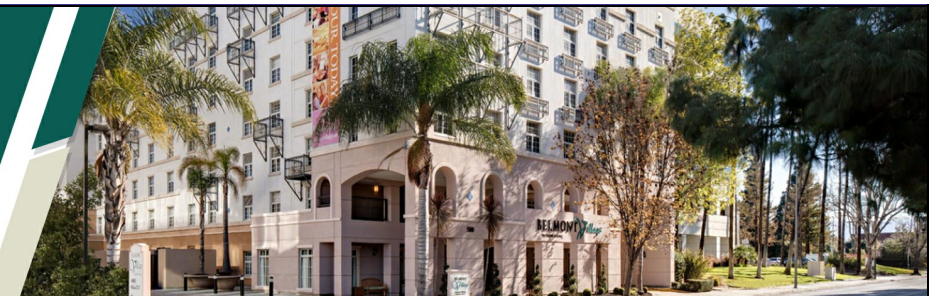


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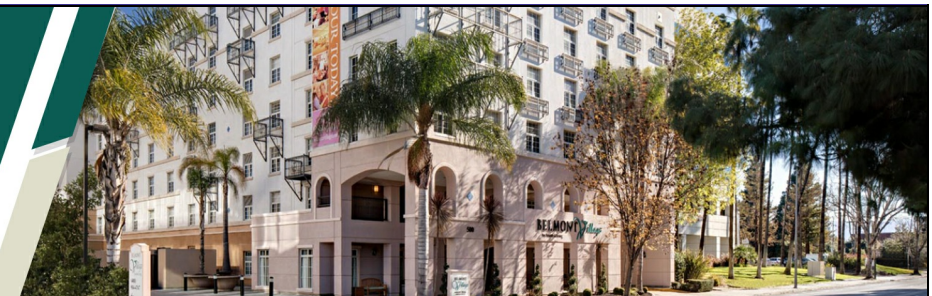
November 2021



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>B - Bistro-7th Floor GR - Great Room-1st Floor IK - Josephine's Kitchen-1st Floor O - Outing RH - Room Hallway</p>	<p>1</p> <p>O 9:30 Shopping Trip: CVS & Banks (Meet on 1st Floor) B 9:30 Let's Get Fit (Bistro, 7th Floor) B 10:00 Strength and Balance Class w/ Select Rehab (Bistro, 7th Floor) B 10:30 Yoga (Bistro, 7th Floor) GR 1:00 Walk for Fitness (Meet in the Great Room, 1st Floor)</p>	<p>2 Election Day</p> <p>B 9:30 Let's Get Fit (Bistro, 7th Floor) O 10:00 Iron Chef Competition in Sunnyvale (Meet in Great Room, 1st Floor) Come and watch our very own Chef Tony compete against other Belmont Village chefs and see whose dish will reign supreme! Sign</p>	<p>3</p> <p>9:00 COVID-19 BOOSTER Clinic (Town Hall, 6th Floor) B 9:30 Let's Get Fit (Bistro, 7th Floor) B 10:00 Strength and Balance Class w/ Select Rehab (Bistro, 7th Floor) B 10:30 Lecture w/ Reno Di Bono (Bistro, 7th Floor) GR 1:00 Walk for Fitness</p>	<p>4</p> <p>B 9:30 Let's Get Fit (Bistro, 7th Floor) B 10:30 Stories, Humor, and Fun w/ Danni (Bistro, 7th Floor) GR 1:00 Walk for Fitness (Meet in the Great Room, 1st Floor) 2:00 Book Club w/ Ray (6th Floor Lounge) B 2:30 Strength and Balance Class w/ Select Rehab (Bistro, 7th Floor)</p>	<p>5</p> <p>B 9:30 Let's Get Fit (Bistro, 7th Floor) 10:15 Group Crossword Puzzles (Great Room, 1st Floor) B 1:30 Bingo (Bistro, 7th Floor) - Play to win Bingo Bucks! B 2:30 Strength and Balance Class w/ Select Rehab (Bistro, 7th Floor) B 3:00 Name That Tune! (Bistro, 7th Floor)</p>	<p>6</p> <p>GR 10:00 Jigsaw Puzzles (Great Room, 1st Floor) 1:30 Zumba Fitness (Town Hall, 6th Floor) GR 2:00 Word Search (Great Room, 1st Floor) GR 3:00 Bananagrams (Great Room, 1st Floor) GR 6:00 Board Games (Great Room, 1st Floor)</p>
<p>7 Daylight Saving Ends</p> <p>B 10:30 Sunday Catholic Mass (Bistro, 7th Floor) GR 1:30 Brain Games (Great Room, 1st Floor) GR 3:00 Bingo (Great Room, 1st Floor) GR 4:00 Bananagrams (Great Room, 1st Floor) IK 6:00 Gem for Seniors - Piano & Flute Entertainment (Great Room, 1st Floor)</p>	<p>8</p> <p>O 9:30 Shopping Trip: CVS & Banks (Meet on 1st Floor) B 9:30 Let's Get Fit (Bistro, 7th Floor) B 10:00 Strength and Balance Class w/ Select Rehab (Bistro, 7th Floor) RH 10:30 Marketplace Open (4th Floor) B 10:30 Yoga (Bistro, 7th Floor) GR 1:00 Walk for Fitness</p>	<p>9</p> <p>B 9:30 Let's Get Fit (Bistro, 7th Floor) B 10:00 Strength and Balance Class w/ Select Rehab (Bistro, 7th Floor) B 10:30 Ceramics Class w/ Martha (Bistro, 7th Floor) GR 1:00 Walk for Fitness (Meet in the Great Room, 1st Floor) B 1:00 Jigsaw Puzzles (Great Room, 1st Floor)</p>	<p>10</p> <p>O 9:30 Shopping Trip: Walgreens (Meet on 1st Floor) B 9:30 Let's Get Fit (Bistro, 7th Floor) B 10:00 Strength and Balance Class w/ Select Rehab (Bistro, 7th Floor) GR 1:00 Walk for Fitness (Meet in the Great Room, 1st Floor) 6:00 Movie Night (Town Hall, 6th Floor)</p>	<p>11 Veterans Day</p> <p>B 9:30 Let's Get Fit (Bistro, 7th Floor) B 10:30 NEW ACTIVITY: Creative Writing w/ Danni (Bistro, 7th Floor) Share your legacy! Everyone has a story to share. Join Danni as she finds creative ways of encouraging everyone to write and share their</p>	<p>12</p> <p>B 9:30 Let's Get Fit (Bistro, 7th Floor) 10:15 Group Crossword Puzzles (Great Room, 1st Floor) B 1:30 Bingo (Bistro, 7th Floor) - Play to win Bingo Bucks! B 2:30 Strength and Balance Class w/ Select Rehab (Bistro, 7th Floor) B 3:00 Name That Tune! (Bistro, 7th Floor)</p>	<p>13</p> <p>GR 10:00 Jigsaw Puzzles (Great Room, 1st Floor) 1:30 Zumba Fitness (Town Hall, 6th Floor) GR 2:00 Word Search (Great Room, 1st Floor) GR 3:00 Bananagrams (Great Room, 1st Floor) GR 6:00 Board Games (Great Room, 1st Floor)</p>
<p>14</p> <p>B 10:30 Sunday Catholic Mass (Bistro, 7th Floor) GR 1:30 Brain Games (Great Room, 1st Floor) GR 3:00 Bingo (Great Room, 1st Floor) GR 4:00 Bananagrams (Great Room, 1st Floor) GR 6:00 Card Games (Great Room, 1st Floor)</p>	<p>15</p> <p>O 9:30 Shopping Trip: CVS & Banks (Meet on 1st Floor) B 9:30 Let's Get Fit (Bistro, 7th Floor) B 10:00 Strength and Balance Class w/ Select Rehab (Bistro, 7th Floor) B 10:30 Yoga (Bistro, 7th Floor) GR 1:00 Walk for Fitness (Meet in the Great Room, 1st Floor)</p>	<p>16</p> <p>B 9:30 Let's Get Fit (Bistro, 7th Floor) B 10:00 Strength and Balance Class w/ Select Rehab (Bistro, 7th Floor) GR 1:00 Walk for Fitness (Meet in the Great Room, 1st Floor) B 1:00 Jigsaw Puzzles (Great Room, 1st Floor) IK 2:00 Chef Chat w/ Chef Tony (Josephine's)</p>	<p>17</p> <p>O 9:30 Shopping Trip: Walgreens (Meet on 1st Floor) B 9:30 Let's Get Fit (Bistro, 7th Floor) B 10:00 Strength and Balance Class w/ Select Rehab (Bistro, 7th Floor) GR 1:00 Walk for Fitness (Meet in the Great Room, 1st Floor) 6:00 Movie Night (Town Hall, 6th Floor)</p>	<p>18</p> <p>B 9:30 Let's Get Fit (Bistro, 7th Floor) B 10:30 Stories, Humor, and Fun w/ Danni (Bistro, 7th Floor) GR 1:00 Walk for Fitness (Meet in the Great Room, 1st Floor) 2:00 Book Club w/ Ray (6th Floor Lounge) B 2:30 Strength and Balance Class w/ Select Rehab (Bistro, 7th Floor)</p>	<p>19</p> <p>B 9:30 Let's Get Fit (Bistro, 7th Floor) 10:15 Group Crossword Puzzles (Great Room, 1st Floor) B 1:30 Bingo (Bistro, 7th Floor) - Play to win Bingo Bucks! B 2:30 Strength and Balance Class w/ Select Rehab (Bistro, 7th Floor) B 3:00 Name That Tune! (Bistro, 7th Floor)</p>	<p>20</p> <p>GR 10:00 Jigsaw Puzzles (Great Room, 1st Floor) 1:30 Zumba Fitness (Town Hall, 6th Floor) GR 2:00 Word Search (Great Room, 1st Floor) GR 3:00 Bananagrams (Great Room, 1st Floor) GR 6:00 Board Games (Great Room, 1st Floor)</p>

