

NOVEMBER 2022



| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|--|--|---|--|---|--|
| | | 1 9:30 Communion (L) 10:00 Dancersize (L) 10:30 Morning Mingle: Brain Teasers & Current Events (L) 12:00 Pizza party cancelled and will be rescheduled 1:30 Daytime Movie: "Mrs. Harris Goes to Paris" (TH) 3:30 Marketplace (LC) 6:00 Laughter with Mike (GR) | 2 9:30 Check Out Books with Indian Trails Librarian (SP) 10:00 Strength & Stretching (TH) 10:30 Morning Mingle: Brain Teasers & Current Events (TH) 1:00 Walker/Wheelchair Repair Clinic 2:30 Wine & Cheese with Musical Performance with Kym Frankovelgia (JK) | 3 10:00 Tai Chi (TH) 10:30 Morning Mingle: Brain Teasers & Current Events (TH) 1:30 Jeopardy (TH) 2:30 "You Be the Judge" Court Case Scenarios (TH) 5:30 Cards with Barry (SP) 6:00 Games: Resident's Choice (GR) | 4 9:00 Shabbat Service with Rabbi Sandra (L) 10:00 Strength & Stretching (TH) 1:30 Book Study: The Silhouette Man (TH) 3:30 Happy Hour (GR) 4:30 Dinner Music Courtesy of Ann Gould (GR) 5:30 Movie Night: "Miss Potter" (SP) | 5 10:00 Fun & Fitness Group Exercise (GR) 10:30 Pet Therapy: Comfort Dog Visit 1:30 Cranium Crunches (GR) 2:30 Bingo (TH) 3:30 Scrabble (SP) 6:00 Movie Night: "Brigadoon" (SP) |
| 6 Daylight Saving Ends 9:30 Catholic Mass (Channel 7 on TV) 10:00 Fun & Fitness Group Exercise (GR) 10:30 Coffee Talk (Bistro) 2:00 Musical Performance with Edizon Dayao (JK) 3:00 Mind Games: Anagrams (GR) 6:00 TV Series Night: Tom Clancy's, "Jack Ryan" (SP) | 7 10:00 Strength & Stretching (TH) 10:30 Morning Mingle: Brain Teasers & Current Events (TH) 1:00 Parkinson's Class (L) 1:30 Game: Pokeno (TH) 2:30 Cards/Rummikub (L) 2:30 Daytime Documentary & Discussion: "The Booksellers" (TH) 6:00 Trivia (GR) | 8 Election Day 9:30 Communion (L) 10:00 Dancersize (TH) 10:30 Morning Mingle: Brain Teasers & Current Events (TH) 1:30 Presentation with John Boda: Busby Berkley (TH) 2:30 Creative Arts Project: Thanksgiving Day Centerpieces (TH) 3:30 Marketplace (LC) 6:00 Laughter with Mike (GR) | 9 8:30 Men's Outing: Coffee & Donuts at Long Grove Coffee Co. 10:00 Strength & Stretching (TH) 10:30 Morning Mingle: Brain Teasers & Current Events (TH) 11:00 Lunch Bunch Outing: Walker Brothers 2:30 Wine & Cheese with Musical Performance by Sandi Haynes (JK) 6:00 Documentary & | 10 10:00 Tai Chi (L) 10:30 Morning Mingle: Brain Teasers & Current Events (L) 1:30 Thanksgiving Think Tank (L) 2:30 Chat with the Chef (L) 5:30 Cards with Barry (SP) 6:00 Games: Resident's Choice (GR) | 11 Veterans Day 10:00 Strength & Stretching (TH) 10:30 Shabbat with Alan (L) 2:30 AMERICAN HEROES: Portraits of Service Unveiling & Special Presentation Honoring Veterans 3:15 "American Made" Musical Performance with Flute & Electric Piano (TH) 4:30 Dinner Music Courtesy of Ann Gould (GR) | 12 10:00 Fun & Fitness Group Exercise (GR) 10:30 Coffee Talk (Bistro) 1:30 Cranium Crunches (GR) 2:30 Bingo (TH) 3:30 Scrabble (SP) 6:00 Movie Night: "An Officer and a Gentleman" (SP) |
