

# JANUARY 2024

January 2024



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<b>1</b> <b>New Year's Day</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>
	<div>CL 9:45 Stretch &amp; Strength</div> <div>H 10:30 Let's Get Trivia</div> <div>B 11:00 College Bowl Games   Ends at 11:00 PM</div> <div>CL 2:00 Monday's Meaningful Trivia</div> <div>CL 3:00 Bible Stories with Barbara</div> <div>B 4:00 Rose Bowl Watch Party</div> <div>TH 6:00 Resident or Staff Pick Movie Night</div> <div>B 7:45 Sugar Bowl Watch Party</div>	<div>CL 9:45 Walking Club</div> <div>H 10:30 Brain Games</div> <div>TH 2:00 Tai Chi with Wendy</div> <div>CL 2:00 Tuesday Trivia</div> <div>B 3:00 Flower Arranging Project</div> <div>TH 6:00 Resident or Staff Pick Movie Night</div>	<div>H 10:30 Fact or Fiction Trivia</div> <div>TH 1:00 Health and Fitness Class</div> <div>CL 2:00 Cranium Challenges</div> <div>CL 3:30 Book Circle   Let us know what you've been reading lately!</div> <div>TH 6:00 Resident or Staff Pick Movie Night</div> <div>CL 6:30 Bible Study with Jo and Joe</div>	<div>CL 9:45 Walking Club</div> <div>H 10:30 Trivia with Friends</div> <div>CL 1:30 Weekly News Challenge   Test Your Knowledge of Current Events and Good News Stories</div> <div>B 2:00 Resident Meet and Greet   Please help us welcome new residents!   To celebrate National Trivia Day, we will host a Men's vs. Women's Trivia Contest</div> <div>GR 3:00 Happy Hour with Live Entertainment featuring Curtis</div>	<div>CL 9:45 Chair Yoga</div> <div>TH 10:15 Art for All with Lisa! An engaging and innovative art class for seniors of all abilities. Participants will experience the joy of creating beautiful pieces of art.</div> <div>H 10:30 Friday Fun Facts</div> <div>TH 1:00 Health &amp; Fitness Class</div> <div>TH 1:45 Group Outing   RSVP with Concierge   Five Below</div> <div>CF 2:00 Catholic Communion</div> <div>TH 4:30 Shabbat Service</div> <div>TH 6:00 Friday Night Movie   Mamma</div>	<div>CL 9:30 Bridge Club   Everyone Welcome</div> <div>TH 9:30 Strong and Flexible</div> <div>TH 10:30 Inspiring Lives by Life Changers International Ministries   Praying, Scripture and more!</div> <div>TH 10:30 Mental Fitness Packets   Available at Concierge desk</div> <div>TH 1:15 Prize Bingo</div> <div>TH 1:30 Shopping Trip   RSVP with Concierge   Talbot's and Chico's</div> <div>TH 2:15 Saturday Movie Matinee  </div>
<b>7</b>	<b>8</b>	<b>9</b>	<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b>
<div>9:30 Church Outing RSVP: Front Desk</div> <div>10:30 Mental Fitness Packets   Available at Concierge desk</div> <div>B 12:00 NFL games   Lots of teams in the playoff hunt   Ends 11:00 PM</div> <div>TH 1:00 Sunday Catholic Mass Viewing</div> <div>B 2:00 Sweet Treat Sunday</div> <div>B 6:00 Cards anyone? Bridge, Uno, Hearts - you decide!</div> <div>TH 6:00 Sunday Night Movie   National Treasure (2 hr 11</div>	<div>CL 9:45 Stretch &amp; Strength</div> <div>B 10:15 Bistro Break   Visit with neighbors, share news, start a puzzle, play cards and enjoy coffee and conversations!</div> <div>TH 1:00 Health &amp; Fitness Class</div> <div>CL 2:00 Monday's Meaningful Trivia</div> <div>TH 2:30 Introduction to Perfect Pair   Meet University of Houston students and get matched for lasting friendships!