

# NOVEMBER 2021



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>B</b> - Bistro, 1st Floor  <b>CL</b> - Center for Learning, 3rd Floor  <b>GR</b> - Great Room, 1st Floor  <b>JK</b> - Josephine's Kitchen, 1st Floor  <b>TH</b> - Town Hall, 1st Floor</p>	<p><b>1</b></p> <p><b>TH</b> 9:30 Let's Get Fit with Select Rehab  <b>TH</b> 10:30 Arts &amp; Crafts: DIY Iron Chef Customized Apron  <b>TH</b> 1:15 Balance Class with Select Rehab  <b>TH</b> 2:30 Rummikub  <b>TH</b> 3:00 Travelogue - Experience Mexico: Dia de Los Muertos</p>	<p><b>2</b> Election Day</p> <p><b>11:00 Iron Chef Competition: Food, Music, and Fun!</b>  <b>11:30</b> Iron Chef Catered Lunch for All Residents (Tacolicious)  <b>2:00</b> Art with Stephanie (Circle of Friends Programming Room)  <b>B</b> 2:00 Poker  <b>CL</b> 3:00 Finger Knitting</p>	<p><b>3</b></p> <p><b>TH</b> 9:30 Let's Get Fit with Select Rehab  <b>TH</b> 10:00 Garden Club  <b>TH</b> 11:15 Mid-Week Meditation  <b>TH</b> 1:00 Wheelchair Exercise with Select Rehab  <b>TH</b> 1:45 Weekday Bingo  <b>JK</b> 3:00 Happy Hour: Gridja Spiri</p>	<p><b>4</b></p> <p><b>TH</b> 9:30 Let's Get Fit with Select Rehab  <b>GR</b> 10:30 Furry Friends  <b>TH</b> 11:00 Book Club  <b>TH</b> 1:15 Tai Chi with Kathleen  <b>JK</b> 2:00 Diwali Celebration  <b>TH</b> 3:00 History Lecture with Professor Di'Bono</p>	<p><b>5</b></p> <p><b>TH</b> 9:30 Let's Get Fit with Select Rehab  <b>TH</b> 10:00 Outing: Fioli Gardens  <b>TH</b> 10:30 Documentary: History of Diwali  <b>1:30</b> Mahjong  <b>B</b> 3:00 Life Stories  <b>TH</b> 4:00 Shabbat with Jewish Family Services</p>	<p><b>6</b></p> <p><b>TH</b> 9:30 Exercise with Judy and Team  <b>TH</b> 10:30 Meditative Coloring  <b>TH</b> 1:00 Weekend Bingo  <b>TH</b> 2:30 Movie Matinee: Coco</p>
<p><b>7</b> Daylight Saving Ends</p> <p><b>GR</b> 9:30 Church Shuttle Service  <b>TH</b> 9:30 Virtual Sunday Mass  <b>TH</b> 11:15 Chair Yoga with Bitty  <b>1:00</b> Meditative Coloring  <b>2:30</b> Movie Matinee: Cocoon</p>	<p><b>8</b></p> <p><b>TH</b> 9:30 Let's Get Fit with Select Rehab  <b>TH</b> 10:30 Arts and Craft: Painting Nutcrackers  <b>TH</b> 1:15 Balance Class with Select Rehab  <b>TH</b> 2:00 Welcome Committee Meeting  <b>2:30</b> Rummikub  <b>TH</b> 3:15 Travelogue: Russia</p>	<p><b>9</b></p> <p><b>TH</b> 9:30 Let's Get Fit with Select Rehab  <b>10:00</b> MarketPlace  <b>CL</b> 10:30 Bible Study with Pastor Crown  <b>TH</b> 10:45 Poker  <b>TH</b> 1:15 Balance Class with Select Rehab  <b>TH</b> 2:00 Activity Planning Meeting  <b>2:00</b> Art with Stephanie (Circle of