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>21</p> <p>B 10:30 Sunday Catholic Mass (Bistro, 7th Floor)</p> <p>GR 1:30 Brain Games (Great Room, 1st Floor)</p> <p>GR 3:00 Bingo (Great Room, 1st Floor)</p> <p>GR 4:00 Bananagrams (Great Room, 1st Floor)</p> <p>JK 6:00 Gem for Seniors - Piano & Flute Entertainment (Great Room, 1st Floor)</p>	<p>22</p> <p>O 9:30 Shopping Trip: CVS & Banks (Meet on 1st Floor)</p> <p>B 9:30 Let's Get Fit (Bistro, 7th Floor)</p> <p>B 10:00 Strength and Balance Class w/ Select Rehab (Bistro, 7th Floor)</p> <p>B 10:30 Yoga (Bistro, 7th Floor)</p> <p>GR 1:00 Walk for Fitness (Meet in the Great Room, 1st Floor)</p>	<p>23</p> <p>B 9:30 Let's Get Fit (Bistro, 7th Floor)</p> <p>B 10:00 Strength and Balance Class w/ Select Rehab (Bistro, 7th Floor)</p> <p>B 10:30 Ceramics Class w/ Martha (Bistro, 7th Floor)</p> <p>GR 1:00 Walk for Fitness (Meet in the Great Room, 1st Floor)</p> <p>B 1:00 Jigsaw Puzzles (Great Room, 1st Floor)</p>	<p>24</p> <p>O 9:30 Shopping Trip: Walgreens (Meet on 1st Floor)</p> <p>B 9:30 Let's Get Fit (Bistro, 7th Floor)</p> <p>B 10:00 Strength and Balance Class w/ Select Rehab (Bistro, 7th Floor)</p> <p>B 10:30 Lecture w/ Reno Di Bono (Bistro, 7th Floor)</p> <p>GR 1:00 Walk for Fitness (Meet in the Great Room, 1st Floor)</p>	<p>25 Thanksgiving</p> <p>B 9:30 Let's Get Fit (Bistro, 7th Floor)</p> <p>B 10:15 Resident Council Meeting (Bistro, 7th Floor) - Get your monthly updates at this resident meeting</p> <p>B 10:30 NEW ACTIVITY: Creative Writing w/ Danni (Bistro, 7th Floor) Share your legacy! Everyone has a story to</p>	<p>26 Black Friday</p> <p>B 9:30 Let's Get Fit (Bistro, 7th Floor)</p> <p>10:15 Group Crossword Puzzles (Great Room, 1st Floor)</p> <p>B 1:30 Bingo (Bistro, 7th Floor) - Play to win Bingo Bucks!</p> <p>B 2:30 Strength and Balance Class w/ Select Rehab (Bistro, 7th Floor)</p> <p>B 3:00 Name That Tune! (Bistro, 7th Floor)</p>	<p>27</p> <p>GR 10:00 Jigsaw Puzzles (Great Room, 1st Floor)</p> <p>1:30 Zumba Fitness (Town Hall, 6th Floor)</p> <p>GR 2:00 Word Search (Great Room, 1st Floor)</p> <p>GR 3:00 Bananagrams (Great Room, 1st Floor)</p> <p>GR 6:00 Board Games (Great Room, 1st Floor)</p>
<p>28 Hanukkah Begins</p> <p>B 10:30 Sunday Catholic Mass (Bistro, 7th Floor)</p> <p>GR 1:30 Brain Games (Great Room, 1st Floor)</p> <p>GR 3:00 Bingo (Great Room, 1st Floor)</p> <p>GR 4:00 Bananagrams (Great Room, 1st Floor)</p> <p>GR 6:00 Card Games (Great Room, 1st Floor)</p>	<p>29</p> <p>O 9:30 Shopping Trip: CVS & Banks (Meet on 1st Floor)</p> <p>B 9:30 Let's Get Fit (Bistro, 7th Floor)</p> <p>B 10:00 Strength and Balance Class w/ Select Rehab (Bistro, 7th Floor)</p> <p>B 10:30 Yoga (Bistro, 7th Floor)</p> <p>GR 1:00 Walk for Fitness (Meet in the Great Room, 1st Floor)</p>	<p>30</p> <p>B 9:30 Let's Get Fit (Bistro, 7th Floor)</p> <p>B 10:00 Strength and Balance Class w/ Select Rehab (Bistro, 7th Floor)</p> <p>GR 1:00 Walk for Fitness (Meet in the Great Room, 1st Floor)</p> <p>B 1:00 Jigsaw Puzzles (Great Room, 1st Floor)</p> <p>GR 6:00 Card Games (Great Room, 1st Floor)</p>				