

ASSISTED LIVING | MEMORY CARE

APRIL 2022



ASSISTED LIVING MEMORY CAR	SE SE	Apri	il 2022			
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Birthdays in April Betty M., April 1 David R., April 12 Tom L., April 14 Elizabeth E., April 18 Susan H., April 19 Bob B., April 28	April Facts: We know it is the fourth month of the year, but that's only by the Gregorian calendar that we adhere to now. It was previously the fifth month in the earlier Julian calendar. April also only had 29 days, but a 30th day was added when Julius Caesar established the Julian calendar. In the Southern Hemisphere, April is the seasonal equivalent to October.	The etymology behind the word "April" comes from the verb "aperire," which means "to open." It's commonly believed that the word refers to the season of trees and flowers begin to "open" or bloom. Those who were born in April have a diamond as their birthstone, which represents innocence. Their birth flower is either a Daisy or a Sweet Pea.	April is a great month for meteor showers. One of which is the Lyrids meteor shower, which appears from April 16th to April 26th each year. There's another one called the Eta Aquariids meteor shower that can be seen onwards from April 21st. There are quite a few notable historical people born in April, such as Leonardo da Vinci, Shakespeare, and Queen Elizabeth II. On April 15, 1912, the famous Titanic ship hit an iceberg and	BP - Back Patio 1st Floor BI - Bistro 1st Floor GR - Great Room 1st Floor JK - Josephine's Kitchen 1st Floor T - Outing TR - Terrace Room 1st Floor T - Town Hall 6th Floor	3:00 'Yarn Art' Gathering - TR4:00 April Fool's Day	9:30 Chair Yoga - TH 10:00 Mental Floss - TH 10:30 Spiritual View: Ramadan - A Cycle of Faith - TH 1:30 Bocce Ball - B 2:30 Ramadan Art: Tea Light Lanterns - B 3:30 BINGO! - B 6:00 Movie- Julia Episode 2 - TH
10:00 Communion Service - Ascension Catholic Church - TR 11:00 Meet & Greet: Julie with Leo the Great Dane! - GR 1:00 Sunday Cinema - The Paper - TH GR 3:00 BINGO! - GR GR 4:00 Puzzle Book Challenge: available in GR	TH 1:30 Movie Committee - TH 3:00 Choir: Concert	TH GR 1:00 Strength Training - TR 2:00 Culinary Delights: Baking Mini Deep Dish Pizzas - TH B 3:30 Giant Crossword - B	9:15 Wake-up Workout-TH 10:00 Jewelry Class - B 10:00 Mental Floss - TH 10:30 Daily Chronicle News - TH 1:00 Parkinson's Exercise Class - TH GR 2:15 Wine & Cheese Social - GR 81 4:00 Bingo - B 6:00 Movie - Return to Me - TH	8:30 Shopping Trip: Walmart - OT 9:15 Fit and Flex - TH 10:00 Mental Floss - TH 10:30 Gazette News - TH 11:00 Communion Service: Ascension Catholic Church - TR 11:30 Violinist Benny - GR BP 1:00 Horticulture Program: Prepping the Garden - BP BI 2:30 Book Club Review: 'The Mother's' - B	Ukraine History, Discussion & Action Drive - B 2:00 'Yarn Art' Gathering - TR 4:00 'BODACIOUS' BINGO - B 6:00 Movie - Of Mice and Men -TH	9:30 Chair Yoga - TH 10:30 Daily Chronicle News - TH 1:00 Aerobics (seated) - B 2:00 National Name Day! What's in a Name? - B 3:00 BINGO! - B 6:00 Saturday Cinema - Resurrection - TH
10:00 Communion Service - Ascension Catholic Church - TR 11:00 Neurorhythms - TH 1:00 Sunday Cinema - I'll See You in My Dreams- TH 3:00 Game Hour - B GR 4:00 Puzzle Book Challenge: available in GR	1:00 Cardio Drumming (seated) - TH 1:45 Activity Committee Meeting - TH	9:15 Fit and Flex - TH 10:00 Mental Floss - TH 10:30 Daily Chronicle - TH 1:30 Resident Council - TH 3:00 A Passover Visit from Chabad Jewish Center - TH 3:15 Poker - TR 3:45 Proviso East Key Club Visit and Crafts - B 6:00 Movie: Johnny Mathis in Concert - TH	9:15 Wake-up Workout- TH 10:00 Mental Floss - TH 10:30 Easter Jeopardy - TH 1:00 Parkinson's Exercise Class - TH 3:15 Wine & Cheese Social - GR BI 3:15 Giant Crossword Puzzles - B BI 4:00 BINGO! - B 6:00 Movie: Sophie's Choice	It's National Gardening Day! 9:15 Fit and Flex - TH 10:00 Mental Floss - TH 10:30 Honoring Parkinson's Awareness Month - BP 11:00 Communion Service: Ascension Catholic Church - TR 1:00 Horticulture Program: Final Votes - Outing Calendar - OT BI 2:30 Creative Writing Group - TH	10:30 'April' Jokes, Riddles, and Trivia 1:00 Non-Denominational	9:30 Chair Yoga - TH 10:00 Mental Floss - B 10:30 Decoupage Eggs - B 1:00 Easter Egg Hunt - GR 2:30 Uno! - TR 4:00 BINGO! - B 6:00 Saturday Cinema - Agatha Christie's Crooked House - TH