Friends Programming Room)  <b>B</b> 2:30 Finger Knitting</p>	<p><b>10</b></p> <p><b>TH</b> 9:30 Let's Get Fit with Select Rehab  <b>10:00</b> Garden Club  <b>TH</b> 10:15 Mid-Week Meditation  <b>TH</b> 11:00 Lecture: Understanding Diabetes  <b>TH</b> 1:00 Wheelchair Exercise with Select Rehab  <b>TH</b> 1:45 Weekday Bingo  <b>JK</b> 3:00 Happy Hour: Fred McCarthy</p>	<p><b>11</b> Veterans Day</p> <p><b>9:00</b> Veteran's Day Ceremony  <b>TH</b> 9:30 Let's Get Fit with Select Rehab  <b>TH</b> 11:00 Book Club  <b>12:00</b> Enjoy Classical Music with Jess Bautista, Saxaphonist  <b>TH</b> 1:15 Tai Chi with Kathleen  <b>TH</b> 2:00 Chef Chat</p>	<p><b>12</b></p> <p><b>TH</b> 9:30 Let's Get Fit with Select Rehab  <b>TH</b> 10:30 Documentary  <b>10:30</b> Outing: Horse Racing at Golden Gate Fields  <b>1:30</b> Mahjong  <b>B</b> 3:00 Life Stories  <b>TH</b> 4:00 Everything Jewish</p>	<p><b>13</b></p> <p><b>TH</b> 9:30 Exercise with Judy and Team  <b>TH</b> 10:30 Meditative Coloring  <b>10:30</b> Outing: Nutcraker Ballet at Lescher Center of Arts  <b>TH</b> 1:00 Weekend Bingo  <b>TH</b> 2:30 Movie Matinee: Pearl Harbor</p>
<p><b>14</b></p> <p><b>GR</b> 9:30 Church Shuttle Service  <b>TH</b> 9:30 Virtual Sunday Mass  <b>TH</b> 11:15 Chair Yoga with Bitty  <b>1:00</b> Meditative Coloring  <b>2:15</b> Movie Matinee: The Notebook</p>	<p><b>15</b></p> <p><b>TH</b> 9:30 Let's Get Fit with Select Rehab  <b>TH</b> 10:30 Flower Arranging  <b>TH</b> 1:15 Balance Class with Select Rehab  <b>TH</b> 2:00 Movie Planning Meeting  <b>2:30</b> Rummikub  <b>TH</b> 3:15 Travelogue</p>	<p><b>16</b></p> <p><b>TH</b> 9:30 Let's Get Fit with Select Rehab  <b>CL</b> 10:30 Bible Study with Pastor Crown  <b>TH</b> 10:45 Poker  <b>TH</b> 1:00 Health Chat With Select Rehab  <b>TH</b> 2:00 Art with Elders  <b>B</b> 2:30 Finger Knitting</p>	<p><b>17</b></p> <p><b>TH</b> 9:30 Let's Get Fit with Select Rehab  <b>10:00</b> Garden Club  <b>TH</b> 11:15 Mid-Week Meditation  <b>TH</b> 1:00 Wheelchair Exercise with Select Rehab  <b>TH</b> 1:45 Weekday Bingo  <b>JK</b> 3:00 Happy Hour: Moon Glow</p>	<p><b>18</b></p> <p><b>TH</b> 9:30 Let's Get Fit with Select Rehab  <b>TH</b> 11:00 Book Club  <b>TH</b> 1:15 Tai Chi with Kathleen  <b>JK</b> 2:00 Chef's Demo</p>	<p><b>19</b></p> <p><b>TH</b> 9:30 Let's Get Fit with Select Rehab  <b>TH</b> 10:30 Documentary  <b>1:30</b> Mahjong  <b>2:00</b> Ladies Social with Belmont Village San Jose  <b>B</b> 3:00 Life Stories</p>	<p><b>20</b></p> <p><b>TH</b> 9:30 Exercise with Judy and Team  <b>TH</b> 10:30 Meditative Coloring  <b>TH</b> 1:00 Weekend Bingo  <b>TH</b> 2:30 Movie Matinee: Poms</p>

