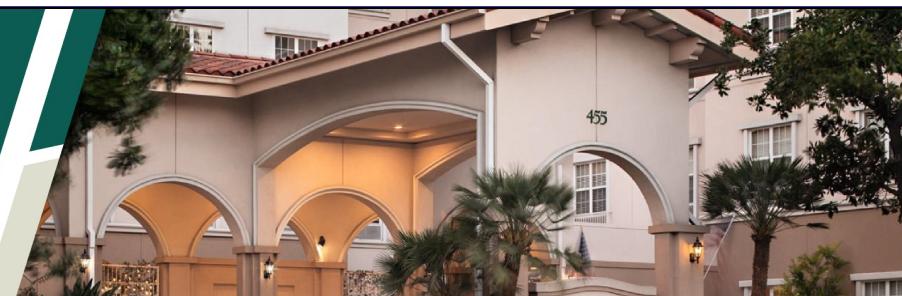


SEPTEMBER 2022



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>B - Bistro CF - CIRCLE OF FRIENDS LE - Center for Life Enrichment (GYM); 2nd Floor GR - Great Room JK - Josephine's Kitchen MT - MARTY FEDER THEATER TH - Town Hall</p>			<p>So many items, so little space!</p> <p>The complete listing of activities can be found on our Share app. Download SpectrioShare from your app store and log in using the community pin 455.</p>	<p>1</p> <p>9:30 Drop-In Knitting, Crochet, Sewing Circle at the Joslyn Center (departs at 9:00 am)</p> <p>TH 9:30 Exercise with Randal</p> <p>MT 10:30 Laugh & Learn with Jeopardy!</p> <p>GR 10:30 Throwback Thursdays: Oldies with DJ Ron!</p> <p>11:45 Lunch Outing: Han Korean BBQ!</p> <p>GR 1:30 Activity Chat with David: Hear what is coming up in September!</p>	<p>2</p> <p>TH 9:30 Exercise with Randal</p> <p>TH 10:30 Fun Fitness Friday: Bocce Ball!</p> <p>B 10:30 Gin Rummy Card Game</p> <p>TH 1:00 Beautiful Beading with Lyn Session A</p> <p>TH 2:00 Beautiful Beading with Lyn Session B</p> <p>MT 3:00 TV Series Friday: Sister Boniface Mysteries Ep. 1 - Lights, Camera, Murder 44m (Amazon/BritBox)</p> <p>B 3:15 Hold 'Em Poker Card</p>	<p>3</p> <p>TH 10:30 Trivial Pursuit with Terry!</p> <p>TH 1:30 Meditation & Chair Yoga with Ligia</p> <p>B 2:00 UNO Card Game</p> <p>MT 2:30 Saturday Series: Dancing with the Birds · Documentary · 51m (Netflix)</p> <p>B 3:00 BINGO!</p> <p>MT 7:00 Movie of the Night: ELVIS (2022) PG-13 · Musical/Drama · 2h 39m (HBOMax)</p>
<p>4</p> <p>B 10:00 Cathedral of Our Lady of the Angels Online Mass</p> <p>TH 10:00 Meditation with Mya!</p> <p>GR 11:00 Game Time with Linda</p> <p>1:00 Scenic Drive (limited space, sign up at Concierge)</p> <p>MT 2:00 Sunday Special: The Last Movie Stars - Paul Newman & Joanne Woodward (2022) · Docuseries · 55 mins - Eps. 2 (HBOMax)</p> <p>MT 3:00 Sunday Series: America</p>	<p>5 Labor Day</p> <p>Belmont Celebrates Labor Day!</p> <p>TH 9:30 Morning Exercise</p> <p>TH 10:30 Trivial Pursuit with Terry</p> <p>JK 11:00 Labor Day BBQ! 11am - 1pm</p> <p>B 1:00 Arts & Crafts Activity with Susan</p> <p>MT 2:00 Labor Day Matinee: Amazon Empire - The Rise and Reign of Jeff Bezos · 2020 Documentary · 1h 54m (PBS)</p>	<p>6</p> <p>TH 9:30 Exercise with Randal</p> <p>MT 10:30 Belmont Bookclub presents: Author Talk with Hannah Holmes "The Well Dressed Ape"</p> <p>B 10:30 Gin Rummy Card Game</p> <p>B 1:00 Black Jack Card Game!</p> <p>TH 2:00 Advanced Exercise Class with Randal</p> <p>MT 2:00 Random Trivia</p> <p>MT 3:00 TED Talk with discussion: The</p>	<p>7</p> <p>TH 9:30 Morning Exercise</p> <p>TH 10:30 Trivial Pursuit with Terry!