

# JANUARY 2023



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>1</b> <b>TH</b> 10:00 Sit and Be Fit <b>BO</b> 2:30 Bridge Group <b>TH</b> 6:00 Evening Movie	<b>2</b> <b>TH</b> 10:00 Sit and Be Fit <b>CF</b> 1:30 <b>Book Club</b> <b>Discussion: The Girl on the Train</b> <b>BO</b> 2:30 Bridge Group <b>GR</b> 3:30 Look for the Gnome Walk <b>TH</b> 6:00 Evening Movie	<b>3</b> <b>TH</b> 10:00 Sit and Be Fit <b>BO</b> 10:45 <b>Brain Fitness: Group Crossword</b> <b>TH</b> 11:00 <b>Balance Class</b> <b>GR</b> 12:00 Rick on Piano <b>BO</b> 1:00 <b>NFL Football Pool</b> <b>AS</b> 1:30 <b>Crafty Tuesday</b> <b>TH</b> 6:00 Evening Movie	<b>4</b> <b>National Trivia Day!</b> <b>TH</b> 10:00 Sit and Be Fit <b>BO</b> 10:45 <b>Trivia with Alex</b> <b>GR</b> 1:00 <b>Afternoon Scenic Drive</b> <b>GR</b> 4:00 Nature Appreciation Walk <b>TH</b> 6:00 Evening Movie	<b>5</b> <b>TH</b> 9:30 Catholic Holy Communion <b>TH</b> 10:00 Sit and Be Fit <b>BO</b> 10:45 <b>Knitting for a Cause</b> <b>GR</b> 2:00 <b>Happy Hour: Jerry Weisbecker</b> <b>TH</b> 6:00 Evening Movie	<b>6</b> <b>TH</b> 10:00 Sit and Be Fit <b>TH</b> 11:00 <b>Balance Class</b> <b>GR</b> 12:00 Rick on Piano <b>TH</b> 1:00 <b>Shabbat</b> <b>AS</b> 1:30 <b>Studying the Way: Resident Led Bible Study Group</b> <b>TH</b> 2:00 <b>Adventures with Doug</b>	<b>7</b> <b>GR</b> 10:00 <b>Outing: Target</b> <b>TH</b> 10:00 Sit and Be Fit <b>TH</b> 1:30 <b>Bingo</b> <b>TH</b> 6:00 Evening Movie
<b>8</b> <b>TH</b> 10:00 Sit and Be Fit <b>TH</b> 11:00 <b>Mindfulness &amp; Meditation with Craig</b> <b>BO</b> 1:00 <b>Men's Chat: with Craig</b> <b>BO</b> 2:30 Bridge Group <b>TH</b> 6:00 Evening Movie	<b>9</b> <b>TH</b> 10:00 Sit and Be Fit <b>BO</b> 10:45 <b>Name that Tune</b> <b>CF</b> 1:30 <b>Book Club</b> <b>Discussion: The Girl on the Train</b> <b>BO</b> 2:30 Bridge Group <b>GR</b> 3:30 Look for the Gnome Walk	<b>10</b> <b>TH</b> 10:00 Sit and Be Fit <b>BO</b> 10:45 <b>Brain Fitness: Group Crossword</b> <b>TH</b> 11:00 <b>Balance Class</b> <b>GR</b> 12:00 Rick on Piano <b>BO</b> 1:00 <b>NFL Football Pool</b> <b>AS</b> 1:30 <b>Crafty Tuesday: Art Apron Decorating</b>	<b>11</b> <b>TH</b> 10:00 Sit and Be Fit <b>BO</b> 10:45 <b>Coffee &amp; Conversation: Discovering China (Chinese New Year)</b> <b>BO</b> 1:30 <b>Ladies Tea Social</b> <b>BO</b> 3:00 <b>Afternoon Scrabble</b> <b>GR</b> 4:00 Nature Appreciation	<b>12</b> <b>TH</b> 9:30 Catholic Holy Communion <b>TH</b> 10:00 Sit and Be Fit <b>BO</b> 10:45 <b>Knitting for a Cause</b> <b>BO</b> 1:30 <b>Chef Chat with Favian</b> <b>GR</b> 2:00 <b>Happy Hour: Mark R.</b> <b>TH</b> 6:00 Evening Movie	<b>13</b> <b>TH</b> 10:00 Sit and Be Fit <b>PT</b> 10:45 <b>Learn Rummikub</b> <b>TH</b> 11:00 <b>Balance Class</b> <b>GR</b> 12:00 Rick on Piano <b>TH</b> 1:00 <b>Shabbat</b> <b>AS</b> 1:30 <b>Studying the Way: Resident Led Bible Study Group</b>	<b>14</b> <b>GR</b> 10:00 <b>Outing: Target</b> <b>TH</b> 10:00 Sit and Be Fit <b>TH</b> 1:30 <b>Bingo</b> <b>TH</b> 6:00 Evening Movie