# NOVEMBER 2021



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>21</b> <b>GR</b> 9:30 Church Shuttle Service <b>TH</b> 9:30 Virtual Sunday Mass <b>TH</b> 11:15 Chair Yoga with Bitty <b>TH</b> 1:00 Meditative Coloring <b>TH</b> 2:30 Movie Matinee: Beethoven	<b>22</b> <b>TH</b> 9:30 Let's Get Fit with Select Rehab <b>TH</b> 10:30 Arts & Craft: DIY Fall Candles <b>TH</b> 1:15 Balance Class with Select Rehab <b>TH</b> 2:30 Rummikub <b>TH</b> 3:15 Travelogue	<b>23</b> National Espresso Day <b>TH</b> 9:30 Let's Get Fit with Select Rehab <b>TH</b> 10:00 MarketPlace <b>CL</b> 10:30 Bible Study: Pastor Crown <b>TH</b> 10:45 Poker <b>TH</b> 1:15 Balance Class Select Rehab <b>TH</b> 2:00 Art with Elders (Circle of Friends Programming Room) <b>TH</b> 2:00 Resident Council <b>B</b> 3:00 Finger Knitting	<b>24</b> <b>TH</b> 9:30 Let's Get Fit with Select Rehab <b>TH</b> 10:00 Garden Club <b>TH</b> 11:15 Mid-Week Meditation <b>TH</b> 1:00 Wheelchair Exercise with Select Rehab <b>TH</b> 1:45 Weekday Bingo <b>JK</b> 3:00 Happy Hour: Lee Allen	<b>25</b> <b>Thanksgiving</b> <b>JK</b> Happy Thanksgiving <b>JK</b> 8:00 Pick Up Themed Activity Packets <b>JK</b> 11:00 Thanksgiving Holiday Luncheon	<b>26</b> <b>Black Friday</b> <b>TH</b> 9:30 Let's Get Fit with Select Rehab <b>TH</b> 10:30 Documentary <b>JK</b> 11:00 Birthday Luncheon <b>TH</b> 1:30 Mahjong <b>TH</b> 2:30 Men's Social at Belmont San Jose <b>B</b> 3:00 Life Stories <b>TH</b> 4:00 Everything Jewish	<b>27</b> <b>TH</b> 9:30 Exercise with Judy and Team <b>TH</b> 10:30 Meditative Coloring <b>TH</b> 1:00 Weekend Bingo <b>TH</b> 2:30 Movie Matinee: The Meddler
<b>28</b> <b>Hanukkah Begins</b> <b>GR</b> 9:30 Church Shuttle Service <b>TH</b> 9:30 Virtual Sunday Mass <b>TH</b> 11:15 Chair Yoga with Bitty <b>TH</b> 1:00 Meditative Coloring <b>TH</b> 2:30 Movie Matinee: The Chosen <b>TH</b> 4:00 Hanukkah 2021 Begins	<b>29</b> <b>TH</b> 9:30 Let's Get Fit with Select Rehab <b>TH</b> 10:30 Arts & Crafts: DIY Dredel Decorating <b>TH</b> 1:15 Balance Class with Select Rehab <b>TH</b> 2:00 New Resident Orientation <b>TH</b> 2:30 Rummikub <b>TH</b> 3:00 Travelogue - Israel <b>TH</b> 6:00 Movie Showing: Schindler's List	<b>30</b> <b>TH</b> 9:30 Let's Get Fit with Select Rehab <b>CL</b> 10:30 Bible Study Pastor Crown <b>TH</b> 10:45 Poker <b>TH</b> 1:15 Balance Class Select Rehab <b>TH</b> 2:00 Art with Elders <b>B</b> 2:30 Jewelry Making <b>B</b> 6:00 Movie Showing: Shoah		* See any changes/ updates on the Daily Schedule		