

FEBRUARY 2023

February 2023



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Check the daily schedule for more details! The dailies will include the final and complete schedule for each day. Copies available at the Concierge desk.	February Birthdays: 2/19 - Lisa J. 2/23 - Cathy J. 2/26 - Tonda D. 2/28 - Lynn G. 2/28 - Ross Y.	1 H 10:30 Fact or Fiction Trivia TH 1:00 Health and Fitness Class TH 1:30 Black History Month Trivia TH 2:00 Black History Month Movie Series Freedom Riders Documentary and Discussion The story of the Civil Rights Movement interstate busing protest campaign. (1 hr 57 min) TH 6:00 Bible Study with Jo and	2 CL 9:45 Walking Club H 10:30 Trivia with Friends TH 1:30 Weekly News Challenge Test Your Knowledge of Current Events and Good News Stories B 2:00 Resident Meet and Greet Please help us welcome new residents! GR 3:00 Happy Hour with Live Entertainment featuring Hayden Jones! B 6:30 Game Night Scrabble,	3 CL 9:45 Chair Yoga TH 10:15 Art for All with Lisa! H 10:30 Friday Fun Facts TH 1:00 Health & Fitness Class TH 1:45 Group Outing Hobby Lobby RSVP at the Concierge Desk CF 2:00 Catholic Communion TH 4:30 Shabbat Service TH 6:00 Friday Night Movie The Power of the Dog (2 hr 6 min) Charismatic rancher Phil Burbank inspires fear and awe in	4 CL 9:30 Bridge Club Everyone Welcome TH 9:30 Strong and Flexible TH 10:30 Mental Fitness Packets Available at Concierge desk TH 1:15 Prize Bingo TH 2:00 Shopping Trip Dollar Tree TH 2:15 Saturday Movie Matinee Top Gun: Maverick (2 hr 10 min) After thirty years, Maverick is still pushing the envelope
5 9:30 Church Outing RSVP: Front Desk 10:30 Mental Fitness Packets Available at Concierge desk TH 1:00 Sunday Catholic Mass Viewing B 2:00 Sweet Treat Sunday B 6:00 Cards anyone? Bridge, Uno, Hearts - you decide! TH 6:00 Sunday Night Movie TAR (2 hr 38 min) TAR examines the changing	6 CL 9:45 Stretch & Strength H 10:30 Let's Get Trivia TH 1:00 Health & Fitness Class TH 2:00 Monday's Meaningful Trivia TH 3:00 Bible Stories with Barbara GR 3:00 New Year - New Project Help us catalog books and games in the building B 6:15 Game Night with Friends	7 CL 9:45 Walking Club H 10:30 Brain Games TH 2:00 Tai Chi with Simone TH 3:00 Book Circle Let us know what you've been reading! GR 6:00 Piano by Sophia B 6:15 Bridge Night Everyone Welcome!	8 H 10:30 Fact or Fiction Trivia TH 1:00 Health and Fitness Class TH 2:00 Prize Bingo sponsored by Harmony Cares Hospice TH 3:30 Black History Month Movie Series and Discussion A Ballerina's Tale (1 hr 25 min) A feature documentary on African American ballerina Misty Copeland that	9 CL 9:45 Walking Club H 10:30 Trivia with Friends TH 1:30 Weekly News Challenge Test Your Knowledge of Current Events and Good News Stories TH 2:00 Danzactive with Paloma Interactive dance and movement class GR 3:00 Happy Hour with Live Entertainment!! B 6:30 Game Night Scrabble, Checkers or Chess?	10 CL 9:45 Chair Yoga H 10:30 Friday Fun Facts TH 1:00 Health & Fitness Class TH 1:45 Shopping Outing Wal-Mart RSVP at the Concierge Desk CF 2:00 Catholic Communion TH 4:30 Shabbat Service TH 6:00 Friday Night Movie Avatar (2 hr 42 min) A paraplegic Marine dispatched to the moon Pandora on a unique mission becomes torn	11 CL 9:30 Bridge Club Everyone Welcome TH 9:30 Strong and Flexible TH 10:30 U Name It (Name that Tune) TH 10:30 Mental Fitness Packets Available at Concierge desk TH 1:15 Prize Bingo TH 2:00 Shopping Trip Target TH 2:15 Saturday Movie Matinee All Quiet on the Western Front (2 hr 28 min) A young German
12 9:30 Church Outing RSVP: Front Desk 10:30 Mental Fitness Packets Available at Concierge desk GR 12:00 Palmer Church Choir Performance TH 1:00 Sunday Catholic Mass Viewing B 1:00 Super Bowl Pre-Game Festivities Join us for snacks, drinks and lots of TV! GR 3:00 Live Music featuring	13 CL 9:45 Stretch & Strength H 10:30 Let's Get Trivia TH 1:00 Health & Fitness Class TH 2:00 Monday's Meaningful Trivia TH 3:00 Bible Stories with Barbara CF 3:00 Flower Arranging Class B 6:15 Game Night with Friends	14 CL 9:45 Walking Club H 10:30 Brain Games TH 10:45 Valentine's Crafts with 6th graders from Annunciation Orthodox School IK 11:15 Special Musical Performance from Annunciation Orthodox School 6th graders TH 2:00 Valentine's Day "Sweet" Break TH 2:30 Mister McKinney's Historical Houston	15 10:15 Tour of St. Martin's Church with Lunch to follow in their cafe RSVP with Concierge TH 1:00 Health and Fitness Class TH 1:30 Faithful Paws TH 3:00 What's Your Verdict? TH 6:00 Bible Study with Jo and Joe	16 CL 9:45 Walking Club H 10:30 Trivia with Friends TH 1:30 Weekly News Challenge Test Your Knowledge of Current Events and Good News Stories TH 2:00 Learn about Options for Low-Vision Assistive Technology Devices Presented by OrgCam GR 3:00 Happy Hour with Live Entertainment!! B 6:30 Game Night Scrabble,	17 CL 9:45 Chair Yoga H 10:30 Friday Fun Facts TH 1:00 Health & Fitness Class TH 2:00 Catholic Communion TH 3:00 Sign Language Class with Novia TH 4:30 Shabbat Service TH 6:00 Friday Night Movie Everything Everywhere All at Once (2 hr 19 min) A middle-aged Chinese immigrant is swept up into an insane adventure in which she	18 CL 9:30 Bridge Club Everyone Welcome TH 9:30 Strong and Flexible TH 10:30 Mental Fitness Packets Available at Concierge desk TH 1:15 Prize Bingo TH 2:00 Shopping Trip Burlington TH 2:15 Saturday Movie Matinee The Fabelmans (2 hr 31 min) Growing up in post-World War II era Arizona, young Sammy

