BELMONT Village
SENIOR LIVING
MEMPHIS
ASSISTED LIVING | MEMORY CARE

DECEMBER 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 CL **10:00** Strength & Stretch Fitness B **10:35** It Happened in December **1:00** Podiatrist Visit (Salon) CL **1:45** Marketplace IK **3:00** **Wine & Cheese- Entertainment by: Al Mahan** GR **5:00** **Lighting the Menorah** TH **7:00** **Rockefeller Center's**	**2** TH **9:45** **First Evan. (Non-Denominational Service)** CL **10:15** Strength & Stretch Fitness CL **10:45** Morning Mingle- Daily Chronicle & Today in History CL **1:30** **Repurposing our Pumpkins: Holiday Painting** TH **3:00** Bingo GR **5:00** Pot Luck Quiz	**3** CL **10:00** Strength & Stretch Fitness GR **10:30** Music with Miriam TH **2:00** Bingo B **3:00** Happy Hour GR **5:00** **Lighting of the Menorah** GR **5:00** Words in Words Quiz	**4** CL **10:00** Strength & Stretch Morning Exercise with Talisha B **10:35** Morning Mingle Trivia & Coffee TH **1:00** Bingo- Guest Caller: Talisha Brooks GR **5:00** **Lighting of the Menorah** GR **5:00** Saturday Evening Post
5 CR **9:45** Strength & Stretch Morning Exercise CL **12:30** Scrabble with Friends TH **2:30** Bingo- Guest Caller: Ma'Naya Mitchell GR **5:00** **Lighting of the Menorah** TH **5:30** Evening Movie Screening: A Christmas Carol	**6** CL **10:00** Strength & Stretch Fitness TH **10:30** Movie Monday: A Christmas Story, Order in: Ronnie Grisanti's Italian Cuisine CL **1:00** Painter's Corner: Holiday Painting CL **1:45** **Learn How to Play the Game of Dreidel with Jill** B **3:00** Happy Hour GR **5:00** Playing Games	**7** CL **10:00** Strength & Stretch Fitness B **10:35** What Americans Were Doing on December 7, 1941 TH **1:45** Bingo GR **3:15** **New Resident Mixer** GR **5:00** Words Starting with DEC Quiz	**8** TH **9:30** **COVID Booster Shot Clinic (Only for Residents Who Have Not Yet Received it)** CL **10:00** Strength & Stretch Fitness B **10:35** Kindness Throughout History CL **1:45** Marketplace IK **3:00** **Wine & Cheese- Entertainment by: Glen Malchow** GR **5:00** Word Puzzle	**9** TH **9:45** **First Evan. (Non-Denominational Service)** CL **10:15** Strength & Stretch Fitness CL **10:45** Morning Mingle: Today in History **1:30** **Catholic Communion- Will Come by Your Apartment** CL **1:30** **Christmas Wreath Making** TH **3:00** Bingo	**10** CL **10:00** Strength & Stretch Fitness GR **10:30** Music with Miriam CL **12:45** **Crafter's Corner: Finishing our Candy Cane Wreath** TH **2:00** Bingo B **3:00** Happy Hour GR **5:00** Sugar and Spice – word fit	**11** CL **10:00** Strength & Stretch Morning Exercise with Talisha B **10:35** Good Morning Trivia & Coffee TH **1:00** Bingo **Notice the Time Change GR **5:00** Saturday Evening Post
12 CL **10:00** Strength & Stretch Morning Exercise B **10:35** Morning Mingle: Finish The Proverbs TH **12:30** Scrabble with Friends CL **1:00** **Gingerbread House Decorating Kit** TH **3:00** Bingo TH **5:30** Evening Screening: A Lawrence Welk Family Christmas	**13** CL **10:00** Strength & Stretch Fitness TH **10:30** Movie Monday: Chevy Chase's National Lampoon's Christmas Vacation CL **1:30** **Crafter's Corner: Christmas Tree Cones** B **3:00** Happy Hour GR **5:00** Word Builder: Fill in the Blank	**14** CL **10:00** Strength & Stretch Fitness B **10:35** Vintage Air Travel: Photos from golden age of flying CL **1:30** **Crafter's Corner: Candy Cane Wreaths & DIY Christmas Trees** TH **3:00** Bingo GR **5:00** Wacky Wordies Puzzle	**15** CL **10:00** Strength & Stretch Fitness B **10:35** National Trivial Pursuit Day CL **1:45** Marketplace IK **3:00** **Wine & Cheese- Entertainment