</div> <div>CL 3:00 Bible Stories with Barbara</div> <div>B 3:00 Flower Arranging Project</div>	<div>CL 9:45 Walking Club</div> <div>B 10:15 Bistro Break   Visit with neighbors, share news, start a puzzle, play cards and enjoy coffee and conversations!</div> <div>B 2:00 Men's League Social</div> <div>CL 2:00 Tuesday Trivia and Geography Lesson   Focusing on US State Capitals</div> <div>TH 2:30 Mister McKinney's Historical Houston</div> <div>TH 6:00 Resident or Staff Pick Movie Night</div>	<div>B 10:15 Bistro Break   Visit with neighbors, share news, start a puzzle, play cards and enjoy coffee and conversations!</div> <div>TH 1:00 Health and Fitness Class</div> <div>CL 2:00 Cranium Challenges</div> <div>CL 3:00 Wednesday Wisdom and Resilience Training   6 week program   90 minute sessions each week</div> <div>TH 6:00 Resident or Staff Pick Movie Night</div> <div>CL 6:30 Bible Study with Jo and Joe</div>	<div>CL 9:45 Walking Club</div> <div>B 10:15 Bistro Break   Visit with neighbors, share news, start a puzzle, play cards and enjoy coffee and conversations!</div> <div>CL 1:30 Weekly News Challenge   Test Your Knowledge of Current Events and Good News Stories</div> <div>TH 2:00 St. Mark's Episcopal Church Outreach   Bible Study and Short Service</div> <div>GR 3:00 Happy Hour with Live</div>	<div>CL 9:45 Chair Yoga</div> <div>B 10:15 Bistro Break   Visit with neighbors, share news, start a puzzle, play cards and enjoy coffee and conversations!</div> <div>TH 1:00 Health &amp; Fitness Class</div> <div>TH 1:45 Group Outing   RSVP with Concierge   Chapel of St. Basil at the University of St. Thomas</div> <div>CF 2:00 Catholic Communion</div> <div>TH 4:30 Shabbat Service</div> <div>TH 6:00 Friday Night Movie   Mamma</div>	<div>CL 9:30 Bridge Club   Everyone Welcome</div> <div>TH 9:30 Strong and Flexible</div> <div>TH 10:30 Mental Fitness Packets   Available at Concierge desk</div> <div>TH 11:00 Danzactive Class with Paloma   Great exercise set to the best music!</div> <div>TH 1:15 Prize Bingo</div> <div>B 1:30 Shopping Trip   RSVP with Concierge   CVS</div> <div>B 3:30 Houston Texas vs. Cleveland Browns   First playoff game in five years!</div>
<b>14</b>	<b>15</b> <b>Martin Luther King Day</b>	<b>16</b>	<b>17</b>	<b>18</b>	<b>19</b>	<b>20</b>
<div>9:30 Church Outing RSVP: Front Desk</div> <div>10:30 Mental Fitness Packets   Available at Concierge desk</div> <div>B 12:00 NFL Playoff Games</div> <div>TH 1:00 Sunday Catholic Mass Viewing</div> <div>B 2:00 Sweet Treat Sunday</div> <div>GR 3:00 Live Music featuring Rodney Raspberry!</div> <div>B 6:00 Cards anyone? Bridge, Uno, Hearts - you decide!</div> <div>TH 6:00 Sunday Night Movie   National Treasure: Book of</div>	<div>9:45 Special MLK Day outing to Holocaust Museum   Space is limited and weather may impact trip   RSVP with Concierge</div> <div>B 10:15 Bistro Break   Visit with neighbors, share news, start a puzzle, play cards and enjoy coffee and conversations!</div> <div>TH 1:00 Health &amp; Fitness Class</div> <div>CL 2:00 Monday's Meaningful Trivia   Focus on Dr. Martin Luther King, Jr. and the Civil Rights</div>	<div>CL 9:45 Walking Club</div> <div>B 10:15 Bistro Break   Visit with neighbors, share news, start a puzzle, play cards and enjoy coffee and conversations!</div> <div>TH 2:00 Tai Chi with Autumn</div> <div>CL 2:00 Tuesday Trivia</div> <div>TH 3:00 Doc Talk with Dr. Lomeda   Discussing signs of a stroke or mini-stroke</div> <div>TH 6:00 Resident or Staff Pick Movie Night</div>	<div>B 10:15 Bistro Break   Visit with neighbors, share news, start a puzzle, play cards and enjoy coffee and conversations!