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19	<div>9:30 Church Outing RSVP: Front Desk</div> <div>10:30 Mental Fitness Packets Available at Concierge desk</div> <div>TH 1:00 Sunday Catholic Mass Viewing</div> <div>B 2:00 Sweet Treat Sunday</div> <div>B 6:00 Cards anyone? Bridge, Uno, Hearts - you decide!</div> <div>TH 6:00 Sunday Night Movie Triangle of Sadness (2 hr 27 min) A fashion</div>	20	<div>CL 9:45 Stretch & Strength</div> <div>H 10:30 Let's Get Trivia</div> <div>TH 1:00 Health & Fitness Class</div> <div>TH 2:00 Monday's Meaningful Trivia</div> <div>TH 3:00 Bible Stories with Barbara</div> <div>GR 3:00 New Year - New Project Help us catalog books and games in the building</div> <div>TH 6:00 Dinner and a Movie Citizen Kane</div> <div>B 6:15 Game Night with</div>	21	<div>CL 9:45 Walking Club</div> <div>H 10:30 Brain Games</div> <div>TH 1:30 Mardi Gras Decorating Party</div> <div>TH 2:30 Mardi Gras Parade West U Style!</div> <div>GR 6:00 Piano by Sophia</div> <div>B 6:15 Bridge Night Everyone Welcome!</div>	22	<div>H 10:30 Fact or Fiction Trivia</div> <div>TH 1:00 Health and Fitness Class</div> <div>TH 2:00 Final Black History Month Movie Series and Discussion John Lewis: Good Trouble (1 hr 36 min) The film explores Georgia representative's, 60-plus years of social activism and legislative action on civil rights, voting rights, gun control, health care</div>	23	<div>CL 9:45 Walking Club</div> <div>H 10:30 Trivia with Friends</div> <div>TH 1:30 Weekly News Challenge Test Your Knowledge of Current Events and Good News Stories</div> <div>TH 2:00 Writer's Workshop Spend time Writing and/or Sharing</div> <div>GR 3:00 Happy Hour with Live Entertainment!!</div> <div>B 6:30 Game Night Scrabble, Checkers or Chess?</div>	24	<div>CL 9:45 Chair Yoga</div> <div>GR 10:00 Go Texan! Day Activity (ends at Noon) Get ready for Rodeo time in Houston!</div> <div>TH 1:00 Health & Fitness Class</div> <div>1:45 Group Outing Houston Center for Photography RSVP at the Concierge Desk</div> <div>CF 2:00 Catholic Communion</div> <div>TH 3:00 Art with Jennifer</div> <div>TH 4:30 Shabbat Service</div> <div>TH 6:00 Friday Night Movie </div>	25	<div>CL 9:30 Bridge Club Everyone Welcome</div> <div>TH 9:30 Strong and Flexible</div> <div>10:30 Mental Fitness Packets Available at Concierge desk</div> <div>TH 1:15 Prize Bingo</div> <div>TH 2:00 Shopping Trip Staples</div> <div>TH 2:15 Saturday Movie Matinee Elvis (2 hr 39 min) The life of American music icon Elvis Presley, from his childhood to becoming</div>
26	<div>9:30 Church Outing RSVP: Front Desk</div> <div>10:30 Mental Fitness Packets Available at Concierge desk</div> <div>TH 1:00 Sunday Catholic Mass Viewing</div> <div>B 2:00 Sweet Treat Sunday</div> <div>B 6:00 Cards anyone? Bridge, Uno, Hearts - you decide!</div> <div>TH 6:00 Sunday Night Movie Glass Onion: A Knives Out Mystery (2 hr 19</div>	27	<div>CL 9:45 Stretch & Strength</div> <div>H 10:30 Let's Get Trivia</div> <div>TH 1:00 Health & Fitness Class</div> <div>TH 2:00 Monday's Meaningful Trivia</div> <div>TH 3:00 Bible Stories with Barbara</div> <div>GR 3:00 New Year - New Project Help us catalog books and games in the building</div> <div>B 3:00 Chat with Chef Jason</div> <div>B 6:15 Game Night with Friends</div>	28	<div>CL 9:45 Walking Club</div> <div>H 10:30 Brain Games</div> <div>TH 2:00 Tai Chi with Simone</div> <div>TH 3:00 Resident Council Meeting</div> <div>GR 6:00 Piano by Sophia</div> <div>B 6:15 Bridge Night Everyone Welcome!</div>								