

ASSISTED LIVING | MEMORY CARE

MARCH 2024



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					10:00 Strength & Stretching 1:15 Daytime Movie: "Oppenheimer- Part1" 3:30 Happy Hour 5:30 Movie Night: "Jerry & Marge Go Large"	TH 3:00 Fun & Fitness Group Exercise SP 1:00 Afternoon movie: "Oppenheimer pt.2" SP 5:30 Movie Night: "The Way We Were"
The Vince Micari Duo 3:00 Mind Games: Anagrams	10:00 Strength & Stretching 10:30 Morning Mingle: Brain Teasers & Current Events 1:00 Parkinson's Exercise Class 1:30 RummiKub 3:00 Game: Pokeno 5P 5:30 Movie Night: "The Retirement Plan"	TH 3:00 One Day University & Discussion: "The Women of Stand-Up	Jewel/Walgreens (Sign Up at Front Desk) 9:30 Check Out Books with Indian Trails Librarian 9:30 Outing: Titanic Exhibit at Old Orchard 10:00 Strength & Stretching 1:00 Memoir Writing Class	7 10:00 Tai Chi 10:30 Morning Mingle: Brain Teasers & Current Events 1:30 Music Appreciation with Jim Kendros: "A Spring Music Festival" 3:00 Jeopardy-Women's Achievements 5:30 Cards with Barry 6:30 Games: Resident's Choice	10:00 Strength & Stretching 10:30 Shabbat Service with Rabbi Sandra 11:15 Daytime Movie: "A Beautiful Mind" 3:30 Happy Hour 5:30 Movie Night: "Made of Honor"	GR 10:00 Fun & Fitness Group Exercise GR 1:00 Bingo 2:00 Marketplace GR 3:00 Trinity Academy of Irish Dance Performance SP 5:30 Movie Night: "Goodwill Hunting"
9:30 Catholic Mass (Channel 7 on TV) GR 10:00 Fun & Fitness Group Exercise GR 2:00 Cello Concert with Jake Muzzi GR 3:00 Mind Games: Anagrams GR 5:00 Group Watch: Oscar's Red Carpet GR 6:00 Group Watch: 96th Academy Award Show	110:00 Strength & Stretching 10:30 Morning Mingle: Brain Teasers & Current Events 1:00 Parkinson's Exercise Class 1:30 Painting Class with Susie Speck: Red Umbrellas 3:00 Game: Pokeno SP 5:30 Movie Night: "Ladies in Lavender"	Events 1:30 Wheel of Fortune- Amazing Women 3:00 Creative Arts Project:	8:30 Shopping Trip: Jewel/Walgreens (Sign Up at Front Desk) 10:00 Strength & Stretching 10:30 Morning Mingle: Brain Teasers & Current Events 11:00 Lunch Bunch Outing: Bluegrass HP 1:00 Memoir Writing Class with Author, Erica Weisz K 2:30 Wine & Cheese with Musical Performance by Wayne Messmer	10:00 Tai Chi 10:30 Morning Mingle: Brain Teasers & Current Events 1:30 Pie Tasting Contest for "Pi Day" 2:30 Afternoon Movie:"The Theory of Everything" 5:30 Cards with Barry 6:30 Games: Resident's Choice	10:00 Strength & Stretching 1:00 Daytime Movie: "The Magic of Belle Isle" 3:00 Shabbat with Alan 3:30 Happy Hour 5:30 Movie Night: "The Bookshop"	GR 10:00 Fun & Fitness Group Exercise GR 1:00 Cranium Crunches 2:00 Bingo GR 3:30 Marketplace 5:30 Movie Night:"The Lady in the Van"



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GI GI SI	9:30 Catholic Mass (Channel 7 on TV) 10:00 Fun & Fitness Group Exercise 2:00 St. Patrick's Day Party with Dave Rice 3:00 Mind Games: Anagrams	10:00 Strength & Stretching 10:30 Health Talk with Paxxon: Kidney Awareness 10:30 Morning Mingle: Brain Teasers & Current Events 1:00 Parkinson's Exercise Class 1:30 Rummikub 3:00 Game: Pokeno 5:30 Movie Night: "Poor Things"	9:30 Communion 10:00 Resistance Training: Weights & Bands 10:30 Morning Mingle: Brain Teasers & Current Events 11:30 "You Be The Judge" Court Case Scenario Discussion 11:30 One Day University: "One Hundred Years Ago:How American Women Won the Right to Vote"	8:30 Shopping Trip: Jewel/Walgreens (Sign Up at Front Desk) 10:00 Strength & Stretching 10:30 Morning Mingle: Brain Teasers & Current Events 11:00 Lunch Bunch Outing: O'Toole's Libertyville 1:00 Memoir Writing Class with Author, Erica Weisz IK 2:30 Wine & Cheese with Musical Performance by John Adair	10:00 Tai Chi 10:30 Morning Mingle: Brain Teasers & Current Events 1:30 Everything You Wanted to Know About Purim with Rabbi James Gordon 3:00 Show & Share: Keepsakes, Treasures & Mementos SP 5:30 Cards with Barry GR 6:30 Games: Resident's Choice	10:00 Strength & Stretching 10:30 Shabbat Service with Rabbi Sandra IK 12:00 Monthly Birthday Luncheon for March Birthdays 1:15 Daytime Movie: "American Fiction" 1:30 Project with Paxxon 3:30 Happy Hour 5:30 Movie Night: "Golda"	GR 10:00 Fun & Fitness Group Exercise GR 1:00 Cranium Crunches 1:00 Bingo GR 3:30 Marketplace SP 5:30 Movie Night :"The Dress Maker"
GI JK GI	9:30 Catholic Mass (Channel 7 on TV) 10:00 Fun & Fitness Group Exercise	10:00 Strength & Stretching 10:30 Morning Mingle: Brain Teasers & Current Events 1:00 Parkinson's Exercise Class 1:30 Cherry & Jerry's Ragtime Duo 3:00 Game: Pokeno 5:30 Movie Night: "The Lightkeepers"	9:30 Communion 10:00 Resistance Training: Weights & Bands 10:30 Morning Mingle: Brain Teasers & Current Events 1:00 Residents' Council GR 2:00 Forever Fit Dance Ensemble GR 6:00 Games: Resident's Choice	8:30 Shopping Trip: Jewel/Walgreens (Sign Up at Front Desk) 10:00 Strength & Stretching 10:30 Morning Mingle: Brain Teasers & Current Events 11:00 Lunch Bunch Outing: Lazy Dog Restaurant & Bar 1:00 Memoir Writing Class with Author, Erica Weisz IK 2:30 Wine & Cheese with Musical Performance by	10:00 Tai Chi 10:30 Morning Mingle: Brain Teasers & Current Events 1:30 Passport to Travel: Rio de Janeiro 3:00 Book Club Discussion 5:30 Cards with Barry 6:30 Games: Resident's Choice	Good Friday 10:00 Strength & Stretching 1:30 Women's History Month: "Elisabeth Kubler Ross," portrayed by Betsey Means 3:30 Happy Hour 5:30 Movie Night: "Let Them All Talk"	GR 10:00 Fun & Fitness Group Exercise GR 1:00 Cranium Crunches 2:00 Bingo GR 3:30 Marketplace 6:00 Movie Night:"Dance with the White Dog"
JK GI	9:30 Catholic Mass (Channel 7 on TV)						