</p> <p>MT 1:00 Word Fun with WORDLE!</p> <p>B 2:00 Black Jack Card Game!</p> <p>LE 2:00 Wellness Wednesday! Open Gym</p> <p>B 3:00 Poker Card Game!</p> <p>MT 7:00 Movie of the Night: Me Time (2022) with Kevin Hart. R · Comedy · 1h 41m (Netflix)</p>	<p>8</p> <p>9:30 Drop-In Knitting, Crochet, Sewing Circle at the Joslyn Center (departs at 9:00 am)</p> <p>TH 9:30 Exercise with Randal</p> <p>MT 10:30 Laugh & Learn with Jeopardy!</p> <p>GR 10:30 Throwback Thursdays: Oldies with DJ Ron!</p> <p>11:30 Lunch Outing: Los Amigos Mexican Restaurant - Burbank</p> <p>B 1:00 Poker Card Game!</p> <p>TH 2:00 Advanced Exercise</p>	<p>9</p> <p>TH 9:30 Exercise with Randal</p> <p>TH 10:30 Fun Fitness Friday: Shuffleboard!</p> <p>B 10:30 Gin Rummy Card Game</p> <p>TH 1:00 Beautiful Beading with Lyn Session A</p> <p>TH 2:00 Beautiful Beading with Lyn Session B</p> <p>B 3:00 UNO Card Game</p> <p>MT 3:15 TV Series Friday: Sister Boniface Mysteries - Eps. 2. 44m (Amazon/BritBox)</p> <p>MT 7:00 Movie of the Night: On a</p>	<p>10</p> <p>TH 10:30 Trivial Pursuit with Terry!</p> <p>TH 1:30 Meditation & Chair Yoga with Ligia</p> <p>MT 2:30 Saturday Series: Dancing with the Birds · Documentary · 51m (Netflix)</p> <p>MT 7:00 Movie of the Night: Rear Window (1954) with Jimmy Stewart. PG · Thriller/Mystery · 1h 52m (Amazon)</p>
<p>11 Grandparent's Day</p> <p>B 10:00 Cathedral of Our Lady of the Angels Online Mass</p> <p>TH 10:30 Block Printing with Loren! Make art, cards, etc!</p> <p>GR 11:00 Game Time with Linda</p> <p>1:00 Scenic Drive (limited space, sign up at Concierge)</p> <p>MT 2:00 Sunday Special: The Last Movie Stars - Paul Newman & Joanne Woodward (2022) · Docuseries · 55 mins -</p>	<p>12</p> <p>Aloha! Welcome to Hawaii!</p> <p>TH 9:30 Exercise with Randal</p> <p>MT 10:30 Random Trivia</p> <p>1:00 Questions to Stretch Your Brain</p> <p>1:00 Chess Club at the Joslyn Center (departs at 12:30 pm)</p> <p>MT 1:00 Discover with David: Hawaii! Watch a video and enjoy some food & beverages!</p> <p>B 2:00 Black Jack Card Game!</p>	<p>13</p> <p>Hola! Welcome to Spain!</p> <p>TH 9:30 Ejercicio with Randal</p> <p>B 10:30 Gin Rummy Card Game!</p> <p>TH 10:30 Meditación with Nga!</p> <p>MT 1:00 Discover with David: Spain! Watch a video and enjoy some food & beverages!</p> <p>TH 2:00 Advanced Ejercicio Class with Randal</p> <p>B 2:00 Hold 'Em Poker Card Game</p>	<p>14</p> <p>Yeehaw! Welcome to the Wild West!</p> <p>TH 9:30 Morning Exercise</p> <p>CF 10:30 Bible Study with Pastor Brandon: in the 3rd floor COF</p> <p>TH 10:30 Trivial Pursuit with Terry!