| 13 9:30 Catholic Mass (Channel 7 on TV) 10:00 Fun & Fitness Group Exercise (GR) 10:30 Coffee Talk (Bistro) 2:00 Musical Performance with the Vince Micari Duo (GR) 3:00 Mind Games: Anagrams (GR) 6:00 TV Series Night: Tom Clancy's, "Jack Ryan" (SP) | 14 10:00 Strength & Stretching (TH) 10:30 Morning Mingle: Brain Teasers & Current Events (TH) 1:00 Parkinson's Class (L) 1:30 Game: Pokeno (TH) 2:30 Cards/Rummikub (L) 2:30 Daytime Documentary & Discussion: "Diana: The Royal Truth" (TH) 6:00 Trivia (GR) | 15 9:30 Communion (L) 10:00 Dancersize (TH) 10:30 Morning Mingle: Brain Teasers & Current Events (TH) 1:30 Wheel of Fortune (L) 2:30 Jeopardy (L) 3:30 Marketplace (LC) 6:00 Laughter with Mike (GR) | 16 10:00 Strength & Stretching (TH) 10:30 Morning Mingle: Brain Teasers & Current Events (TH) 12:00 Outing: Movie Theater "Ticket To Paradise" starring Julia Roberts & George Clooney 2:30 Wine & Cheese with Musical Performance by Liz Goss (JK) 6:00 Documentary & Discussion: | 17 10:00 Tai Chi (L) 10:30 Morning Mingle: Brain Teasers & Current Events (L) 1:30 Loss Support Group with Mary Arbuthnot, LCSW (L) 2:30 Jim Kendros, Pre-Concert Lecturer & Musician: "Beautiful Violin Music to be Thankful For" (GR) 5:30 Cards with Barry (SP) 6:00 Games: Resident's | 18 9:00 Shabbat Service with Rabbi Sandra (L) 10:00 Strength & Stretching (TH) 1:30 Book Study: Virtually Meet the Author of The "Silhouette Man" Greg Forbes Siegman (TH) 3:30 Happy Hour (GR) 4:30 Dinner Music Courtesy of Ann Gould (GR) 6:00 Movie Night: "The Black Stallion" (SP) | 19 10:00 Fun & Fitness Group Exercise (GR) 10:30 Coffee Talk (Bistro) 1:30 Cranium Crunches (GR) 2:30 Bingo (TH) 3:30 Scrabble (SP) 6:00 Movie Night: "Guess Who's Coming to Dinner" (SP) |

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|--------|---|--------|---|---------|---|-----------|---|----------|---|--------|---|----------|--|
| 20 | <div>9:30 Catholic Mass (Channel 7 on TV)</div> <div>10:00 Fun & Fitness Group Exercise (GR)</div> <div>10:30 Coffee Talk (Bistro)</div> <div>2:00 Musical Performance with Jennifer Hall (JK)</div> <div>3:00 Mind Games: Anagrams (GR)</div> <div>6:00 TV Series Night: Tom Clancy's, "Jack Ryan" (SP)</div> | 21 | <div>10:00 Strength & Stretching (TH)</div> <div>10:30 Health Talk with Paxxon: Understanding Dementia & Alzheimer's Disease (TH)</div> <div>1:00 Parkinson's Class (L)</div> <div>1:30 Cherry & Jerry Ragtime Duo (GR)</div> <div>2:30 Cards/Rummikub (L)</div> <div>2:30 Daytime Documentary & Discussion: "The Secret Life of the Cruise" (TH)</div> <div>6:00 Trivia (GR)</div> | 22 | <div>9:30 Communion (L)</div> <div>10:00 Dancersize (TH)</div> <div>10:30 