

DECEMBER 2023



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
B - Bistro 1st Floor CL - Center for Learning 2nd Floor GR - Great Room 1st Floor JK - Josephine's Kitchen 1st Floor TH - Town Hall 2nd Floor					1 CL 9:30 Meditation and Breathing with Jyoti CL 10:00 Cardio with Weights- Resident Led GR 10:30 Music with Miriam (Piano & Singing) CL 1:00 Card Game: Bridge TH 1:30 Bingo B 3:00 Happy Hour TH 4:00 Shabbat with David Krueger & Becky Ravinett GR 5:00 Think Tank Puzzle	2 CL 10:00 Full Body Workout with Weights - Resident Led CL 1:00 Card Game: Bridge TH 1:30 Bingo GR 5:00 Find The Differences Puzzle
3 CL 10:00 Full Body Workout with Weights TH 2:00 Church Devotional with Rev. Norris from Greater Harvest Church TH 3:00 Bingo CL 5:00 Brain Boosting Puzzle	4 CL 9:30 Meditation and Breathing with Jyoti CL 10:00 Low Impact Cardio TH 10:30 Movie Monday: Elf CL 1:00 Card Game: Bridge B 3:00 Happy Hour GR 5:00 Rebus puzzles	5 CL 10:00 Total Cardio Fitness with Weights GR 10:30 Piano Entertainment with Sarah Prosser CL 1:00 Card Game: Bridge TH 3:00 Bingo GR 5:00 Think Tank Puzzle	6 CL 9:30 Meditation and Breathing with Jyoti CL 10:00 Total Cardio Fitness with Weights- Resident Led TH 1:00 Holiday Movie: Scrooged- Starring Bill Murray 1:00 Podiatrist- Dr. Shainberg (Salon) CL 1:15 Bridge Club GR 5:00 Word Puzzle Wednesday JK 5:30 Resident and	7 Pearl Harbor Remembrance TH 9:45 First Evan. (Non-Denominational Devotional) CL 10:15 Upper and Lower Body Workout with Weights CL 1:45 Marketplace TH 3:00 Bingo GR 5:00 Brain Building Puzzle GR 5:00 Lighting of the Menorah	8 Hanukkah Begins CL 9:30 Meditation and Breathing with Jyoti CL 10:00 Cardio with Weights- Resident Led GR 10:30 Music with Miriam (Piano & Singing) CL 1:00 Card Game: Bridge TH 1:30 Bingo JK 3:00 Happy Hour with Entertainment by: Donna Wolf GR 5:00 Think Tank Puzzle	9 CL 10:00 Full Body Workout with Weights- Resident Led CL 1:00 Card Game: Bridge TH 1:30 Bingo GR 5:00 Find The Differences Puzzle
10 CL 10:00 Full Body Workout with Weights- Resident Led CL 1:00 Card Game: Bridge TH 1:30 Bingo CL 5:00 Brain Boosting Puzzle	11 CL 9:30 Meditation and Breathing with Jyoti CL 10:00 Low Impact Cardio- Resident Led TH 10:30 Movie Monday: White Christmas (1954) CL 1:00 Card Game: Bridge B 1:00 Hanukkah Program & Discussion with Rabbi Abe B 3:00 Happy Hour GR 5:00 Rebus puzzles	12 CL 10:00 Total Cardio Fitness with Weights- Resident Led CL 1:00 Card Game: Bridge TH 3:00 Bingo GR 5:00 Think Tank Puzzle	13 CL 9:30 Meditation and Breathing with Jyoti CL 10:00 Total Cardio Fitness with Weights GR 11:30 JCC Luncheon with Entertainment TH 1:15 Bridge Club CL 1:45 Marketplace JK 3:00 Wine & Cheese- Entertainment by: Dare Estok GR 5:00 Word Puzzle Wednesday	14 TH 9:45 First Evan. (Non-Denominational Devotional) CL 10:15 Upper and Lower Body Workout with Weights 1:30 Catholic Communion TH 3:00 Bingo GR 5:00 Brain Building Puzzle GR 6:00 Christmas Carols with First Evangelical	15 CL 9:30 Meditation and Breathing with Jyoti CL 10:00 Boxing Cardio with Weights GR 10:30 Lunch Bunch- Tekila Modern Mexican Restaurant GR 10:30 Music with Miriam (Piano & Singing) CL 1:00 Card Game: Bridge JK 3:00 Happy Hour with a Christmas Show by Dan Rojcewicz	16 CL 10:00 Full Body Workout with Weights- Resident Led CL 1:00 Card Game: Bridge TH 3:00 Bingo- Guest Caller: Nikita W. GR 5:00 Find The Differences Puzzle