</p> <p>MT 1:00 Discover with David: The Wild West! Watch a video and enjoy some food & beverages!</p> <p>B 2:00 Black Jack Card Game!</p> <p>LE 2:00 Wellness Wednesday!</p>	<p>15</p> <p>Ciao! Welcome to Italy!</p> <p>9:00 Warner Brothers Studio Tour: Classic Movies Tour & Lunch!</p> <p>9:30 Drop-In Knitting, Crochet, Sewing Circle at the Joslyn Center (departs at 9:00 am)</p> <p>TH 9:30 Esercizio with Randal</p> <p>TH 10:30 Banale Pursuit with Terry!</p> <p>GR 10:30 Throwback Thursdays: Oldies with DJ Ron!</p> <p>MT 1:00 Discover with David:</p>	<p>16</p> <p>Bonjour! Welcome to France!</p> <p>TH 9:30 Exercer with Randal</p> <p>B 10:30 Gin Rummy Card Game</p> <p>TH 10:30 Remise en Forme Amusante Friday: Corn Hole!</p> <p>MT 10:30 Rire et Apprendre with Jeopardy!</p> <p>TH 12:00 Septembre Residents Déjeuner d'Anniversaire!</p> <p>MT 2:00 Discover with David: France! Watch a video</p>	<p>17 Citizenship Day</p> <p>Nǐ hǎo! Welcome to China!</p> <p>TH 10:30 Trivial Pursuit with Terry!</p> <p>MT 1:00 Discover China! Watch a video and enjoy food & beverages!</p> <p>TH 1:30 Míngxiǎng & Chair Yoga with Ligia</p> <p>MT 2:30 Saturday Series: Fireboys (2021) · Documentary about fighting CA wildfires · 1h 22m (HBOMax)</p>

SEPTEMBER 2022



Sunday		Monday		Tuesday		Wednesday		Thursday		Friday		Saturday	
18	B 10:00 Cathedral of Our Lady of the Angels Online Mass TH 10:00 Meditation with Mya! GR 11:00 Game Time with Linda 1:00 Scenic Drive (limited space, sign up at Concierge) MT 2:00 Sunday Series: America the Beautiful Ep. 6 - Brave New World (49m) (Disney+) MT 2:00 Sunday Special: The Last Movie Stars - Paul Newman & Joanne	19	TH 9:30 Exercise with Randal MT 10:30 Random Trivia Questions to Stretch Your Brain 1:00 Chess Club at the Joslyn Center (departs at 12:30 pm) B 2:00 Black Jack Card Game! MT 2:00 Monday Movie Matinee: Cary Grant - Charade (1963) · Mystery/Thriller · 1h 53m (Amazon) B 3:00 Poker Card Game! MT 7:00 Movie of the Night:	20	TH 9:30 Exercise with Randal B 10:30 Gin Rummy Card Game TH 10:30 Meditación with Nga! JK 2:00 Resident Council Monthly Meeting! TH 3:00 Advanced Exercise Class with Randal MT 7:00 Movie of the Night: please refer to the daily schedule	21	TH 9:30 Morning Exercise CF 10:30 Bible Study with Pastor Brandon: in the 3rd floor COF TH 10:30 Trivial Pursuit with Terry! MT 2:00 Emmy award-winning celebrity journalist Reba Merrill talks Hollywood! LE 2:00 Wellness Wednesday! Open Gym B 3:00 UNO Card Game! MT 7:00 Movie of the Night: please refer to the daily	22	Fall Begins 9:30 Drop-In Knitting, Crochet, Sewing Circle at the Joslyn Center (departs at 9:00 am) TH 9:30 Exercise with Randal TH 10:30 Game Time with Linda! GR 10:30 