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
TR 10:00 Easter Sunday Communion Service - Ascension Catholic Church - TR IK 11:00 Easter Buffet - JK The 1:00 Easter Movie: Miss Potter - TH GR 3:00 EASTER EGG BINGO! - B GR 4:00 Puzzle Book Challenge: available in GR	9:15 Wake-up Workout-TH 10:00 Mental Floss - TH 10:30 Jeopardy - TH 1:00 Seated Dance Cardio - Bistro 1:30 Movie Committee - TR 3:00 Golden Voices of Belmont Choir - TH 4:00 BINGO! - B 6:00 Monday New Movie: The Contractor - TH	9:15 Fit and Flex - TH 9:30 Dollar Tree and Target - OT 10:15 New Resident Ambassadors Meeting - TR 1:00 Jago: A Life Underwater - TH 1:00 Strength Training - TR 1:30 St. Edmund's Book Club - TR	9:15 Wake-up Workout- TH 10:00 Jewelry Class - B 10:00 Mental Floss - TH 10:30 Songs and Stories - TH 1:00 Parkinson's Exercise Class - TH GR 2:15 Wine & Cheese Social - GR BI 3:30 National Chinese Language Day - B BI 4:00 BINGO! - B	9:15 Fit and Flex - TH 10:00 Memory Café - TH 11:00 Communion Service:	9:15 Wake-up Workout- TH 10:00 Mental Floss - TH 10:30 Culinary Delights: Apple Crescents - TH B1 11:00 Booster Clinic Sign-Up - B 1:00 Let's Walk! - OT 2:30 Wild Ones Shop Trip - OT R 3:00 'Yarn Art' - TR B1 3:30 Rummikub - B	9:30 Chair Yoga - TH 10:00 Mental Floss - TH 10:30 Fun, Jokes and Laughs - TH 1:00 Community Outreach - TH 2:30 Uno! - TR 4:00 BINGO! - B 6:00 Saturday Cinema - The Nun Story - TH
IR 10:00 Communion Service - Ascension Catholic Church - TR 1:00 Sunday Cinema - Driving Miss Daisy - TH GR 2:15 Sunday Music - GR 3:00 Game Hour - B GR 4:00 Puzzle Book Challenge: available in GR	9:15 Wake-up Workout- TH 10:00 Mental Floss - TH 10:30 Jeopardy - TH 1:00 Crafts with Paxxon - Gym 2:15 Cardio Drumming - TH 3:00 Golden Voices of Belmont Choir - TH 3:30 BINGO! - B 6:00 Monday Night Movie: A Streetcar Named Desire - TH	3:30 Giant Crossword - B 6:00 Movie: The Graduate 9:15 Fit and Flex - TH 10:00 Mental Floss - TH 10:30 National Audubon Day - TH 1:00 Nature Paint n Sip - TH 3:15 Poker - TR 4:30 Men's Outing - Poor Phil's - OT 6:00 Movie: As Good as It Gets - TH	9:15 Wake-up Workout- TH 10:00 Mental Floss - TH 10:30 Worth Fighting For: K9s for Warriors - TH 1:00 Parkinson's Exercise Class - TH GR 2:15 Wine & Cheese Social - GR 3:30 BINGO! - B 3:30 Babe Ruth Day - TH 6:00 Movie - The Babe - TH	28 OT 8:00 Ladies Breakfast - OT 9:15 Fit and Flex - TH 10:00 Mental Floss - TH 10:30 Poetry in Lyrics - TH 11:00 Communion with Ascension - TR 11:00 Horticulture Program: Prep the Seeds - BP 1:00 Horticulture Writing Group - TH 3:30 Game Hour - B 6:00 Movie: The Red Shoes - TH	BI 4:00 'BODACIOUS' BINGO - B 6:00 Movie - North by 9:15 Wake-up Workout- TH 10:00 Mental Floss - TH 10:30 US History - Conservation - TH III:30 Resident Birthday Celebration - JK BI 1:00 Seated Zumba Gold - B BI 2:00 New Resident Reception - B IR 3:00 'Yarn Art' - TR BP 3:30 'BODACIOUS' BINGO - BP III:00 Movie - Laura - TH	9:30 Chair Yoga - TH 10:00 Mental Floss - TH 10:30 Fun, Jokes and Laughs - TH 1:00 Creative Thinking - TH 2:30 Uno! - TR BI 4:00 BINGO! - B 6:00 Saturday Cinema - Castaway - TH

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