<b>15</b> <b>TH</b> 10:00 Sit and Be Fit <b>TH</b> 11:00 <b>Mindfulness &amp; Meditation with Craig</b> <b>BO</b> 1:00 <b>Men's Chat: with Craig</b> <b>BO</b> 2:30 Bridge Group <b>TH</b> 6:00 Evening Movie	<b>16</b> <b>TH</b> 10:00 Sit and Be Fit <b>BO</b> 10:45 <b>Name that Tune</b> <b>CF</b> 1:30 <b>Book Club</b> <b>Discussion: The Girl on the Train</b> <b>BO</b> 2:30 Bridge Group <b>GR</b> 3:30 Look for the Gnome Walk	<b>17</b> <b>TH</b> 10:00 Sit and Be Fit <b>BO</b> 10:45 <b>Brain Fitness: Group Crossword</b> <b>TH</b> 11:00 <b>Balance Class</b> <b>GR</b> 12:00 Rick on Piano <b>BO</b> 1:00 <b>NFL Football Pool</b> <b>AS</b> 1:30 <b>Crafty Tuesday : Chinese Character</b>	<b>18</b> <b>TH</b> 10:00 Sit and Be Fit <b>TH</b> 11:00 <b>Imperial Garden Lunch Outing</b> <b>BO</b> 3:00 <b>Afternoon Scrabble</b> <b>GR</b> 4:00 Nature Appreciation Walk <b>TH</b> 6:00 Evening Movie <b>GR</b> 6:00 <b>Singalong with Rick</b>	<b>19</b> <b>National Popcorn Day!</b> <b>TH</b> 9:30 Catholic Holy Communion <b>TH</b> 10:00 Sit and Be Fit <b>BO</b> 10:45 <b>Knitting for a Cause</b> <b>BO</b> 1:00 <b>Welcome Committee Meeting</b> <b>GR</b> 2:00 <b>Happy Hour: Joe &amp;</b>	<b>20</b> <b>TH</b> 10:00 Sit and Be Fit <b>PT</b> 10:45 <b>Learn Rummikub</b> <b>TH</b> 11:00 <b>Balance Class</b> <b>GR</b> 12:00 Rick on Piano <b>TH</b> 1:00 <b>Shabbat</b> <b>AS</b> 1:30 <b>Studying the Way: Resident Led Bible Study Group</b>	<b>21</b> <b>GR</b> 10:00 <b>Outing: Target</b> <b>TH</b> 10:00 Sit and Be Fit <b>TH</b> 1:30 <b>Bingo</b> <b>TH</b> 6:00 Evening Movie
<b>22</b> <b>Lunar New Year</b> <b>TH</b> 10:00 Sit and Be Fit <b>TH</b> 11:00 <b>Mindfulness &amp; Meditation with Craig</b> <b>BO</b> 1:00 <b>Men's Chat: with Craig</b> <b>BO</b> 2:30 Bridge Group <b>TH</b> 6:00 Evening Movie	<b>23</b> <b>TH</b> 10:00 Sit and Be Fit <b>BO</b> 10:45 <b>Name that Tune</b> <b>CF</b> 1:30 <b>Book Club</b> <b>Discussion: The Girl on the Train</b> <b>BO</b> 2:30 Bridge Group <b>GR</b> 3:30 Look for the Gnome Walk	<b>24</b> <b>TH</b> 10:00 Sit and Be Fit <b>BO</b> 10:45 <b>Brain Fitness: Group Crossword</b> <b>TH</b> 11:00 <b>Balance Class</b> <b>GR</b> 12:00 Rick on Piano <b>BO</b> 1:00 <b>NFL Football Pool</b> <b>AS</b> 1:30 <b>Crafty Tuesday: Cherry Blossom Tree</b>	<b>25</b> <b>TH</b> 10:00 Sit and Be Fit <b>BO</b> 10:45 <b>Welcome Committee Meeting</b> <b>BO</b> 1:00 <b>Chef's Culinary Creations Presentation</b> <b>BO</b> 3:00 <b>Afternoon Scrabble</b> <b>GR</b> 4:00 Nature Appreciation	<b>26</b> <b>TH</b> 9:30 Catholic Holy Communion <b>TH</b> 10:00 Sit and Be Fit <b>TH</b> 11:00 <b>Resident Council</b> <b>GR</b> 2:00 <b>Happy Hour: Panama G.</b> <b>BO</b> 3:00 <b>Knitting for a Cause</b> <b>TH</b> 6:00 Evening Movie	<b>27</b> <b>TH</b> 10:00 Sit and Be Fit <b>PT</b> 10:45 <b>Learn Ruminkub</b> <b>TH</b> 11:00 <b>Balance Class</b> <b>GR</b> 12:00 Rick on Piano <b>TH</b> 1:00 <b>Shabbat</b> <b>AS</b> 1:30 <b>Studying the Way: Resident Led Bible Study Group</b>	<b>28</b> <b>GR</b> 10:00 <b>Outing: Target</b> <b>TH</b> 10:00 Sit and Be Fit <b>TH</b> 1:30 <b>Bingo</b> <b>TH</b> 6:00 Evening Movie
<b>29</b> <b>TH</b> 10:00 Sit and Be Fit <b>TH</b> 11:00 <b>Mindfulness &amp; Meditation with Craig</b> <b>BO</b> 1:00 <b>Men's Chat: with Craig</b> <b>BO</b> 2:30 Bridge Group <b>TH</b> 6:00 Evening Movie	<b>30</b> <b>TH</b> 10:00 Sit and Be Fit <b>BO</b> 10:45 <b>Name that Tune</b> <b>CF</b> 1:30 <b>Book Club</b> <b>Discussion: The Girl on the Train</b> <b>BO</b> 2:30 Bridge Group <b>GR</b> 3:30 Look for the Gnome Walk	<b>31</b> <b>TH</b> 10:00 Sit and Be Fit <b>BO</b> 10:45 <b>Brain Fitness: Group Crossword</b> <b>TH</b> 11:00 <b>Balance Class</b> <b>GR</b> 12:00 Rick on Piano <b>BO</b> 1:00 <b>NFL Football Pool</b> <b>AS</b> 1:30 <b>Crafty Tuesday:</b> <b>TH</b> 6:00 Evening Movie	<b>AS</b> - Art Studio, 4th Floor <b>BO</b> - Bistro <b>CF</b> - Circle of Friends <b>GR</b> - Great Room <b>PT</b> - Poker Table <b>TH</b> - Town Hall			

\*Activities Subject to Change\*