Throwback Thursdays: Oldies with DJ Ron! TH 2:00 Advanced Exercise Class with Randal B 2:00 BINGO! GR 3:30 Happy Hour: Standing Room Only performs! MT 7:00 Movie of the Night:	23	Native American Day TH 9:30 Exercise with Randal TH 10:15 Wellness Clinic: Come learn what free services Select Rehab offers our Residents TH 10:30 Fun Fitness Friday: Golf Putting on the Patio! B 10:30 Gin Rummy Card Game B 2:00 Rummikub Board Game! B 3:00 UNO Card Game MT 3:15 TV Series Friday: Sister Boniface Mysteries - Eps. 4. 44m	24	TH 10:30 Trivial Pursuit with Terry! TH 1:30 Meditation & Chair Yoga with Ligia MT 2:30 Saturday Series: If You're Not in the Obit, Eat Breakfast (2017) · Documentary hosted by Carl Reiner · 1h 25m (HBOMax) MT 7:00 Movie of the Night: please refer to the daily schedule
25	Rosh Hashanah Begins B 10:00 Cathedral of Our Lady of the Angels Online Mass TH 10:00 Meditation with Mya! GR 11:00 Game Time with Linda 1:00 Scenic Drive (limited space, sign up at Concierge) MT 2:00 Sunday Series: America the Beautiful Ep. 6 - Brave New World (49m) (Disney+) MT 3:00 Sunday Special: The Last Movie Stars - Paul Newman & Joanne	26	TH 9:30 Exercise with Randal MT 10:30 Random Trivia Questions to Stretch Your Brain 1:00 Chess Club at the Joslyn Center (departs at 12:30 pm) B 2:00 Black Jack Card Game! MT 2:00 Monday Movie Matinee: Cary Grant - An Affair to Remember · Drama/Romance (1957) · 1h 54m (Amazon) B 3:00 Poker Card Game!	27	TH 9:30 Exercise with Randal TH 10:30 Creative Writing Workshop: Write about WHAT IS LOVE to you! B 10:30 Gin Rummy Card Game TH 10:30 Meditación with Nga! B 2:00 Chef Chat with Megan! TH 3:00 Advanced Exercise Class with Randal MT 7:00 Movie of the Night: please refer to the daily schedule	28	TH 9:30 Morning Exercise CF 10:30 Bible Study with Pastor Brandon: in the 3rd floor COF TH 10:30 Trivial Pursuit with Terry! MT 1:00 Word Fun with WORDLE! B 2:00 Black Jack Card Game! LE 2:00 Wellness Wednesday! Open Gym B 3:00 Poker Card Game! MT 7:00 Movie of the Night: please refer to the daily	29	9:30 Drop-In Knitting, Crochet, Sewing Circle at the Joslyn Center (departs at 9:00 am) TH 9:30 Exercise with Randal MT 10:30 Laugh & Learn with Jeopardy! GR 10:30 Throwback Thursdays: Oldies with DJ Ron! 11:30 Lunch Outing: Terrace Mediterranean Restaurant - Burbank TH 2:00 Advanced Exercise Class with Randal	30	TH 9:30 Exercise with Randal TH 10:30 Fun Fitness Friday: Bocce Ball! B 10:30 Gin Rummy Card Game B 2:00 Rummikub Board Game! B 3:00 UNO Card Game MT 3:15 TV Series Friday: Sister Boniface Mysteries 44m (Amazon/BritBox) MT 7:00 Movie of the Night: please refer to the daily schedule		