by: Double D Band** GR **5:00** Word Puzzle Wednesday	**16** TH **9:45** **First Evan. (Non-Denominational Service)** CL **10:15** Strength & Stretch Fitness CL **10:45** Morning Mingle- Today in History CL **1:30** **National Scrabble Tournament Day- *Market Bucks Given Out*** IK **5:00** **Residents & Family Holiday Party**	**17** CL **10:00** Strength & Stretch Fitness GR **10:30** Music with Miriam CL **1:00** **Crafter's Corner: Finishing up our Candy Cane Wreath and Decorative Trees** TH **2:00** Bingo B **3:00** Happy Hour GR **5:00** Math Quiz	**18** CL **10:00** Strength & Stretch Exercise with Debby B **10:30** Good Morning Trivia CL **1:45** **Bananagrams Game (NEW)** TH **3:00** Bingo GR **5:00** Word Puzzle Worksheet

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
19 CL **10:00** Strength & Stretch Morning Exercise B **10:35** Today in History and Trivia CL **12:30** Scrabble with Friends TH **3:00** Bingo TH **5:30** Evening Movie Screening: Residents Choice	**20** CL **10:00** Strength & Stretch Fitness with Debby TH **10:30** Movie Monday: It's a Wonderful Life with Lunch Served TH **2:00** **Dan the History Man** B **3:00** Happy Hour GR **5:00** Winter Wonderland Crossword	**21** **Winter Begins** CL **10:00** Strength & Stretch Fitness B **10:35** First Day of Winter- Winter Quiz and Discussions (Hot Cocoa Served) TH **1:45** Bingo GR **3:00** **A Christmas Carols Sing-a-long and Solo by Patricia Davidson** GR **5:00** Winter Word Scramble	**22** CL **10:00** Strength & Stretch Fitness B **10:35** True or False Christmas Traditions CL **1:45** Marketplace IK **3:00** **Wine & Cheese- Entertainment by: Russ Mire** GR **5:00** Word Puzzle Wednesday	**23** TH **9:45** **First Evan. (Non-Denominational Service)** CL **10:15** Strength & Stretch Fitness CL **10:45** Sing the Next Line Christmas Songs H **1:30** Blackjack (2nd Floor, Round Table) **1:30** **Catholic Communion- Will Come By Your Apartment** TH **3:00** Bingo	**24** **Christmas Eve** CL **10:00** Strength & Stretch Fitness B **10:35** Christmas Eve Traditions TH **1:45** Bingo B **3:00** Special Happy Hour (Eggnog Day) GR **5:00** Unscramble Words - Holiday Theme	**25** **Christmas Day** CL **9:20** Strength & Stretch Morning Exercise GR **10:00** **Music with Miriam** IK **11:00** **Christmas Day Luncheon** TH **2:30** Bingo GR **5:00** The Christmas Story Word Match TH **5:30** **Christmas Movie: Holiday Inn**
26 **Kwanzaa Begins** CL **10:00** Strength & Stretch Morning Exercise B **10:35** Morning Mingle Trivia CL **12:30** Scrabble with Friends TH **1:45** Bingo GR **3:00** Music with Paul TH **5:30** Evening Movie Screening: Residents Choice	**27** CL **10:00** Strength & Stretch Fitness TH **10:30** Movie Monday: The First Wives Club H **1:30** Blackjack with Gena (2nd Floor, Round Table) B **3:00** Happy Hour GR **5:00** Brain Works Puzzle	**28** CL **10:00** Strength & Stretch Fitness with Debby B **10:35** Presidential Trivia in Honor of Woodrow Wilson Day TH **1:30** Wii Tournament Bowling TH **3:00** Bingo GR **5:00** Random Questions Trivia Quiz	**29** CL **10:00** Strength & Stretch Fitness CL **1:45** Marketplace IK **3:00** **Wine & Cheese- Entertainment by: Oscar Sueing** GR **5:00** Word Puzzle Wednesday	**30** CL **10:00** Strength & Stretch Fitness B **10:35** Good News Network Stories GR **1:30** **Bean Bag Toss** TH **3:00** Bingo GR **5:00** Pot Luck Quiz	**31** **New Year's Eve** CL **10:00** Strength & Stretch Fitness GR **10:30** Music with Miriam IK **11:00** **December Birthday Luncheon** TH **1:30** Bingo IK **3:00** **New Year's Eve Party!** GR **5:00** New Year's Resolutions Word Scramble	