Morning Mingle: Brain Teasers & Current Events (TH)</div> <div>1:30 Thanksgiving Thankfulness & Traditions Discussion by Fireside (GR)</div> <div>2:30 "Win a Pie Bingo" with Your ED (JK)</div> <div>3:30 Marketplace (LC)</div> <div>6:00 Laughter with Mike (GR)</div> | 23 | <div>10:00 Strength & Stretching (TH)</div> <div>11:00 Lunch Bunch Outing: "J. Alexander's"</div> <div>2:30 Wine & Cheese with Musical Performance by Wayne Messmer (JK)</div> <div>6:00 Documentary & Discussion: "American Experience, The Pilgrims" (SP)</div> | 24 | Thanksgiving <div>8:00 TV: Macy's Thanksgiving Day Parade (CH 5 on NBC)</div> <div>10:00 Strength & Stretching Exercise (TH)</div> <div>11:00 Thanksgiving Brunch: Featuring Violinist (JK)</div> <div>2:30 Thanksgiving Trivia Competition with Apple Cider Mimosas (TH)</div> <div>3:30 Watch Giants vs. Cowboys Football Game (TH/CH 12 FOX)</div> <div>5:30 Thanksgiving Movie:</div> | 25 | <div>10:00 Strength & Stretching (TH)</div> <div>12:00 Monthly Birthday Lunch for November Birthdays (JK)</div> <div>1:30 Project with Paxxon (TH)</div> <div>3:30 Happy Hour (GR)</div> <div>4:30 Dinner Music Courtesy of Ann Gould (GR)</div> <div>5:30 Movie Night: "Mrs. Doubtfire" (SP)</div> | 26 | <div>10:00 Fun & Fitness Group Exercise (GR)</div> <div>10:30 Coffee Talk (Bistro)</div> <div>1:30 Cranium Crunches (GR)</div> <div>2:30 Bingo (TH)</div> <div>3:30 Scrabble (SP)</div> <div>6:00 Movie Night: "Dead Poets Society" (SP)</div> |
| 27 | <div>9:30 Catholic Mass (Channel 7 on TV)</div> <div>10:00 Fun & Fitness Group Exercise (GR)</div> <div>10:30 Coffee Talk (Bistro)</div> <div>2:00 Musical Performance with Soundz of Time (JK)</div> <div>3:00 Mind Games: Anagrams (GR)</div> <div>6:00 TV Series Night: Tom Clancy's, "Jack Ryan" (SP)</div> | 28 | <div>10:00 Strength & Stretching (TH)</div> <div>10:30 Morning Mingle: Brain Teasers & Current Events (TH)</div> <div>1:00 Parkinson's Class (L)</div> <div>1:30 Game: Pokeno (TH)</div> <div>2:30 Cards/Rummikub (L)</div> <div>2:30 Daytime Documentary & Discussion: "Top Secret Rosies: The Female Computers of WWII" (TH)</div> <div>6:00 Trivia (GR)</div> | 29 | <div>9:30 Communion (L)</div> <div>10:00 Dancersize (TH)</div> <div>10:30 Morning Mingle: Brain Teasers & Current Events (TH)</div> <div>1:30 Residents' Council (TH)</div> <div>2:30 Book Club Discussion by Fireside: "The Love of My Life" by Rosie Walsh (GR)</div> <div>3:30 Marketplace (LC)</div> <div>6:00 Laughter with Mike (GR)</div> | 30 | <div>10:00 Strength & Stretching (TH)</div> <div>10:30 Morning Mingle: Brain Teasers & Current Events (TH)</div> <div>11:00 Lunch Bunch Outing: "Biaggi's"</div> <div>2:30 Wine & Cheese with Musical Performance by Matt and Cynthia Gruel (JK)</div> <div>6:00 Documentary & Discussion: "Clive Davis, The Soundtrack</div> | | | | | | |