at Concierge) | G · Romance/Drama · 1h 58m (Hulu) 3:00 Daily Walking Club! Sign up at Concierge by 2:45pm. 3:00 Texas Hold 'Em Poker Game! 7:00 Bridge Card Game on the 4th | with Randal 3:00 Black Jack Card Game! 3:00 Daily Walking Club! Sign up at Concierge by 2:45pm. 7:00 Movie of the Night: Election (1999) with Reese Witherspoon. R · Comedy/Romance · 1h 43m | 2:00 Hold 'Em Poker Card Game! 2:00 Wellness Wednesday: Stretching Focus Session! 3:00 BINGO! 3:00 Daily Walking Club! Sign up at Concierge by 2:45pm. 3:15 TEDxTalk with Discussion: The war-torn history of | with Randal GR 2:00 Annual Staff Awards Ceremony 1. 3:00 Daily Walking Club! Sign up at Concierge by 2:45pm. GR 3:30 Happy Hour: Mara Joyce performs! 7:00 Movie of the Night: Playing | Edition! 3:00 Daily Walking Club! Sign up at Concierge by 2:45pm. TV Series Friday: Lessons in Chemistry (2023) - Ep. 3. 55m (AppleTV) 7:00 Movie of the Night: 50 First Dates (2004) with Drew | 2:00 Chair Yoga with Ligia 2:00 Saturday Series: Riding Britain's Railways (2010) Docuseries, Eps. 1: Steam Revolution · 48m (Disney+) 3:00 Bingo! 3:00 Daily Walking Club! Sign up at Concierge by 2:45pm. |
| Palm Sunday 9:00 Shopping Trip to Ralph's & Trader Joe's (sign up) 10:00 Palms & Cathedral of Our Lady of the Angels Online Mass 1:00 Purim Party hosted by Burbank Chabad! 1:00 Scenic Drive (limited space, sign up at Concierge) GR 2:00 Special Concert by pianist Jamie Sheehan! 1:00 Daily Walking Club! Sign up at Concierge by 2:45pm. | 3:00 What's On Your Mind? Chat | 9:30 Morning Exercise with Melissa! 10:30 Jeopardy! Laugh & Learn with David! 2:00 Chef Chat with Megan! 3:00 Advanced Exercise Class with Randal 3:00 Daily Walking Club! Sign up at Concierge by 2:45pm. 3:00 Texas Hold 'Em Poker Card Game! 7:00 Movie of the Night: Creed III (2023) with Michael B. Jordan. PG-13 · Sport/Action | 9:30 Morning Exercise with Roanna! 10:30 Bible Study with Pastor Brandon 10:30 New Tricks (2003) TV Series · Crime/Drama · 50m (Amazon/BritBox) 1:00 Word Fun with WORDLE! 2:00 Black Jack Card Game! 2:00 Wellness Wednesday! Seated Kickboxing Focus Session B 3:00 BINGO! 3:00 Daily Walking Club! Sign up | Celebrating Dodger's Day! 9:30 Morning Exercise with J-run Jonathan! 10:30 Jeopardy! Laugh & Learn with Dugout David 11:00 Dodger's Day Ballpark Lunch! 11am-1pm 11:30 Lunch Outing: Octopus Japanese Restaurant - Burbank 11 2:00 Advanced Exercise Class with RBI Randal GR 2:00 Burbank Belles: Girl Scouts visit with treats! | 9:30 Morning Exercise with Randal 10:00 Oscars Recap: Poor Things (2023) with Emma Stone, R · Comedy/Sci-fi · 2h 21m (Hulu) *note explicit nudity & language 11:00 Beautiful Beading with Lyn! (Class A) 2:00 Beautiful Beading with Lyn! (Class B) 1:00 Daily Walking Club! Sign up at Concierge by 2:45pm. 1:00 TV Series Friday: Lessons in Chemistry (2023) - Ep. 6. | GR 9:00 Morning Melodies with pianist Seth Bowser! MI 10:30 Shōgun (2024) Drama series · Eps. 4 · 50m (Hulu) B 1:00 Black Jack Card Game! 2:00 Chair Yoga with Ligia 2:00 Saturday Series: Riding Britain's Railways (2010) Docuseries, Eps. 2: Tunnel Revolution · 48m (Disney+) B 3:00 Bingo! 3:00 Daily Walking Club! Sign up at Concierge by 2:45pm. MI 7:00 Movie of the Night: Easter |
| Belmont Village Celebrates Easter! 9:00 Easter Egg Hunt with Prizes! First Floor areas (one per person) 9:00 Shopping Trip to Ralph's & Trader Joe's (sign up) 10:00 Cathedral of Our Lady of the Angels Online Mass IX 11:00 Easter Bonnet Parade & Brunch! 11am-1pm 1:00 Scenic Drive (limited space, sign up at Concierge) 2:00 David's Diva Day Spa! Sign | | | | | | |