

ASSISTED LIVING | MEMORY CARE

DECEMBER 2023



	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday		
						1 11-10:00 Strength & Stretching 11-10:30 Shabbat Service with Rabbi Sandra 11-11-15 Daytime Movie: "The Holiday" 11-15 GR 3:30 Happy Hour 11-15 Movie Night: "Daisies in December" (SP)	GR 10:00 Fun & Fitness Group Exercise GR 1:00 Cranium Crunches 1:2:00 Bingo GR 3:30 Marketplace SP 5:30 Movie Night: "You've Got Mail"		
3		4	5	6	7 Pearl Harbor Remembrance	8 Hanukkah Begins	9		
GR 10:0	O Catholic Mass (Channel 7 on TV) O Fun & Fitness Group Exercise O Musical Performance with Matt & Cynthia Gruel O Mind Games: Anagrams O Movie Night: "Diagnostic Murder" T.V. Series	III 10:00 Strength & Stretching III 10:30 Morning Mingle: Brain Teasers & Current Events III 1:00 Parkinson's Exercise Class IIII 1:30 Holiday Bingo with St. Mary 4th Grade Students IIIII 3:00 Game: Pokeno IIIII 3:00 Game: Pokeno IIIIIIIIIIIIIIIIIIIIIIIIIIIIIIIIIIII	9:30 Communion The 10:00 Resistance Training: Weights & Bands The 10:30 Morning Mingle: Brain Teasers & Current Events 1:30 Holiday Wine Bottle Craft 2:30 Chat with Chef Pat GR 6:00 Games: Resident's Choice	8:30 Shopping Trip: Jewel/Walgreens (Sign Up at Front Desk) SP 9:30 Check Out Books with Indian Trails Librarian 1 10:00 Strength & Stretching 1 10:30 Morning Mingle: Brain Teasers & Current Events 10:45 Lunch Bunch Outing: Saranello's		TH 10:00 Strength & Stretching TH 1:15 Daytime Movie: "The Holiday" GR 4:00 2nd Hanukkah Candle Lighting SP 5:30 Movie Night: "Eight Gifts of Hanukkah"	GR 10:00 Fun & Fitness Group Exercise GR 1:00 Cranium Crunches 11 2:00 Bingo GR 3:30 Marketplace GR 4:00 3rd Hanukkah Candle Lighting 5:30 Movie Night:"Music Man"(SP)		
GR 10:0 GR 2:0 GR 3:0 GR 4:0	O Catholic Mass (Channel 7 on TV) O Fun & Fitness Group Exercise O Musical Performance: Celebration Brass O Mind Games: Anagrams O 4th Hanukkah Candle Lighting O Movie Night: "Diagnostic Murder" T.V. Series	IF 10:00 Strength & Stretching IF 10:30 Morning Mingle: Brain Teasers & Current Events IF 1:00 Parkinson's Exercise Class IF 1:30 Christmas Family Feud IF 2:30 Game: Pokeno IF 4:00 5th Hanukkah Candle Lighting IF 5:30 Movie Night: "Food Club"	12 1 9:30 Communion 1 10:00 Resistance	8:30 Shopping Trip: Jewel/Walgreens (Sign Up at Front Desk) 9:30 Breakfast Bunch: Wildberry's Pancakes & Cafe Strength & Stretching TH 10:30 Morning Mingle: Brain Teasers & Current Events 1:00 Memoir Writing Class with Author,	TH 10:00 Tai Chi TH 10:30 Morning Mingle: Brain Teasers & Current Events GR 1:30 Christmas Carols with St. Mary Students TH 3:00 Holiday Cookie Decorating GR 4:00 8th Hanukkah Candle Lighting SP 5:30 Cards with Barry GR 6:30 Games: Resident's Choice	TH 10:00 Strength & Stretching L 10:30 Shabbat Service with Rabbi Sandra GR 2:30 "Rick & Friends" Live Music GR 3:30 Happy Hour 5:30 Movie Night: "Christmas with the Kranks" (SP)	GR 10:00 Fun & Fitness Group Exercise GR 1:00 Cranium Crunches 11:00 Bingo GR 3:30 Marketplace SP 6:00 Movie Night:"Old Goats"		



ASSISTED LIVING | MEMORY CARE

DECEMBER 2023



Sur	nday		Monday		Tuesday	١	Vednesday		Thursday		Friday	Saturday		
GR 10:00 Fun & Group Music Performs Soun Anages SP 5:30 Movie "Diages T.V. & Group IK 2:00 Chris Music Performs	nnel 7 on TV) Refitness p Exercise cal rmance with dz of Time Games: rams e Night: Inostic Murder" Series stmas Eve cal characterise that a control c	10:30 1 10:30 1 1:00 1 1:30 25 3 10:00 11:00 3 1:30 3 2:30 3 5 2:30	Brunch with Strolling Musician,	1:45 1:45 3:00 26 1:30 1:30 1:30 1:30 1:30 1:30 1:30	Communion Resistance Training: Weights & Bands Morning Mingle: Brain Teasers & Current Events Current Events Discussion with Author & Professor, Gary Midkiff: "News & Views" Make Holiday Treat Bags for Ivy Hall Kwanzaa Begins Communion Resistance Training: Weights & Bands Morning Mingle: Brain Teasers & Current Events Residents' Council Book Club Pokeno Games: Resident's Choice	110:00 110:30 10:45 1 1:00 27 8:30 1110:00 1110:30 12:00	Shopping Trip: Jewel/Walgreens (Sign Up at Front Desk) Strength & Stretching Morning Mingle: Brain Teasers & Current Events Lunch Bunch Outing: Wildfire Memoir Writing Class with Author, Erica Weisz Shopping Trip: Jewel/Walgreens (Sign Up at Front Desk)	## 10:30 ## 1:00 ## 3:30 ## 10:00 ## 10:30 ## 1:30 ## 1:30 ## 5:30 ## 5:30	Winter Begins Tai Chi Morning Mingle: Brain Teasers & Current Events Starlite Singers Senior Chorus Holiday Concert Heartwarming Holiday Stories by the Fire Outing: Christmas Lights Tour, 1st Group Cards with Barry Tai Chi Morning Mingle: Brain Teasers & Current Events John Boda Presents: "It's A Wonderful Life" Wheel of Fortune- Holiday Theme Cards with Barry Games: Resident's Choice	10:00 () () () () () () () () () (Presentation with im Gibbons on Charles Dickens" Happy Hour	GR 10:00 Fun & Fitness Group Exercises GR 1:00 Cranium Crunce GR 3:30 Marketplace GR 3:30 Movie Night :"Scrooged" 30 GR 10:00 Fun & Fitness Group Exercises GR 1:00 Cranium Crunce GR 3:30 Marketplace GR 1:00 Comedy Movie Night:"Trading Places"(SP)	hes e hes	
										1				