

ASSISTED LIVING | MEMORY CARE

NOVEMBER 2022

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| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
| B - Bistro - 1st Floor GR - Great Room - 1st Floor JK - Josephine's Kitchen - 1st Floor LC - Learning Center - 2nd Floor SU - Sign Up TH - Town Hall - 2nd Floor | | 9:30 Sit and Be Fit Exercise 10:15 Movie Planning Committee: All are Welcome! 1:00 Bridge Game 1:00 Grocery Store Outing 2:15 Movie Matine | 9:30 Sit and Be Fit Exercise 10:00 Wordle Wednesday w. Molly 1:00 Bridge Game 1:00 Outing to the Bank GR 3:00 Wine & Cheese w. Sheldon Kahan TH 6:30 Bingo Night w. Fred | 9:30 Sit and Be Fit Exercise 10:15 Learn to Play Bridge w. Carol 11 10:30 Art Class w. Tetra 1:00 Bridge Game 1:00 Outing to Walmart 11 2:15 Movie Matinee | 9:30 Sit and Be Fit Exercise GR 10:30 Love on a Leash Therapy Dogs IK 11:15 Birthday Lunch with Bill Sleeter IC 1:00 Bridge Game IK 2:30 Cider Sip on the Patio | 9:30 Sit and Be Fit Exercise 11:00 Saturday Live Entertainment w. Darren Long 1:00 Bridge Game TH 2:15 Movie Matinee |
| 9:00 Sunday Church Drop Off 9:30 Sit and Be Fit Exercise 10:00 Virtual Church Viewing in the Town Hall 1:00 Blood Pressure Clinic 1:00 Bridge Game 2:30 Sunday Scenic Drive 6:30 Bingo Night with Mark | 9:30 Sit and Be Fit Exercise 10:00 Monday Morning Crosswords 1:00 Bridge Game 1:15 Belmont Village Choir Rehearsal 3:00 BINGO with Dot | B Election Day 1 9:30 Sit and Be Fit Exercise 10:00 Scategories 1:00 Bridge Game 1:00 Grocery Store Outing 1:15 Afternoon Artisans 1 2:15 Movie Matinee | 9 1H 9:30 Sit and Be Fit Exercise 10:00 Wordle Wednesday 10:30 Book Club Monthly Meeting 1:00 Bridge Game GR 3:00 Wine & Cheese w. Bob Tigert TH 6:30 Bingo Night w. Fred | 9:30 Sit and Be Fit Exercise 10:00 Chain Reaction 11 10:30 Art Class w. Tetra 1:00 BVGH Fall Choir Concert 1:00 Bridge Game 1:00 Outing to Walmart 11 2:15 Movie Matinee | 9:30 Sit and Be Fit Exercise 10:00 Friday Morning Trivia with Molly 11:00 Spanish Class Lunch Outing (Please meet in the Great Room by 10:45 to depart at 11:00am) 1:00 Bridge Game GR 1:30 Veterans Day Program: Honoring our BVGH Veterans | 9:30 Sit and Be Fit Exercise 11:00 Saturday Live Entertainment w. Emily Daniel 1:00 Bridge Game 11 2:15 Movie Matinee: Gold Finger |
| 9:30 Sit and Be Fit Exercise 10:00 Virtual Church Viewing in the Town Hall 1:00 Bridge Game 6:30 Bingo Night with Mark | 9:30 Bluebird Cafe Outing 9:30 Sit and Be Fit Exercise 1:00 Bridge Game 1:15 BVGH Choir Rehearsal: Holiday Concert 2:00 Chef Chat with David TH 3:00 BINGO with Dot | 9:30 Sit and Be Fit Exercise 10:00 Scategories 1:00 Bridge Game 1:00 Grocery Store Outing 2:15 Movie Matinee: Ocean's 8 3:00 National Bundt Day: Grab a Bundt Cake in the Great Room | 9:30 Sit and Be Fit Exercise 10:00 Discovery Series with Health Pro Heritage 1:00 Bridge Game 1:30 Movie Committee Meeting 3:00 Wine & Cheese w. Joey Boone 11 6:30 Bingo Night w. Fred | 9:30 Sit and Be Fit Exercise 10:15 Learn to Play Bridge w. Carol: Class will be in the Hair Salon on the 2nd Floor 10:30 Art Class w. Tetra 1:00 Bridge Game 1:00 Outing to Walmart 2:15 Movie Matinee: An Officer and a Gentleman | 9:30 Sit and Be Fit Exercise 10:30 Love on a Leash Therapy Dogs: In the Great Room 1:00 Bridge Game 1:00 Outing to the Dollar Tree | 9:30 Sit and Be Fit Exercise 11:00 Saturday Live Entertainment w. Sangeetha Ekambaram 1:00 Bridge Game 1:15 Movie Matinee: Kings Speech |



CDEEN HILL

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| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
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| 9:00 Sunday Church Drop Off 9:30 Sit and Be Fit Exercise 10:00 Virtual Church Viewing in the Town Hall 1:00 Bridge Game 1 6:30 Bingo Night with Mark | 9:30 Sit and Be Fit Exercise 10:00 Monday Morning Crosswords 1:00 Bridge Game 1:00 Outing to the Pharmacy 1:15 Belmont Village Choir Rehearsal 3:00 BINGO with Dot 6:00 Drive In Movie Night: A Charlie Brown Thanksgiving | 9:30 Sit and Be Fit Exercise 10:00 Scategories 1:00 Bridge Game 1:00 Grocery Store Outing 2:15 Movie Matinee: The Magic of Belle Isle 3:00 Afternoon Artisans: Floral Trinket Trays | | 8:00 Thanksgiving Day Parade 8:00am- 11:00am: Enjoy cider and donuts while watching the Parade 9:30 Sit and Be Fit Exercise 1:00 Bridge Game 1:30 Cardio Drumming H 2:15 Movie Matinee | 9:30 Sit and Be Fit Exercise 1:00 Bridge Game | 9:30 Sit and Be Fit Exercise 11:00 Saturday Live Entertainment w. Richard Griffin 1:00 Bridge Game 11:00 Bridge Matinee |
| 9:00 Sunday Church Drop Off 11 9:30 Sit and Be Fit Exercise 10:00 Virtual Church Viewing in the Town Hall 1:00 Bridge Game 3:00 Sunday Ice Cream Sundae Bar & Trivia 10 6:30 Bingo Night with Mark | 9:30 Sit and Be Fit Exercise 10:00 Monday Morning Crosswords 1:00 Bridge Game 1:15 Belmont Village Choir Rehearsal 11 3:00 BINGO with Dot | 9:30 Sit and Be Fit Exercise 10:00 Scategories 11:00 Lunch Outing 1:00 Bridge Game 1:00 Grocery Store Outing 1:15 Afternoon Artisans: National Day of Giving 2:15 Movie Matinee | 9:30 Sit and Be Fit Exercise 10:00 Movie Planning Committee: All are Welcome! 10:00 Wordle Wednesday 1:00 Bridge Game 11:00 Monthly Town Hall Meeting 11:00 Outing to Target GR 3:00 Wine & Cheese 11:00 Bingo Night w. Fred | | | |