</div> <div>TH 1:00 Health and Fitness Class</div> <div>GR 1:30 Faithful Paws   Visit with our favorite pups!</div> <div>CL 2:00 Cranium Challenges   Special celebration of Benjamin Franklin Day!</div> <div>CL 3:00 Wednesday Wisdom and Resilience Training   6 week program   90 minute sessions</div>	<div>CL 9:45 Walking Club</div> <div>B 10:15 Bistro Break   Visit with neighbors, share news, start a puzzle, play cards and enjoy coffee and conversations!</div> <div>CL 1:30 Weekly News Challenge   Test Your Knowledge of Current Events and Good News Stories</div> <div>GR 3:00 Happy Hour with Live Entertainment featuring Jack Carr!!</div> <div>TH 6:00 Resident or Staff Pick Movie</div>	<div>CL 9:45 Chair Yoga</div> <div>B 10:15 Bistro Break   Visit with neighbors, share news, start a puzzle, play cards and enjoy coffee and conversations!</div> <div>TH 1:00 Health &amp; Fitness Class</div> <div>CF 1:00 Nutrition Presentation by Ricki McKenna   N.E.W.   Nutrition, Exercise and Water</div> <div>TH 1:45 Group Outing   RSVP with Concierge   The Popcorn Bar Carr!!</div> <div>CF 2:00 Catholic Communion</div> <div>TH 4:30 Shabbat Service</div>	<div>CL 9:30 Bridge Club   Everyone Welcome</div> <div>TH 9:30 Strong and Flexible</div> <div>TH 10:30 Mental Fitness Packets   Available at Concierge desk</div> <div>TH 1:15 Prize Bingo</div> <div>TH 1:30 Shopping Trip   RSVP with Concierge   HEB</div> <div>TH 2:15 Saturday Movie Matinee   Puppy Love (1 hr 46 min)   After a disastrous first date, Nicole and Max vow to lose each other's numbers until their dogs find a love match.</div>

# JANUARY 2024

January 2024



Sunday		Monday		Tuesday		Wednesday		Thursday		Friday		Saturday	
21	<div>9:30 Church Outing RSVP: Front Desk</div> <div>10:30 Mental Fitness Packets   Available at Concierge desk</div> <div>TH1:00 Sunday Catholic Mass Viewing</div> <div>B2:00 Sweet Treat Sunday</div> <div>B6:00 Cards anyone? Bridge, Uno, Hearts - you decide!</div> <div>TH6:00 Sunday Night Movie   Cats (1 hr 50 min)   A tribe of cats called the Jellicles must decide yearly which one will ascend to the Heavyside</div>	22	<div>CL9:45 Celebrate Take a Walk Outdoors Day!</div> <div>B10:15 Bistro Break   Visit with neighbors, share news, start a puzzle, play cards and enjoy coffee and conversations!</div> <div>TH1:00 Health &amp; Fitness Class</div> <div>CL1:30 Monday's Meaningful Trivia</div> <div>GR2:00 Pedersen Quartet   Houston Symphony Musicians</div> <div>CL3:00 Bible Stories with Barbara</div> <div>B3:00 Flower Arranging Project</div> <div>TH6:00 Resident or Staff Pick Movie</div>	23	<div>CL9:45 Walking Club</div> <div>B10:15 Bistro Break   Visit with neighbors, share news, start a puzzle, play cards and enjoy coffee and conversations!</div> <div>B2:00 Men's League Social</div> <div>TH2:00 New Year, New You, New Fitness Class and Instructor   Join Mike for a general fitness class!</div> <div>B3:00 Poker Refresh Session   Want to join the poker tournament on Saturday but</div>	24	<div>B10:15 Bistro Break   Visit with neighbors, share news, start a puzzle, play cards and enjoy coffee and conversations!