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17 CL 10:00 Full Body Workout with Weights-Resident Led CL 1:00 Card Game: Bridge GR 2:00 Christmas Program with Rev. Norris from Greater Harvest Church CL 5:00 Brain Boosting Puzzle	18 CL 9:30 Meditation and Breathing with Jyoti CL 10:00 Low Impact Cardio TH 10:30 Movie Monday: It Happened on 5th Avenue CL 1:00 Card Game: Bridge TH 2:00 Dan the History Man B 3:00 Happy Hour GR 5:00 Rebus puzzles	19 CL 10:00 Total Cardio Fitness with Weights CL 10:30 December IQ GR 1:45 Reindeer Ring Toss Game TH 3:00 Bingo GR 5:00 Think Tank Puzzle GR 5:00 Trip to Starry Nights	20 CL 9:30 Meditation and Breathing with Jyoti CL 10:00 Total Cardio Fitness with Weights TH 1:15 Bridge Club CL 1:45 Marketplace JK 3:00 Wine & Cheese-Entertainment by: Russ Mire GR 5:00 Word Puzzle Wednesday	21 Winter Begins TH 9:45 First Evan. (Non-Denominational Devotional) CL 10:15 Upper and Lower Body Workout with Weights TH 1:00 Video Screening: With Love from The Holy Land-and the Kingdom of Jordan TH 3:00 Bingo GR 5:00 Brain Building Puzzle	22 CL 9:30 Meditation and Breathing with Jyoti CL 10:00 Boxing Cardio with Weights GR 10:30 Music with Miriam (Piano & Singing) CL 1:00 Card Game: Bridge TH 1:30 Bingo B 3:00 Happy Hour-Entertainment by: John Scott & Sandy Murphree GR 5:00 Think Tank Puzzle	23 CL 10:00 Full Body Workout with Weights CL 1:00 Card Game: Bridge TH 3:00 Bingo GR 5:00 Find The Differences Puzzle
24 Christmas Eve CL 10:00 Full Body Workout with Weights TH 3:00 Bingo CL 5:00 Brain Boosting Puzzle	25 Christmas Day B 9:00 Christmas Day Parade on ABC CL 9:30 Meditation and Breathing with Jyoti CL 10:00 Low Impact Cardio JK 11:00 Christmas Day Luncheon CL 1:00 Card Game: Bridge B 3:00 Happy Hour GR 5:00 Rebus puzzles	26 Kwanzaa Begins CL 10:00 Total Cardio Fitness with Weights CL 1:00 Card Game: Bridge TH 1:45 Jeopardy TH 3:00 Bingo GR 5:00 Think Tank Puzzle	27 CL 9:30 Meditation and Breathing with Jyoti CL 10:00 Total Cardio Fitness with Weights CL 10:35 Wiser Now Wednesday- Quirky Facts & Observations TH 1:15 Bridge Club CL 1:45 Marketplace JK 3:00 Wine & Cheese-Entertainment by: Evan Mann GR 5:00 Word Puzzle	28 TH 9:45 First Evan. (Non-Denominational Devotional) CL 10:15 Upper and Lower Body Workout with Weights 1:30 Catholic Communion TH 1:45 Resident Council Meeting TH 3:00 Bingo GR 5:00 Brain Building Puzzle	29 CL 9:30 Meditation and Breathing with Jyoti CL 10:00 Boxing Cardio with Weights GR 10:30 Music with Miriam (Piano & Singing) JK 11:15 Birthday Luncheon CL 1:00 Card Game: Bridge TH 1:30 Bingo B 3:00 Happy Hour GR 5:00 Think Tank Puzzle	30 CL 10:00 Full Body Workout with Weights CL 1:00 Card Game: Bridge TH 1:30 Bingo GR 3:30 Piano Entertainment with Tim Stanek GR 5:00 Find The Differences Puzzle
31 New Year's Eve CL 10:00 Full Body Workout with Weights TH 1:30 Bingo B 3:00 New Year's Eve Celebration CL 5:00 Brain Boosting Puzzle						