</div> <div>TH1:00 Health and Fitness Class</div> <div>CL2:00 Cranium Challenges</div> <div>CL3:00 Wednesday Wisdom and Resilience Training   6 week program   90 minute sessions each week</div> <div>TH6:00 Resident or Staff Pick Movie Night</div> <div>CL6:30 Bible Study with Jo and Joe</div>	25	<div>CL9:45 Walking Club</div> <div>B10:15 Bistro Break   Visit with neighbors, share news, start a puzzle, play cards and enjoy coffee and conversations!</div> <div>CL1:30 Weekly News Challenge   Test Your Knowledge of Current Events and Good News Stories</div> <div>TH2:00 St. Mark's Episcopal Church Outreach   Bible Study and Short Service</div> <div>GR3:00 Happy Hour with Live</div>	26	<div>CL9:45 Chair Yoga</div> <div>B10:15 Bistro Break   Visit with neighbors, share news, start a puzzle, play cards and enjoy coffee and conversations!</div> <div>JK11:30 January Birthday Lunch celebration</div> <div>TH1:00 Health &amp; Fitness Class</div> <div>1:45 Group Outing   RSVP with Concierge   Houston Heritage Society</div> <div>CF2:00 Catholic Communion</div> <div>TH4:30 Shabbat Service</div>	27	<div>CL9:30 Bridge Club   Everyone Welcome</div> <div>TH9:30 Strong and Flexible</div> <div>10:30 Mental Fitness Packets   Available at Concierge desk</div> <div>1:00 Texas Hold'em Poker Tournament   Find us by the Poker Table near Town Hall!</div> <div>TH1:15 Prize Bingo</div> <div>TH1:30 Shopping Trip   RSVP with Concierge   Dollar Tree</div> <div>TH2:15 Saturday Movie Matinee   To Catch a Thief (1 hr 46 min)   A retired jewel thief sets out</div>
28	<div>9:30 Church Outing RSVP: Front Desk</div> <div>10:30 Mental Fitness Packets   Available at Concierge desk</div> <div>TH1:00 Sunday Catholic Mass Viewing</div> <div>B2:00 Sweet Treat Sunday</div> <div>B6:00 Cards anyone? Bridge, Uno, Hearts - you decide!</div> <div>TH6:00 Sunday Night Movie   Freaky Friday (1 hr 37 min)   An overworked mother and her daughter did not get along. When they switch bodies,</div>	29	<div>CL9:45 Stretch &amp; Strength</div> <div>B10:15 Bistro Break   Visit with neighbors, share news, start a puzzle, play cards and enjoy coffee and conversations!</div> <div>TH1:00 Health &amp; Fitness Class</div> <div>CL2:00 Monday's Meaningful Trivia</div> <div>B3:00 Chat with Chef Jason</div> <div>B3:45 Flower Arranging Project</div> <div>B6:00 Celebrate National Puzzle Day   How fast can we get a puzzle done?!?</div> <div>TH6:00 Resident or Staff Pick Movie</div>	30	<div>CL9:45 Walking Club</div> <div>B10:15 Bistro Break   Visit with neighbors, share news, start a puzzle, play cards and enjoy coffee and conversations!</div> <div>CL2:00 Banned Books Club   Discussion of The Bluest Eye</div> <div>TH3:00 Resident Council Meeting</div> <div>TH6:00 Resident or Staff Pick Movie Night</div>	31	<div>B10:15 Bistro Break   Visit with neighbors, share news, start a puzzle, play cards and enjoy coffee and conversations!</div> <div>TH1:00 Health and Fitness Class</div> <div>CL2:00 Cranium Challenges</div> <div>CL3:00 Wednesday Wisdom and Resilience Training   6 week program   90 minute sessions each week</div> <div>TH6:00 Resident or Staff Pick Movie Night</div> <div>CL6:30 Bible Study with Jo and Joe</div>	Check the daily schedule for more details! The dailies will include the final and complete schedule for each day. Copies available at the Concierge desk.		January Birthdays: Mirelle R. - 1/1 Pam G. - 1/5 Sherron H. - 1/5 Patricia T. - 1/9 Margaret B. - 1/17		More January Birthdays: Marianne G. - 1/19 Evelyn L. - 1/26 Marina F. - 1/27 Don F. - 1/29 Grace T. - 1/30	